



MATADORS SHOW SUPPORT AND SAVE MONEY

THE A.S.B. CARD

The A.S.B. Card provides a real bargain in fun, entertainment and social activities.

With the \$6.00 A.S.B. card you can save money in the following ways:

1. Free admission to all regularly scheduled home athletic events.
2. Special discount on the annual (La Capa).
3. Special discounts on plays, dances and other school activities.

Your A.S.B. monies pay for the total activities program. You may designate 50c to support the program of your choice.

ACTIVITIES OFFICE

The Activities office, located at the end of the 550 building is the center of Matador activities. Information about sports, dances, assemblies and student representative is available from the Director of Activities.

GRADUATION REQUIREMENTS

ATTENDANCE: Eight (8) semesters

UNITS: 200 total

COURSE REQUIREMENTS

	UNITS
PHYSICAL EDUCATION	40
SOCIAL SCIENCE	25
ENGLISH	25
(At least 15 units to be completed in 9th and 10th grades to include the following:	
a. Reading — 5	
b. Writing — 5	
c. Speaking — 5	
Two semesters of literature to be taken in 11th or 12th grade)	
**Reading requirement, but not units in this area waived if the student achieves an 8.0 grade proficiency on a designated test.	
HUMANITIES (Art, Drama, Music, Foreign Language)	5
MATHEMATICS	5
SCIENCE	10
HEALTH AND SAFETY	10
(One year of biology waives health requirement)	
PRACTICAL ARTS AND VOCATIONAL EDUCATION	10
Two semesters selected from:	
a. Home Economics	
b. Industrial Education	
c. Business Education	
ELECTIVES	70

CALENDAR 1975-76

September 16	School begins
November 1	Homecoming
November 11	Veteran's Day Holiday
November 27-28	Thanksgiving Holiday
December 22-January 2	Christmas Vacation
February 6	End of First Semester
February 12	Lincoln's Birthday Holiday
February 13	District Holiday
February 16	Washington's Birthday Holiday
April 12-16	Spring Vacation
May 31	Memorial Day Holiday
June 13	Baccalaureate
June 17	Last Day of School - Graduation

SPIRIT

La Mirada High School is proud of its pep squads. In past years, they have earned awards and recognition in competition with other schools. Any boy or girl interested in becoming a pepster should contact the Advisor or Activities Director for information.

PEPSTER POLICY

1. Have an overall 2.0 grade point average.
2. Have satisfactory citizenship.

GET INVOLVED

Every student should make an effort to become active in at least one club. He will find it to be an excellent way to meet with other students who have similar interests.

CLUBS

Clubs are to obtain a charter by October 15th. Charters are available in the Activities Office.

STUDENT SENATE

Student Senate meetings are held the first Wednesday of each month except June. Senators are elected from third period classes.

RUNNING FOR OFFICES

Anyone wishing to run for ASB or class offices, must secure a petition from the Activities Director. These petitions are to be filled out and returned by specified deadline.

Candidates for Student Body offices must have an overall grade point average of 2.5 to be eligible.

Candidates are asked to follow campus guidelines as issued with the petition.

PUBLICATIONS

LA CAPA — La Capa is our school annual. It will be on sale until the end of the first semester. The price will be \$10.00, until November 21st after that the cost will be \$12.00. There is a \$1.00 discount if you have an ASB card.

EL TORO — The Matador school paper, "El Toro", is to inform students of campus activities and their achievements. All students receive one free.

INSIDE OUT — "Inside Out," a student book, the purpose of which is to give students a chance to see their work published and let them express and communicate their personal thoughts, ideas and feelings with others.

SCHOOL RULES

The Education Code and Administrative Code of the State of California states that students are not to drink, smoke, gamble, have knives, guns, narcotics, cigarettes, be profane, immoral, truant, nor loiter. The schools are required to enforce these regulations during school hours, on or off campus. The school administration requests that students not bring pets or skateboards to campus.

PROCEDURE AFTER

1. Parent or Guardian notified day of absence.
A. 7:00 a.m. to 4:00 p.m.
B. 7:30 a.m. to 4:00 p.m.
2. Legal Absences are for houses will be allowed, religious holidays, absences by warrant, and so
3. Bring a note from your office if telephone is not

ATTENDANCE

The California Educational school attendance from the age who withdraw prior to graduation their education at continuation

PROCEDURE FOR LUNCH DURING

1. Bring a note signed in a letter to the Attendance Office time for leaving school.
2. Pick up outside pass at out at the Attendance Office
3. Students who become ill have to leave campus must Office and get an outside

SHORT DAY AND OUT

All students who leave campus school day must have a SHORT DAY PASS. These passes must be obtained from the ASSISTANT PRINCIPAL'S OFFICE.

DRESS

General condition of health be the prime consideration for appropriate foot covering must taste must be a guide line and recreation should always be used

If in the opinion of the school worn by any student is not not properly groomed, or if clothing or grooming is such that it detracts from the educational program and required to properly school. The final decision is administration.

ASB EXECUTIVE COUNCIL

ASB President	Mark Courtney
ASB Vice President	Sharon Lehosky
ASB Secretary	Sandy Mushrush
ASB Treasurer	Sara Hengler
ASB Sergeant-at-Arms	Rick Guard
ASB Club Co-ordinator	Linda Chirchirillo
ASB Pep Commissioner	Pat Foster
ASB Publicity Director	Larry Zucker
ASB Activities Co-ordinator	Debbie Derschan
Senior Class President	Mike Courtney
Junior Class President	Mario Pompa
Sophomore Class President	Linda Arsulich

COUNSELING

Counselors will be assisting you in planning the educational program best suited for the interests, abilities, and past record of achievement. They will serve to aid you in determining your future educational and career goals, aid you with personal problems and aid you in further educational opportunity plans.

SENIORS	Mr. Ted Chenney
JUNIORS	Mr. Joe Korzen
SOPHOMORES	Mr. Dennis Emken
FRESHMAN	Mr. Dick Laing
ATTENDANCE	Miss Lucy Ito

AN ABSENCE

school by telephone on 943-0231 368-0431 (Ext. 226, 227) and school reasons. Ex-illness, dental appoint-ment, court sum-field trips. Parents to the attendance file.

ICE

12101-12551 requires 6 to 18 years. Students must by law continue school until 18 years of age.

ING SCHOOL DAY

ence by parent or guard- stating the reason and

Attendance Office. Sign

uring the school day or report to the Attendance ass before leaving.

CAMPUS PASSES

efore the end of the PASS. All students must have an OFF CAMPUS be picked up at the AS-

DE

elfare, and safety shall ess on campus. Shoes or worn at all times. Good parents and students dis-

administration the clothing able, or if the student is ny time a student's dress attention so as to detract or she may be sent home pare himself/herself for ced with the school ad-

PARKING LOT

Driving an automobile to school is a privilege. As with most privileges, certain rules must be followed to retain this privilege. Violation of these rules can result in the suspension of this privilege.

1. Exceeding 5 M.P.H. in Parking lot.
2. No Parking Sticker.
3. Parking in illegal Spaces.
4. Failure to give Buses right of way over car at all times.

PARKING STICKERS

All vehicles parking on campus must have a parking permit. Parking permits will be issued by the Finance Office.

LOCKERS

Lockers will be assigned on a first come, first served basis.

SENIOR — 250 Bldg. SOPHOMORE — 150 Bldg.
JUNIOR — 350 Bldg. FRESHMAN — 450 Bldg.

Locks are available for a nominal charge from the financial office. Students are strongly urged not to keep valuables in their locker.

LOST AND FOUND

A lost and found service is operated for you by the clerk in the book room. You may turn in and claim lost articles and books there.

ATHLETICS

The San Gabriel League is rated as one of the most competitive leagues in Southern California. You are urged to support our fine teams, as the 1975-76 school year promises to be a great year in all athletic events. Schools in the league are:

Bellflower
Cerritos
Downey
La Mirada

Lynwood
Norwalk
Paramount
Warren

ATHLETIC POLICY

In order for a student to be eligible to compete in inter-scholastic athletics he must:

1. Be passing in 20 units of current work.
2. Have received passing grades in four subjects as of the last day of the previous semester (summer session courses have no bearing on eligibility).

BELL SCHEDULE REGULAR SCHEDULE

Period 0	7:20 - 8:10
Period 1	8:16 - 9:06
Period 2	9:12 - 10:02
Snack	10:02 - 10:17
Period 3 (Homeroom)	10:23 - 11:18
Period 4	11:24 - 12:14
Lunch	12:14 - 12:44
Period 5	12:49 - 1:39
Period 6	1:45 - 2:35

EXTENDED LUNCH SCHEDULE

Period 0	7:20 - 8:10
Period 1	8:16 - 9:03
Period 2	9:09 - 9:56
Snack	9:56 - 10:11
Period 3 (Homeroom)	10:17 - 11:09
Period 4	11:15 - 12:02
Lunch	12:02 - 12:49
Period 5	12:55 - 1:42
Period 6	1:48 - 2:35

*3a Assembly - Bldgs. 200, 250, 300, 350, 400, 700, (BPE), 750

*3b Assembly - Bldgs. 100, 150, 450, 500, 550, 600, (GPE)

ASSEMBLY SCHEDULE

Period 0	7:20 - 8:10
Period 1	8:15 - 8:55
Period 2	9:00 - 9:40
Snack	9:40 - 9:55
*Period 3a	10:00 - 10:50
*Period 3b	10:55 - 11:45
Period 4	11:50 - 12:30
Lunch	12:30 - 1:05
Period 5	1:10 - 1:50
Period 6	1:55 - 2:35

3. Have satisfactory record of attendance and citizenship.
4. Pass a physical examination.
5. Have adequate insurance as prescribed by the state law.
6. Be under 19 years of age as of August 31.

GIRLS' ATHLETICS

La Mirada High has an extensive program of Girls' Athletics. All girls are eligible to participate. Details are available in the Girls' Gym Office.

GIRLS' LEAGUE

All girls of La Mirada High School are members of Girls' League. The purpose of the organization is to encourage a spirit of friendship among girls, to promote high ideals of womanhood, to uphold standards of courtesy and good taste, and to promote activities beneficial to the school.

STUDENT INSURANCE

Student accident insurance is optional. Forms will be available at the beginning of the year at the Financial office.

HEALTH OFFICE

Whenever ill health arises, report to the Health Office, located in the administration building. To return home due to illness, an outside pass must be obtained.

LIBRARY

The Library is open from 7:45 to 3:45 every day. Library cards are issued to all students in the library. Freshmen will receive their cards during Library orientation. Fines will be charged on lost, overdue, or damaged books.

CAREER INFORMATION CENTER

La Mirada High School has an excellent fully equipped Career Information Center which is located in rooms 573, 575, and 577. The Center affords students the opportunity to gain knowledge about their interests, aptitudes and to research careers. The Center also includes the programs of Work Experience, Regional Occupations Programs, a research area for Vocational classes, and houses the career education classes. The Career Center is open from 8:00 a.m. to 4:30 p.m. Come in and visit.

ADMINISTRATION

Principal	Mr. Anthony Ortega
Assistant Principal	Mr. Earl Eberhard
Assistant Principal	Mr. Jim Gwyn
Assistant Principal	Mrs. Thelma Rolph
Director of Student Activities	Mr. Jim Sims
Athletic Director	Mr. August Panella

I.D. CARDS

All students will be provided with a student ID card. Please remember to carry this card with you. Lost or Stolen ASB cards will be replaced for a \$1.00 fee. The ID card will be replaced free and will be required for entrance to school activities and voting in student body elections.

ALMA MATER

All hail to Alma Mater
We Pledge our loyalty.
All hail to La Mirada
Our school we honor thee.

Our pride in thee is strong
It stands for all to see.
All hail to Alma Mater
Hail, all hail, to thee.

Sheryl,

To a real nice girl. I am glad we got to know each other better. Glad you got in the same Weutsch class.

Maybe next year also

BABY! Just kiddin'. Hope

see you this summer.

Love ya,
Jill

Auldudg

Sheryl, I met you at the beach and I hope to see you at 3pm for the next 3 yrs. Have fun! Love The Big Boy and great luck!

To a real nice female that made you just a little nicer. Love The Big Boy and great luck! (Back)

Sheryl, I've known you a pretty long time and I'm glad I got to know a great summer and have a lot of everything you want. Love Lisa ✓

Sheryl, you're a super sweet girl. I'm really glad we got to know each other. Hope we can stay friends a long, long time. I hope you have a great summer. Good luck with you and Steve. See ya later!

Sheryl, Love always,

You're a real nice girl and I hope you have a great summer. This year went fast and I'm looking forward to seeing you next year!

Love Candy
Peggy

Sheryl, I hope we can always stay friends forever!! Have fun this summer and at L.M. for 3 more years!! I know you will! Love, (F.F.) Lisa

Don't Sheryl, I hope we can always stay friends forever!! Have fun this summer and at L.M. for 3 more years!! I know you will! Love, (F.F.) Lisa

To a girl I only knew for a while but I have found time to be very nice you. Love, (F.F.) Lisa

To a real nice girl its BEE real Fun knowing you have lots of Fun during the summer Stacy Whithead

Love, Mark Lynn

To a girl whos real nice and we had fun in Wilkins summer, hope to you this

Sheryl, I hope we can always stay friends forever!! Have fun this summer and at L.M. for 3 more years!! I know you will! Love, (F.F.) Lisa

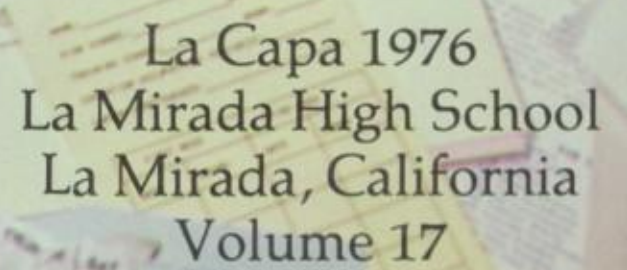
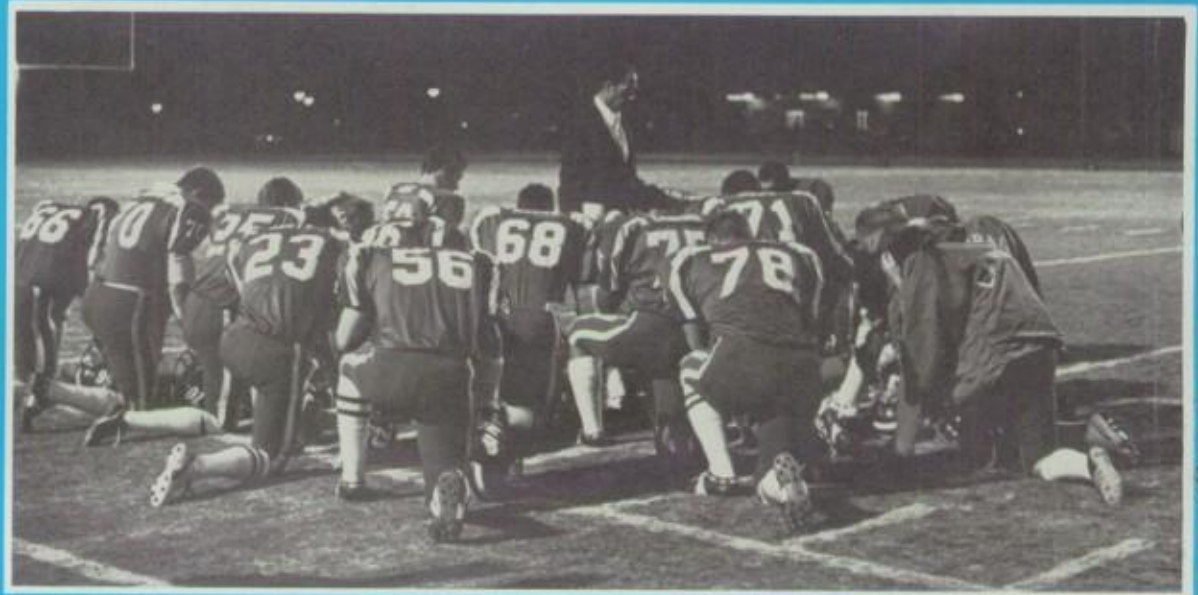


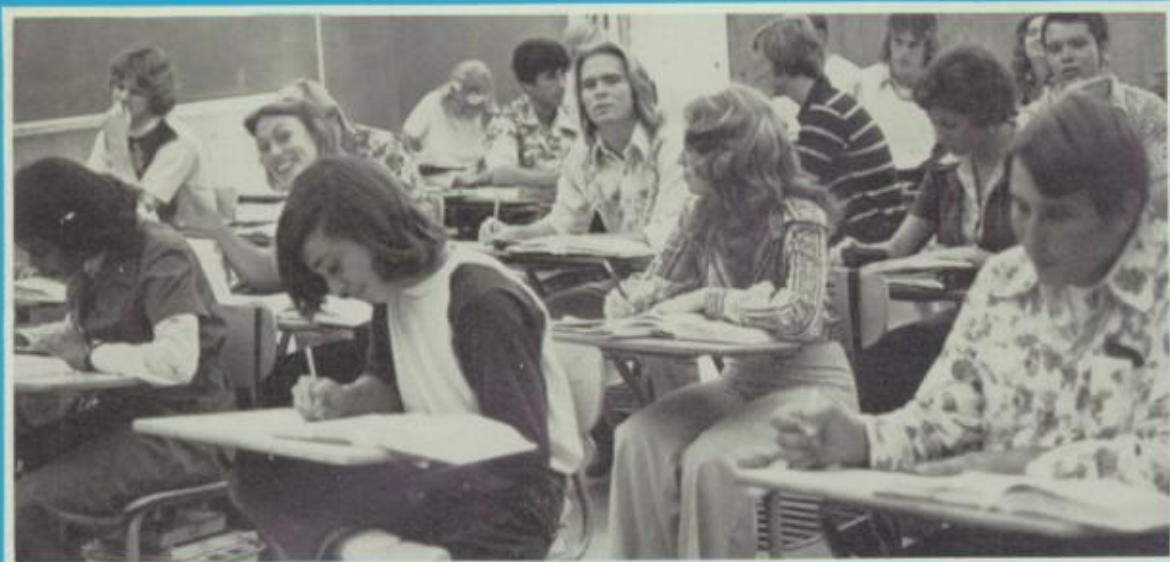
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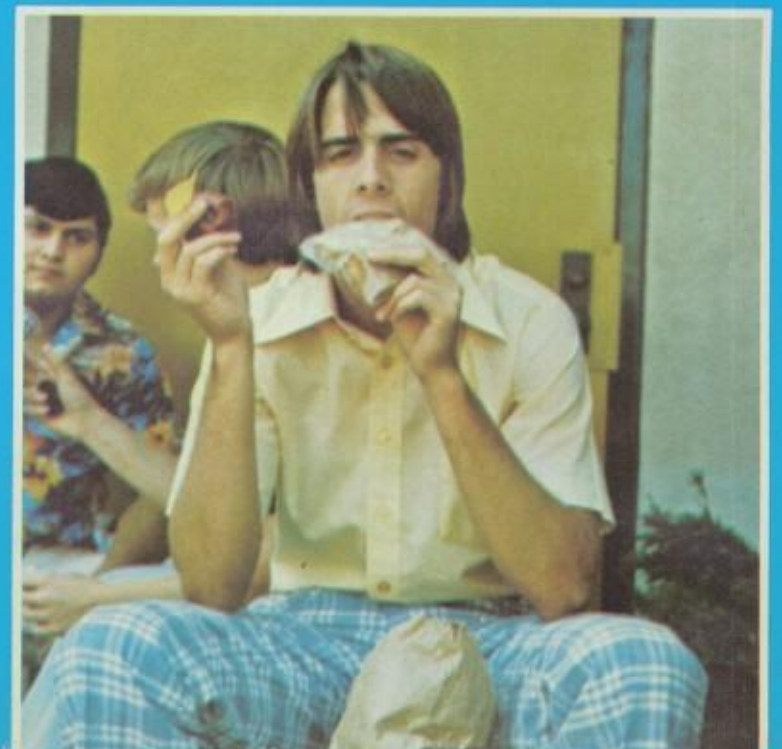
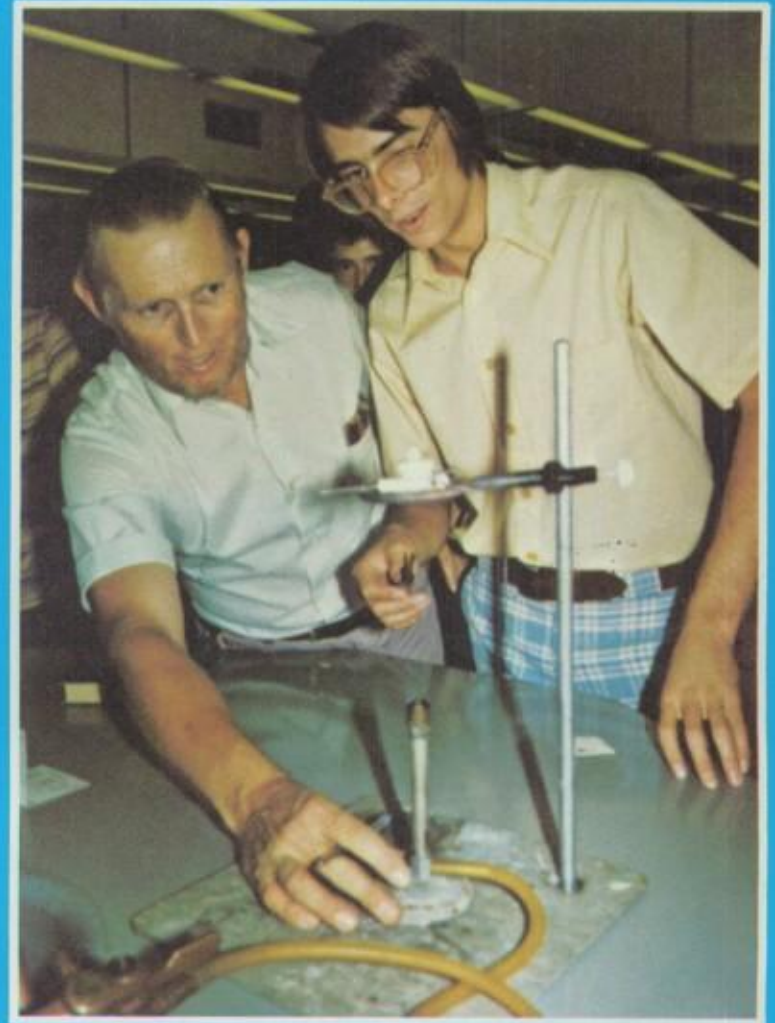
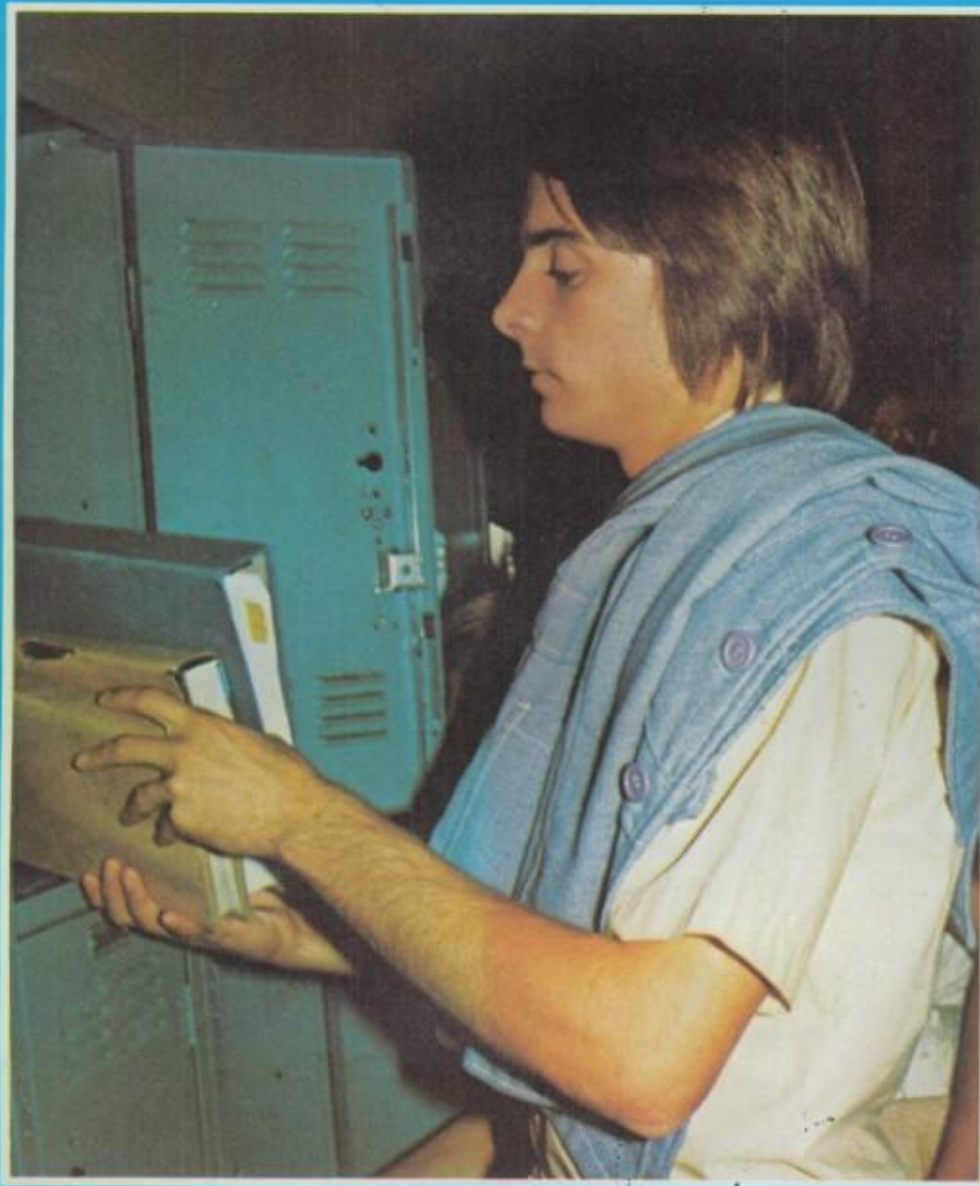
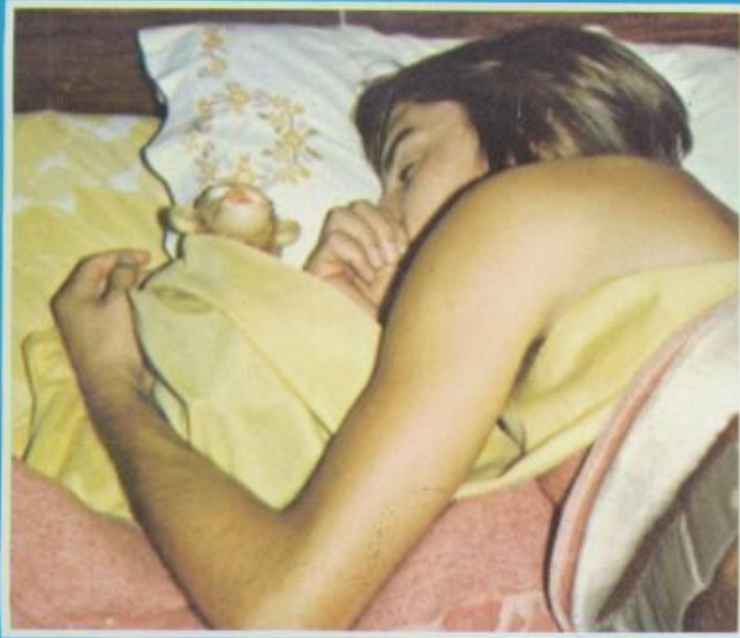
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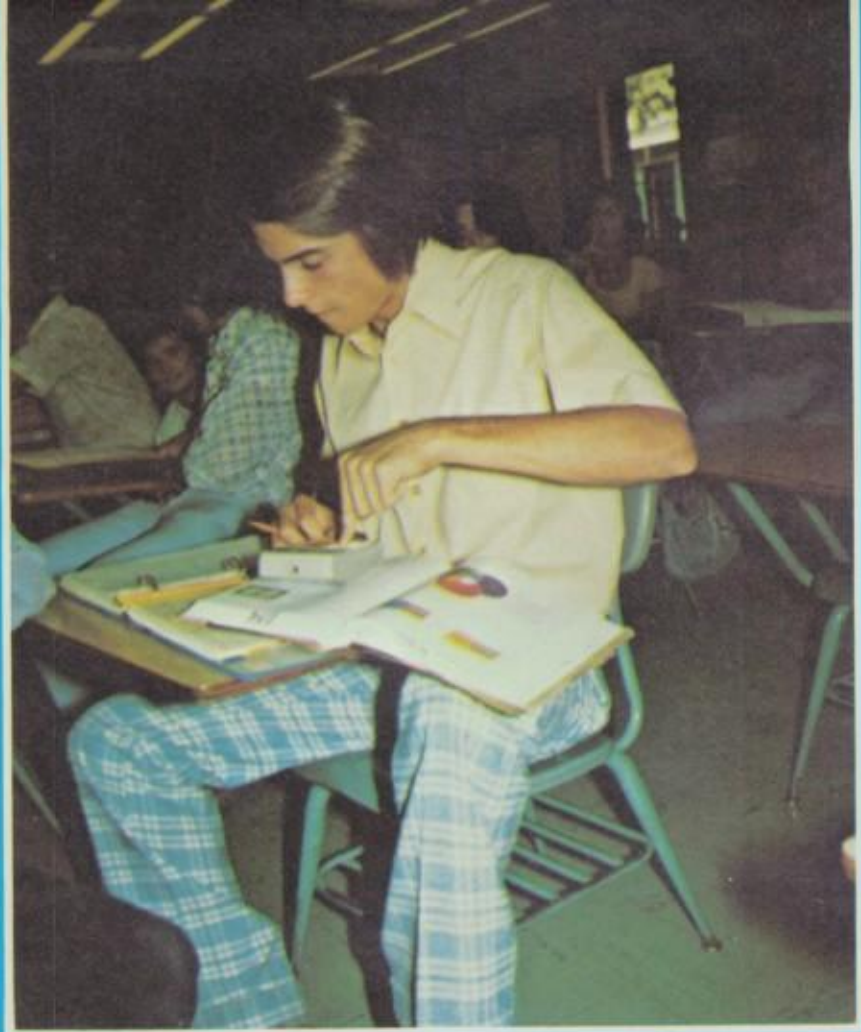


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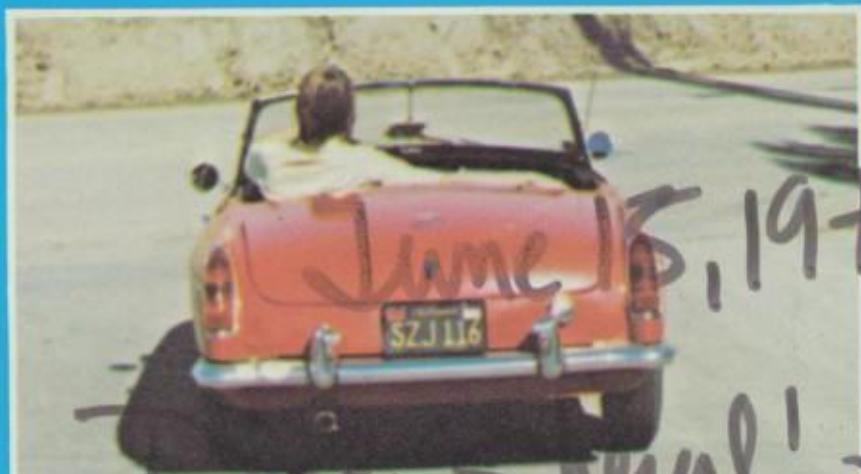


High school is a four year slice of life cut right out of the richest part. It is so full of activities from morning to night that only the young can survive. Although your feet

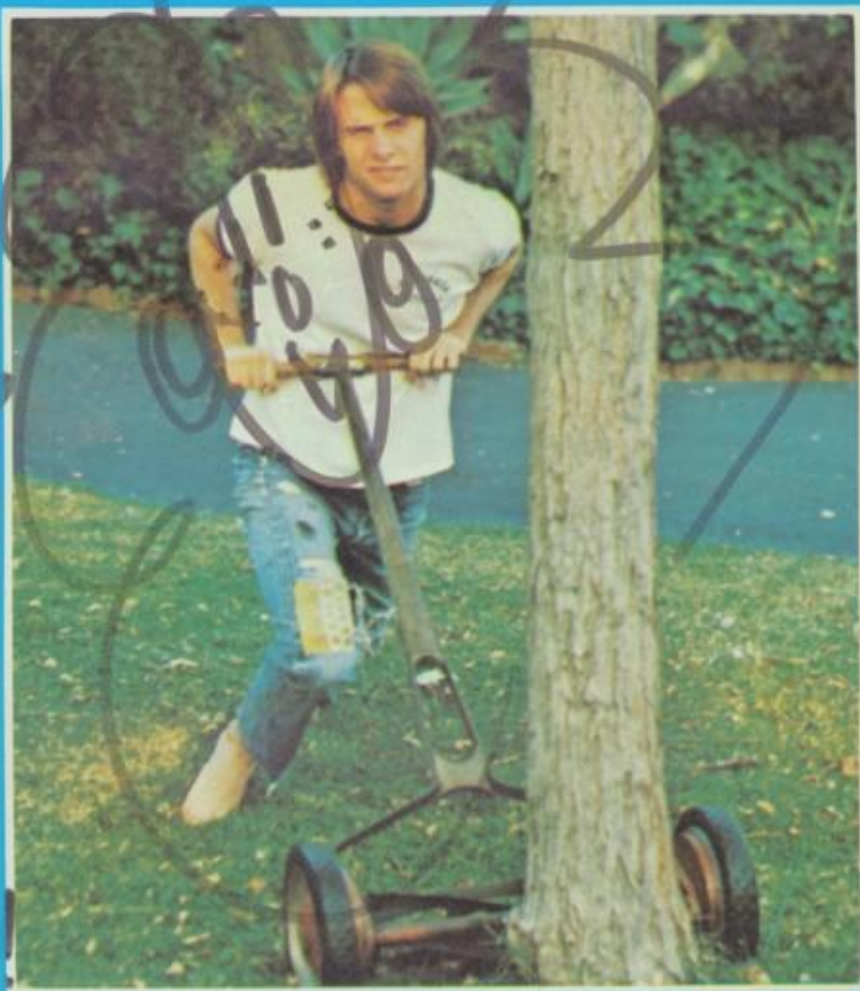
may **DRAG** at times, there always

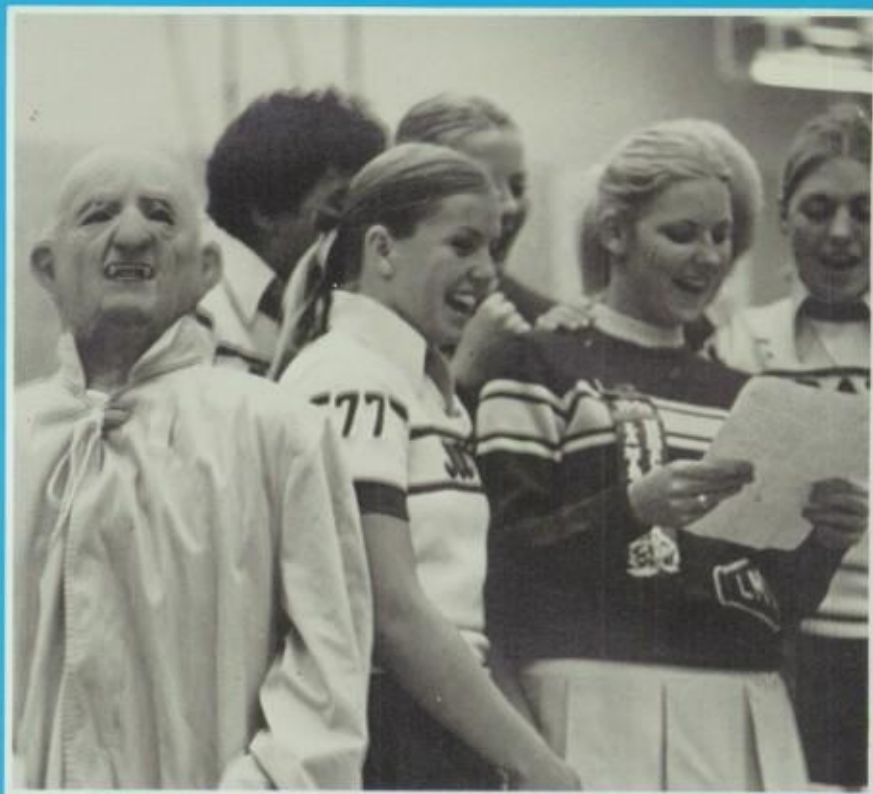
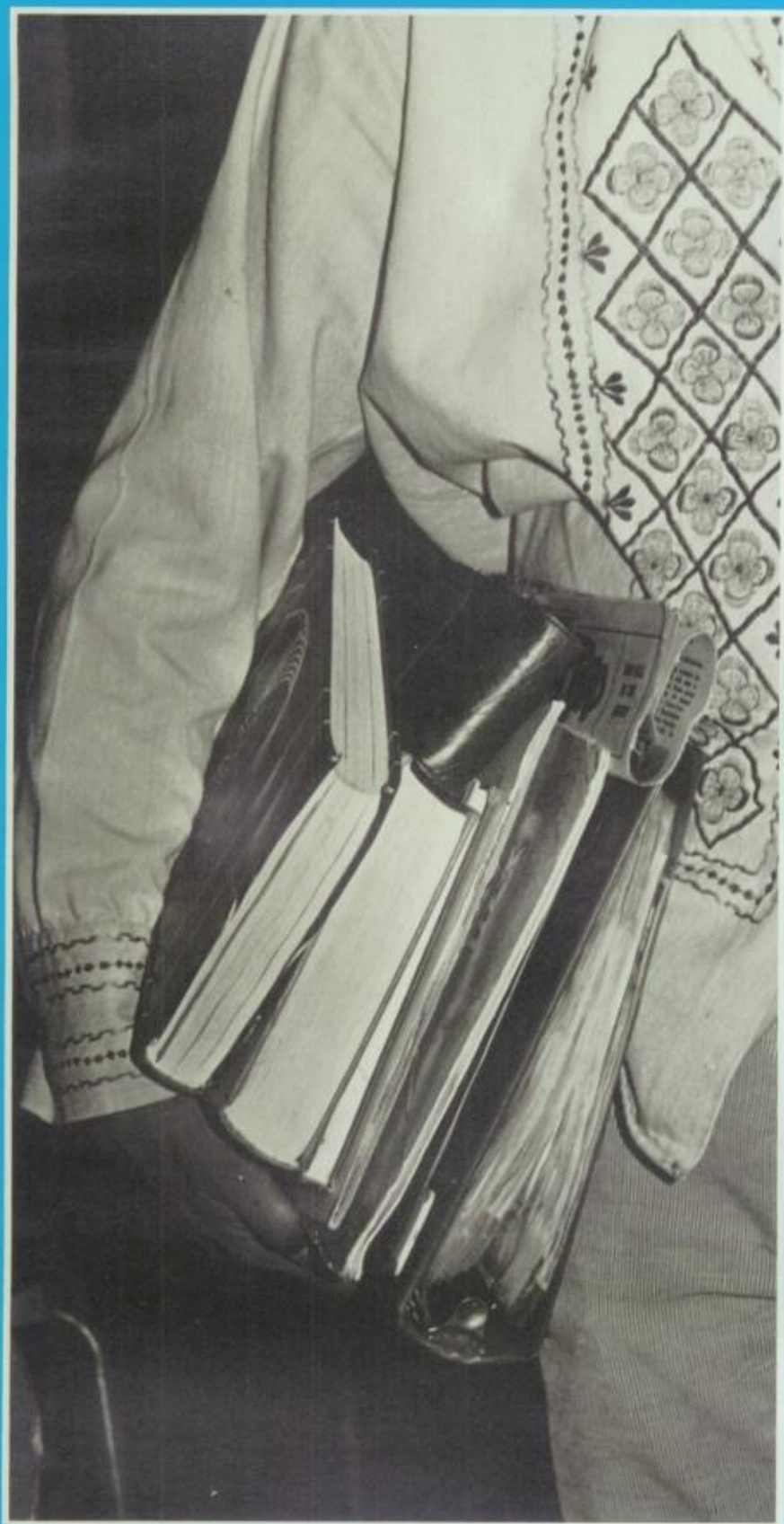
seems to be something interesting happening which keeps you going strong.

Whether it's the crowded school bus, the luxury of your own car or your own two feet, you manage to get here and continue on with the routine of socializing during snack and lunch and tackling your school subjects day in and day out. Then it's the daily chores, the long hours of tedious homework, and so to begin another one of the 712 days that make up this memorable four year slice of life.



Dear Sheryl!
Where has the time gone to? I love your smilin' face
Please take care over the summer OK
Be seein' ya!
Take care
Love
[Signature]

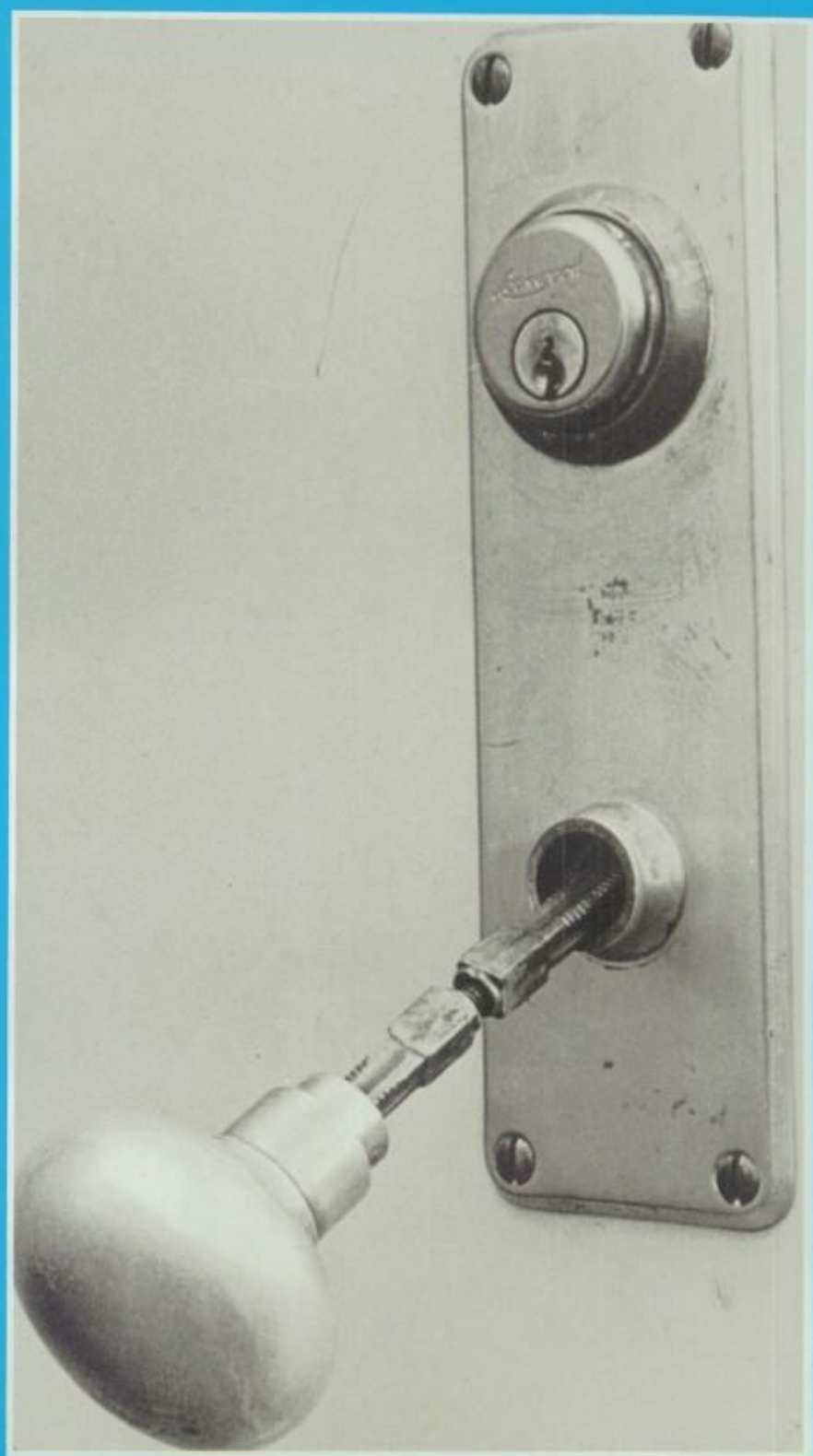


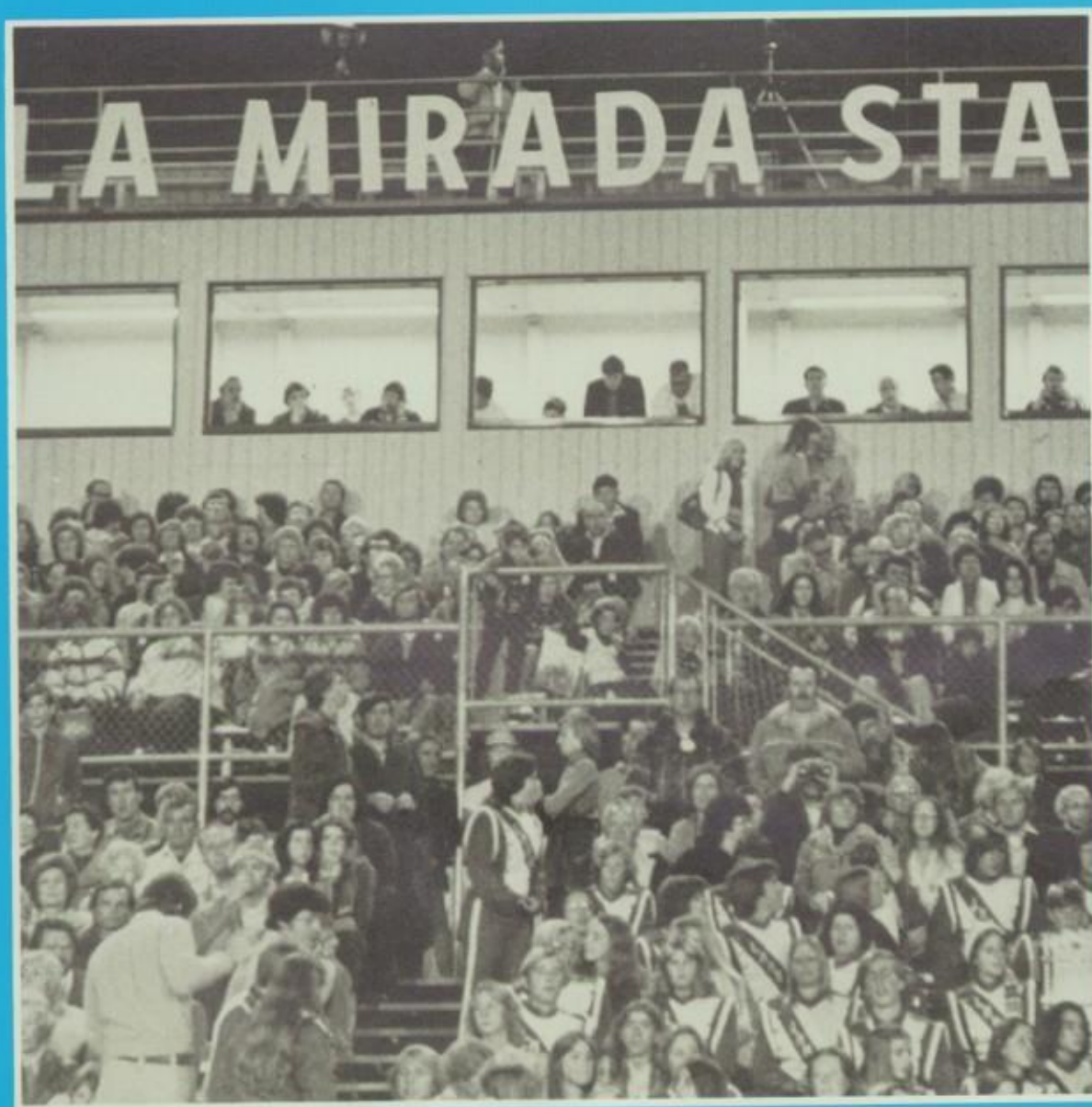


'76 at L.M.H.S. would have been incomplete without all the backbreaking books to carry, entertaining pep rallies to attend, lunches at Carl's Jr., excitement of the football games, and of course, the missing doorknob

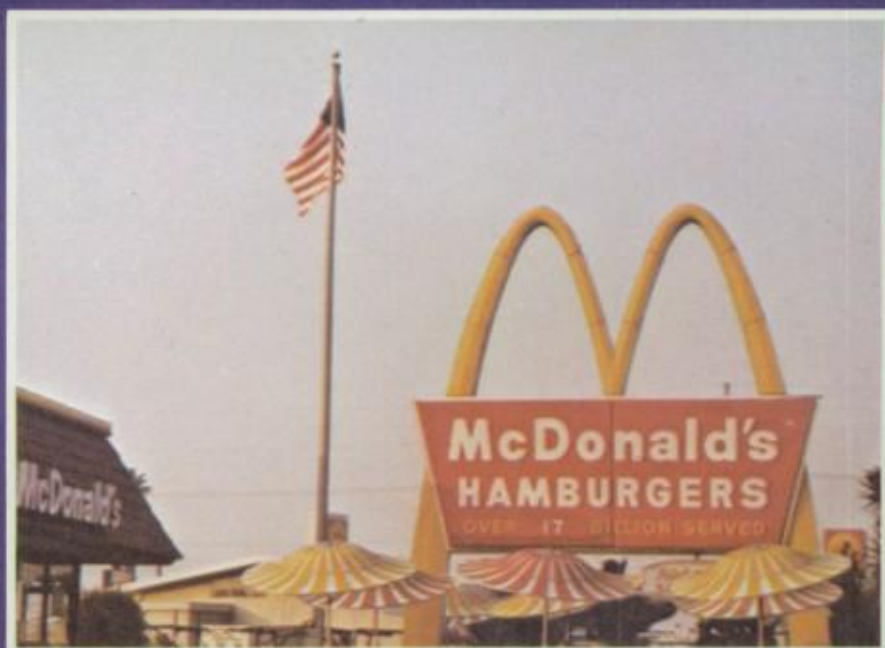
SCANDAL

which made getting in and out of classes a particular adventure.





Sheryl,
 you really are a nice
 girl, looks & all, Its been
 fun knowing you, gosh
 remember all the float
 meetings? Its been great
 this year. I wish you
 all the luck in the world
 in everything you do.
 You're tops in my book.
 Later Dave
 John Paulino



"The Flag is many things. It is a mark of identification of ships at sea and of armies in the field. It is a means of communication . . . The Flag is a mirror, reflecting to each person his own ideals and dreams. It is a history. Its thirteen stripes and fifty stars embrace a record written greatly during these years since 1776. It is a mark of pride in a great word — the word 'American.' It is an aspiration of what small children want their lives to be. It is a memory at the end of life of all that life has been. It is a ribbon of honor for those who have served it well — in peace and war. It is a warning not to detour from the long road that has brought our country and its people to a degree of prosperity and hap-

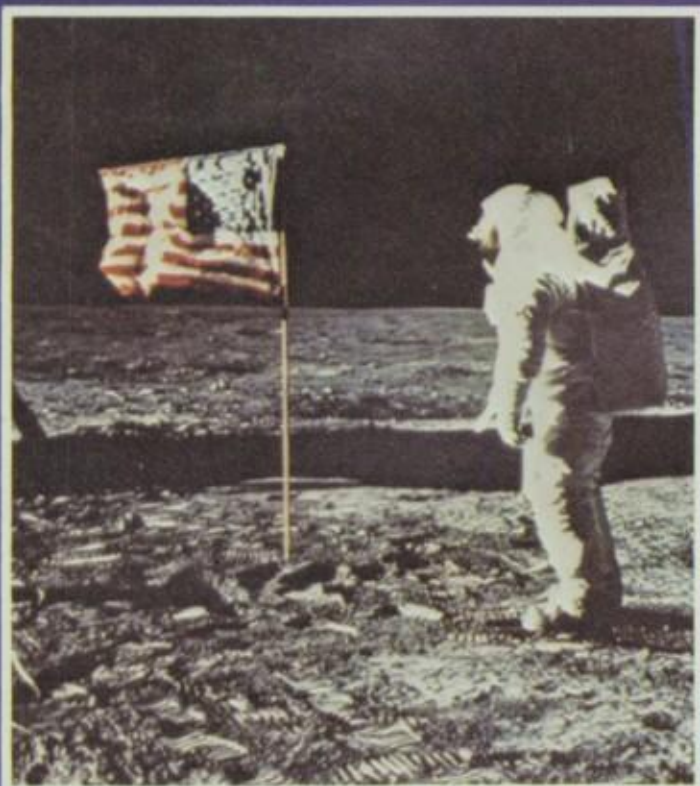
piness never even approached under any other banner."
EDWARD F. HUTTON

HAPPY BICENTENNIAL

AMERICA

— This calls for a celebration! . . . Hold on a minute; just what are we celebrating? True, this Bicentennial Year is our country's 200th Birthday, but there is so much more to it than that.

This year is a time to look back over our country's history



A Bicentennial Salute



of hard struggles and great achievements. All of which have helped to make

AMERICA

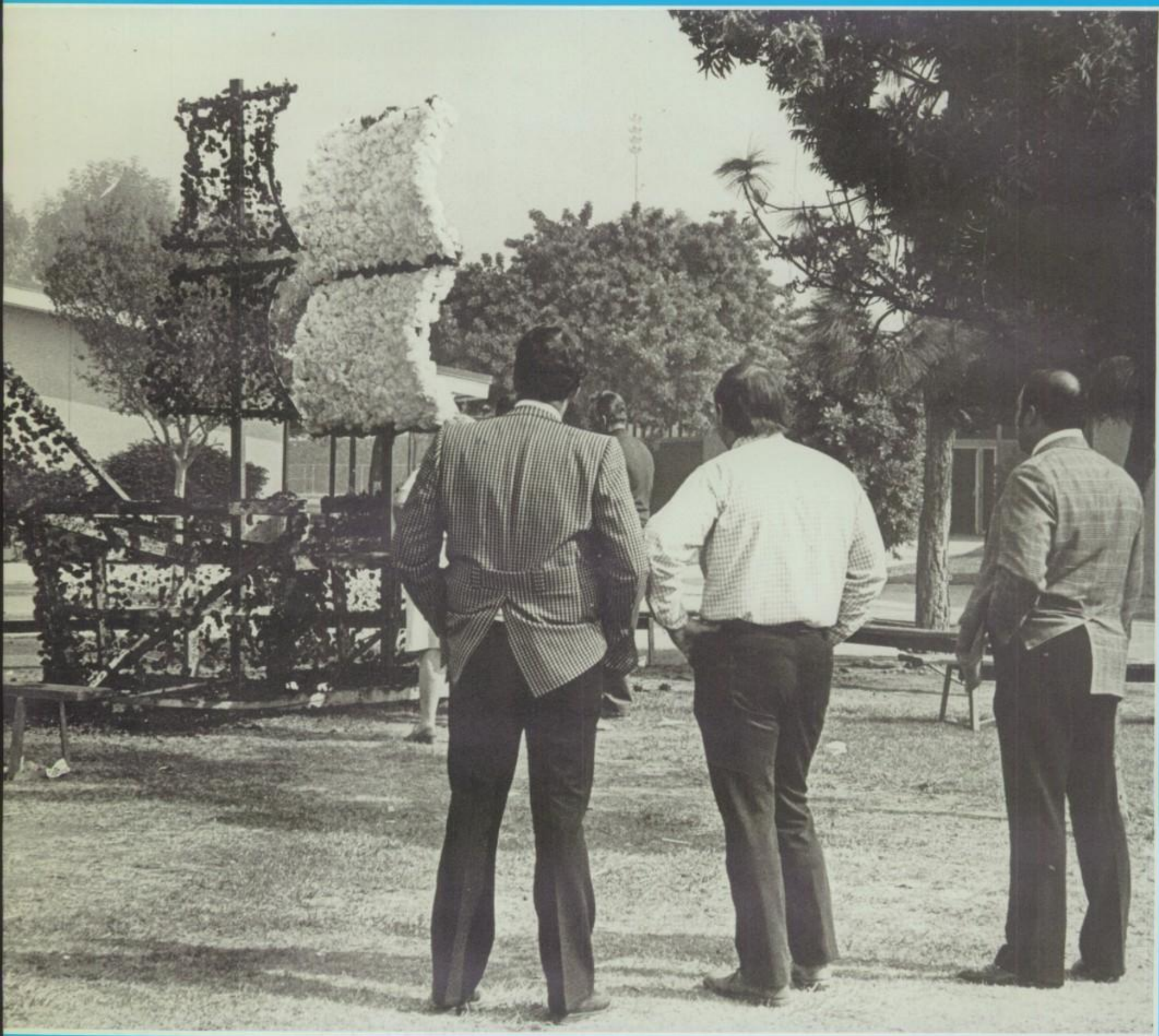
a free and prosperous nation.

It is also a time to look ahead. With the inspiration of our country's past, we need to work through newly-found problems and achieve newly-set goals. From looking back into the past, we can see our country's many achievements; surely this can be a sign that not only can we achieve, as did our founding fathers, we can excel!

At L.M.H.S. we have our own 17 year history. Within this relatively short period of time, L.M.H.S. has become an example of a school dedicated to education in all of its aspects. Yes, there have been problems along the way, but in dealing with them, so much like our young, yet experienced country, L.M.H.S. is more prepared and eager for tomorrow's coming.

Whether it be at the national, city, or school level, the American spirit will always be with us. Let us remember, despite our differences, that "America is a tune; it must be sung together."

GERALD STANLEY LEE



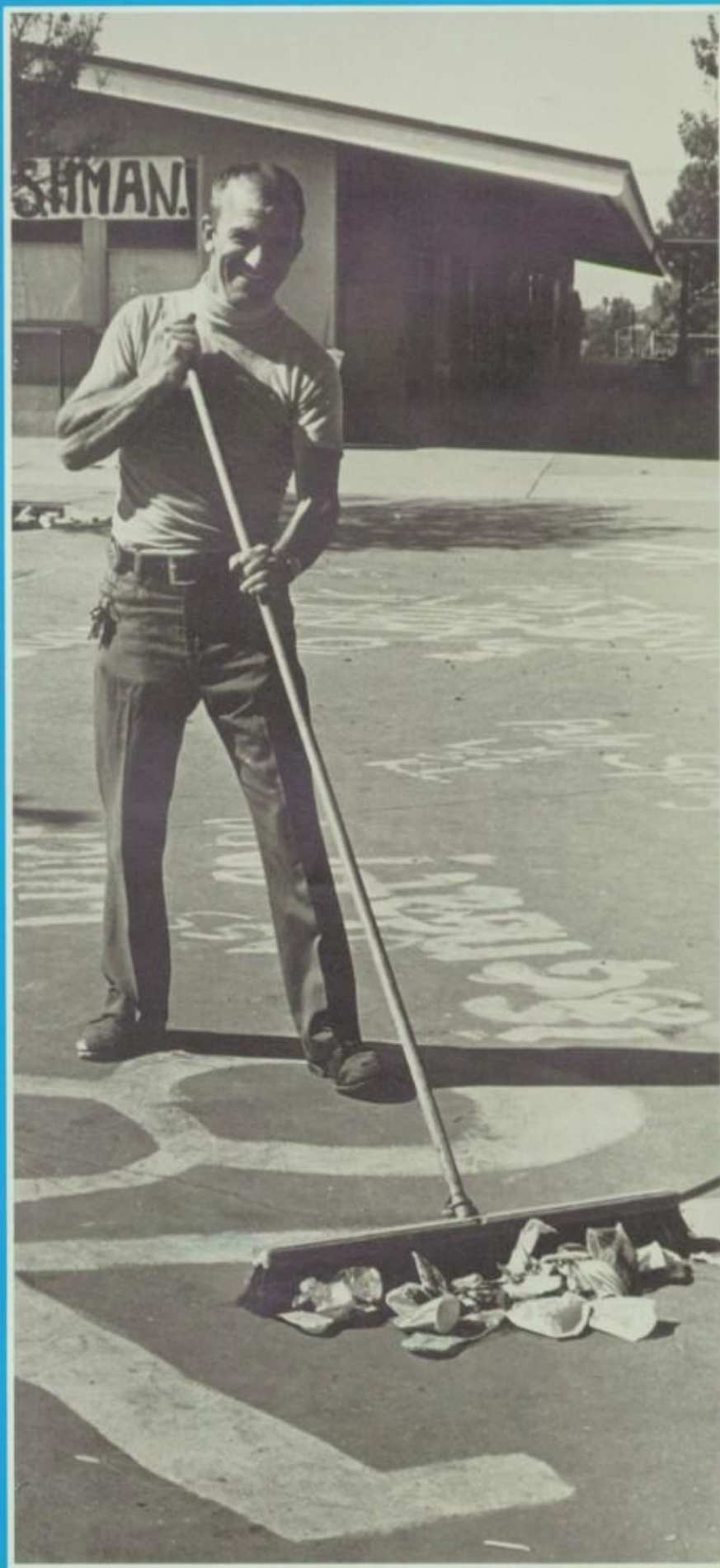


It is our little surprises throughout the year, the

MOUTHS

shouting

through megaphones, the good ol' parking lot, and the custodians who keep the campus livable that help to keep the spirit of L.M.H.S. alive.





Sheryl, It was
a laugh this year
and I hope it is ~~is~~
next year. I hope to
see you next year or
whenever (O.K.) Have fun
at the beach and
wherever you go.

Later,
Sue Carmichael
79





To a super darling
 person who is a really
 good friend I'm really
 glad to have met you
 this year. I really hope
 you and Steve get together
 cuz I think we would
 become great still in-laws.
 I hope you

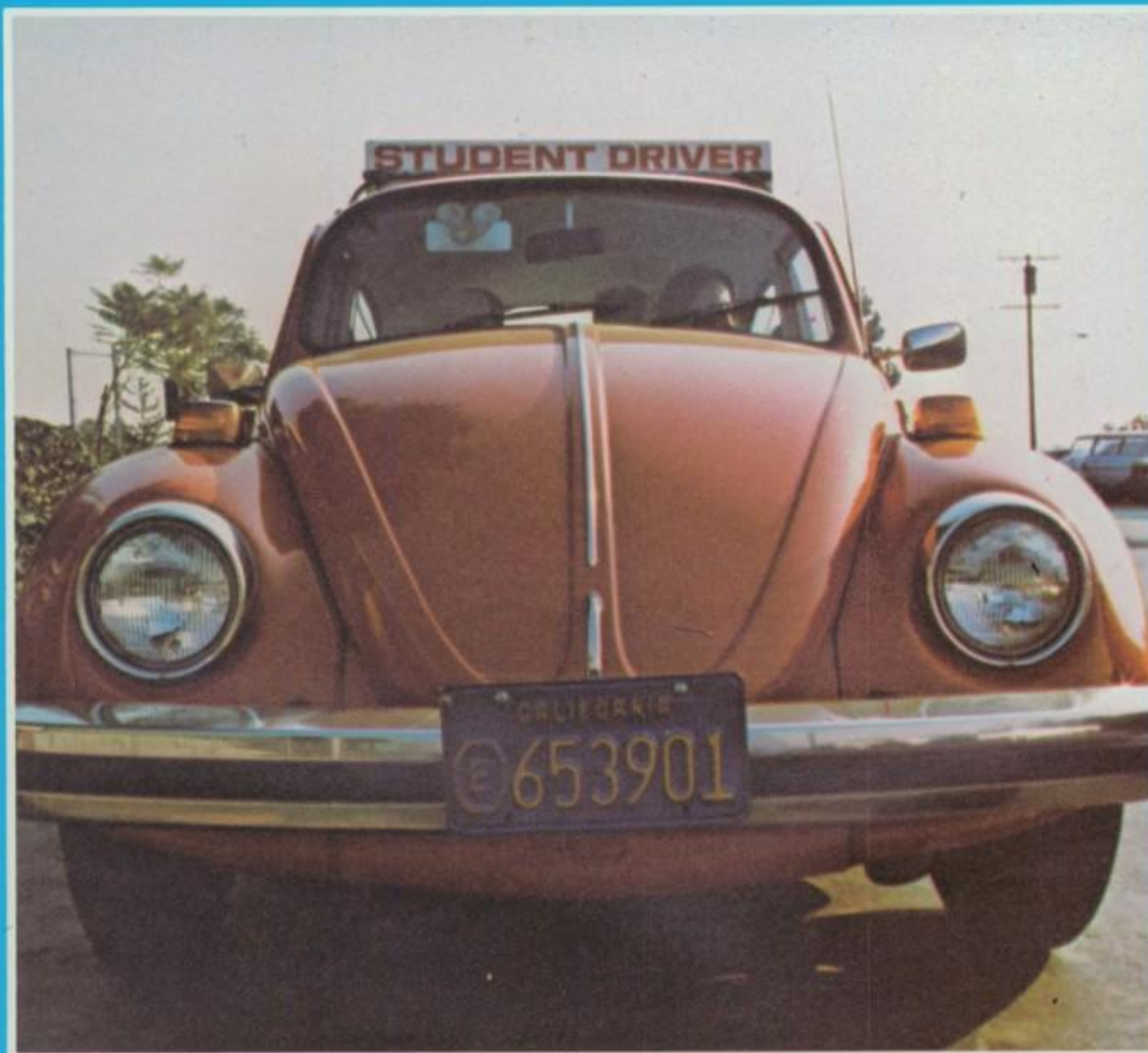
Having your favorite spot picked out in the quad, watch-
 ing and participating in a special activity, hoping your ten-
 speed will be where you left it by the end of the day, and
 finally getting your turn in

BEHIND

the-wheel train-

ing . . . all of these scattered memories of our high school
 experience . . .

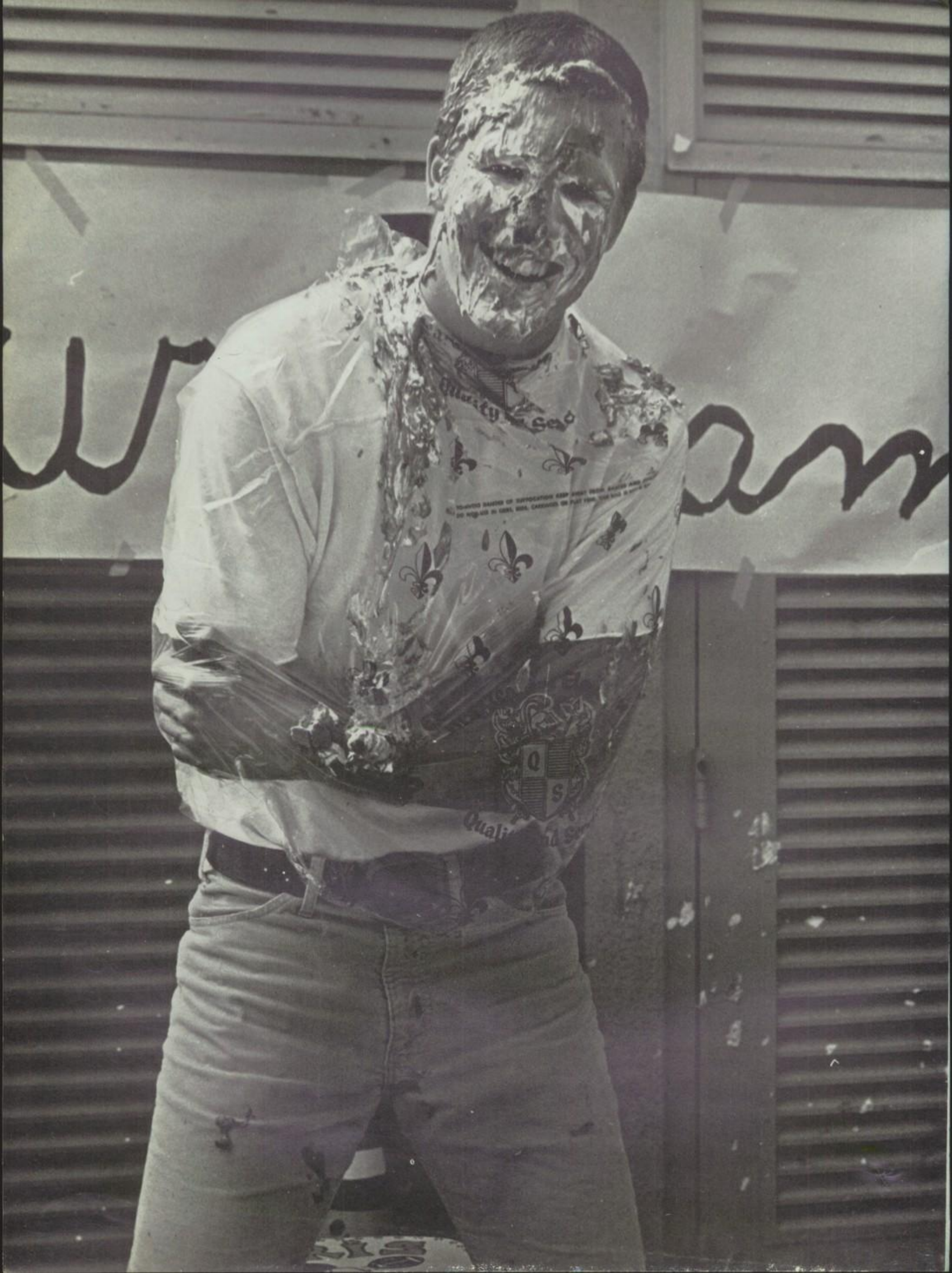
The minutes ticked into hours, the days into a year, and
 suddenly another fourth of the slice raced by.



and don't get
 to dark! Please
 don't forget me
 in the summer
 cuz I won't
 forget you! Sheryl,
 don't forget all
 the fun times
 we had and
 we'll have
 more fun
 in the next
 3 years to come.
 Cheryl, when

ever you have a problem
 Please call me and I'll
 try and help you. Don't forget me!

Love ya, Caren
 Scott, Murray
 Caren

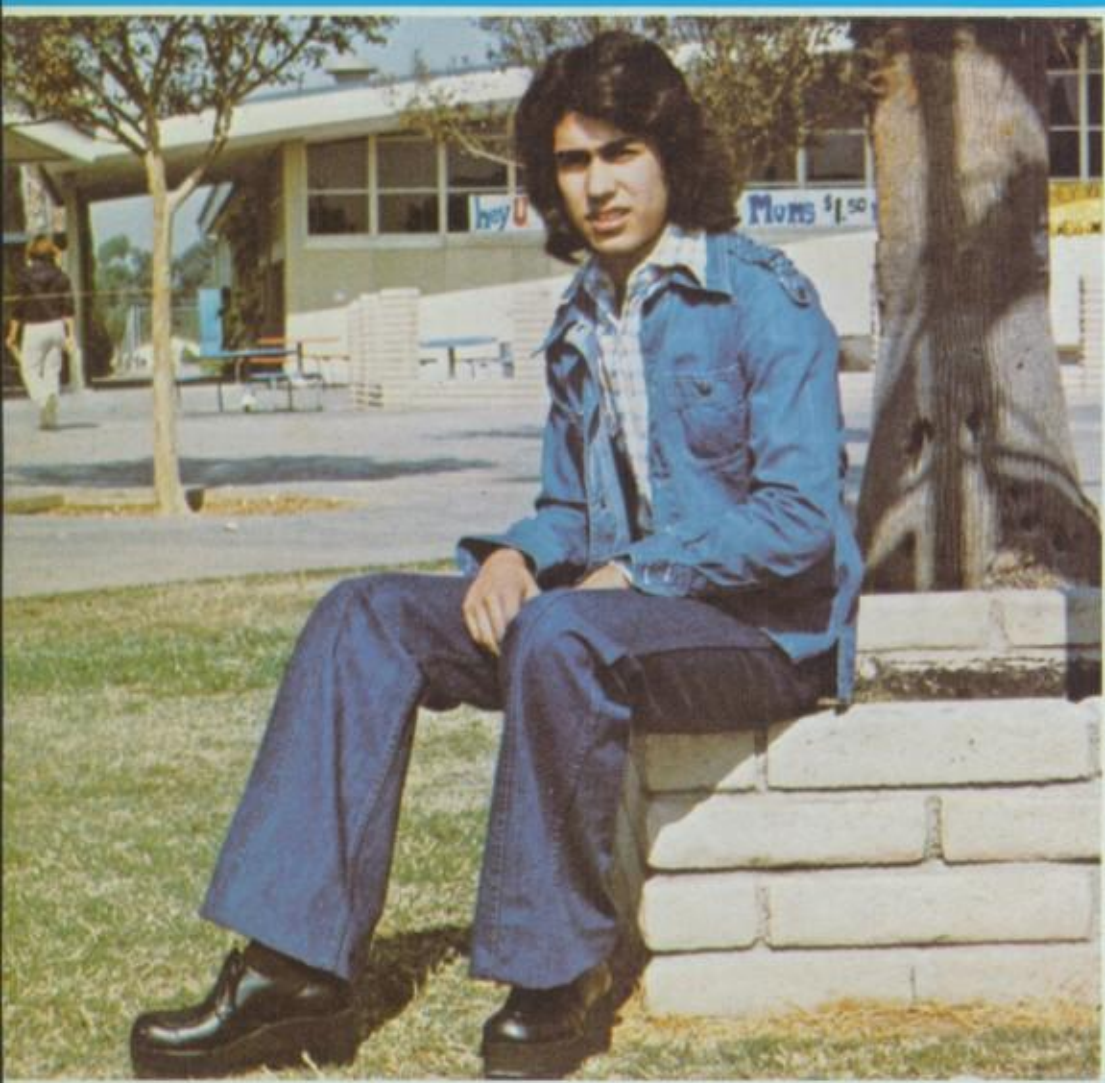




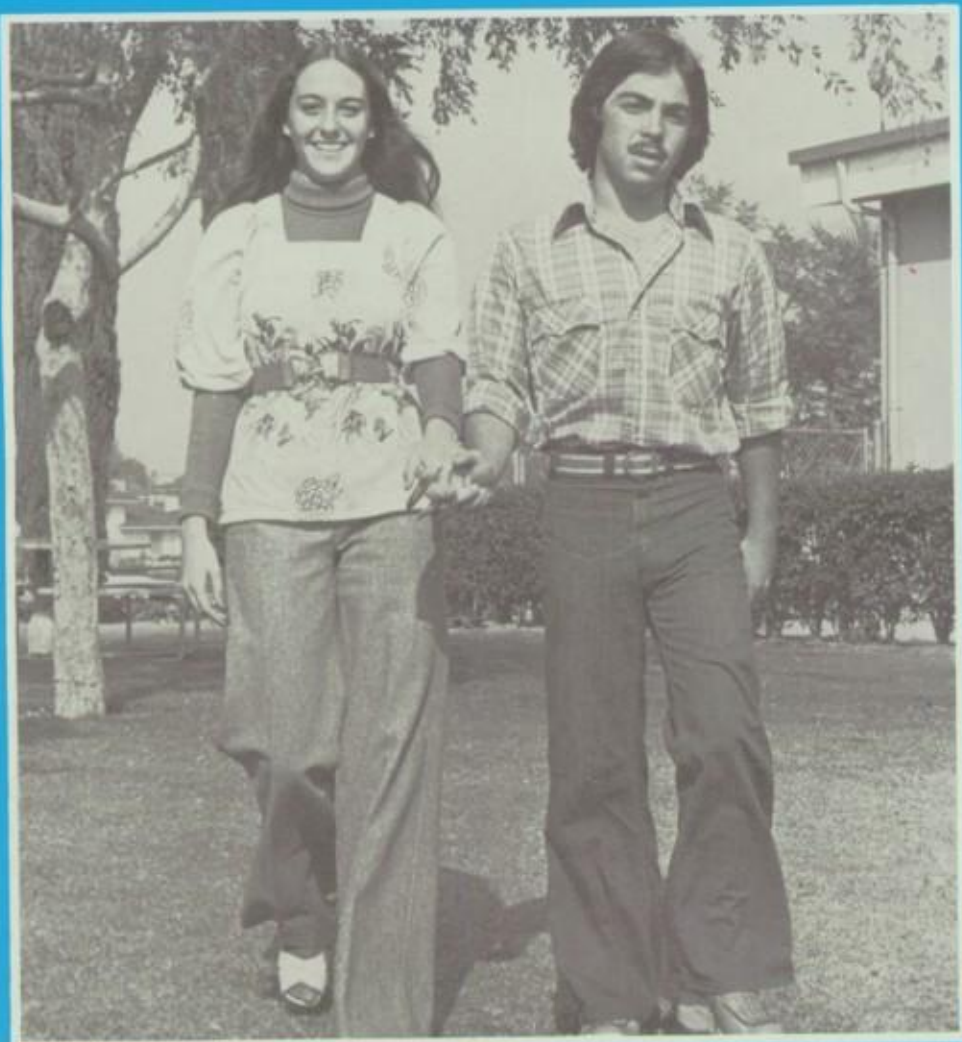
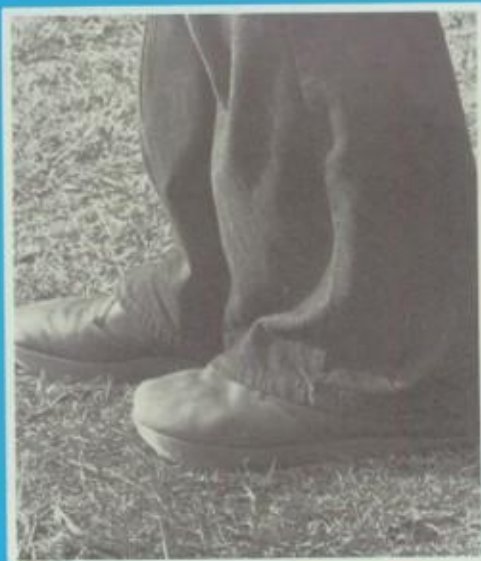
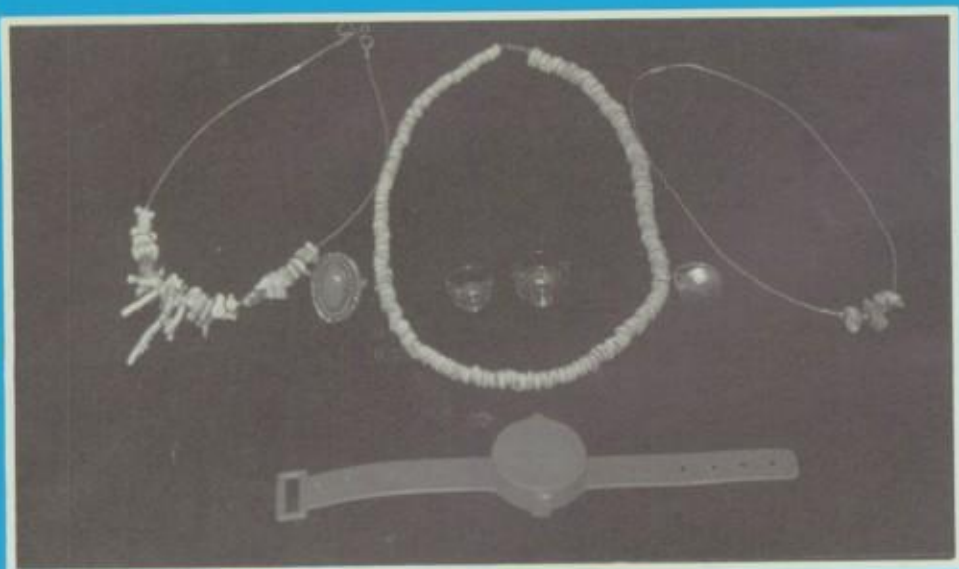
DOING



Fashion



1. M. Gonzales in denim blues, platform shoes 2. J. Blandino in knee length skirt, popular fitted shirt 3. Latest leather and straw styled purses 4. J. Aguilar in dress, jeans, platform shoes 5. Latest in jewelry 6. Earth shoes 7. Best dressed seniors: S. Baldomar, D. Curtain 8. C. Duarte, J. Gonzales dressed in style 9. "Dittos: Feel the Fit"



Have you ever been confused by the changing styles? You can blame it on fashion, the big carousel that whirled its way through the campus.

Styles have been changed, recycled, created, and dropped. We have gone from **TIGHT**

pants and shirts to tent-like blouses and t-shirts. The hems on skirts have dropped, and jeans, as always, were very much in fashion.

We have noticed that a person wears what he/she feels. Hairstyles and clothing are definitely a form of self-expression.

Some people changed with the varying fashions, others paid no attention, but in one way or another, we have all demonstrated our many moods through our appearance.

A.S.B. Executives

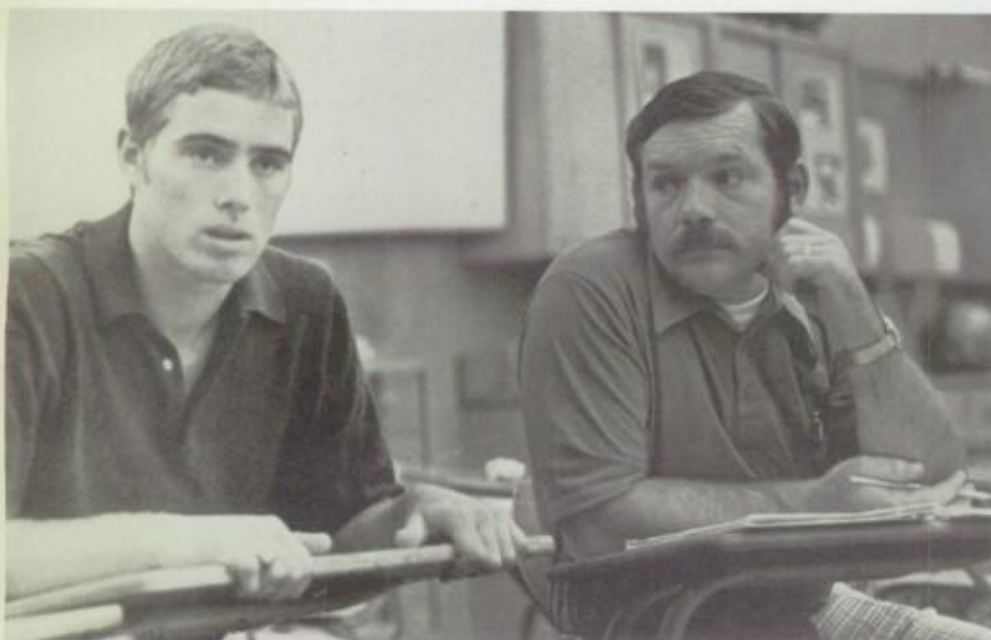
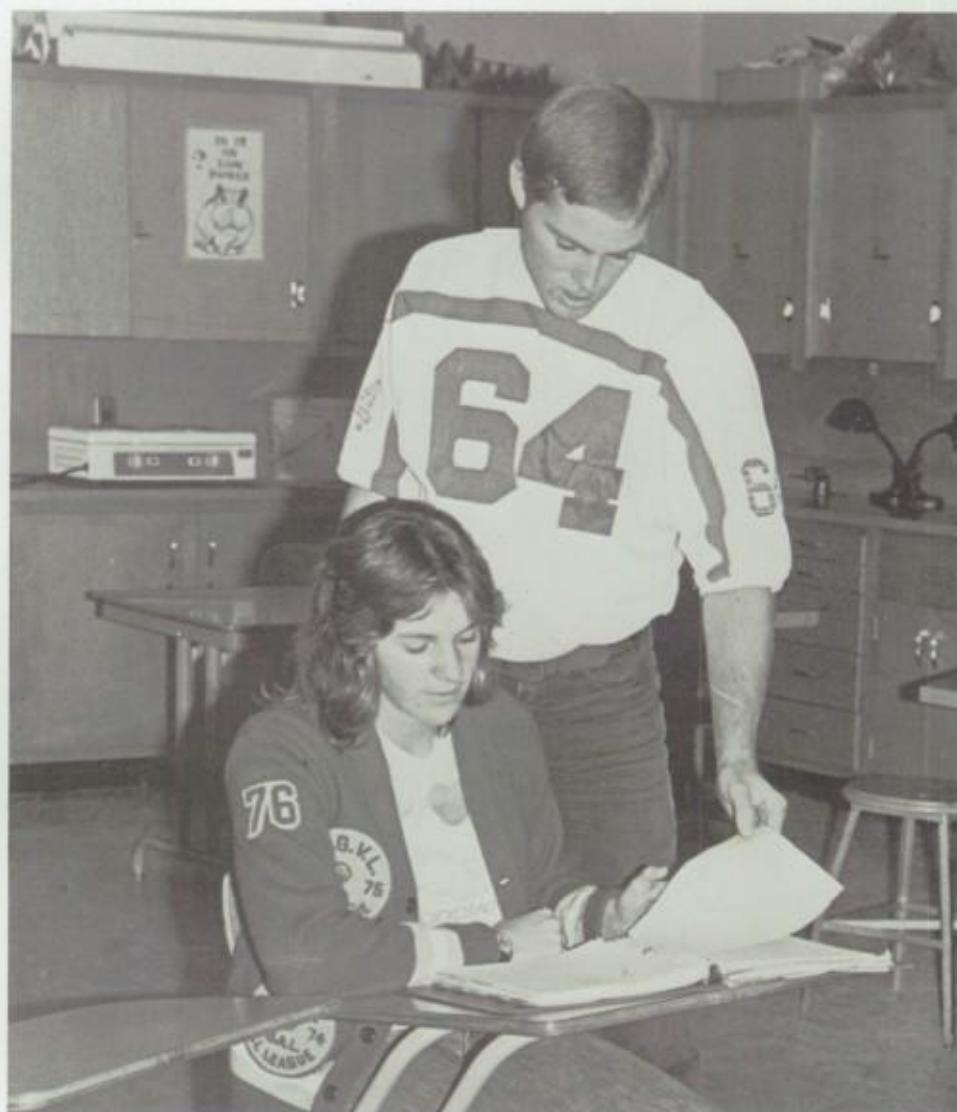
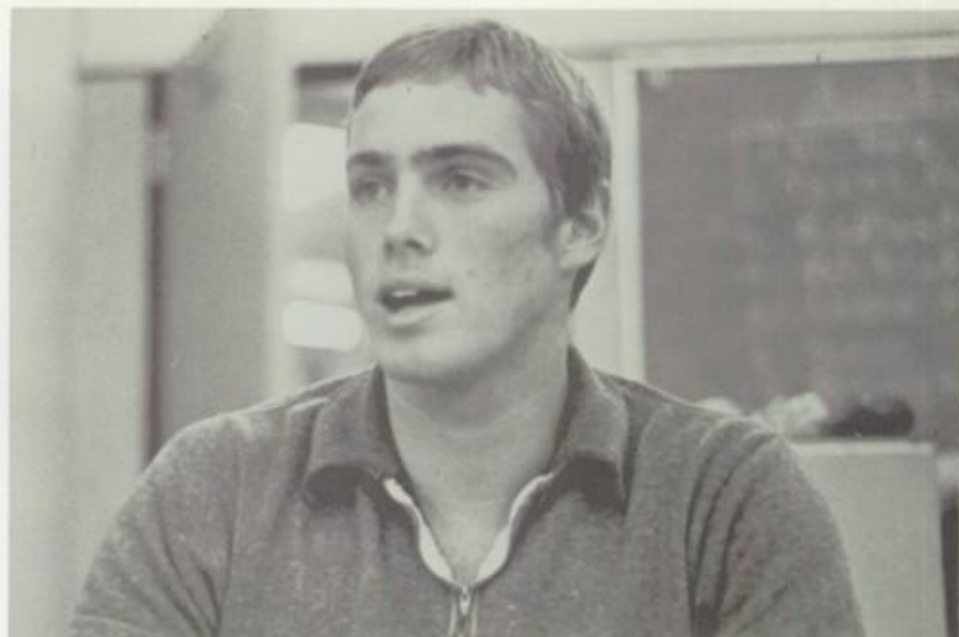
Tall, athletic, with the athlete's short haircut, Mark Courtney, La Mirada's A.S.B. President reflected the L.M. spirit. Involved in everything, Mark felt that involvement brought the students closer. Absorbing the pain and punishment of varsity football, editing the sports page for El Toro, and numerous class activities filled his hours. There was always a meeting to attend, a decision to make, and Mark was always in the middle, reflecting his student body's views.

Sharon Lehosky, sandy-haired, athletic, and always

ON-THE-GO

was Mark's strong right hand, acting as vice-president. She dedicated herself to getting upperclassmen more involved in the machinery of government, and encouraging people to support the hard workers in the student body. A shark at volleyball and most any sport she tackled, Sharon also loved participating in the camaraderie and music of the band for four years.

The dynamic duo molded the members of the cabinet into a smoothly-working organization devoted to the upgrading of La Mirada's student government.





Arranging spirit and homecoming weeks, assemblies, dances, and pep rallies were part of student council's responsibility. They were largely in

CONTROL

of all

school-oriented activities.

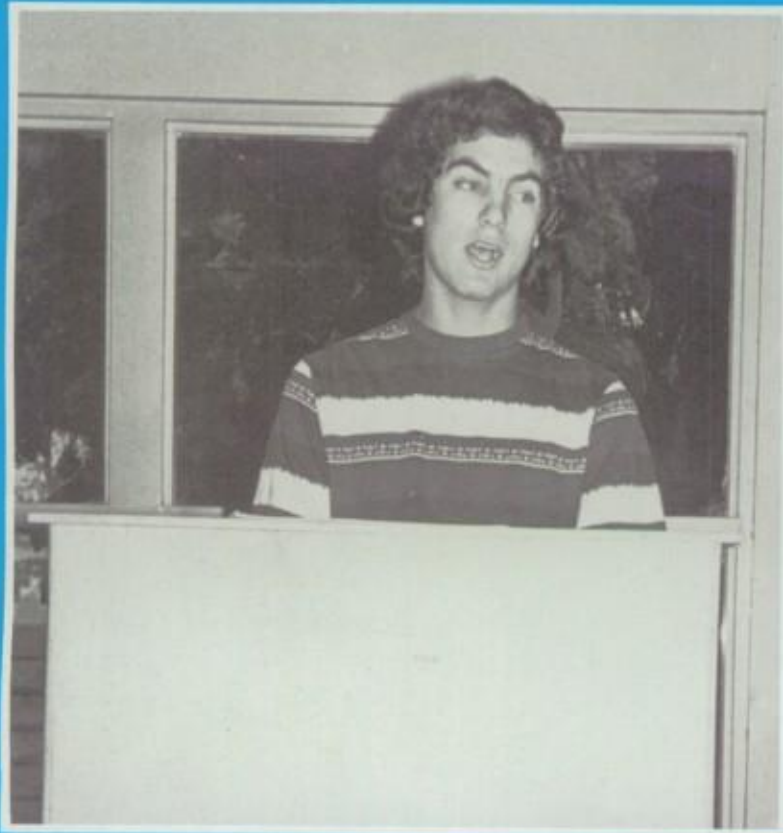
Members of the A.S.B. council were; (in the above picture, l. to r.) John Rubio, Frosh Class Pres.; R. Guard, Sergeant-at-Arms; L. Zucker, Publicity Director; M. Courtney, Pres.; M. Pompa, Junior Class Pres.; M. Courtney, Senior Class Pres.; (back row, l. to r.) S. Lehosky, V. Pres.; P. Foster, Pep Commissioner; S. Mushrush, Sec.; L. Arsulich, Soph. Class Pres.; S. Hengler, Treas.; and D. Derschan, Activities Co-ordinator.

Senate

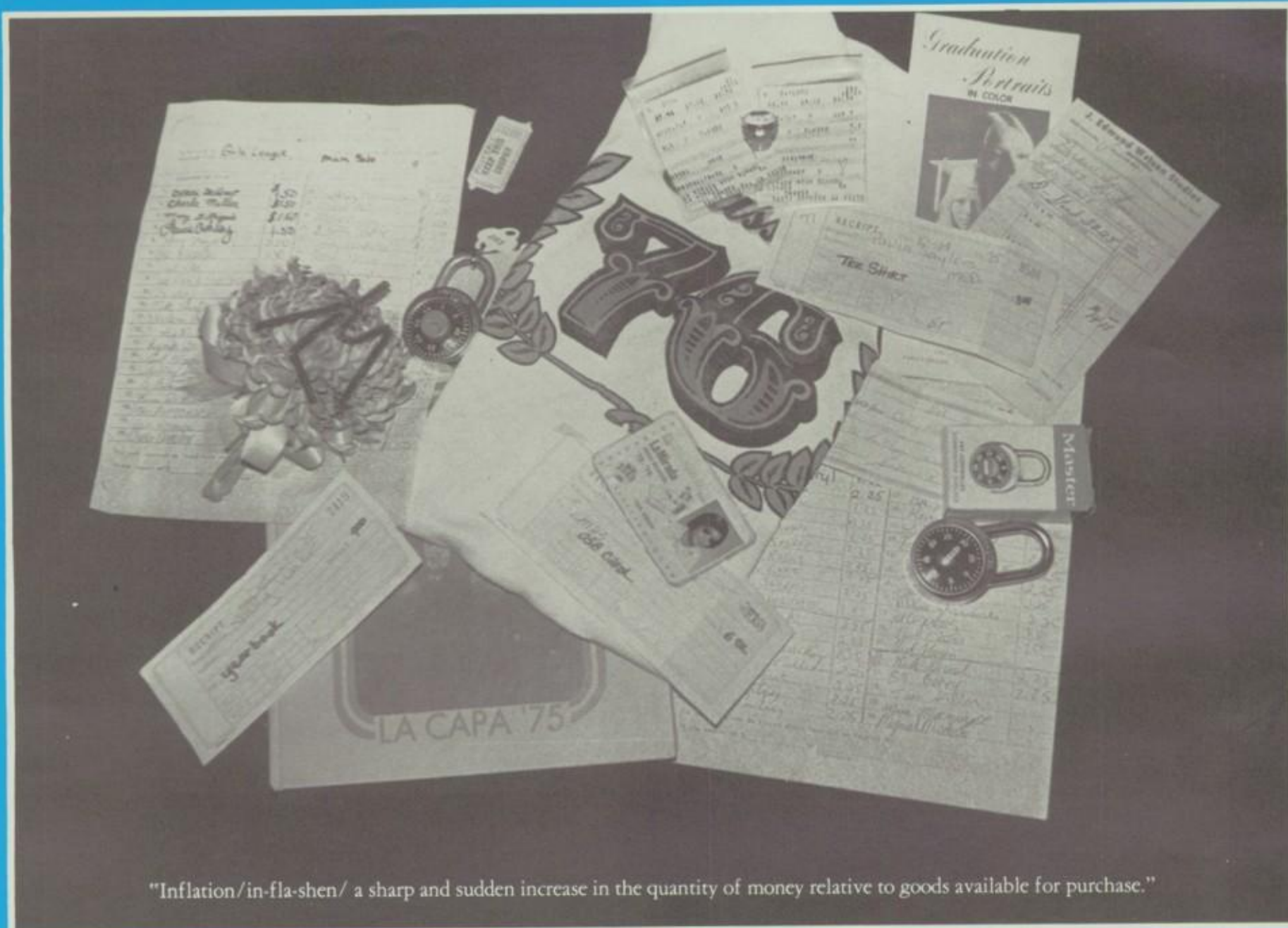
The senate offered the students a golden opportunity to voice their opinion on school matters. It consisted of one elected representative from each homeroom. These senators actively participated in meetings with the student council and then took the gathered information to their respective homerooms. By this method, hopefully

all students were kept **UP** on the latest news.

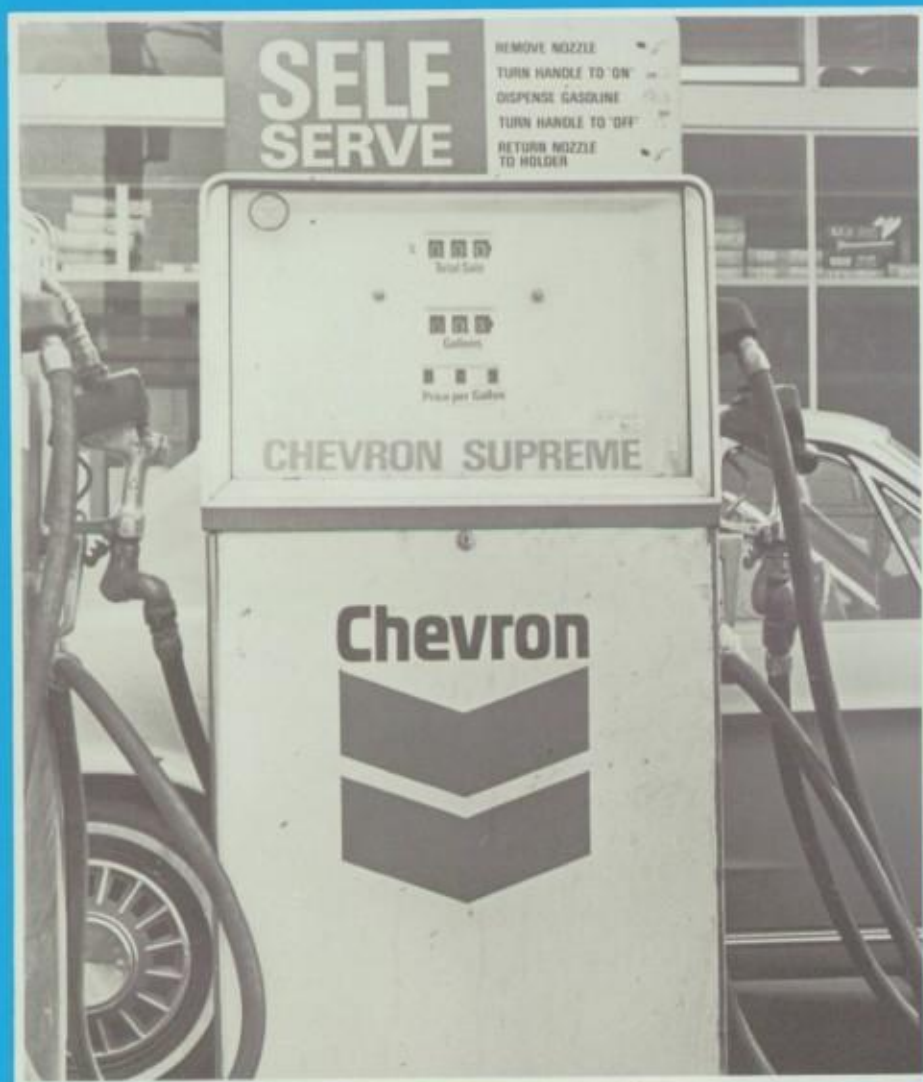
Involvement in the student government was a beneficial experience for all who participated.



Inflation



"Inflation/in-fla-shen/ a sharp and sudden increase in the quantity of money relative to goods available for purchase."



Remember when . . .

- . . . milk was 5¢,
- . . . apples and oranges were 10¢ each,
- . . . gas was 30¢ a gallon,
- . . . and locks were assigned to us?

Well, now . . .

- . . . milk is 10¢,
- . . . apples and oranges are 20¢ each,
- . . . gas is 62¢ a gallon,
- . . . and we have to pay as much as \$2.25 for our locks.

Throughout our high school years, we have all been affected by the various ranges in prices of items. Unfortunately, the prices always seem to be increasing. All of

us have experienced the **PINCH** of climbing inflation. The despairing thing is, there seems to be no getting rid of it.

However, there is a bright side for there are some who are trying to solve the problem. Until they succeed, we must help ourselves to adjust to the rising costs by conserving energy and budgeting our money carefully.

At this point, we can only try to cope with the situation and hope that with time, inflation stops as quickly as it began.

Pep Units/Action



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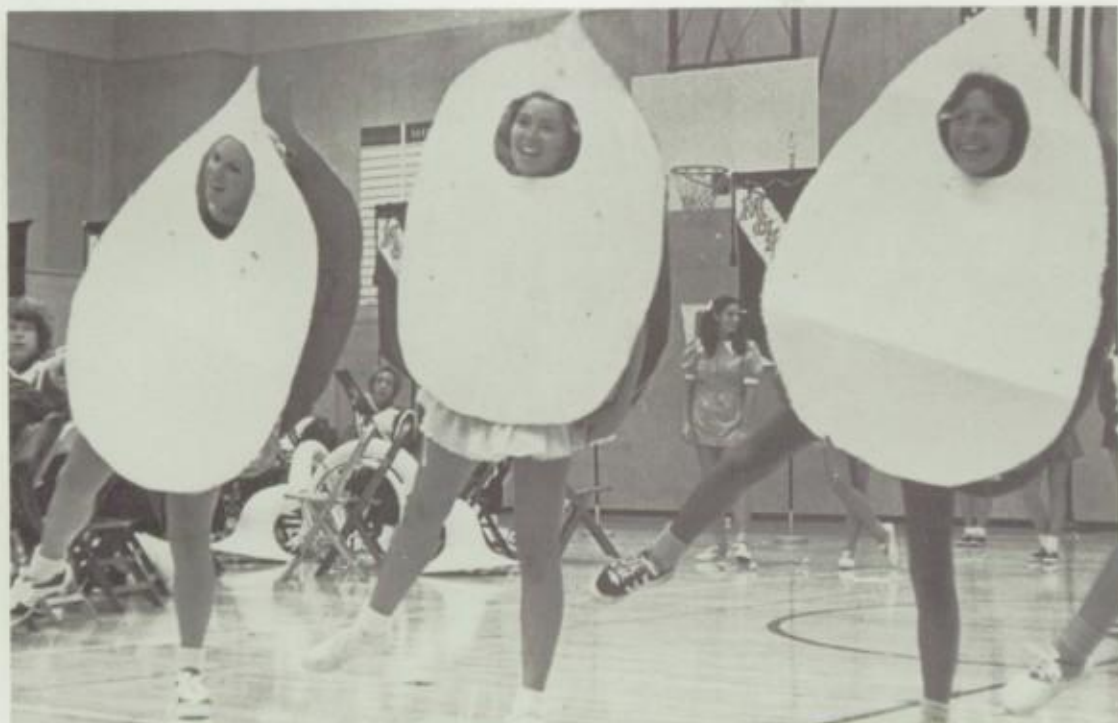


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1. Groovy V. Yell — K. Widtfeld, L. Garlick, J. Janke 2. Pep units sing Alma Mater 3. L. Monge, P. Robinson 4. Letter carriers perform 5. D. Wilson — mascot 6. Little peoples' song 7. L. Monge 8. I. Harrington 9. P. Robinson, B. Wisniewski



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"La-Mir-rada can ya dig it? Everybody's here, so everybody cheer!"

The spirit our pep units have shown us is something to be admired. They have succeeded beyond a doubt in spreading unity on campus.

All participants had to face the unnerving experience of try-outs. The real excitement began as their names were called off at the pep rally last year. Then it was off to summer camp where old ideas were revised and new ones introduced.

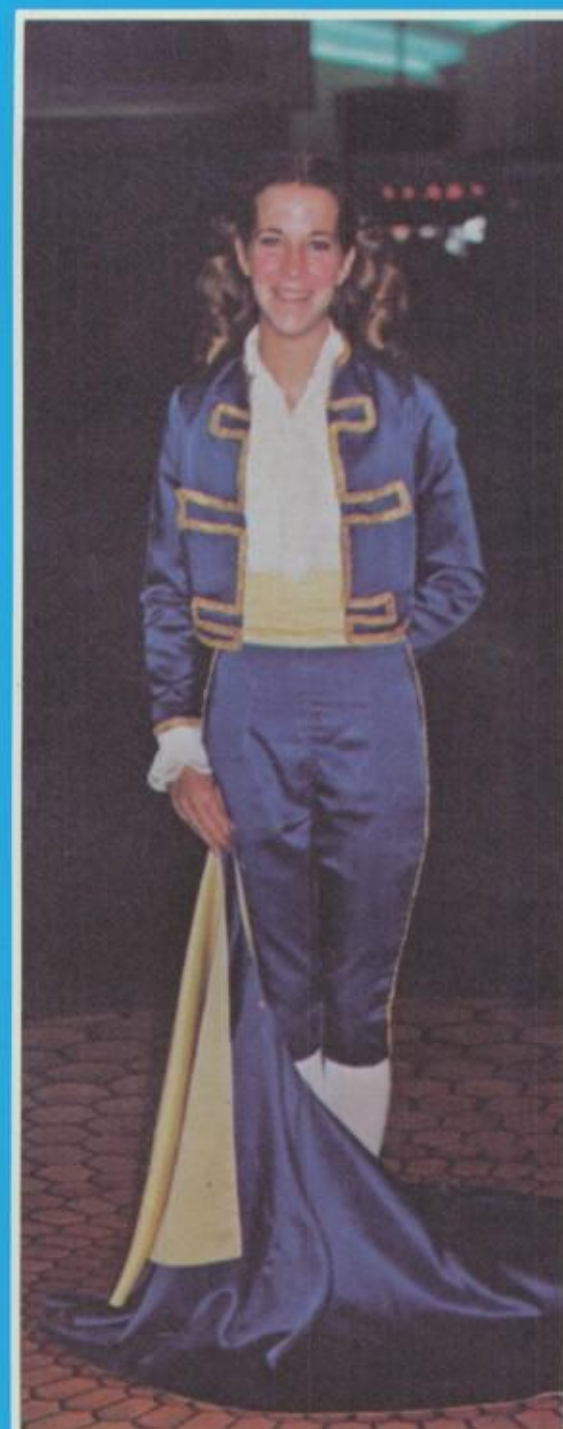
The pep units had soul and

BOOGIE

movements to

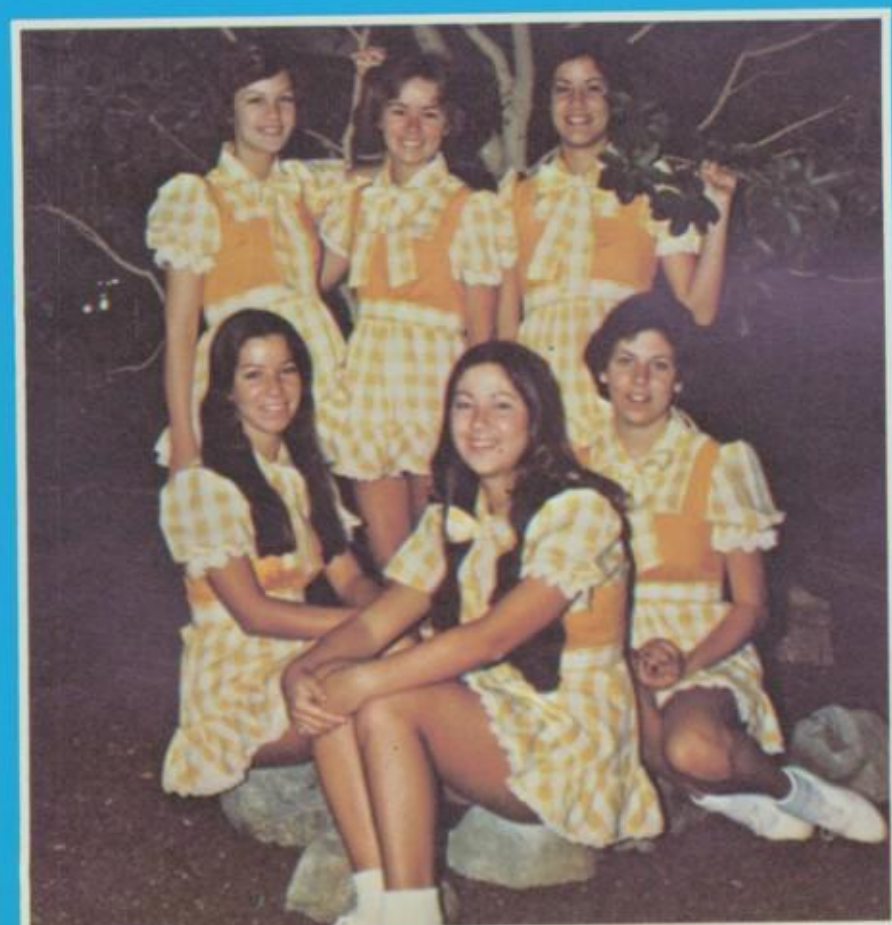
show us making it fun to watch their performances.

For all sporting events, the pep units were always on hand with encouragement, vitality, and spirit that was contagious to the crowd.



1. Drill Team — (row 1, l. to r.) Captain, C. Morley, Co-captain, N. Moore, (row 2, l. to r.) T. Schulze, D. Weaver, T. Acosta, J. Ward, G. Morgan, A. Webster, (row 3, l. to r.) L. Sindrey, J. Weaver, L. MacKeane, M. A. Leroy, C. Schultz, K. McGregory, L. Pellin, C. Lance, J. Barna 2. Mascot — D. Wilson 3. Majorettes — A. Inbody, S. Gillen, S. Mushrush, Head 4. Pep Commissioner — Pat Foster 5. Varsity Yell — (row 1, l. to r.) L. Garlick, C. Miller, J. Johnson, K. Marrs, (row 2, l. to r.) K. Widtfeld, I. Harrington, P. Johnson, J. Janke, head





6. Letter Carriers — (l. to r.) V. Howard, T. Lewis, P. McKenzie, V. Marquez, H. Houghtaling, head; J. Guenther, L. Roeder, H. Salter, D. Napoli 8. Flag — (l. to r.) B. Speckmeyer, D. D. Harrington, head; K. Kudler, P. Romine, P. Monian, C. Dodd, S.

Stewart 7. J. V. Yell — (l. to r.) W. Schmidt, S. Parker, head; L. McKenzie, S. Bernal, S. Castaneda 9. Songleaders — (row 1, l. to r.) L. Monge, L. Owens, P. Robinson, (row 2, l. to r.) S. Friedrich, B. Wisniewski, head; M. Garcia

Spirit

"All hail to Alma Mater, Hail all hail to thee!"

Was the chill of school pride, the feeling of being a part of something bigger than you, something with a tradition and a spirit — was all that

DEAD

in this era of sophistication and students who knew too much and experienced everything?

No! Not at L.M. The feelings of school pride were still with us; stronger than ever. Students and teachers alike expressed concern and enthusiasm in the many activities which came with daily campus life.



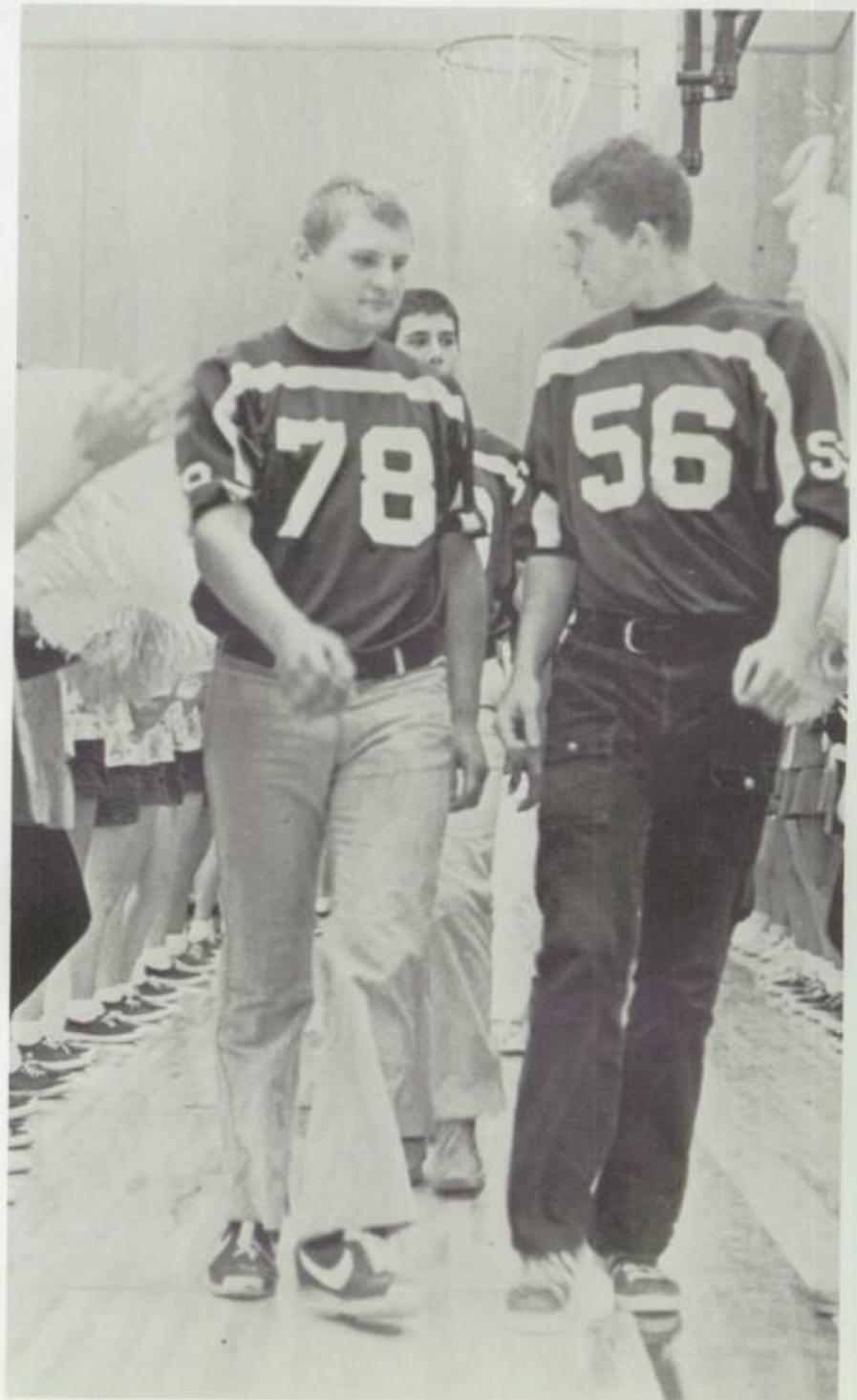
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1. Football team captains 2. Pep rally game 3. P. Johnson, J. Janke 4. T. Backer, C. Cosby walk through victory tunnel 5. Licorice eating contest 6. T. Watkins, M. Lehner? 7. Class advisors, flour contest 8. I. Harrington, K. Sharp in skit 9. Close of a rally, the Alma Mater is sung



Homecoming Night



What an exciting night . . . especially for our queen, Bev Wisniewski and her court: Marty Gomez, Brenda Buck, Liz Monge, and Leslie Haness.

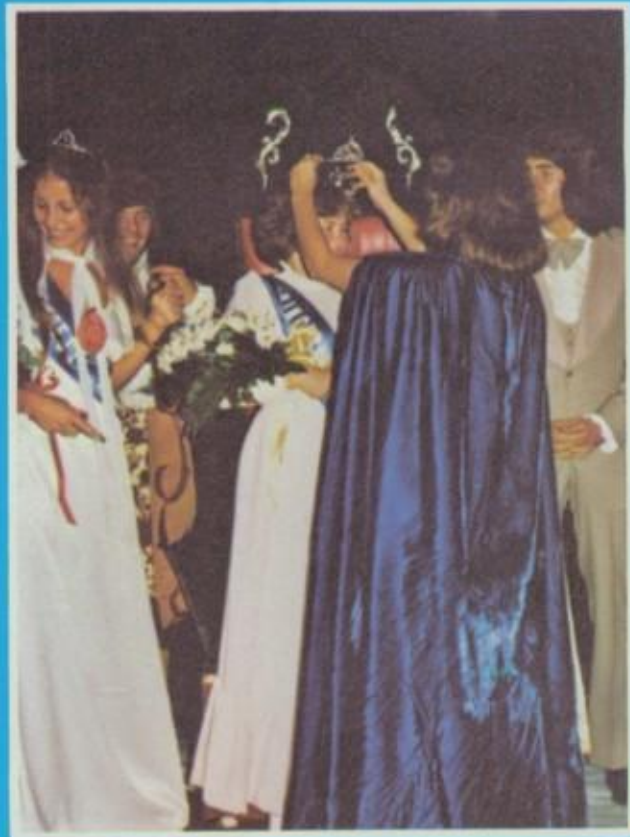
The evening began as the class floats circled the field to show the results of hard work put into float building. The Seniors were awarded a well-deserved first prize.

At half-time, our five princesses, escorted by their fathers, waited for that

MAGIC

moment, an experience they'll never forget. With the announcement of Bev's name, the crowd cheered and fireworks lit the sky.

Adding to the excitement, the Mighty Matadores were victorious over Paramount, 7-0.



1. Fireworks 2. D. Blavat crowns B. Wisniewski 75-76 Homecoming Queen 3. Former queen D. Blavat, escort, and homecoming court 75-76 4. B. Wisniewski hears her name announced 5. Happy father and his daughter, Queen Bev
LEFT PAGE (left to right, top to bottom) Brenda Buck, Martha Gomez, Queen Bev Wisniewski, Liz Monge and Leslie Haness



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1. B. Unkovich escorting M. Gomez for Top 15 2. B. Hansen auctioning off L. Monge 3. Seniors making float 4. Winning float; Seniors 5. Princesses B. Wisniewski, L. Monge, L. Haness, M. Gomez, B. Buck 6. B. Buck, L. Haness, jello-eating contest 7. Top 15 (row 1, l. to r.) M. Gomez, B. Wisniewski, K.

Marrs, L. Monge, (row 2, l. to r.) L. Haness, C. Rozsypal, L. MacLeod, P. Robinson, L. Crist, (row 3, l. to r.) P. Johnson, L. Muncy, B. Buck, D. Hernandez, J. Janke 8. B. Wisniewski and Dad 9. Alumni cheerleaders 10. B. Wisniewski, D. Hastings in licorice-eating contest.



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Homecoming Week

"Stars and Stripes Forever" was the theme for homecoming, and it was just right for this Bicentennial Year.

The week started out with the announcement of the top five, and continued on with a jello-eating contest, an egg toss, a slave auction, and other activities. Fortunately, Halloween landed on Friday so the ghosts and goblins added to the spirit of the week.

Skits, yells, and cheers at the Alumni Pep Rally highlighted the week's events.

Meanwhile . . . with anticipation of the

ULTIMATE

\$100.00 prize for first place, class floats were eagerly being constructed.

As it turned out, success was with us from beginning to end.



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Dances

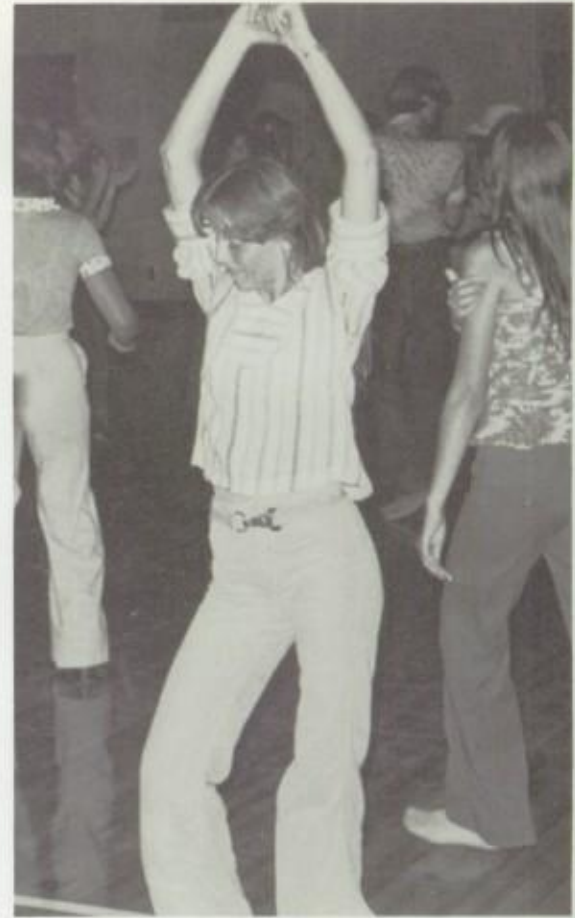
Everyone got into the **SWING**

of things at the many club and class-sponsored dances.

The majority of them were after game dances. However, the Hearts and Flowers, Christmas, Homecoming, and Sadie Hawkins dances highlighted the year as they always do.

The Prom, held at Lion Country Safari, was unique in its atmosphere and varied festivities.

The music rang in our ears as the year drifted on by.



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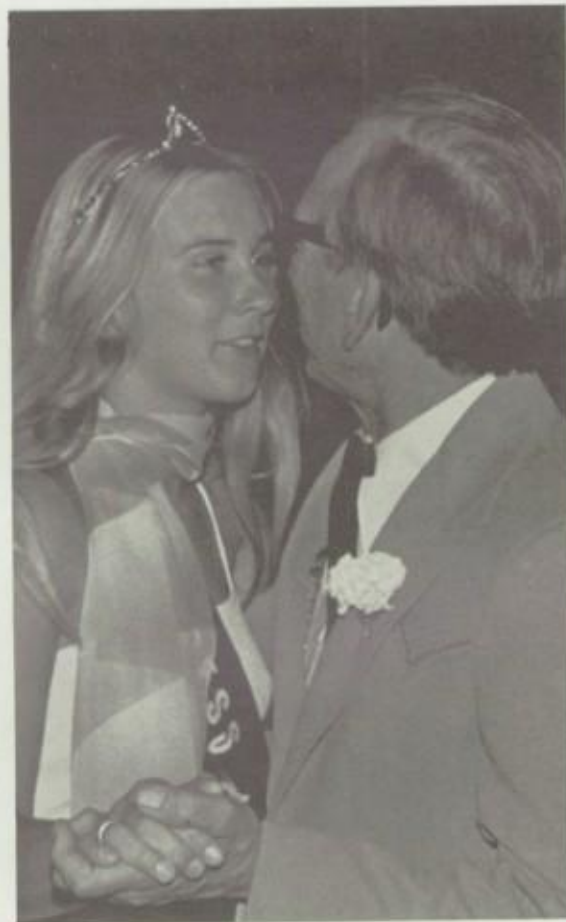
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1-5. Dances (in general) 6. Princesses at Homecoming Dance 7. Band 8. LM boogies 9. L. Monge dancing with dad 10. B. Buck dancing with dad

Assemblies

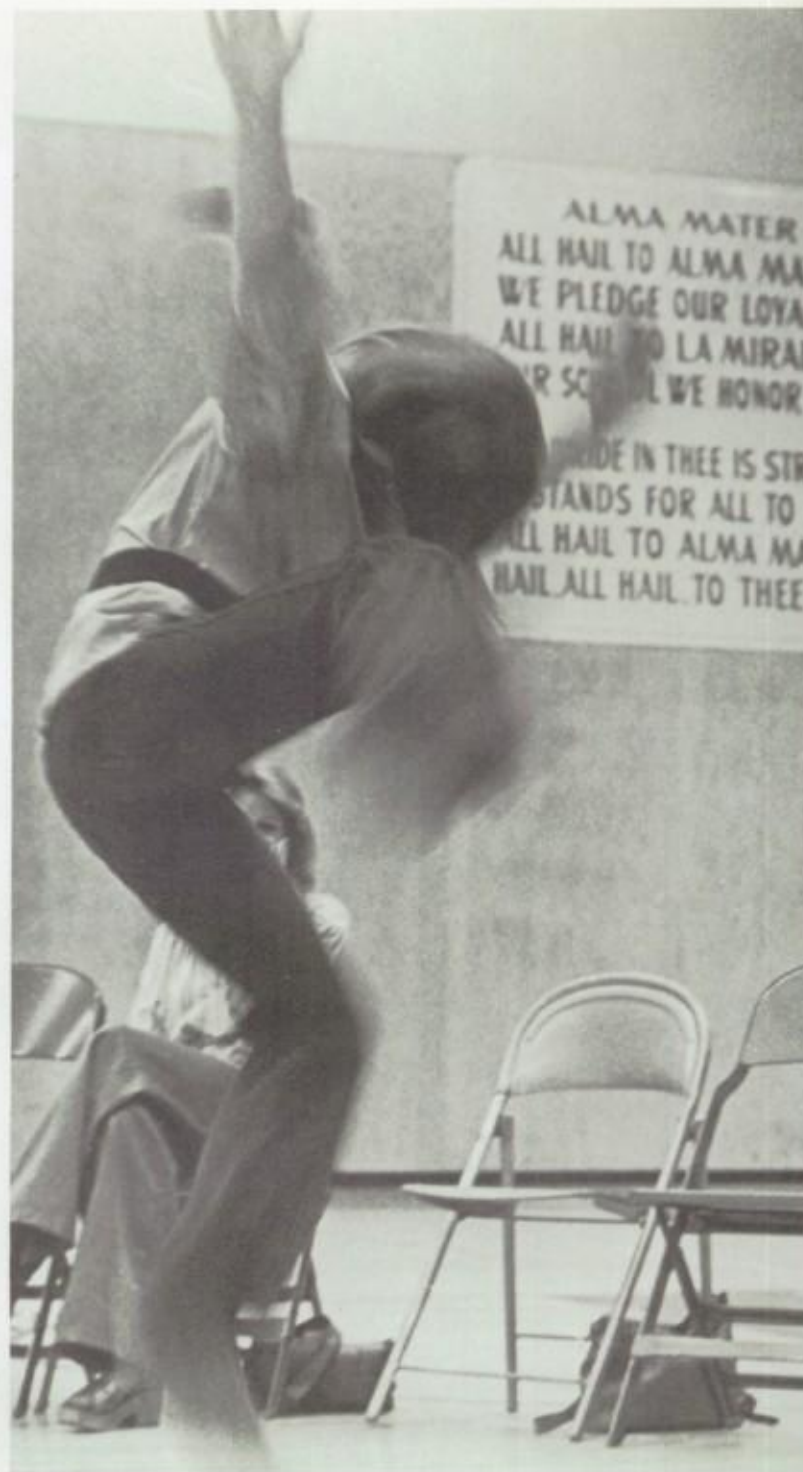
If you wanted to see seniors act like children and freshmen dancing with no inhibitions, you should have attended the assemblies! Several professional entertainers performed on our campus. One of which was George Sharp, a hypnotist, and parapsychology teacher. During a demonstration of suggestibility Mr. Sharp had students riding tricycles and acting like karate experts. The Air

Force **ROCK** Band also pre-

sented several songs which prompted a lunch-hour dance. Another performer was magician Eric Davis who successfully proved that "the hand is quicker than the eye." Mr. Davis taught the student body a few magic tricks which kept the reputation of our assemblies consistent: to be fun as well as educational.



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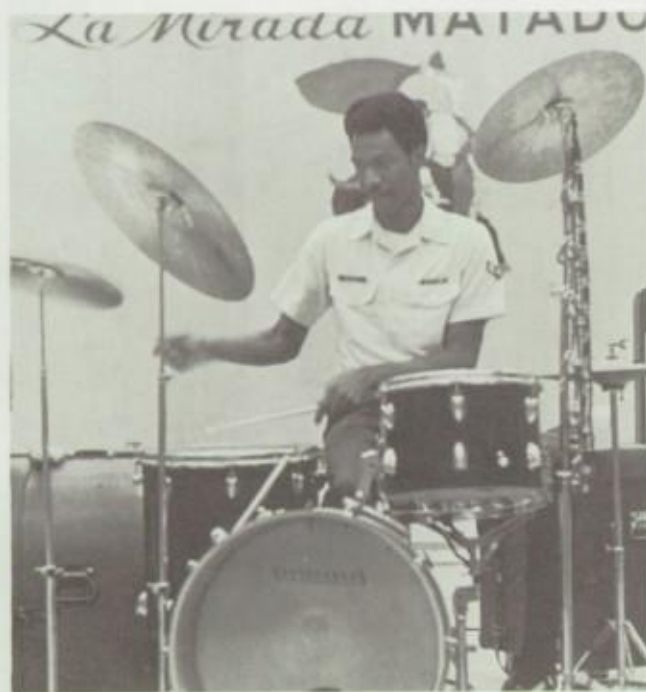


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1. Karate expert 2. Air Force Rock Band 3. L.M. Band 4. Audience participating 5. Drummer of Air Force Rock Band 6. Magician Eric Davis and assistant 7. D. Rose, Mr. Sharp (hypnotist), and M. Scoville

Hearts and Flowers



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Many beautifully dressed couples attended this year's "Hearts and Flowers." The record-breaking crowd danced to the rock band "Mizzouri Foxx."

The room was magnificently decorated and the area surrounding the building was lit up so that you and your date could romantically

STROLL

through the garden and walkways.

One of the many highlights of the evening included the crowning of Mike Gonzales and Lisa Lucero as King and Queen. Their court included: Sybella Friedrich and Dave Rose, Craig Cosby and Kris Widtfeldt, and Ron Laos and Kim Lake.

The several hundred students who attended seemed to agree that it was a very enjoyable and unforgettable evening.



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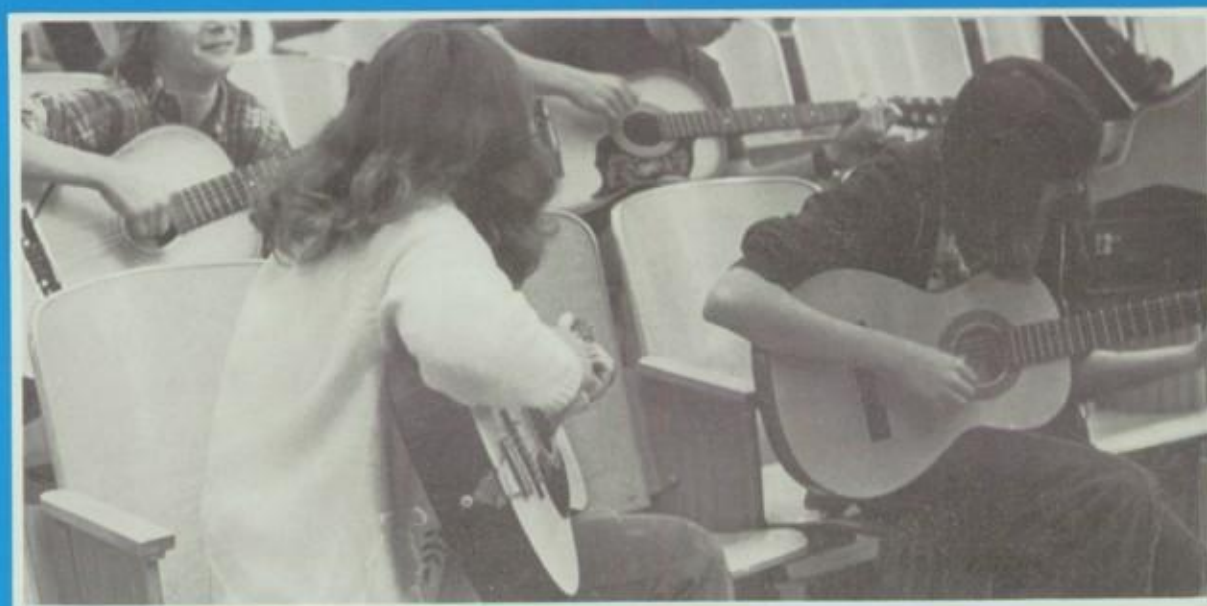
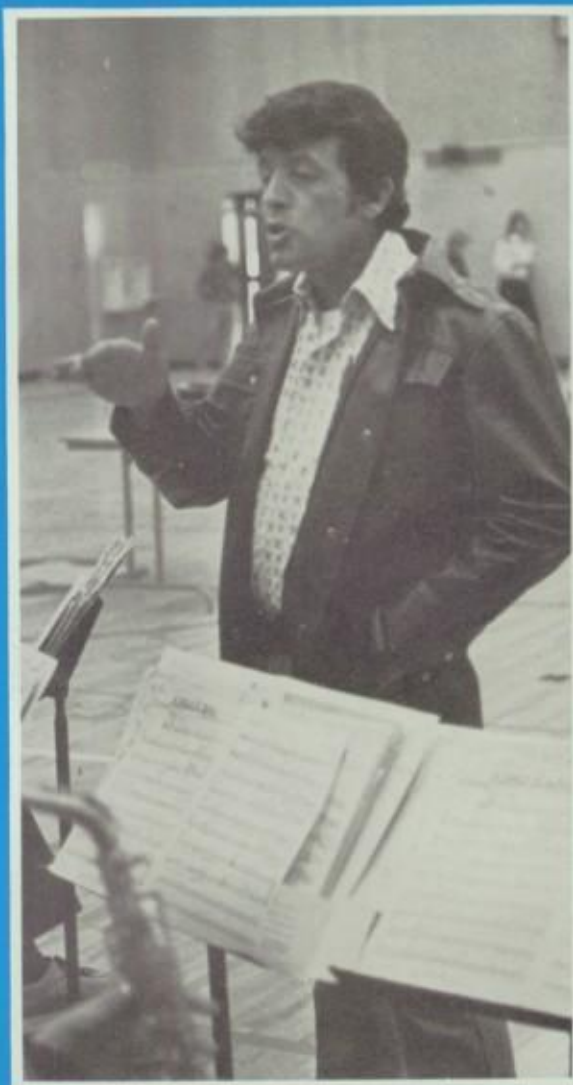
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1. M. Coulombe and S. Estrada ordering pictures; 2. King and Queen of dance — M. Gonzales and L. Lucero; 3. "Mizzouri Foxx;" 4. M. Collela, M. Zubcoff, S. Coulter, and T. Herman dancing; 5. Nominations for King and Queen — C. Cosby and K. Widtfeldt, L. Lucero and M. Gonzales, R. Laos and K. Lake, S. Friedrich and D. Rose; 6. R. Anderson and D. Musgrave; 7. Mingling; 8. K. Fahlman, M. Dunkelburger, K. Addington and A. Castillo.





CREATING



Drama

The convincing theatrics produced by our drama classes was result of long hours of rehearsal and an application of their drama teacher's, Mr. Castiglione, philosophy. Mr. Castiglione believed that by pursuing certain qualities and practical skills practically anyone could be an actor and everyone can be a well-rounded person. Some of the qualities and practical skills he mentioned were whether we want to be actors or real people, we should try to be believable or sincere, use complete concentration, find motivation to give us energy, and

TRY to create a favorable response from our audience.

The Noontime Theatre was a brand new production for the drama department. Students watched small skits presented at lunch on Thursdays in the Little Theatre.



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1. M. Ferlita 2. T. Beveridge 3. T. High 4. K. Kostka, S. Mears, and T. Womack 5. K. Metcalf and T. Smith 6. S. Mears and T. Womack 7. H. Weinberg, K. Metcalf, and T. Smith 8. L. Pagano, D. Anderson, M. Ferlita, T. Beveridge, J. Goff, K. Metcalf, and J. Rothe

Drama



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PRISONER OF 2nd AVENUE
 1. R. Lawton, T. High, S. Flynn, D. Mitchell and M. Quirk 2. T. Smith, and M. Quirk 3. D. Anderson and T. Smith 4. R. Lawton and T. Smith 5. R. Lawton and T. Smith
 THE SUBJECT WAS ROSES
 6. J. Denny and G. Fernandez 7. J. Denny and G. Fernandez 8. L. Pagano, G. Fernandez, J. Denny



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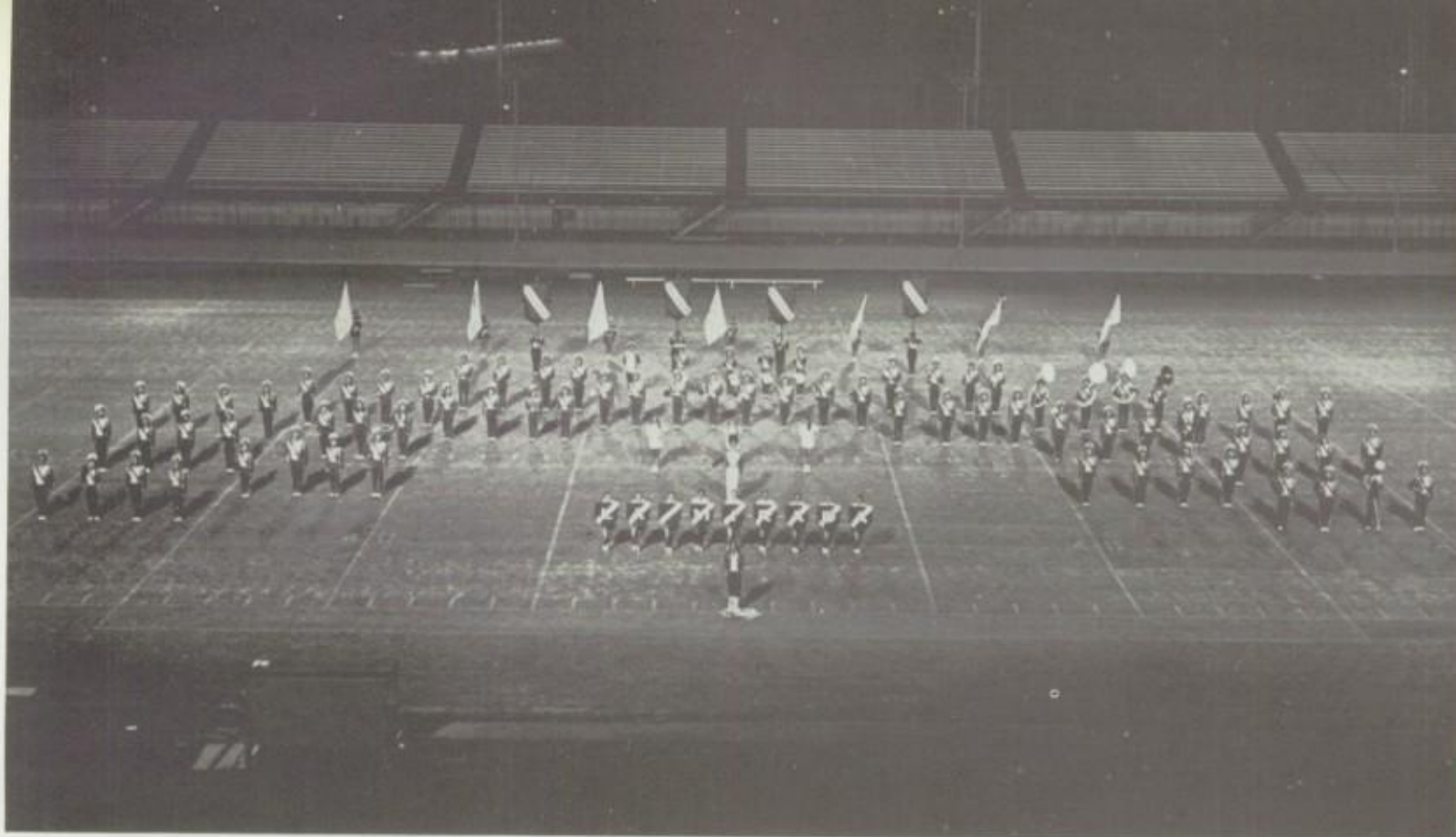
The drama classes received many favorable responses from the plays "Prisoner of Second Avenue", "The Subject Was Roses", and "Love and Other Strangers." Along with developing acting skills the production wrote the script and **SCORE** for the children's play "Robin Hood." "Robin Hood" was presented to several elementary schools in the district as well as to LMHS parents.



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1. Band performing at halftime
2. A. Davies and T. Herman
3. Mr. Bonebrake
4. (bottom to top, l to r) R. Holcomb, S. Smith, R. Pegler, P. Benedict, M. Burges, B. Robertson, K. Stevens, E. Shackelford, B. Turner, D. Calderwood, J. Sulentic, J. Calhoun, M. Mueller, M. West, D. Chapman, V. Walden, L. Talstein, J. Morton, J. Ringquist, C. Hayes, M. Benedict, J. Davis, D. McBride, M. Lynn, D. Frohman, B. Fazio, B. Harrington, S. Broadbent, S. Barnaby, B. Turner, B. Heagney, T. Straus, T. Amato, A. Clements, P. Benedict, E. Napoli, J. Pontrelli, M. Wheeler, A. Broadbent, J. Ahern, D. Footman, G. Salcido, C. Finders, J. Cur-

willo, D. Hayes, J. Williams, K. Durston, M. Berger, D. Trent, D. Risser, L. Foster, C. Woods, C. Weaver, H. Ocampo, S. Rubin, D. Savage, K. DeLauder, B. Trent, C. Yoshimura, R. Ellis, L. Lewis, S. Rice, K. Kovacs, C. Padilla, T. Pease, P. Dugan, A. Thies, K. Strauss, J. Bernardo, S. Pelaez, G. Neidlinger, D. Farris, V. Hoglund, K. Talstein, A. Davies, M. Heagney, M. Mahan, M. Stein, B. Contratto, K. Chapman, Mr. S. MacIntyre, Asst. Drum Major S. Vihlen, P. Stevens, K. Sanders, T. Tanaka, N. Stevens, Mr. R. Bonebrake
5. Band at parade
6. Band at halftime
7. French horn section
8. Drum Major — Tony Morris



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Band

Our bands were no ordinary high school bands! With the encouragement of teacher, Rex Bonebrake, and student teacher, Scott MacIntire, the bands competed in many reviews. The marching band earned first place at the Artesia Band Review, second place at Anaheim, and fourth out of forty-two bands at Chino! The band took first at Hawthorne where their drum major, Tony Morris, also received a first place. The jazz band held an area wide

JAZZ

Band clinic and participated in the San Diego Competition tour.

The bands performed in Hawaii last summer, including Pearl Harbor on the landing of the U.S.S. Arizona. Just one of the many concerts they gave as entertainment and in tough competition.

The band has been a source of pride for us, a spirit booster, and an example of fine musicianship.



8

Choir, Madrigals, Guitar

Choir has been an active, spirited group under the direction of Mrs. Julie Masner. Going along with the '76 Bicentennial theme they held a special performance and attended other school's Bicentennial presentations. They gave a few Junior highs a special Christmas program, performed for La Mirada's Rotary Club, and sponsored two Talent Shows. Choral competition came in the early

SPRING which meant long hours of practice and rehearsal. To have been able to sing a song beautifully harmonized was worth every minute. Madrigals did special Bicentennial concerts in addition to their regular concerts. They were a select group performing music of a more advanced degree of difficulty. Many people got into beginning guitar and were so interested that they requested that an intermediate class be offered.



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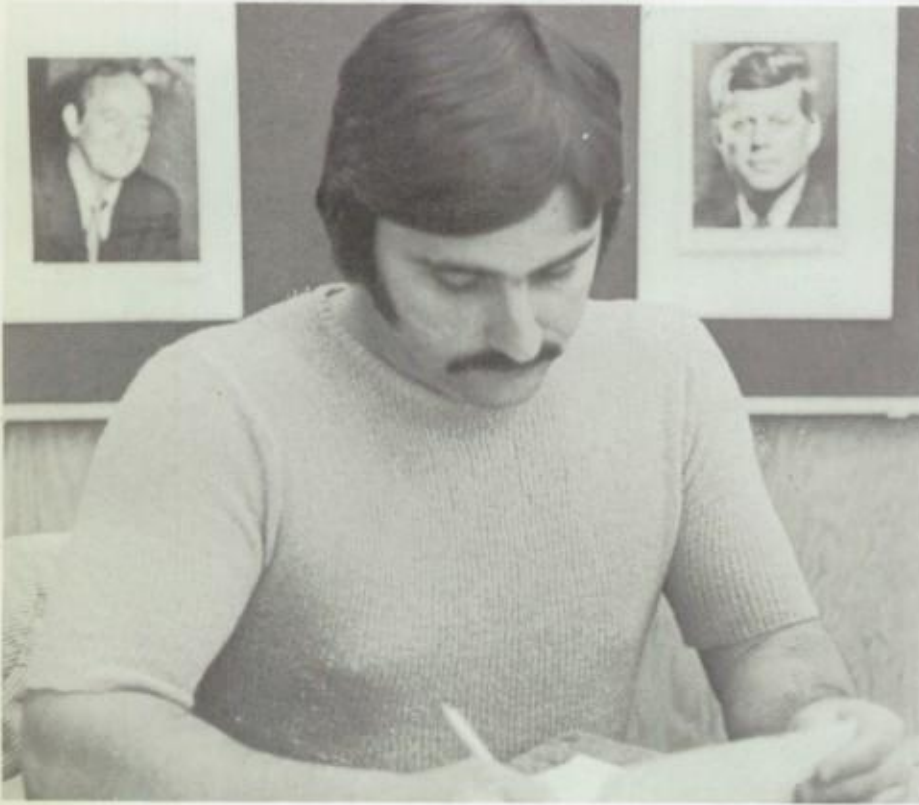
1. Mrs. Masner, instructor 2. S. Mahan, R. Kemp and D. Marshall 3. Madrigals 4. R. Kemp, G. Campbell and A. Montoya 5. Choir members 6. Madrigals 7. 12 string pick 8. More Choir members

Forensics

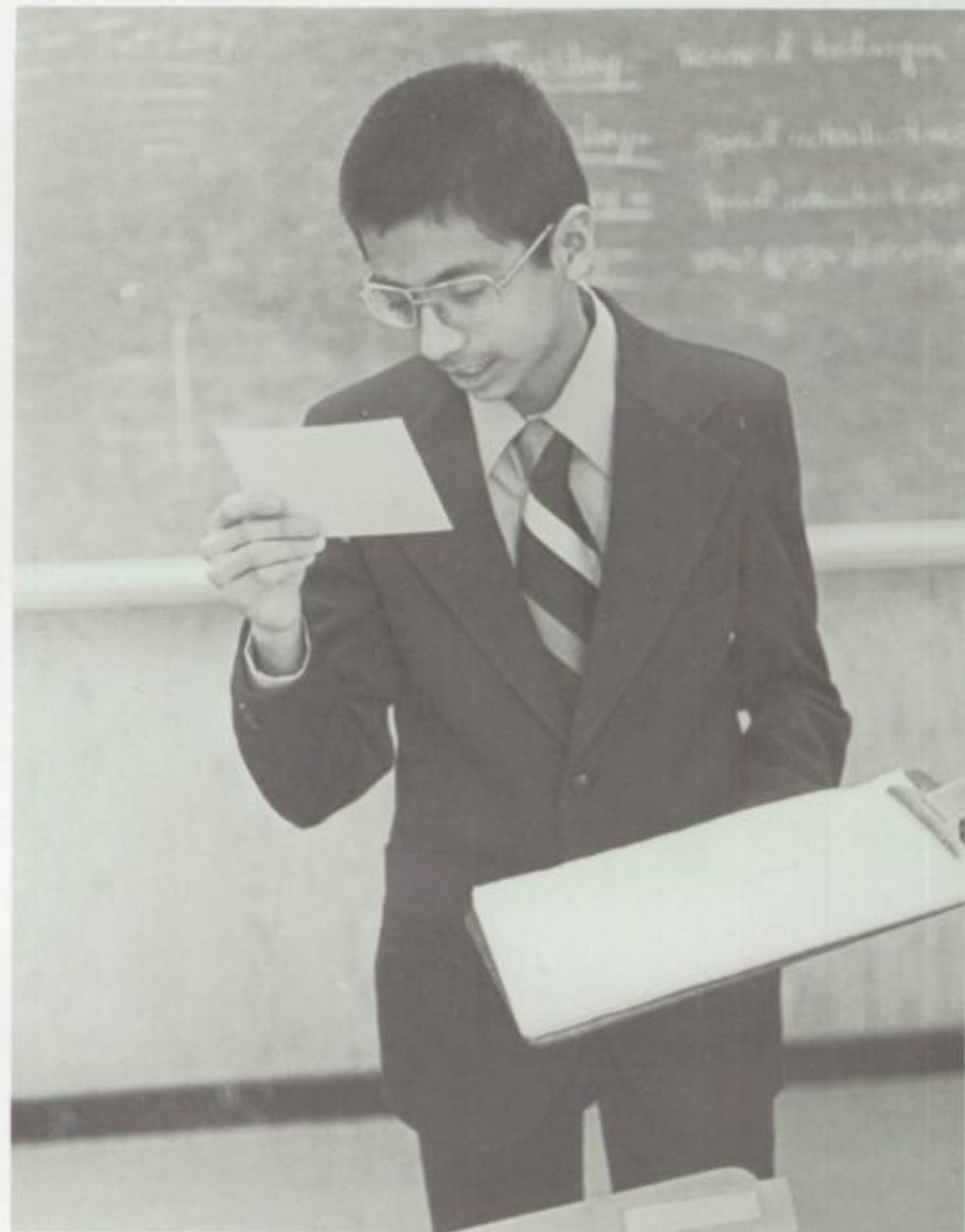
La Mirada's National Forensic League brought honors and **GLORY** to the school from numerous speech tournaments throughout the state. The team attended and scored at tournaments in Long Beach, San Diego, San Francisco, Moorpark, and Montebello. The California State Qualifiers were held at Cerritos College and Whittier College. The California State Speech Championships were at the University of San Francisco. The National Qualifier was in Alhambra and the National Speech Tournament this year will be held at Colorado Springs, Colorado, in late June. Also, this year, for the first time, the NFL members participated and put on an original reader's theatre entitled, "The Trial of Lee Harvey Oswald," written by B. Gevirtzman and R. Pacilio. It was proclaimed by all who saw it as innovative and exciting. All the NFL members worked extremely hard this year and gave credit for this successes to their coach, Bruce Gevirtzman, and his assistant, Bob Pacilio.



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1. P. Turner and M. Williams;
2. Coach B. Gevirtzman; 3. E. Camacho; 4. One of the numerous trophies; 5. CLUB MEMBERS: L to R, BACK ROW: M. Horwitz, R. Bernadino, B. Wischek, B. Fazio, L. Ruiz, D. Burke, C. Byrd, M. Gee. MIDDLE ROW: L. Lewis, B. Turner, S. Rubin, T. Satilino, C. Rockoff, R. Burke, B. Marshall, R. Cram. FRONT ROW: E. Levin, J. Bernardo, M. Lewis, J. Lance, P. Turner, E. Camacho; 6. M. Williams and B. Wischek.

6

Inside Out/El Toro

The Inside Out was a literary publication by a group of people interested in seeing all students express themselves. Expression was their main goal — being a unique description of feelings through creative words, pictures, drawings and thoughts.

"The staff believed," said editor Melissa Dodd, "that words are the most meaningful mode of communication; the organization of words in poetry and essay is the ultimate message." The staff had to carry out a delicate job, trying to sum up infinite emotions in one small publication. They spent a lot of time reading materials, illustrating, and talking through ideas.

The people who put all of the stories, ideas, and feelings into the Inside Out were the Managing Editor — Melissa Dodd, the Assistant Editor — Tom Smith, the Art Editor — Brigid Fitzpatrick, the Materials Editor — Teresa Ocampo, and the Sales Manager — Randy Gerson.

"El Toro's goal was to become a good, student representative newspaper, and with the later issues that goal was reached," according to El Toro advisor, Mr. Marks. El Toro's staff was small in number but truly dedicated; all assisted in reaching their goal.

The 1975-76 El Toro staff consisted of editors Debbie Bauman, Larry Zucker, Becky Acevedo, and Mark Courtney. Reporters, Tom Smith, Jim Cannon, Cyn-di McCann, Russel Smith, Paula Benedict, and Mike

FOX

all equally contributed to our Newspaper. Special thanks also goes to photographer Keith Nakata for his fine photography that was used in the paper so that students could see as well as read what was going on.



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1. M. Dodd (Editor) 2. (top to bottom, 1 to r) T. Smith, M. Dodd, A. Webster, J. Stockton, J. Brian, J. Gillespie, R. Becher, T. Pease, Mrs. Jackson, D. Lily, G. Fernandez, K. High, T. Herman, B. Hill 3. Inside Out at work 4. P. Benedict and M. Fox, typing, L. Zucker looking on. 5.

(l to r) C. McCann, P. Benedict, M. Courtney, B. Acevedo, R. Smith, M. Fox, D. Bauman, J. Cannon, L. Zucker, T. Smith, Mr. Marks 6. J. Cannon and T. Smith 7. R. Smith, Mr. Marks and Cyndi McCann 8. B. Acevedo and M. Courtney

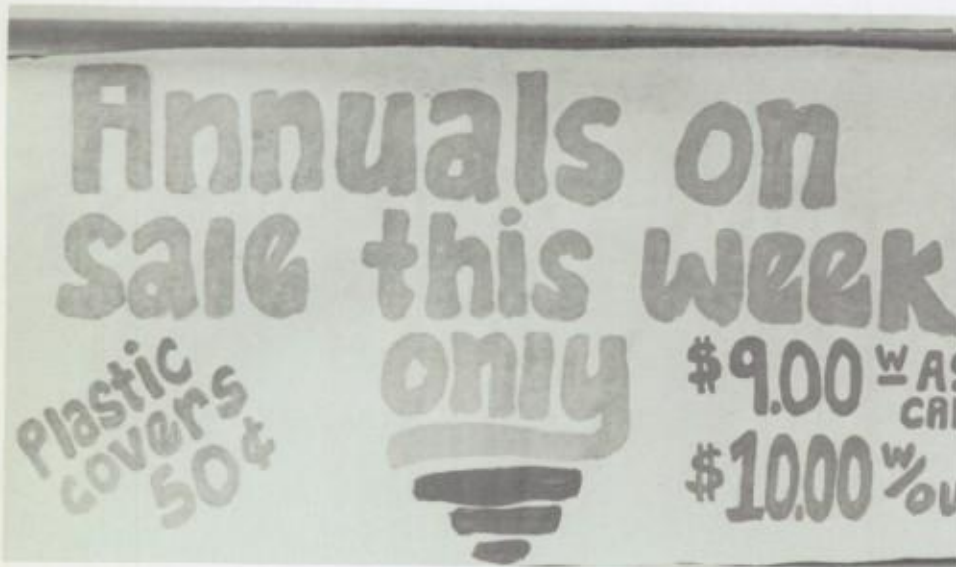
La Capa

La Capa '76 brought its devoted staff much time-consuming hard work, but in spite of it all, we had a good time. With deadlines constantly haunting us, we pushed ourselves to meet them. An occasional outcry of

PANIC

could be heard from within the walls of room 360 when things didn't go quite as planned. But no matter how great the pain, we survived the year and are mighty proud of what we produced.

High school days are full of all kinds of memories, and for us, 3rd and 4th period in room 360 will not be forgotten.



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1. Mr. B. Milne, publishing representative; 2. Our "effective" advert; 3. Editors-in-Chief: J. Turgeon, T. Weiner; 4. J. Turgeon, Mr. I. Marks, advisor; 5. Photo Editor: K. Nakata, Design Editor: K. Robertson; 6. LA CAPA STAFF, 1976: Editors-in-Chief: T. Weiner, J. Turgeon, Design Editor: K. Robertson, Business Manager: T. Anderson, Copy Editor: M. Dodd, Photo Editor: K. Nakata and Staff: C. Boardman, R. Chavez, D. Hastings, J. Steddom, R. Goetz, B. Hansen, T. Parker, M. Ruza, "Doing"/"Performing" Editor: L. Monge and Staff: L. Lucero, P. McNamara, M. Pompa, S. Sifuentes; "Involving" Editor: C. Rockoff and Staff: E. Inbody (also Index), T. Lewis, D. Wallas, "Striving" Editors: L. Crist, R. Scott and Staff: M. Delman, J. Johnson, P. Jones, "Being" (Seniors) Editor: L. MacLeod and Staff: K. Finch, V. Owens, P. Lynas, S. Tumler, "Being" (Juniors, Sophs, Frosh) Editor: N. Estrada and Staff: D. Caliva, S. Coon, D. Lewis, L. Lucero, L. Roeder, C. Welch, "Guiding" Editor: P. Saylors and Staff: C. Parry, D. Vargas, "Selling" Editor: B. Jeskey and Staff: B. Tanaka, M. Ruza.

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LA CAPA 1976

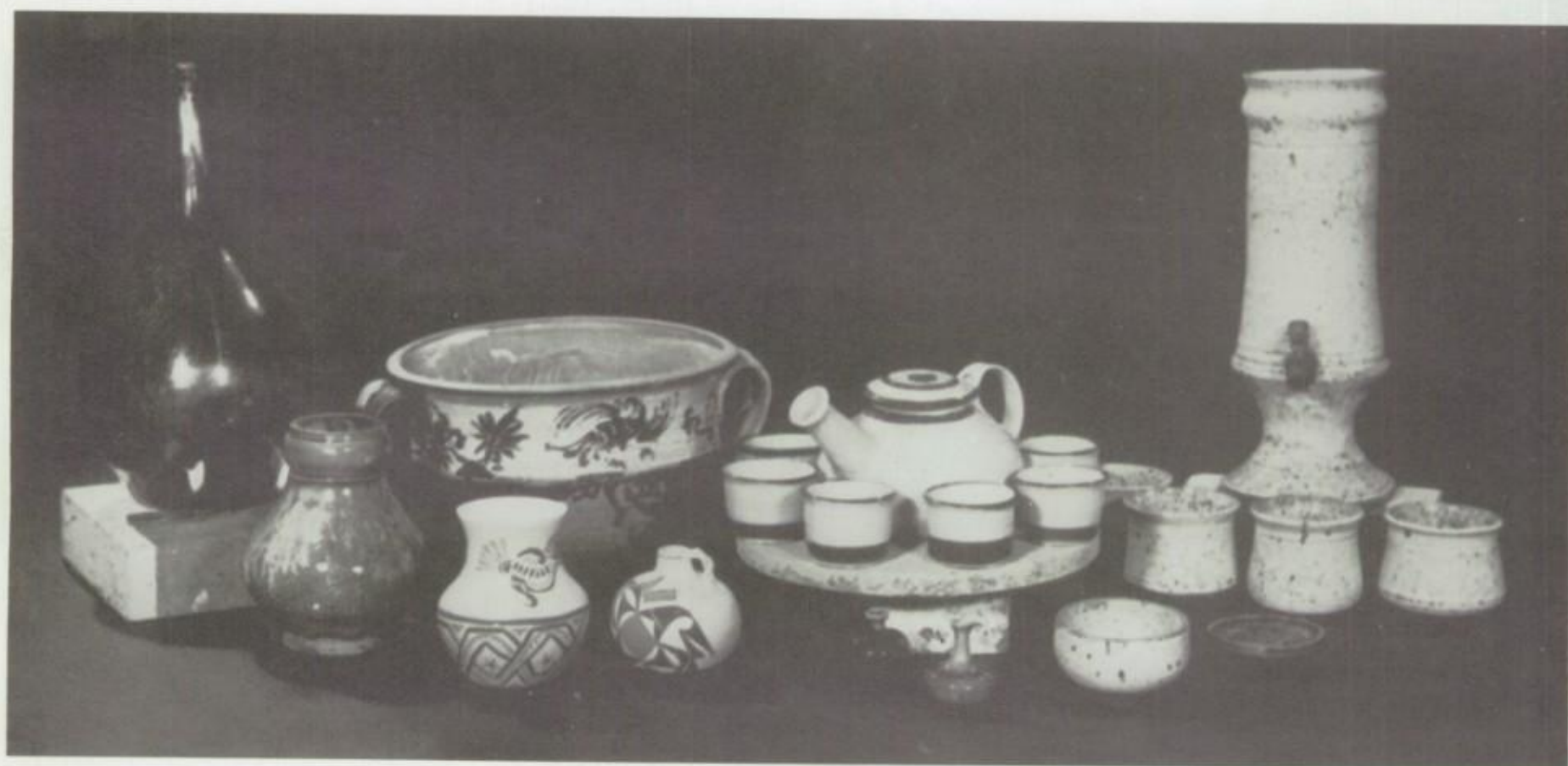
Art Contributions



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1. M. Delman and R. Gerson 2. B. Hall and S. Gerson 3. Pottery by J. Green, C. Ige, J. MacDougall, S. Estrada, L. Haness, and B. Buck 4. Embroidery by J. Waite and J. Briggs 5. C. Mattson, D. Rowe, and R. Janarian 6. A. Reineke, K. Rozsypal, and V. Garcia 7. V. Armijo 8. D. DerHovanisian



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T is for the Time that's spent by each individual
A is for the Ability to give it your all and what you Achieve in the end
L is for Learning what your talent really is
E is for the Entertainment it brings others
N is for the New ideas that develop every day
T is for the Teachers that give understanding and patience to their students

Put them all together; they spell TALENT — in macrame, cinnamon rolls, paintbrushes, picture taking, pottery, and needles and thread — a word, that is a characteristic of all those who participated in these activities.



8





INVOLVING





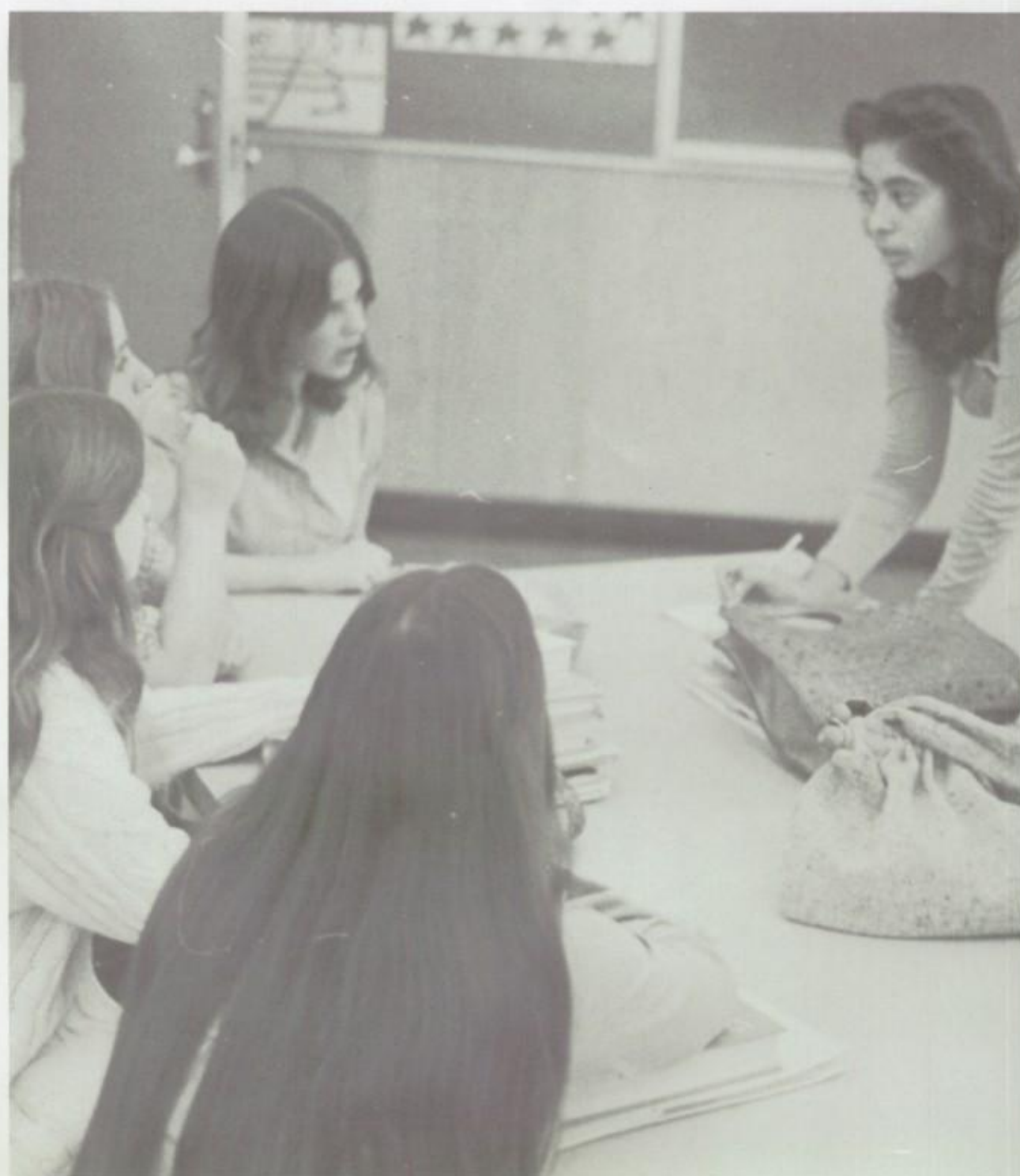
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1. J. Barna, T. Ocampo, Mr. Bruns; 2. A. Webster, T. Ocampo; 3. S. Castaneda; 4. T. Ocampo leading meeting; 5. T. Womack and T. Beveridge; 6. CLUB MEMBERS: BACK ROW: G. Fernandez, R. Beecher, C. Weaver. 2nd ROW: C. Hilleary, L. Sabin, D. Palmer, L. Grouell, T. Smith, D. Lilly, L. Young, Mr. Castiglione, J. Denny. 3rd ROW: S. Flynn, T. High, T. Womack, K. Gastelum, K. Metcalf, K. Grisham, M. Ferlita. 4th ROW: L. Pagono, D. Anderson, T. Beveridge, K. Kostla, J. Rothe.

Spanish Club/Thespian Club

The Spanish Club's main goal was to help people in need and to involve the student body in this service. Their most helpful and exciting event was the "Canned Food Drive." To collect

CANNED food, toys, and clothes to take to an orphanage in Mexico. After the successful "Canned Food Drive," the club drove to Mexico. Their Mexico road map was not used, and a few people were sidetracked but the club arrived and returned safely. Sitting calmly behind boxes of canned food and toys was Mr. Don Bruns, the Spanish Club's advisor.

Through long hours of rehearsal and set preparation the Thespian Club tried to foster an education for the community concerning the importance of drama to society. Thespians presented plays well balanced in interest for children, students, and adults. Money raised by dance sponsoring and plays went towards drama department expenses: printing costs and set supplies. Holding the position of Thespian Club Sponsor, director, and "Crisis Consultant" was "Mr. C.," alias, Mr. Carl Castiglione.



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Girls' League

What organization had a total of thirteen officers and representatives? You guessed it, Girls' League, our largest organization, was open to any interested girl on campus. Girls' League offered involvement for any girl who

joined: in the **MUM** sale, class t-shirts sale, car washes, and the sale of Val-o-grams. Most of the money raised was used to finance the annual "Hearts and Flowers" dance held in Newport Beach at the Newporter Inn.

Girls' League was busy all year round with a wide variety of activities. Their first big event was the Big-Sister, Little-Sister Slumber Party organized for the freshman girls to get acquainted and to make new friends. The faculty thoroughly enjoyed a special breakfast prepared by Girls' League. Girls' League also organized the "Girl of the Month" awards. For each month of the year, Girls' League chose one of the most helpful girls on our campus to have the honor of being "Girl of the Month." At the conclusion of the school year one girl out of the ten chosen was chosen to be "Girl of the Year." In the Girls' League opinion, the "Girl of the Year" put that little extra something into everything she did.

Who helped Girls' League gather ideas, make decorations, and break a few hearts? Their advisors Mrs. Chris Hill, Mrs. Linda Cistone, Mrs. Doris Littrell, and Mrs. Dorothea Dinmore.



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1. Owens and L. MacLeod; 2. L. MacLeod; 3. ADVISORS: Ms. Dinmore, Ms. Hill, Ms. Littrell; 4. T. King; 5. L. Gonzales; 6. V. Owens; 7. T. King; 8. K. Finch; 9. D. Musgrave; 10. Discussing ideas; 11. L. Young; 12. P. Saylor; 13. C. Mastro; 14. L. Curtain.

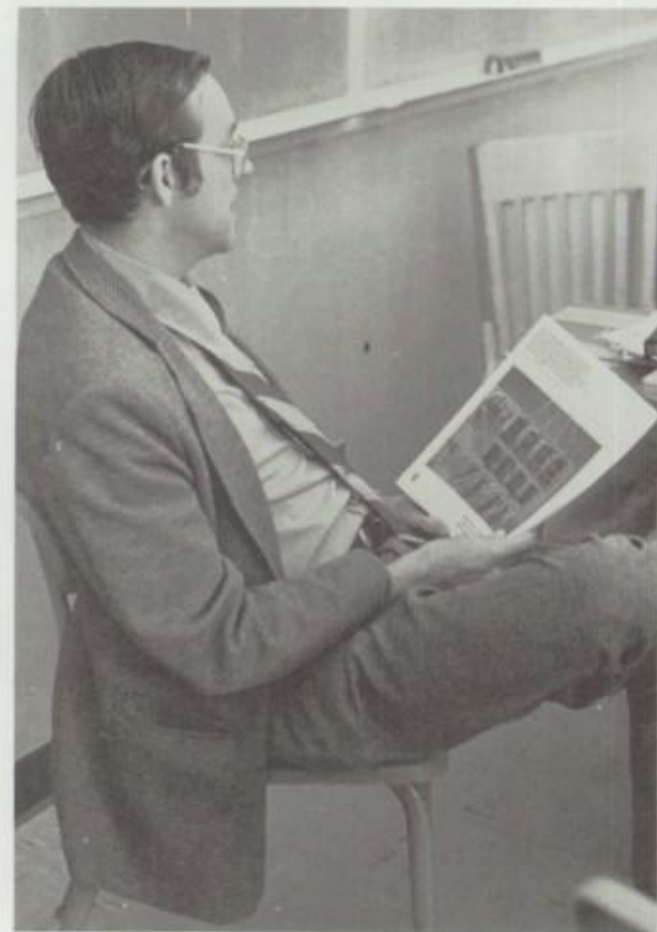
Radio Club/Photo Club



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1. K. Engoren; 2. S. Vihlen; 3. Mr. E. Hengler; 4. CLUB MEMBERS: J. Johnson, M. Fox, R. Freison, B. Rice, D. Vickers, R. Myers, J. Galegoes, T. Backer, M. Scoville, K. Hawkins, T. Hagenson, S. Directo, L. Altiu, J. Carney, A. Valero, M. Chavera, Kelly Thomas, J. Juvado, C. Hernandez, M. Fox, D. Murayama, T. Thompson, B. Evans; 5. Mr. Brizic; 6 - 7 - 8: Photos.



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Radio Club/Photo Club

Voices from the Orient, Russia, Mexico, and all over the U.S. filled the radio room on campus. Our official call sign is WA6SKZ. The club has exchanged call-sign cards with other stations. These cards acknowledged the fact that the outlying station actually talked to La Mirada students. With the help of Mr. Ed Hengler, the radio club advisor, new members concentrated on learning Morse Code and acquiring a novice license.

Twice each month in room 318, Mr. Dave Brizic could be found with seventeen members of the photo club, developing film and trying to

DEVELOP the potential of the Photo Club members. The Photo Club sponsored a booth at Sadie Hawkins and planned to raise funds by silk-screening T-shirts. Through these activities they raised money to pay for broken camera equipment and supplies.

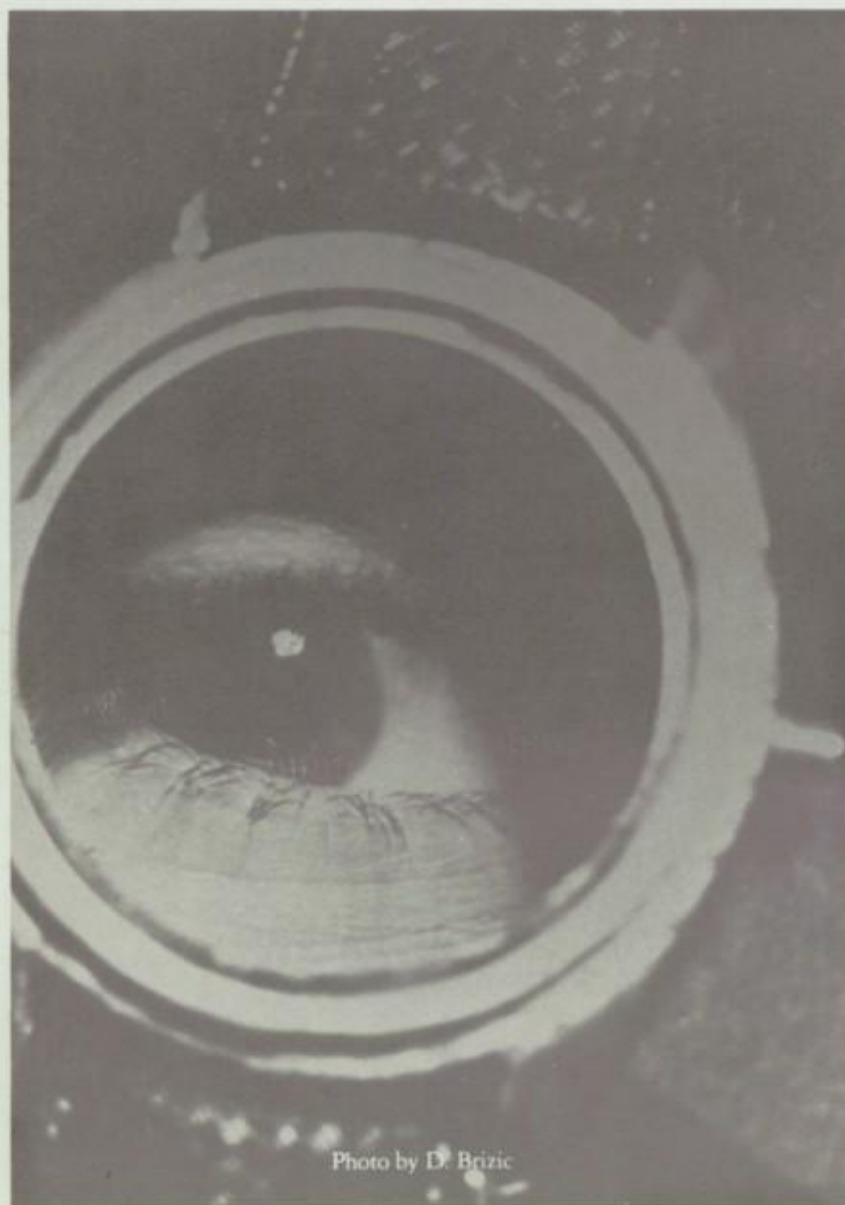


Photo by D. Brizic

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Photo by P. Henesey

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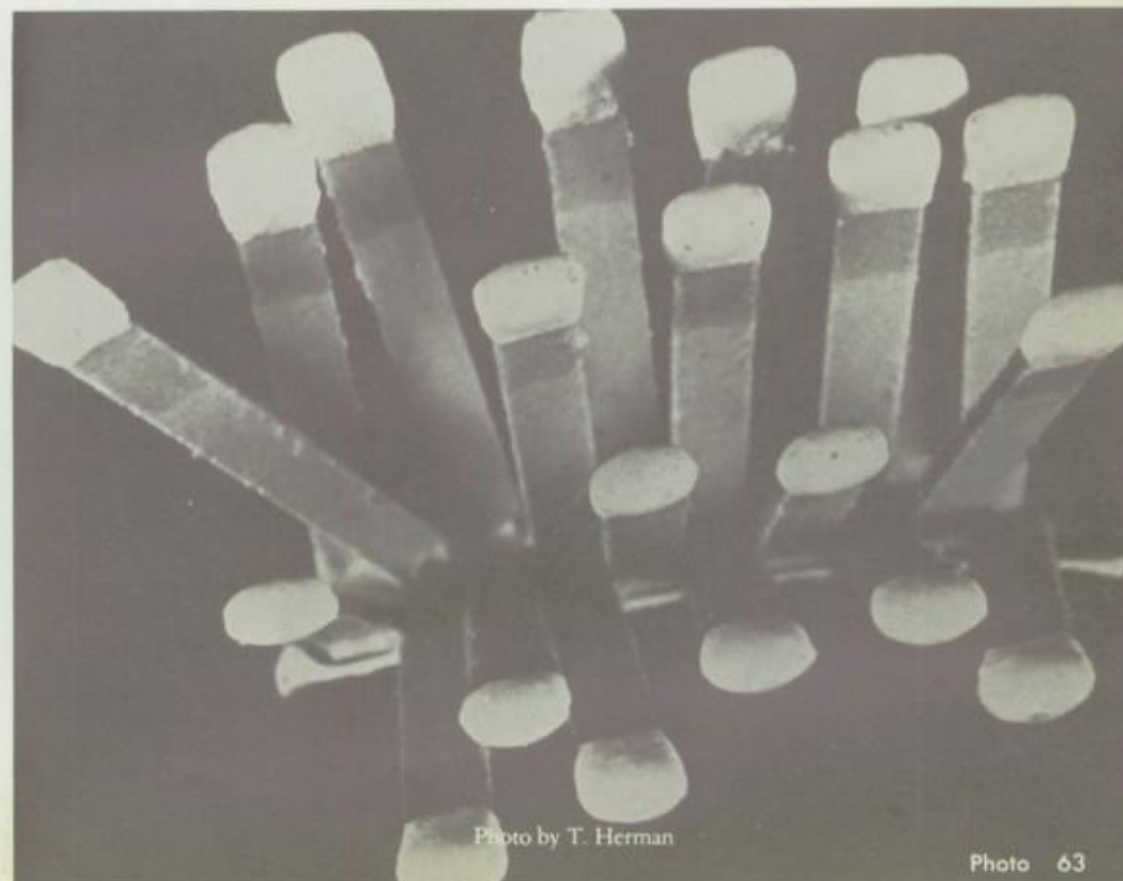
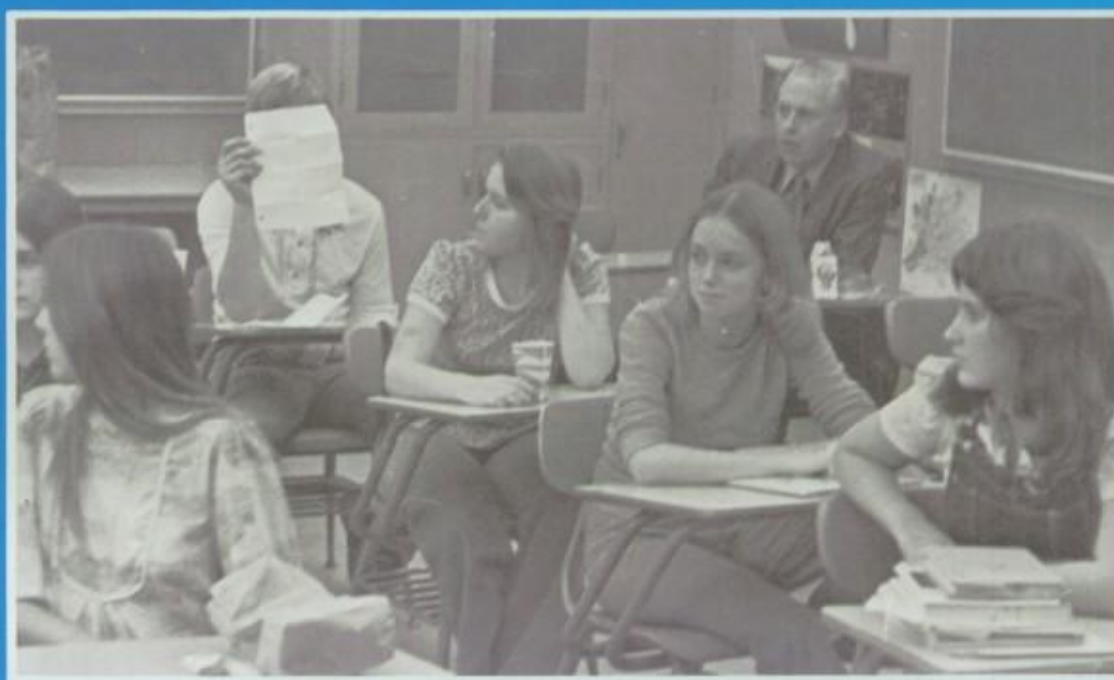


Photo by T. Herman

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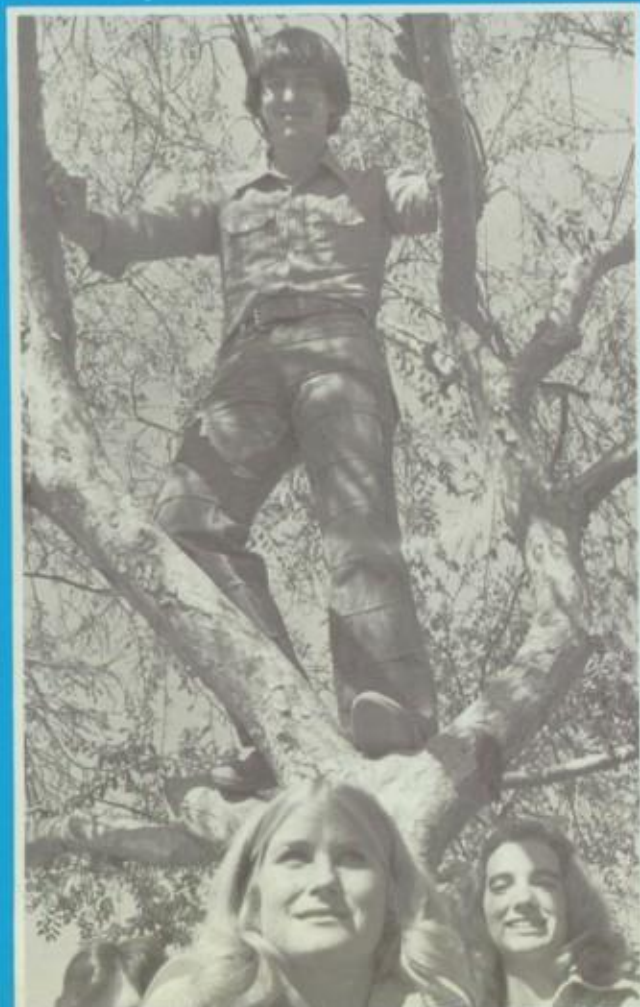
1. Mrs. Dinmore amidst students; 2. ADVISORS: Mrs. Dinmore, Mrs. Sizemore, and Mr. Poteat. NOT SHOWN: Mrs. Cistone, and Mrs. Kelly; 3. Members at meeting; 4. A disagreeable motion; 5. SEC from another point of view; 6. CLUB MEMBERS: 1. to 8. TOP ROW: A. Webster, T. Pease, R. Davidson, D. Spence, D. Roberts. MIDDLE ROW: R. Delcon, P. Saylor, M. Claybough, N. Estrada, S. Vihlen, B. Redd. BOTTOM ROW: J. Pulliam, C. McMillan, M. Hagney, S. Rolands, T. Ahern. 7. Pres. P. Saylor, V. Pres. B. Redd, Sec. C. McMillan, Treas. T. Pease. NOT SHOWN: Second V. Pres. S. Evans; 8. President P. Saylor.



Student Exchange Club

The actively participative Student Exchange Club worked hard all year to raise money for La Mirada's exchange students. Chosen by a select committee, these students attended schools in other countries. One of the most successful of the numerous fund-raising events was

the sale of **BOOSTER** ribbons, which were sold for all sports events throughout the year. Another activity which took place was a field trip to Olvera Street in downtown Los Angeles. There the S.E.C. members had the opportunity to experience the atmosphere of a different culture.





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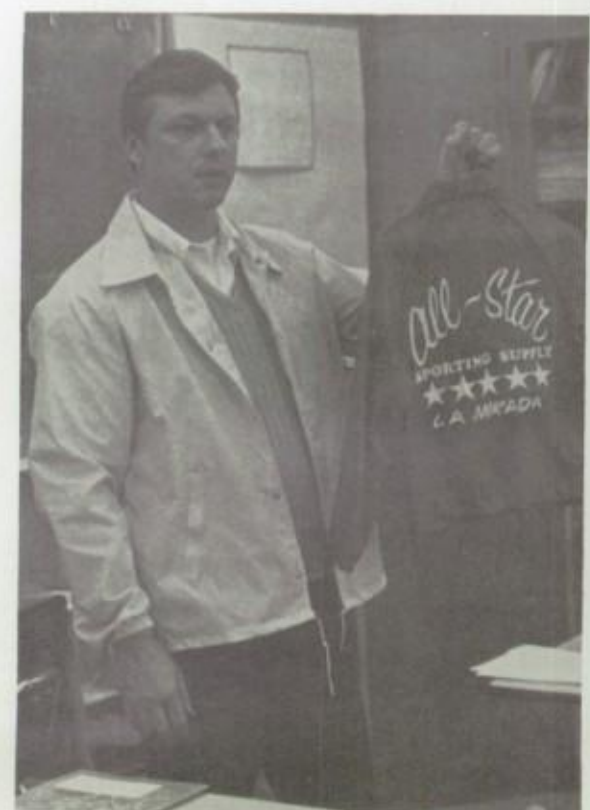
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1. Members at meeting; 2. Discussing a motion; 3. CLUB MEMBERS: L to R, BACK ROW: R. Johnson, C. MacGregory, T. Schultz, G. Morgan, D. Weaver, L. Tomko. FRONT ROW: C. Oliver, A. Carmichael, A. Sinkowitz, C. Shultz, J. Rodriguez, J. Gallagher; 4 - 5. W. Bracken and R. Anderson, Rotary Club Members; 6. Coaches Pannella and Haggerty; 7. CLUB MEMBERS: L to R, FRONT, FIRST ROW: Harvey, T. Watkins, B. Unkovich, K. Bramer, R. Scott, T. Hagen, D. Alexander, J. Rodriguez, M. Courtney. SECOND ROW: T. Haggerty, G. Stranski, R. Kerrs, E. Depriest, A. Valero, M. Chavira, D. Mitchell. THIRD ROW: M. Courtney, M. Dunkleberger, C. Cosby, J. Carney, G. West, K. Christensen, D. DeMint. FOURTH ROW: D. Kirk, T. Bravo, C. Silverman, T. Thompson, M. Lehner, J. Mears; 8. Scoreboard; 9. OFFICERS: C. Silverman, A. Valero, K. Bramer, T. Haggerty; 10. Patch of the La Mirada Varsity Club.



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The Interact Club, a program sponsored by the Rotary Club of La Mirada, planned many service projects such as going from house to house to collect for the March of Dimes and collecting books and magazines to take to convalescent homes. Funds made in a candy sale helped to support new projects and send Interact officers to a State Convention. Behind the scenes were Mr. Larry Castro and Mr. Tom Tona, supporting the Interact activities.

The Varsity Club, whose advisors were Gus Panella and Leo Haggerty, had the main purpose of raising money to buy needed equipment for various sports. They raised funds by **CANDY** and

T-shirt sales. One of the items the thirty-two members of the Varsity Club bought was the scoreboard in the gym.

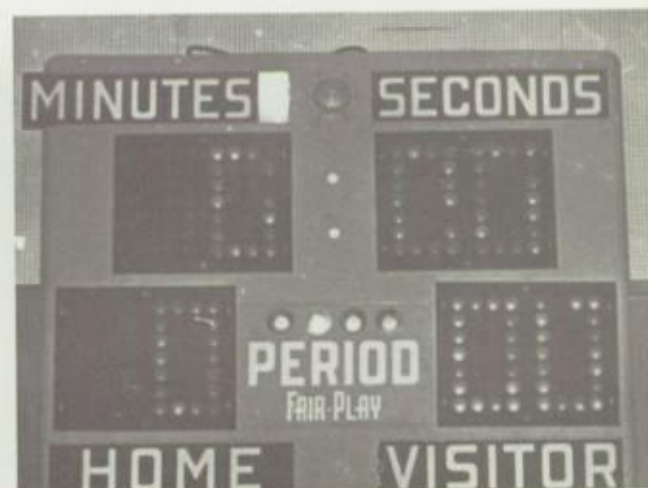
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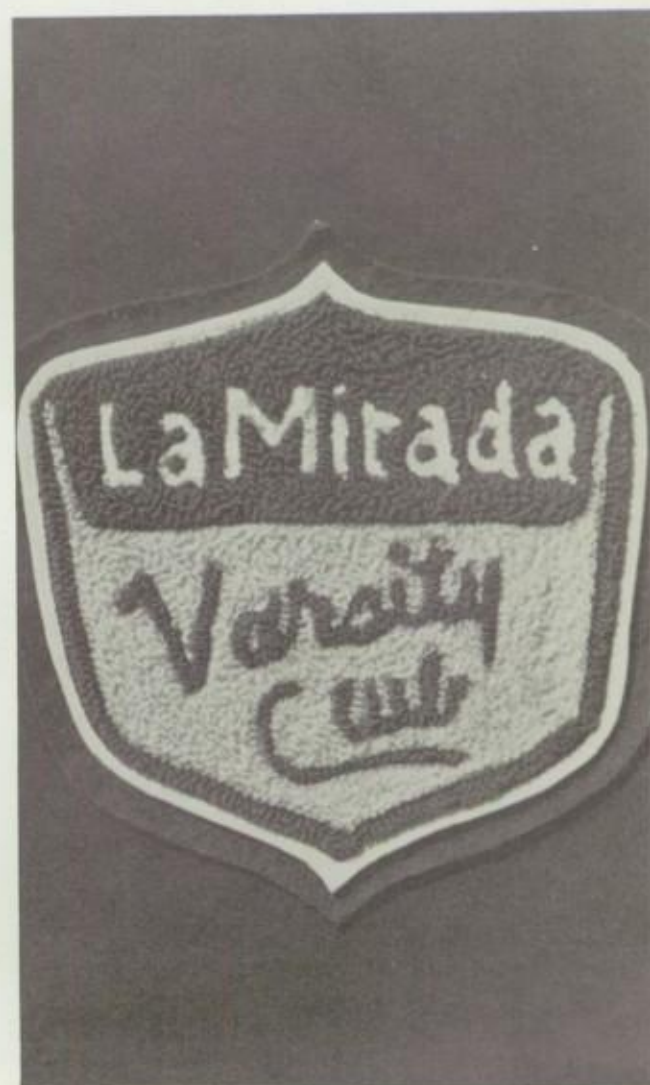
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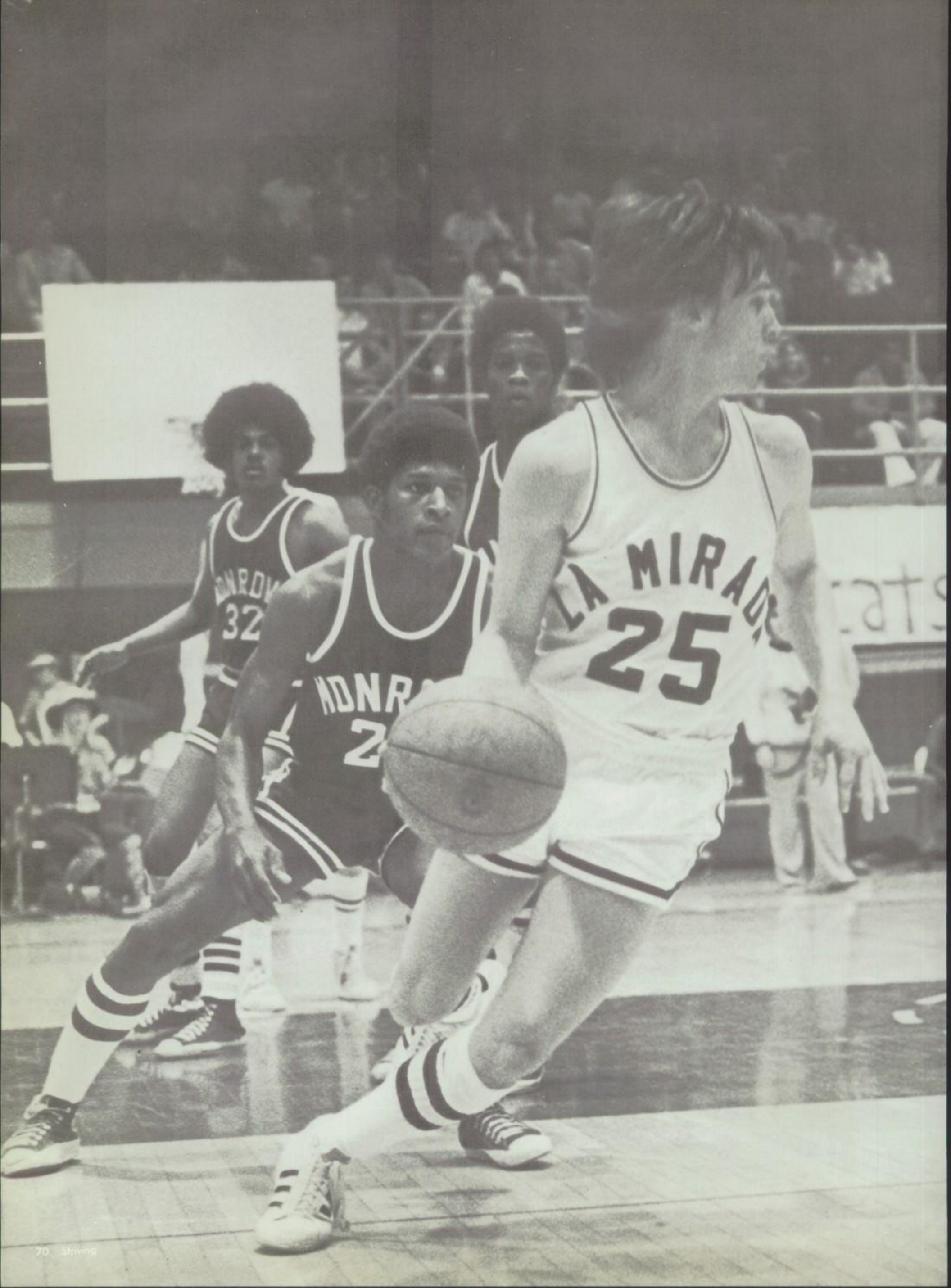


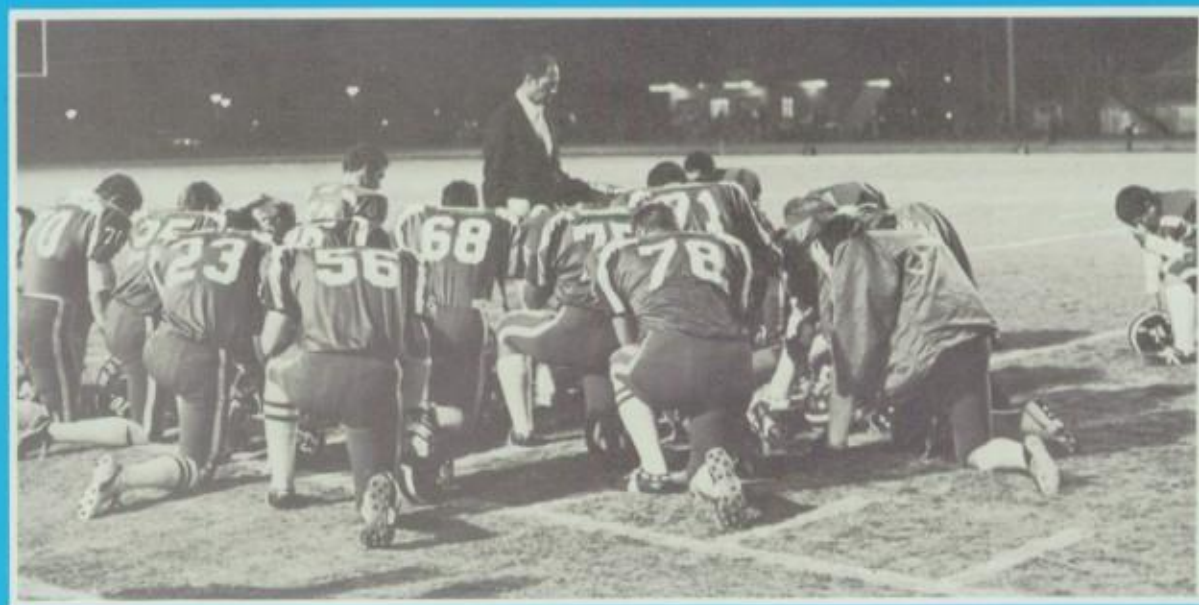
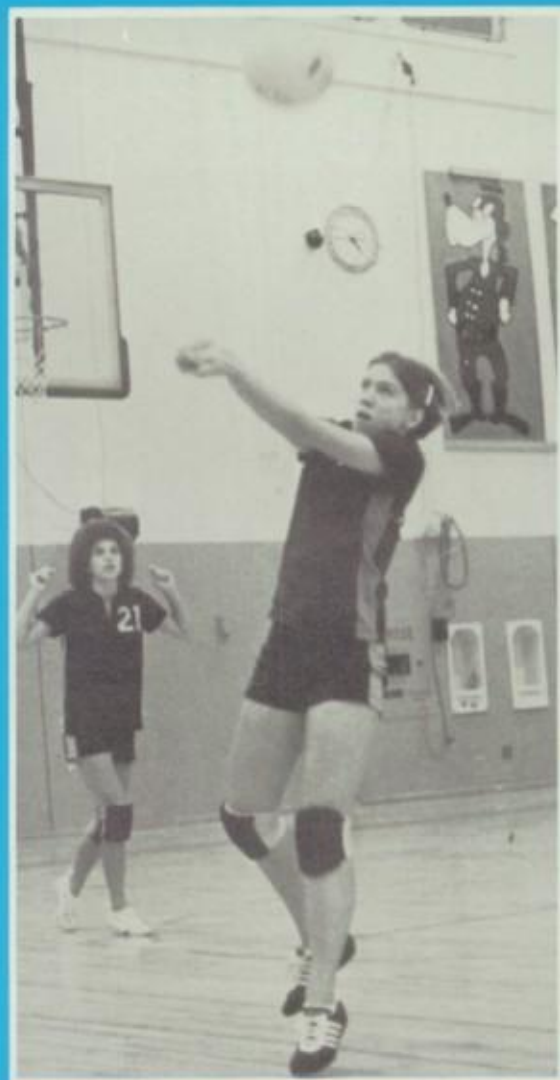
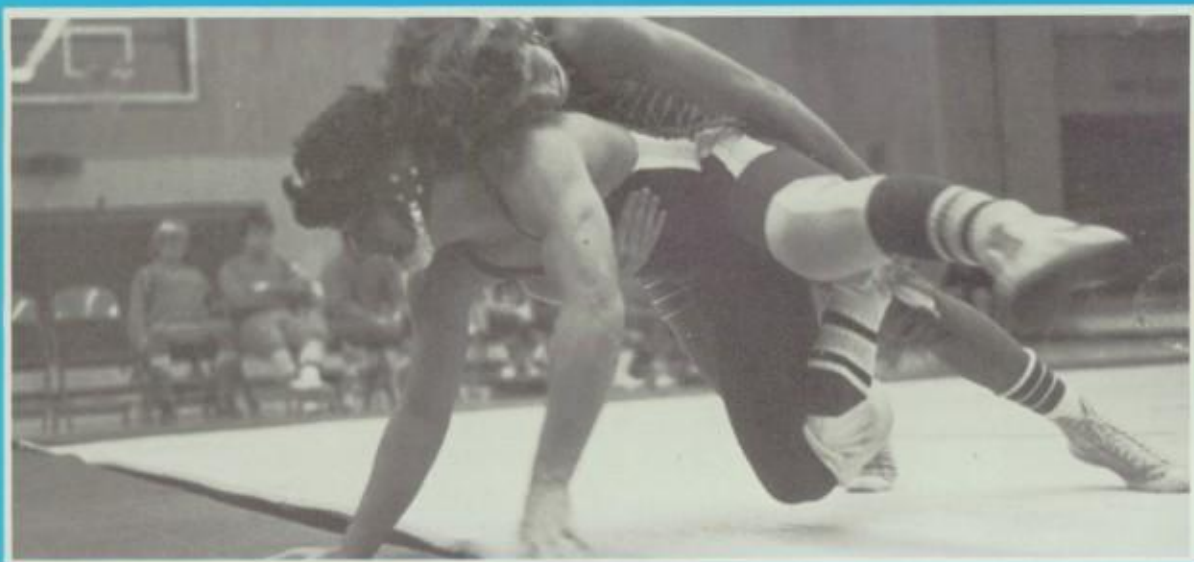
C.S.F.

ROW 1, FRONT, L-R: L. Altorece, T. Templin, J. Atkinson, T. Cooley, L. Higgins, W. Guthrie. ROW 2: S. Nobles, C. Rosenau, K. Stock, C. Guard, K. Darston, K. Sanders, P. Robinson, T. Weiner, S. Christensen, B. Marshall, M. Heagney, J. Balsamo, D. Footman, A. Webster, L. Lewis, V. Hogland, J. Warnock, A. Takata, P. Derchan, K. Gamero. ROW 3: R. Burke, A. Torres, C. Falcetti, P. Saylor, D. Cabria, N. Estrada, T. Magnusson, C. Rockoff, C. Faye, S. Hengler, M. Harbaugh, M. Field, J. Bernardo, E. Jones, B. Ringquist, K. Schleinitz, D. Sieu, M. McMaster, S. Needham, J. Chern. ROW 4: D. Burke, L. Ruiz, M. Guenther, M. Fox, D. Armstrong, K. Sanders, C. Ronzoni, B. Turner, S. Kromberg, P. Dugan, T. Pease, J.



Gillespie, C. Davis, C. Parry, M. Berger, A. Thies, M. Brunner, M. Claybaugh, D. Dixon, M. Jankov, D. Brovirrard, S. Broadbert, A. Davies. ROW 5: M. Horwitz, D. Risser, J. Ringquist, B. Turner, T. Faye, S. Dean, K. Courtney, K. Contratto, R. Finch, D. DeBoer, J. Lux, S. Collette, K. Hicks, J. Hicks, R. Moore, C. Byrd, D. Van Ramshout, R. Gee, I. Chang, B. Dorsey, D. Brewster, G. Hayes, S. Lehosky. ROW 6: R. Higgins, T. Strauss, B. Hansen, M. Courtney, R. Crosser, D. Wolfe, B. Buettell, R. Acevedo, K. Beykirch, B. Manigan, G. Courtney, H. Ker, D. Trent, J. Morton, S. Vihlen, D. Footman, R. Lamont, D. Lutfi, A. Alcaraz, P. Lane, P. Runnoe, P. Hammond, G. Bazon, A. Amato.





STRIVING



V. Football

Our school is decorated
With go, fight, and win,
The cheerleaders are here
And their season will begin.

With football and basketball,
Coming and going,

There are always our

RAH-RAHS

Their moves, they are showing.

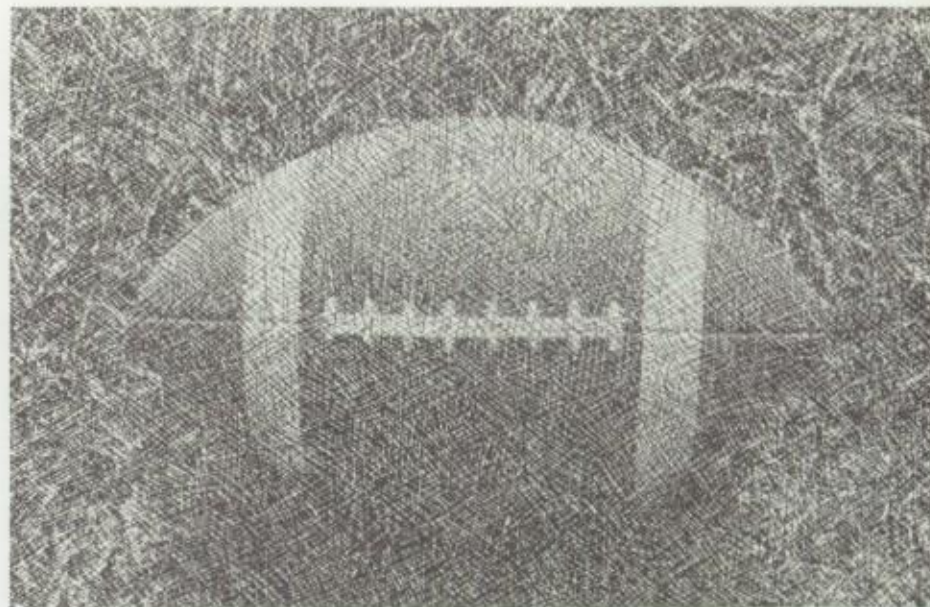
We don't always win,
But alas, don't despair,
For our song is a-dancing
The score? They don't care.

If a pass is intercepted,
Or a shot is not made,
Our yell keeps on chanting
Our privacy they invade.

The game is at half,
We sit down quite bored,
Until we watch our letter carriers,
Perform in accord.

This is an example
Of the work that is done,
Some do it for glory,
Others do it for fun,

Though they don't affect the season,
We are sure there's a reason,
'Cause our games must have spirit,
Without them yelling, we can't hear it!!!





Terry
Haggerty



Ed
DePriest



Rande
Scott



Ty
Hagenson



Steve
Gerson



Mike
McClanahan



Bill
Unkovich



Tim
Thompson



Ron
Vogel



Kevin
Bramer



Dave
Kirk



Bruce
Evans



Craig
Cosby



Mark
Courtney



Greg
West



Brett
Moore



Craig
Silverman



Robert
Kurz



Art
Valero



Mike
Chavira



Terry
Backer



Randy
Howitt



Mike
Courtney



Marion
Dunkleberger



V. Football

Yes it's true: La Mirada 14, Neff 13. The Matadores did it again for the second consecutive year.

A day most of us would like to forget: Mater Dei 28, La Mirada 0. The 3a Matadores did their best against the 4a Dons.

Matadores 7, Knights 6 — we did it again, holding Lynwood in the final moments of the game.

Matadores fought hard, but couldn't keep up with the Bucs: Bellflower 14, La Mirada 0.

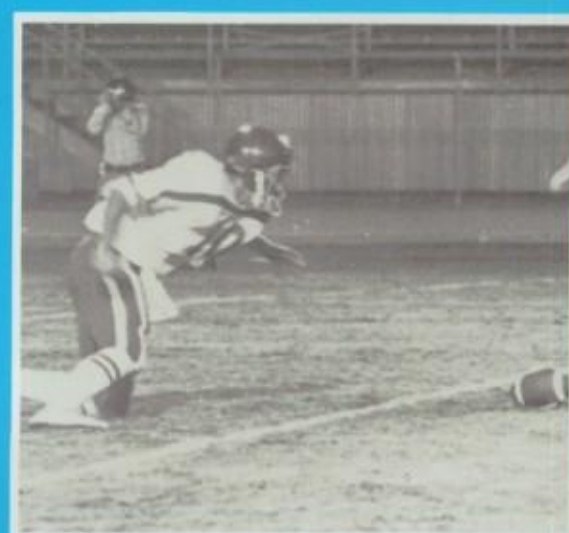
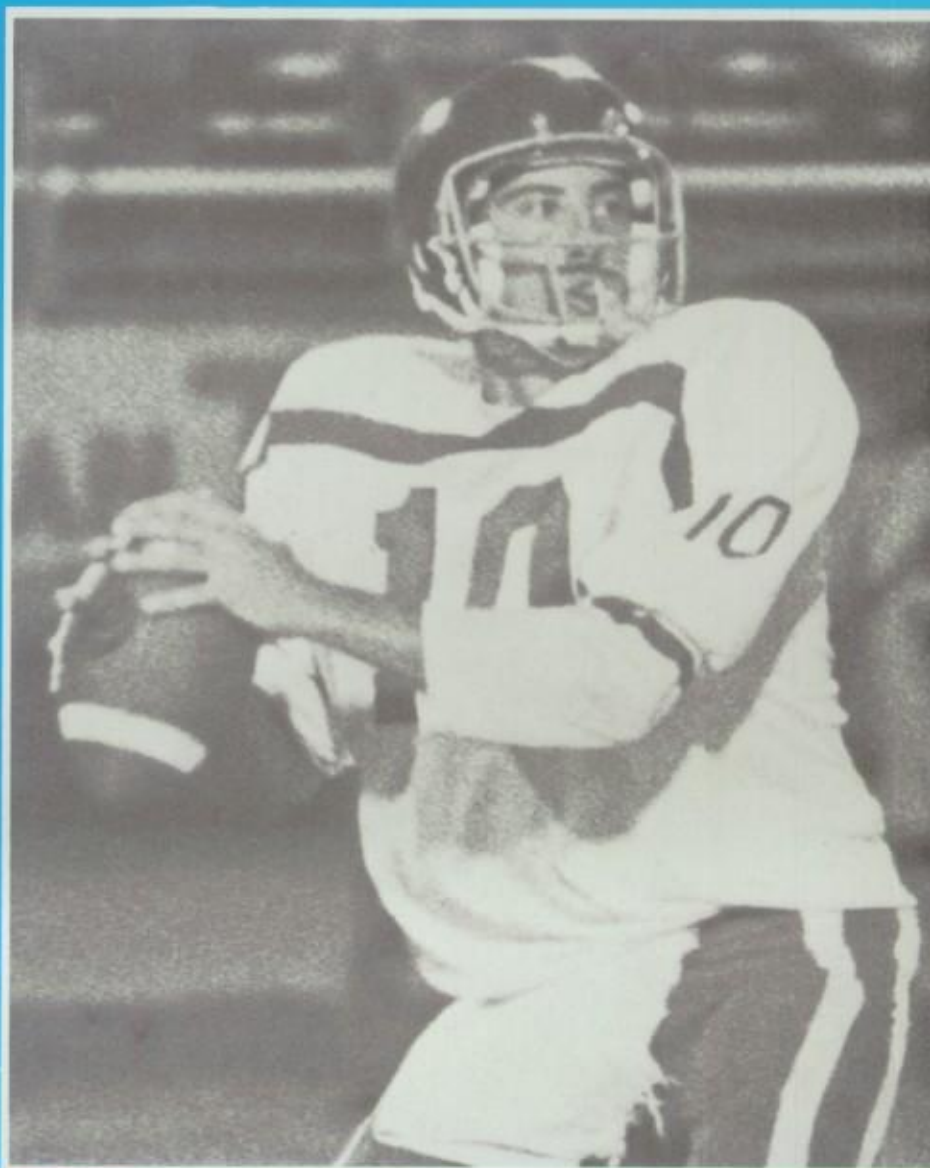
Rumor had it the Matadores were losing their

STUFF . Some bad breaks seemed to hurt the Matadores' steam: Cerritos 12, La Mirada 7.

Homecoming: the guys were hot, and ready to win, beating Paramount 7-0.

The Big Blue didn't quite pull it off this year — losing to Norwalk 12 to 7 which put them out of the race.

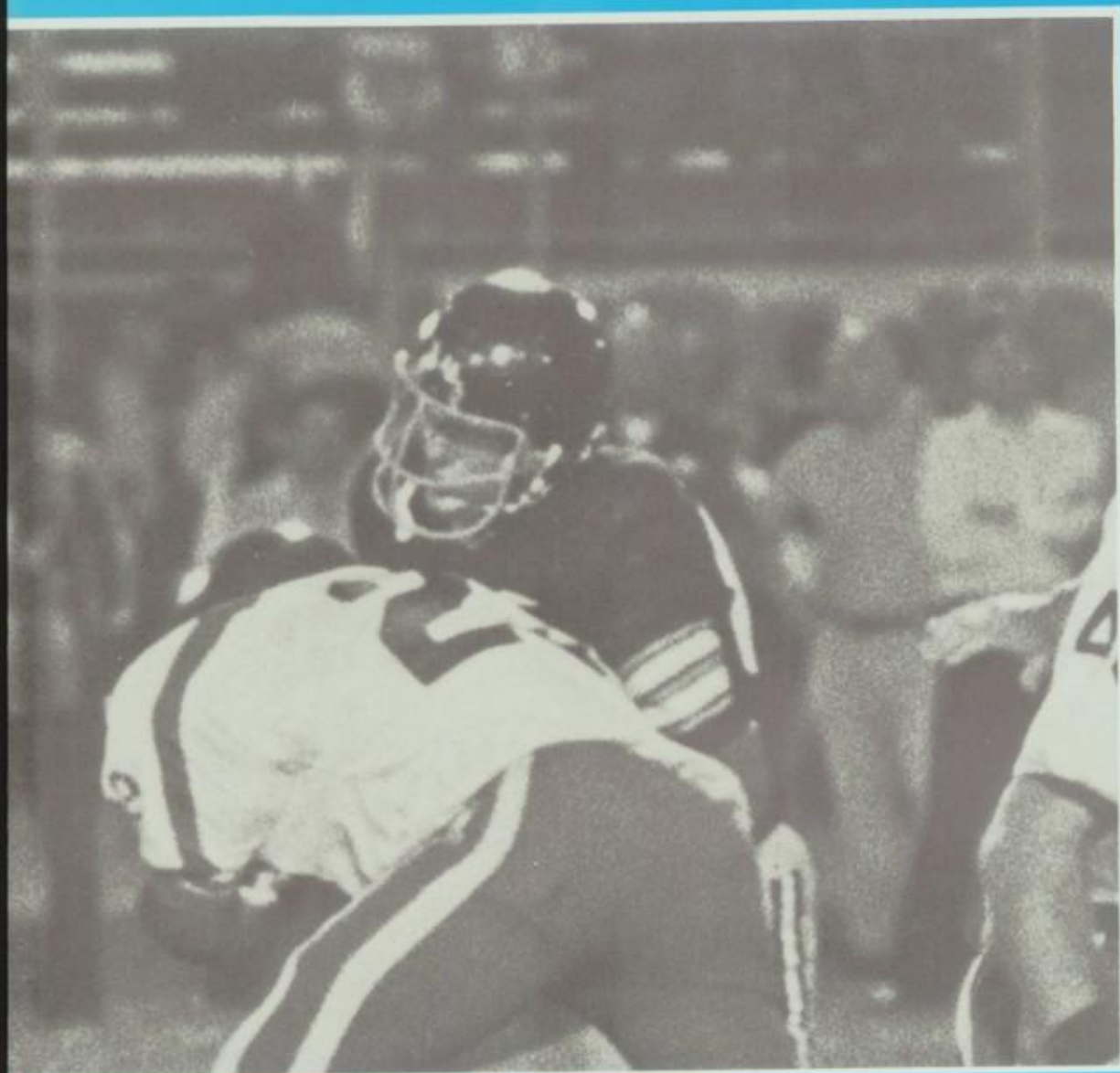
The last game of the season, the guys fought hard to win. The Matadores wanted to win their last game, and they succeeded by a large margin: Matadores 17-Downey 0.





1. D. Kirk, M. Courtney, A. Valero, B. Moore, M. Dunkleburger, G. Silverman, Thompson after victory 2. Haggerty back to pass, K. Bramar, M. Courtney and B. Evans blocking 3, 4, 5, 8, 9, 10. A sequence of a fumble 6. Hand off to K. Bramar 7. Coach and son.

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1. R. Scott takes off 2. M. Dunkleburger high in air for pass 3. R. Howitt about to catch a long one 4. Touchdown by B. Unkovich 5. T. Haggerty back to pass, blocking by M. Courtney, K. Bramar and B. Evans 6. Tackled by A. Valero 7. Good kick by E. De Priest 8. R. Scott takes a hand off 9. M. McClanahan knocks it away.



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V. Football

This year's Varsity Football season was rather disappointing in more ways than one. One was the poorest turnout of players since the opening of the school. Another disappointing factor was the inconsistency of ball playing for the big blue this season. Yet for the first time La Mirada was involved during the summer in a passing league, which helped with their regular season

ATTACK which brought a close second-place overall.



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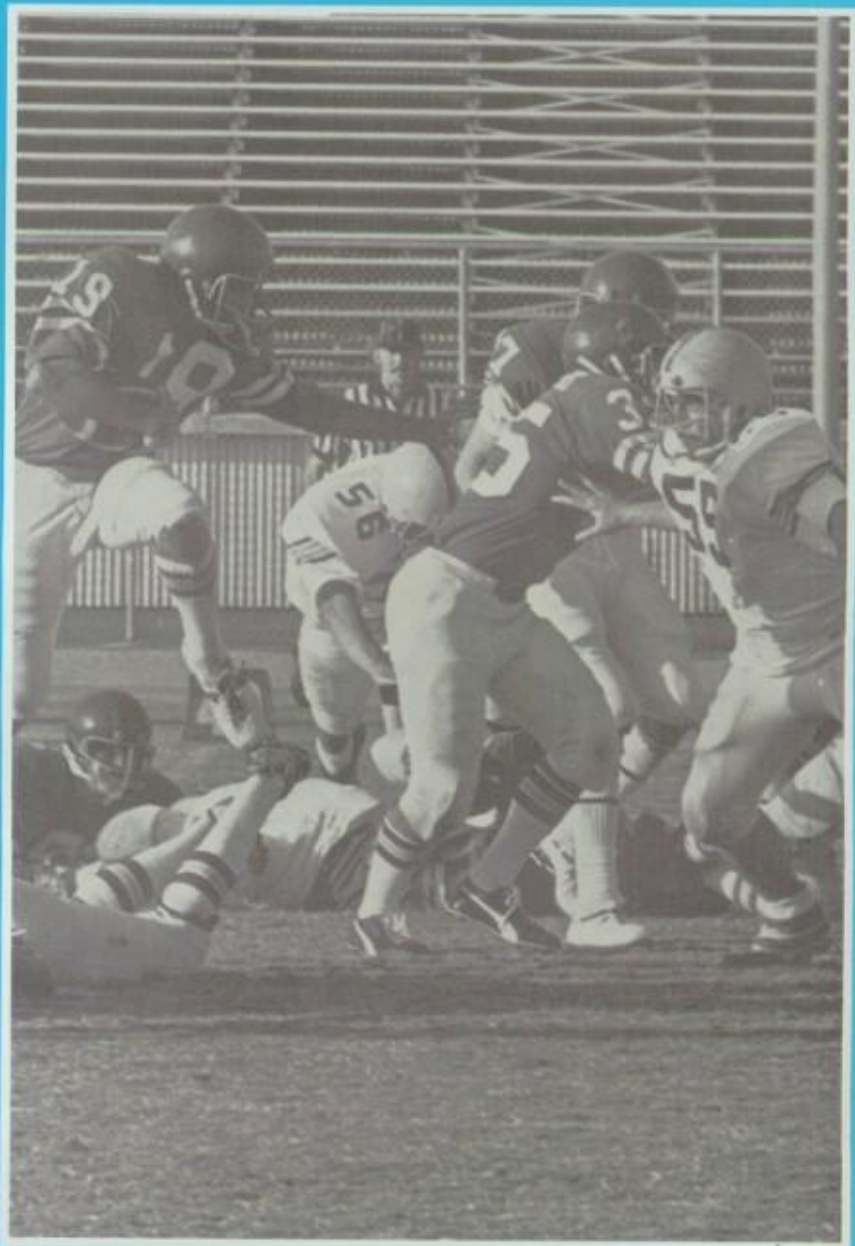
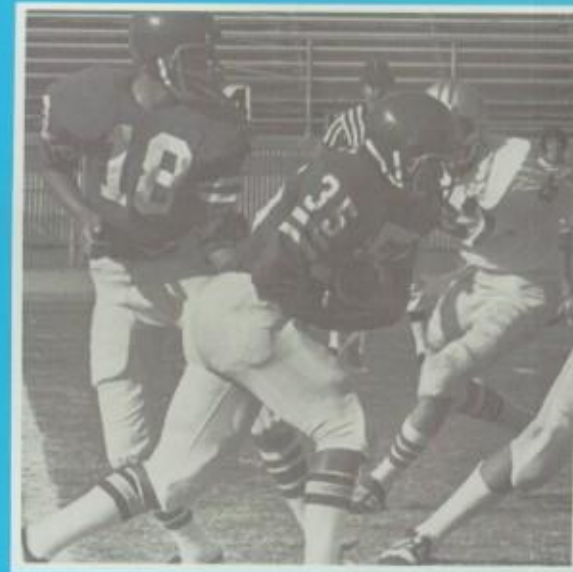


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J. V. Football

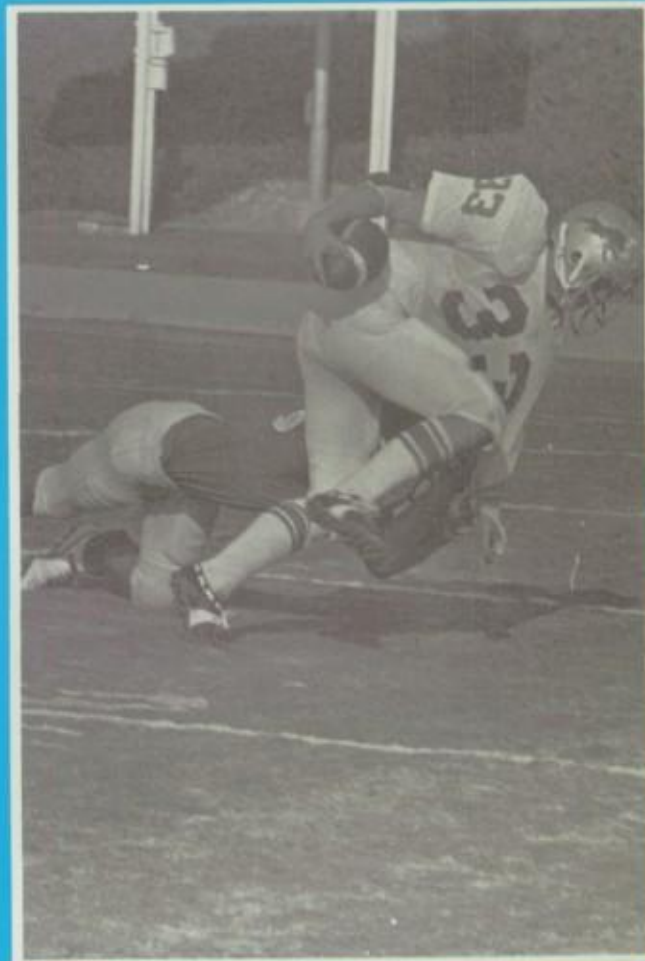
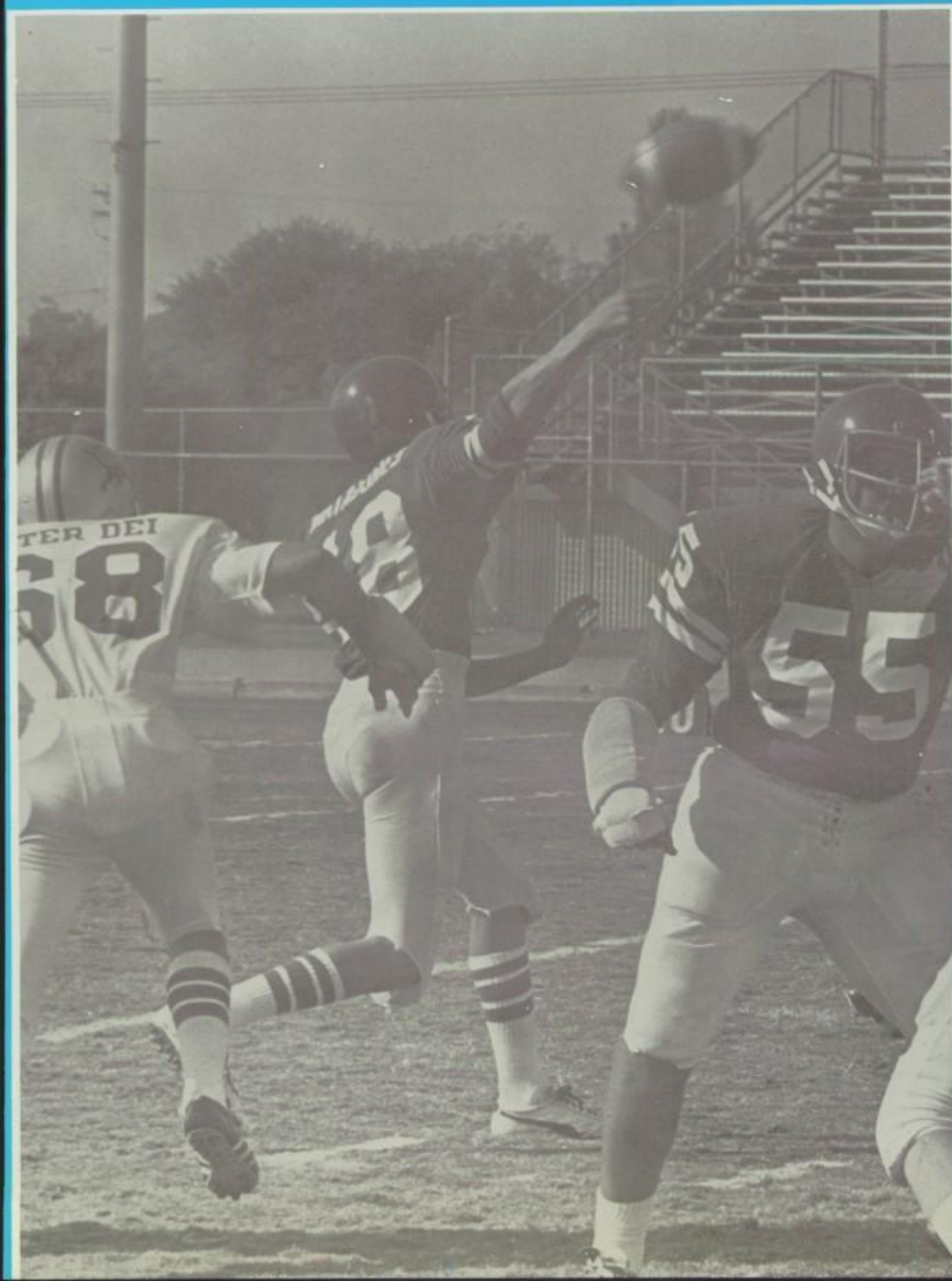
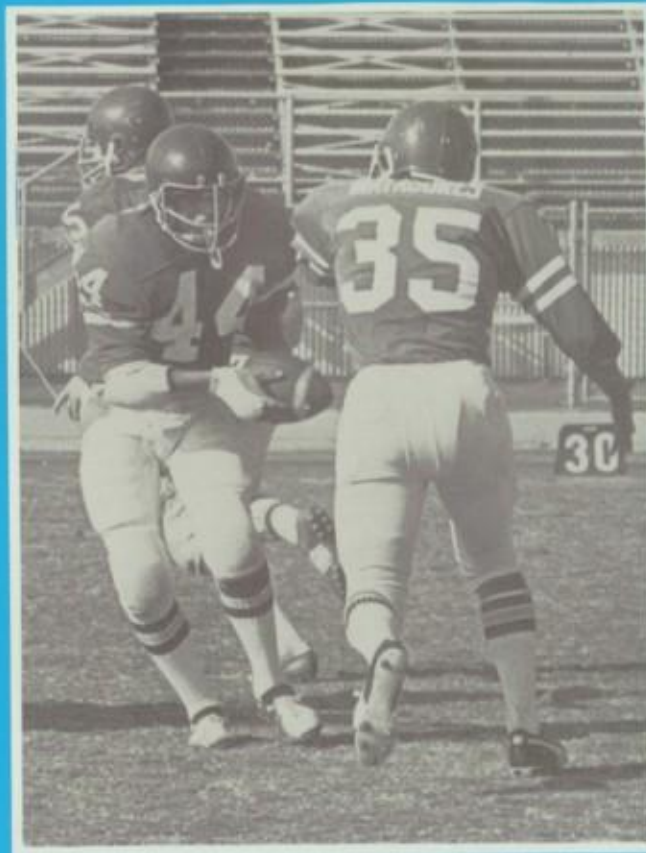


The J.V. football team had few members compared to opposing squads, but every player was a hard worker and hitter. With such a small squad, many players were forced to play both offense and defense which can

HURT

a team. The Matadores always turned out strong defensive performances, but were unable to put enough points on the scoreboard. The J.V.'s only allowed an average of thirteen points a game on defense, but their inability to score lost many close games. The J.V.'s were led by two spirited and talented sophomores, Quarterback — Eugene Johnson and Captain — Jim Lineburger; both players having bright futures on the varsity team. Other key players on the J.V.'s were, Alex Castillo, Gary Donvito, Dave Rose, and Matt Scoville.

Coached well by Mr. Tony Dovito and ex-Matadore football player Mike Gillen, the players are well prepared for next year's varsity team.



1. (top) L. G. Courtney, D. Calderwood, S. Cooley, F. Jacobson, R. Dennis, E. Johnson, J. Lineburger, J. Castaneda, S. Collete, D. Rose, M. Bargman, B. Tanaka, S. Directo, R. Barber, A. Castillo, G. Turner, G. Donvito, J. Rodriguez 2. Handoff to G. Donvito 3. Coach T. Donvito talks to E. Johnson 4. Going hard is R. Barber 5. Lineburger tackles runner 6. E. Johnson pushes through the line 7. K. Hawkins 8. A. Castillo hands off to G. Donvito 10. Pass by D. Rose.

Soph/Frosh Football



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1. R. Hampton Q.B. 2. R. Morecraft 3. Coach Sims 4. Coach Janke, K. Smith, S. Gonzales, D. Sullivan 6. B. Davis, O. Castro, K. Thomas, R. Hampton, S. Foreman, R. Finch, M. Brown, J. Sims, M. Ellis, R. Nunley, P. Stephens, R. Lamont, R. Fogle, M. Valentine, T. Robertson, K. Valentine, G. Poole, J. Snyder, D. Hawkins, E. Earls, J. Webster, C. Beveridge, B. Amstead, C. Cruz, B. Rice, J. Cartelli, G. Vellaquez, S. Dean, T. Propster, M. Catalano, D. Rowlands, M. Collette, R. Morecraft, R. Myer, J. Gallegos.



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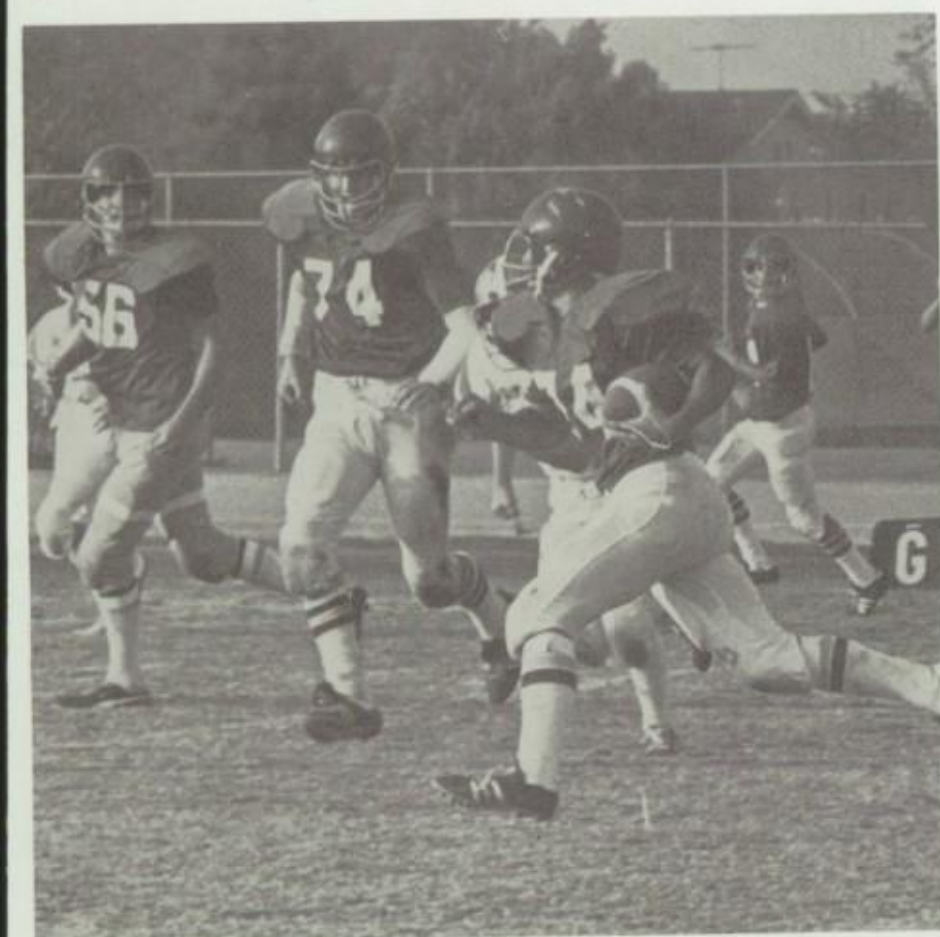
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Sophomore coaches J. Sims and T. Janke used their coaching skills to help improve every team member. With a 3-2-2 record they took third place in league. Key players, E. Earls, J. Cartelli and J. Gallegos showed outstanding football ability. The sophomores' greatest asset was believing in themselves. They felt they could win and did just that!

The 75-76 freshman team led by coaches G. Stevens and P. Donahue took second place in league with a record of 5-2. The young Matadores proved to be an

EXPLOSIVE

team, averaging 23 points a game and 60 points in a single game against Norwalk. The powerful offense was led by S. Breece and defense was by R. Erickson.



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7. R. Jensen hands off to J. Porter. 8. R. Erickson 9. Coach Donahue 10. Coach Stevens 11. Max Gonzales, T. L. A. Banchieri, J. Anderson, D. Castaneda, M. Karich, S. Whitehead, R. Jensen, S. Lanaham, C. Guteris, S. Garlick, B. Frantz, S. Breece, D. Taylor, R. Whitney, B. Jeskey, M. Schlotterbeck, S. Andersen, M. Gonzales, J. Monge, M. Lynas, V. Hernandez, J. Rodgers, S. Gailey, G. Bradach, J. Porter, R. Erickson, M. Schlotterbeck, B. Rooney, S. Bustamante, C. Owens, R. Gee, J. Maier, J. Bands, J. Webster, T. Cullen, J. Cox.

Cross Country

This year's Cross Country team could not be judged by their win-loss record, as much as by their potential for the coming years, as well as by the outstanding performances by Steve Brown.

Frosh Steve Brown

DASHED on to win the freshman championship of the San Gabriel League finals. He also won the Frosh Norwalk-La Mirada District Meet.

The team was basically a young one as there were no seniors and many freshmen and sophomores. For the J.V.'s, Chris Schaal ran impressively against Paramount and Downey. Dave DeBoer, a sophomore, also showed great ability.

Other outstanding runners were varsity runners, Derek DeWindt, Jeff Mears; freshmen Cleon Jones, Ed and Marsha Pierce. Marsha Pierce was the first girl at L.M.H.S. to obtain a varsity letter in a boy's sport. She should be a strong varsity contender in the next couple of years.

All in all, this year was more of a building block for the coming years for our "tracksters," and the experience they gained will definitely aid them in the future.



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1. Varsity Most Improved Runner, Ed Pierce 2. Coach S. Schwepker talks with S. Brown, L.M.'s most valuable runner 3. J. Mears climbs the hill, Warren in hot pursuit 4. Cross Country, (back row, l. to r.) S. Brown, D. De Windt, J. Mears, D. DeBoer, M. Pierce, D. Mitchell, M. Estrada, E. Pierce. (bottom row, l. to r.) Coach S. Schwepker, V. Ocampo, C. Jones, J. Cox, D. Schaal, L. Peak 5. J. Mears 6. D. Mitchell braves the hill 7. Freshmen M. Estrada and L. Peak in action 8. D. DeBoer 9. J.V.'s are off

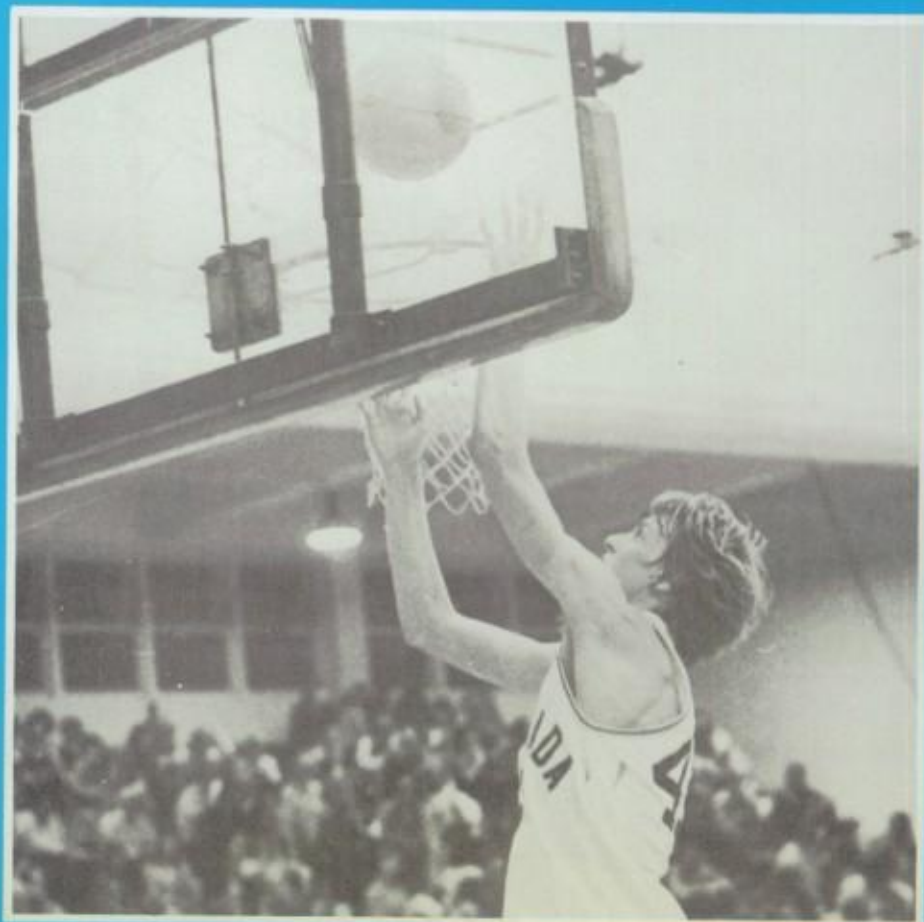
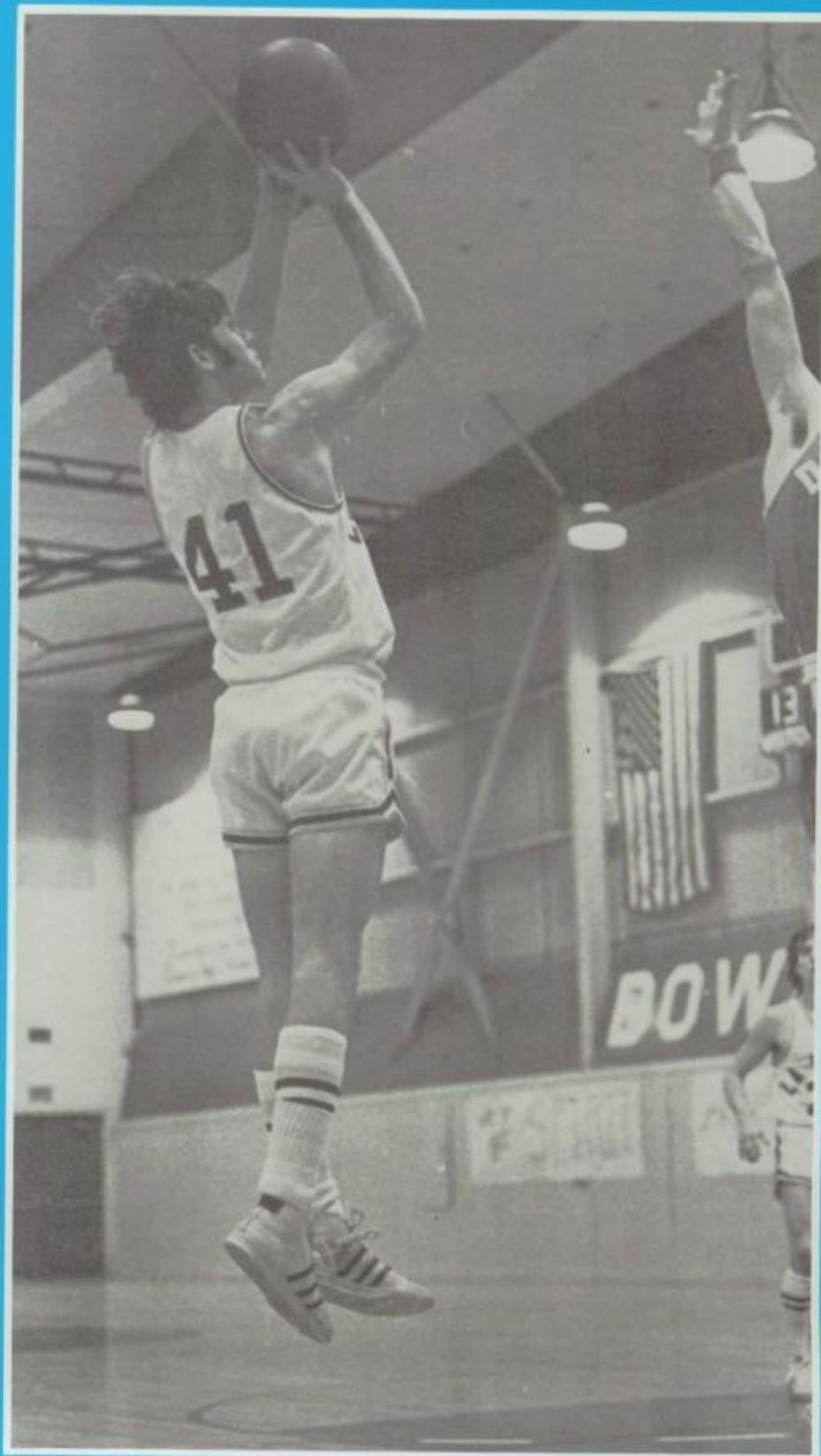
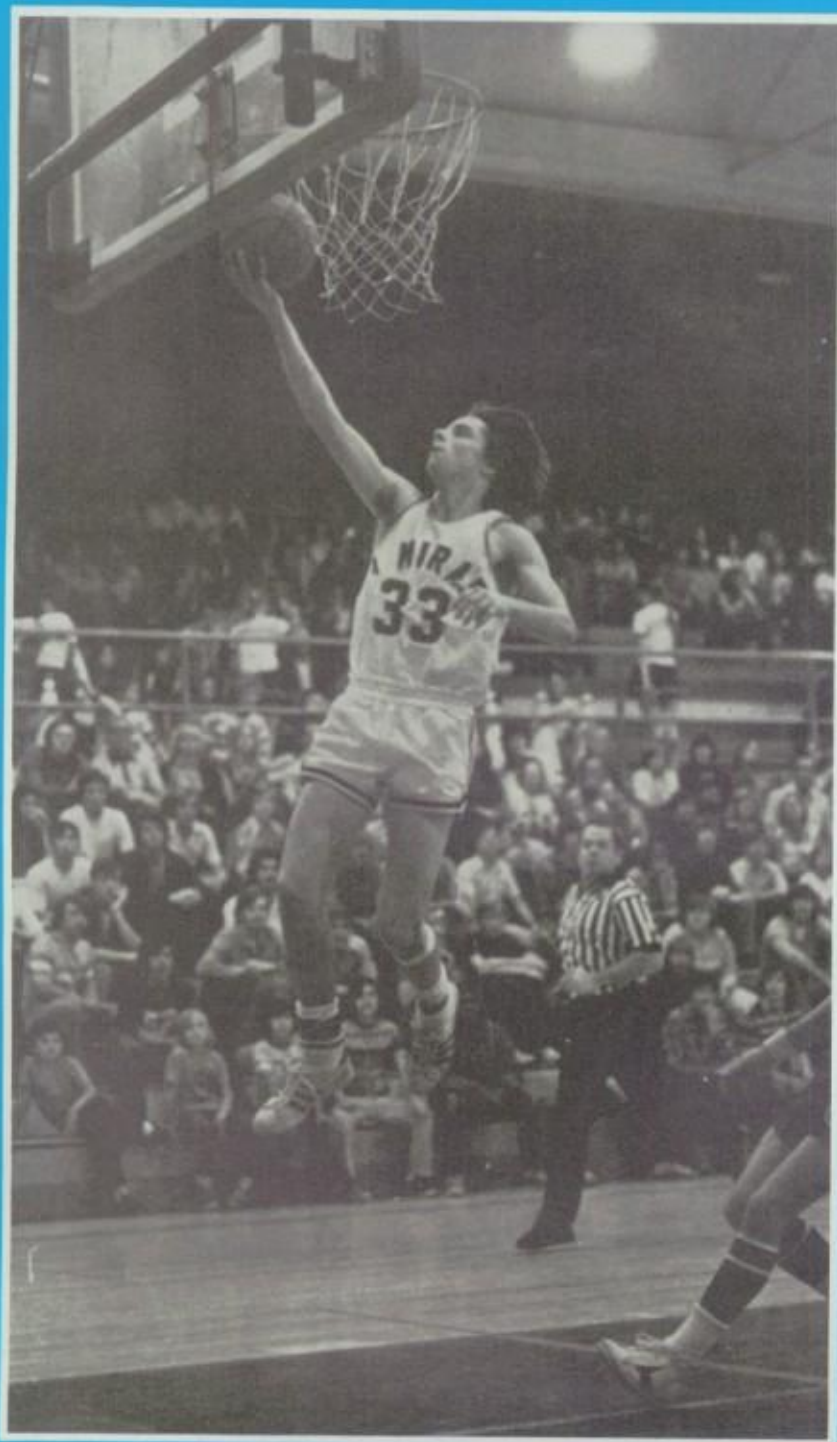
Varsity Basketball

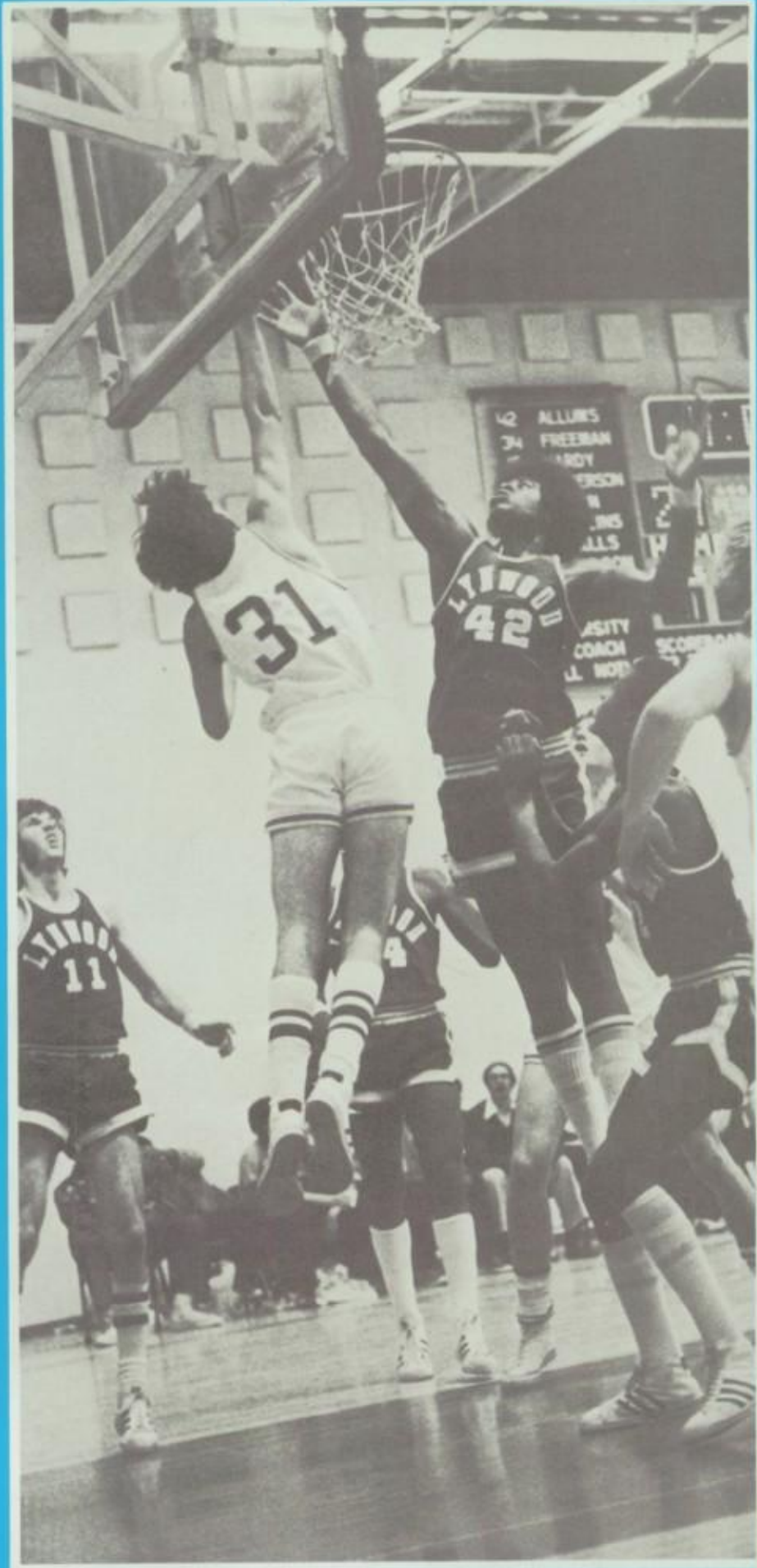
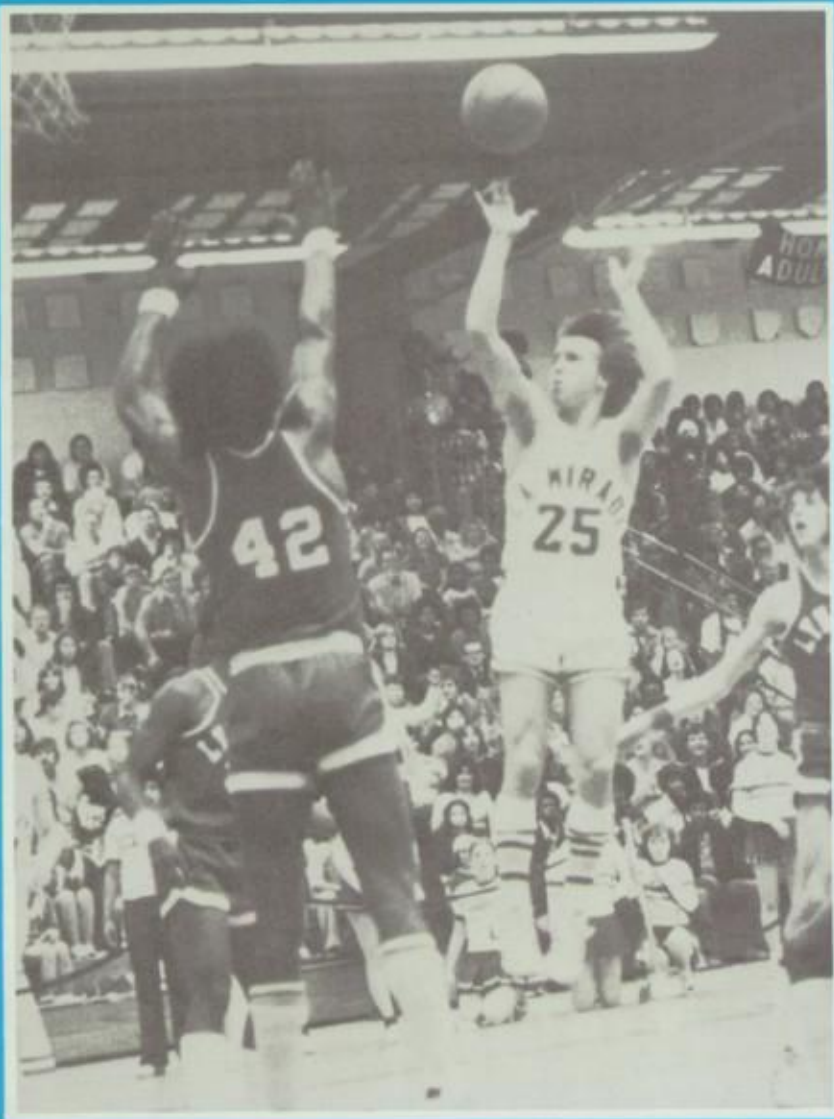
The 1975-76 varsity basketball team, coached by John Moore, proved to be the best team ever in the history of L.M.H.S. This year's team had a highly successful pre-season by winning the Laguna Beach and Monte Vista Varsity Tournaments. Matadore center Doug Widtfeldt was named M.V.P. of both tournaments and in the city championship against Neff. Jeff Brewer was named to both all-tournament teams, while Bruce Hansen received all-tournament honors in the Monte Vista tournament.

La Mirada finished pre-season with a perfect 11-0 record,

which gained them the **#1** ranking in C.I.F.

The Matadores began S.G.V.L. action against the tough Downey Vikings, an important game for both teams. The Big Blue led by Widtfeldt's 22, came out on top 57-44. L.M. continued their winning streak by defeating Norwalk 75-51, led by Jeff Brewer's 22 and Cerritos 78-49 led by Mike Delman's 26. Next on the Matadores' schedule were Bellflower and Paramount, L.M. defeated both by scores of 32-27, and 67-53. In a tough battle against Warren, L.M. edged the Bears 78-71, Widtfeldt paced the game with 36 pts.





1. J. Brewer; 2. B. Hansen; 3. D. Widtfeldt; 4. M. Belzowski; 5. M. Delman; 6. J. Steddom.



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1. B. Hansen; 2. M. Belzowski;
3. S.G.V.L. Coach of the Year,
John Moore; 4. D. Widfeldt; 5.
J. Brewer; 6. Coach Moore, J.
Brewer, J. Johansen, D.
Widfeldt, M. Delman, B. Han-
sen, G. Ward, J. Hernandez, M.
Belzowski, J. Steddom, J. Her-
nandez, D. Hastings; 7. M. Del-
man.

Varsity Basketball (cont.)

Still rated #1 in C.I.F. with a record of 17-0, L.M. hosted the tough Lynwood Knights. Shooting poorly L.M. suffered their first defeat of the season.

Tied for first in S.G.V.L. the Matadores opened the second half of league play with a loss to Downey. L.M. got back on the winning track, by beating Norwalk 79-55 and Cerritos 73-56. In the next two games the Matadores picked up important wins against Bellflower, 61-39, and Paramount, 80-63. Doug Widtfeldt averaged 29 pts. in these four games. L.M. dropped their last two games to Warren and Lynwood, but were still assured of a berth in the C.I.F. play-offs.

La Mirada opened up the first round of the

C.I.F. play-offs against the Monrovia Wildcats at Citrus J.C.

The game changed hands many times, but L.M. guard Jeremy Steddom hit a 20-foot jump shot with two seconds left to give us a 45-43 victory.

In the second C.I.F. game Palm Springs edged the Matadores 58-56.

Coach John Moore was named S.G.V.L. coach of the year and Doug Widtfeldt was the league M.V.P.

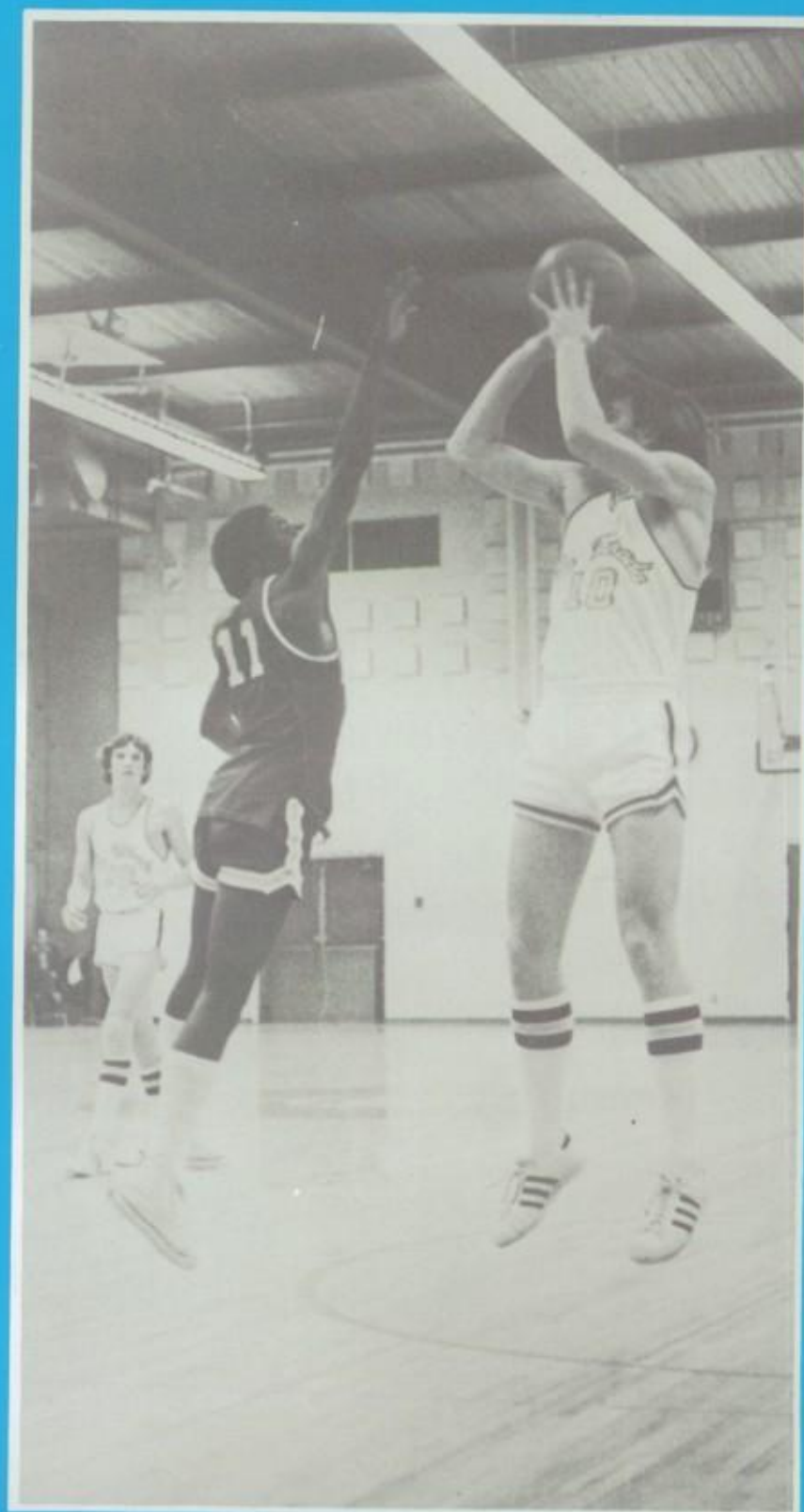
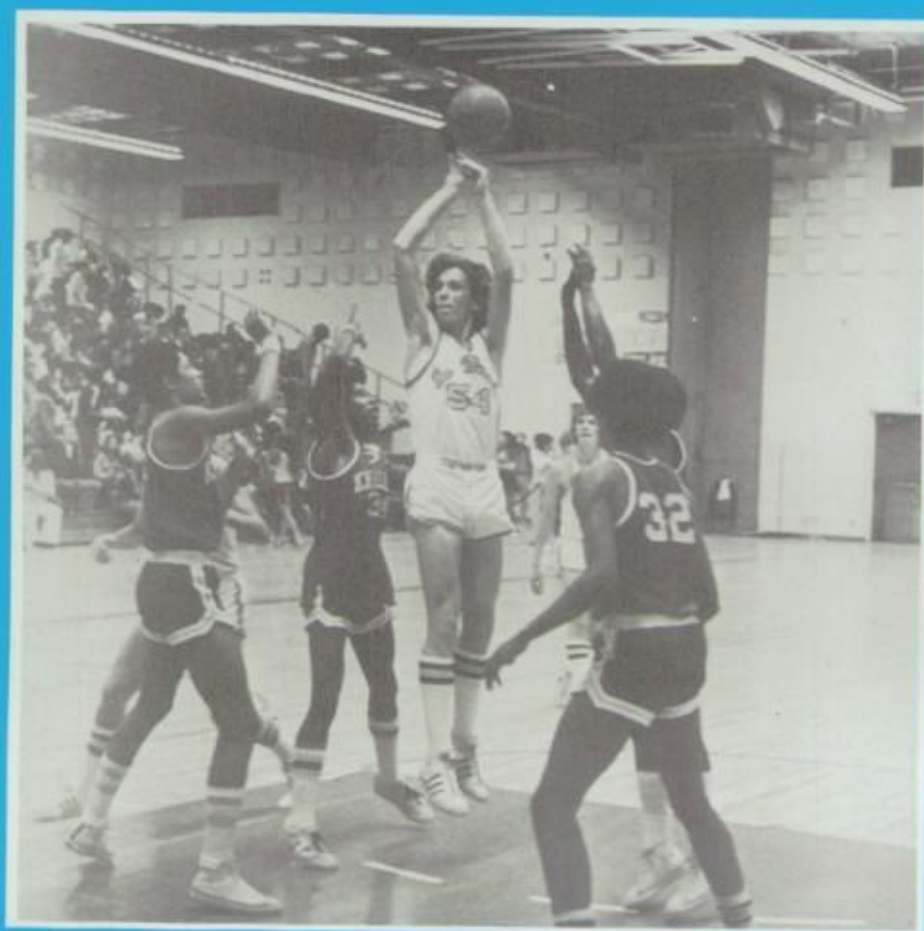


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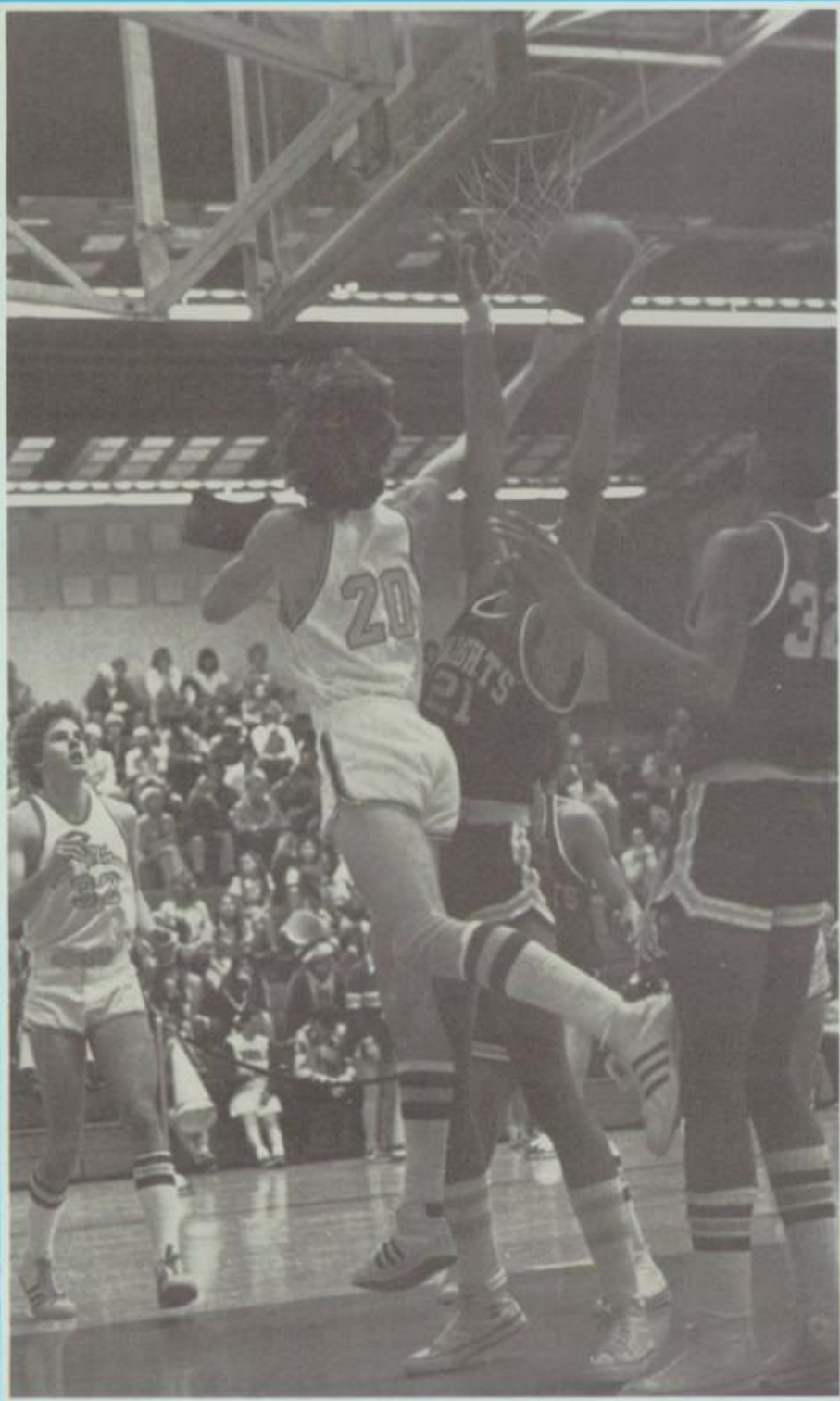
PRE-SEASON			
Bolsa Grande	89	La Mirada	74
LaSerna	24	La Mirada	98
Neff	53	La Mirada	61
N. Bakersfield	53	La Mirada	79
Laguna Beach	50	La Mirada	90
Canyon	58	La Mirada	79
Warren	60	La Mirada	66
Sonora	46	La Mirada	74
Monte Vista	40	La Mirada	63
La Harbra	55	La Mirada	88
Bishop Amat	55	La Mirada	77



6



1. B. Humphrey reaching high;
2. Team gathering; 3. R. Lamb;
4. B. Humphrey shooting; 5. D.
Wyrick in for a lay-up; 6. D.
Wyrick dribbling; 7. TOP
ROW: Mr. Finnerty, G. Sher-
win, R. Lamb, B. Humphrey, M.
Scoville, K. Hay, S. Rice, D.
Wyrick, J. Suentich, T. Hershey.

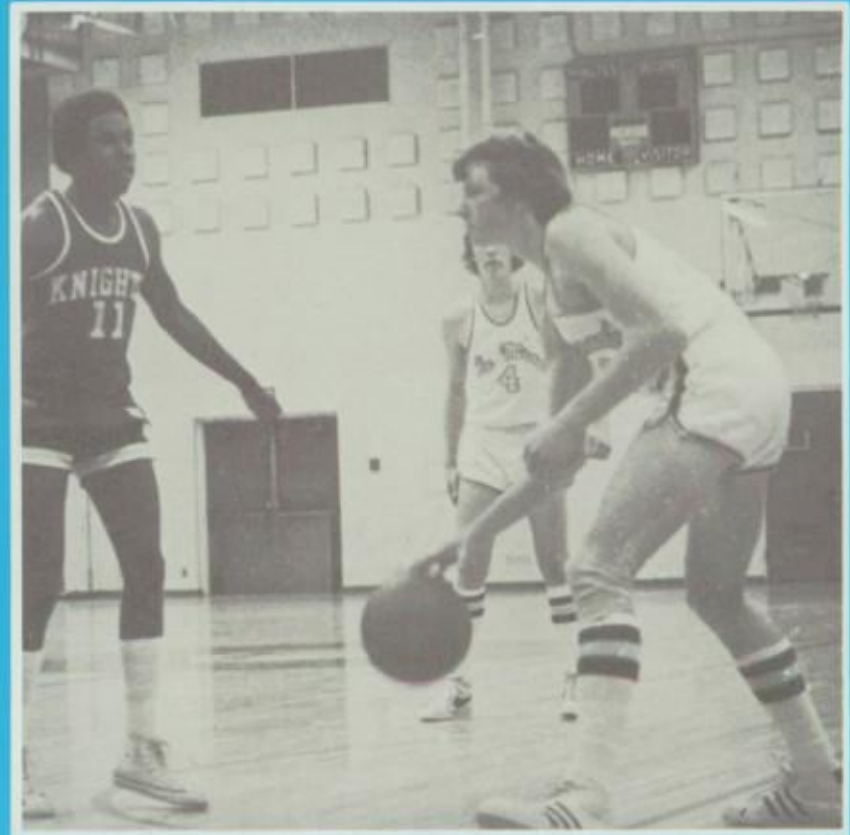


Junior Varsity Basketball

The junior varsity basketball team suffered through a long and frustrating season, winning only five games. The J.V.'s won two pre-season games and three league contests. The team played good defense most of the season, holding six opponents under 30 points. Our win-loss percentage was not a result of lack of

EFFORT

or poor attitude. The team worked extremely hard and was very coachable. The experience and improvement gained this past year will definitely show up next year when these players move up to the varsity.





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1. SOPH. TEAM: FRONT ROW, L-R: D. Clymn, D. Footman, J. Harrison, G. Velasquez, M. Vasquez, T. Raven. BACK ROW, L-R: Coach Boyd, T. Robertson, D. Sullivan, J. Surwillow, B. Buettel, B. Johansen, S. Rice, R. Acevedo, D. Spence, Mgr. S. Smith; 2. D. Footman; 3. J. Harrison; 4. S. Janoz; 5. J. Rogers; 6. S. Rice; 7. FROSH: FRONT, L-R: J. Rogers, J. Monge, A. Witt, G. De Rose, R. Sperling, D. Greenough. BACK: Coach Jones, B. Frantz, S. Smith, R. Jensen, G. Goodman, J. Boerger, S. Garlick, S. Janoz.



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Frosh/Soph Basketball

La Mirada's freshman basketball team experienced a rough season. They won three games in pre-season but failed to win any league games. More important was the improvement that the team and individual players showed throughout the season. Russ Jensen led the team in rebounding and improved his all around abilities during the season. Gilbert Goodman did an excellent job in rebounding and scoring. Monge and Boerger also showed improvement during the season.

The word that could describe the soph. team is "improved." With basically the same players from a frosh record of 1 and 20 season to a ten and 12 season this round. In league the sophomores won their

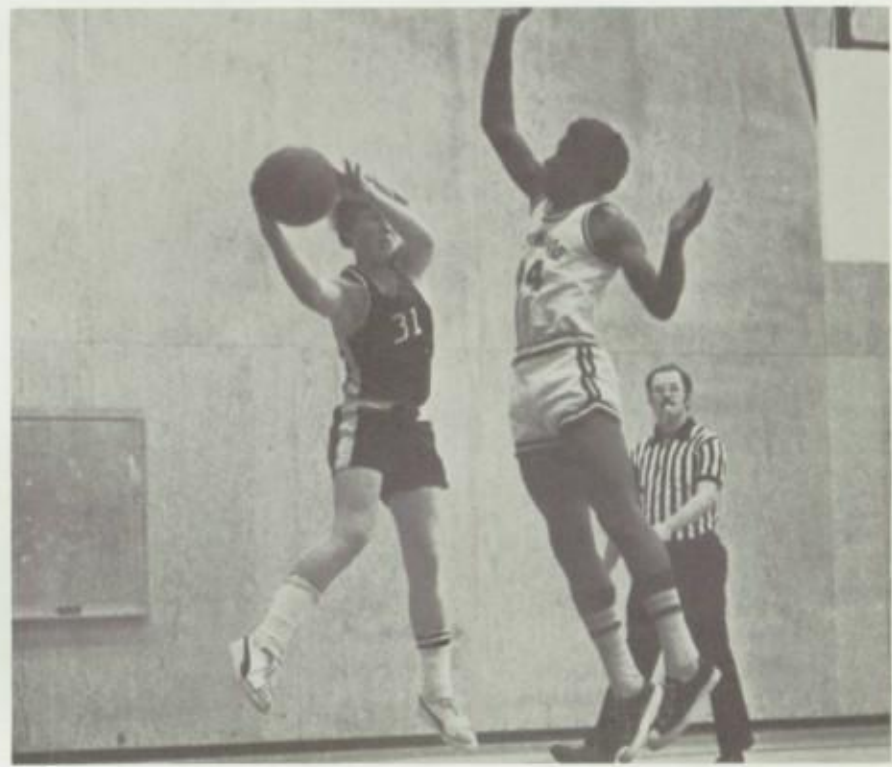
FIRST

three games against Downey, Norwalk, and Bellflower. However, their good fortune was not to last, as they then lost to the league's top teams, Cerritos, Warren, Paramount and Lynwood.

The season ended on a pleasant note as the Matadores avenged an earlier season loss to Lynwood.



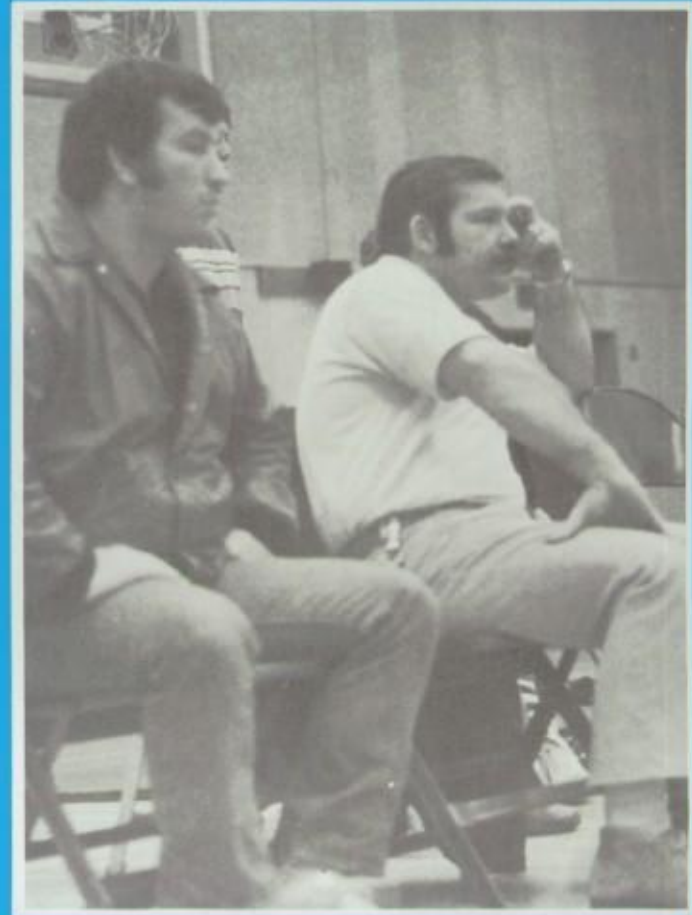
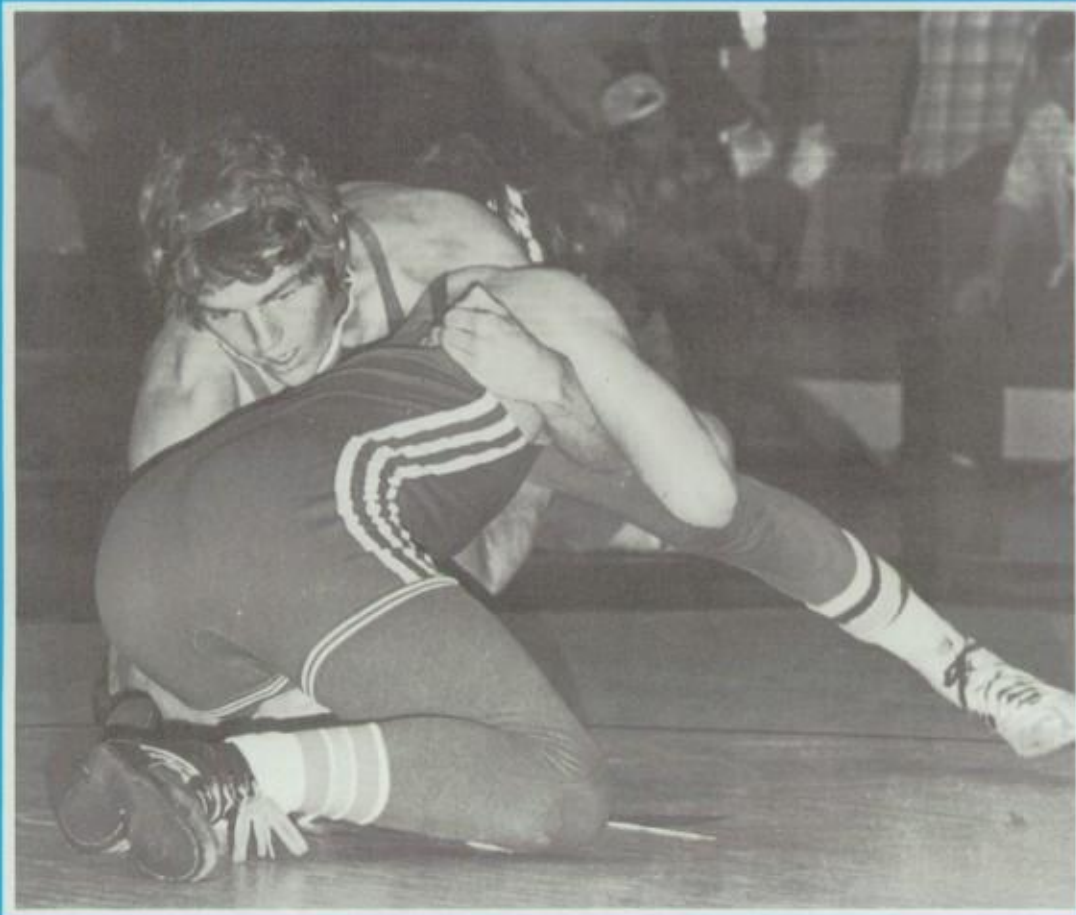
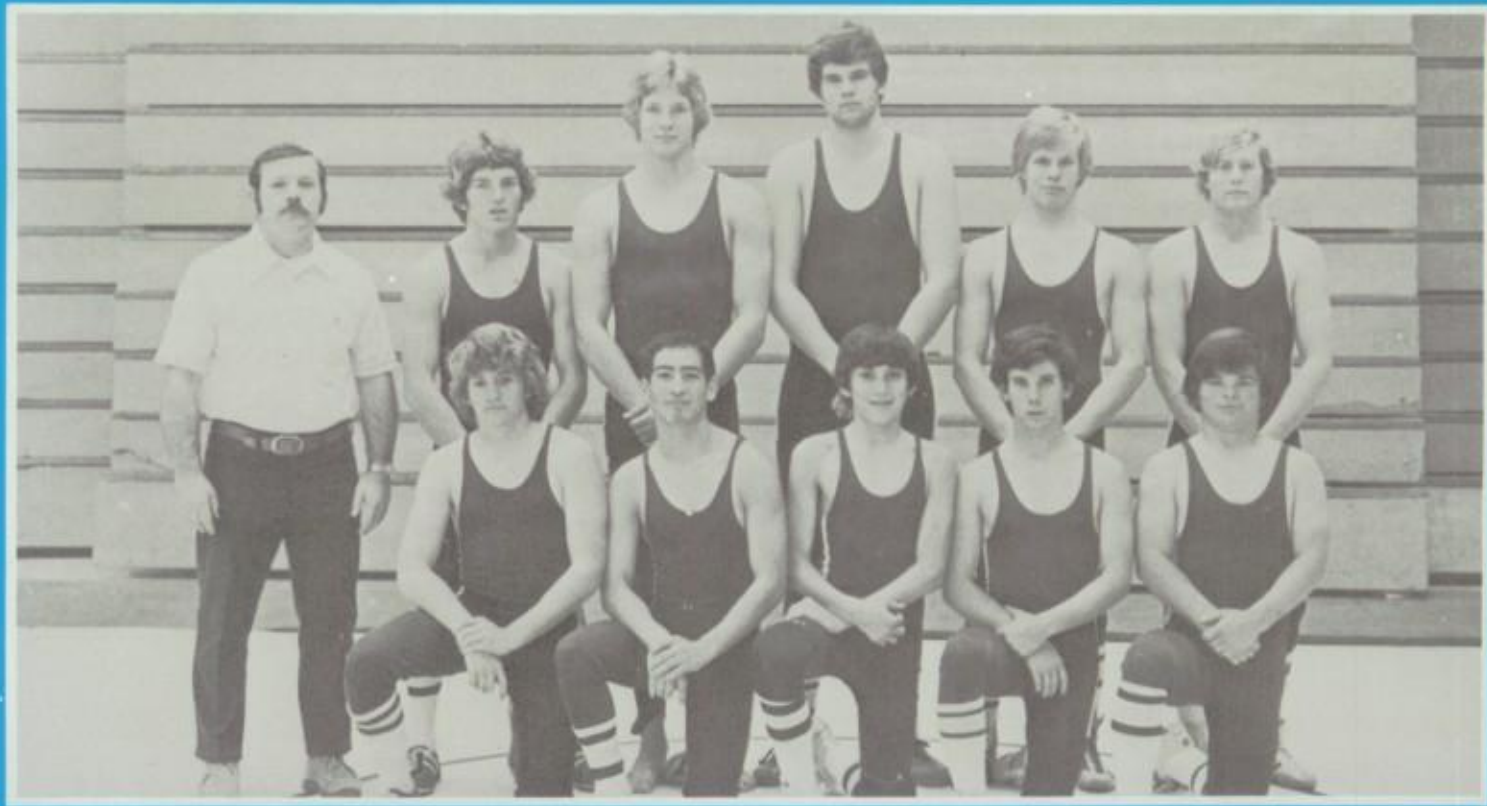
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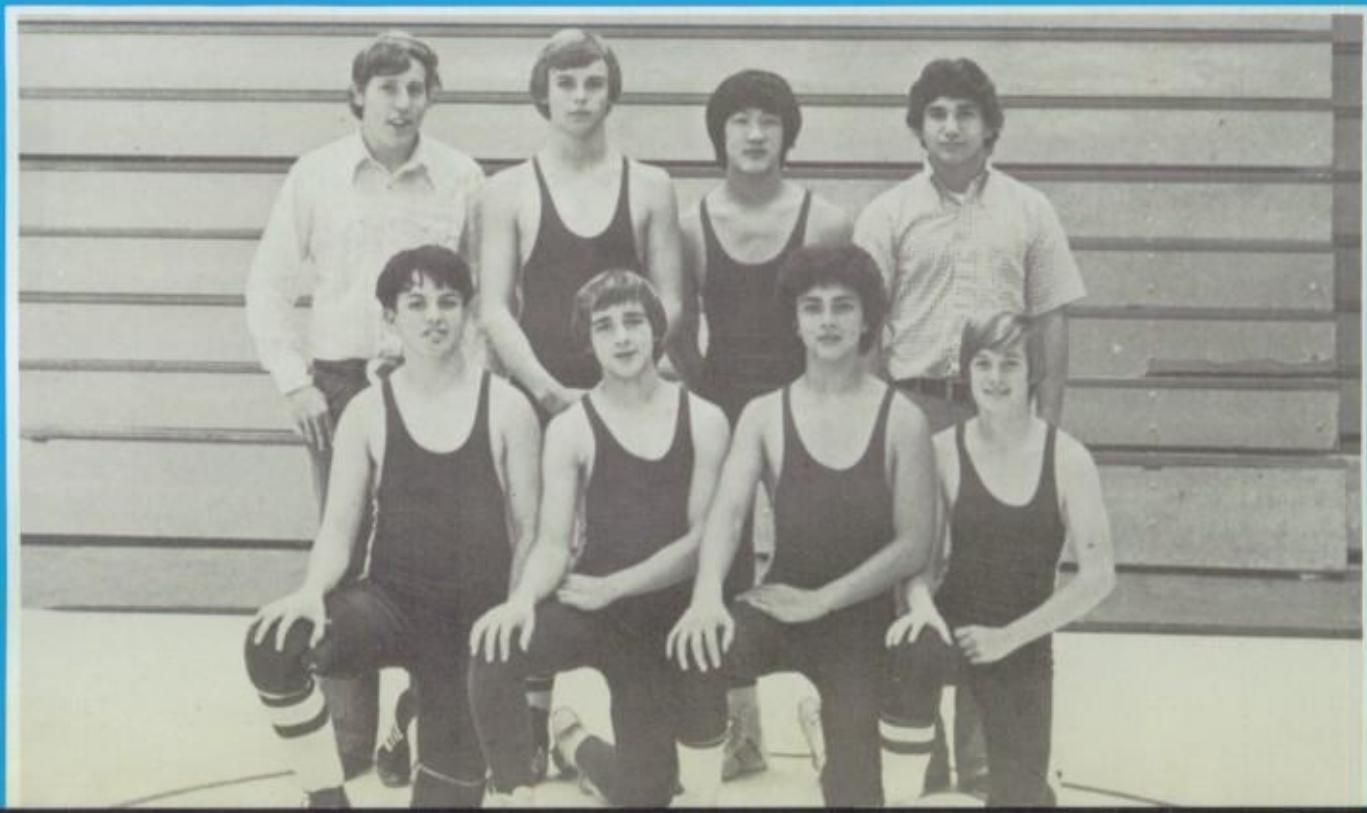
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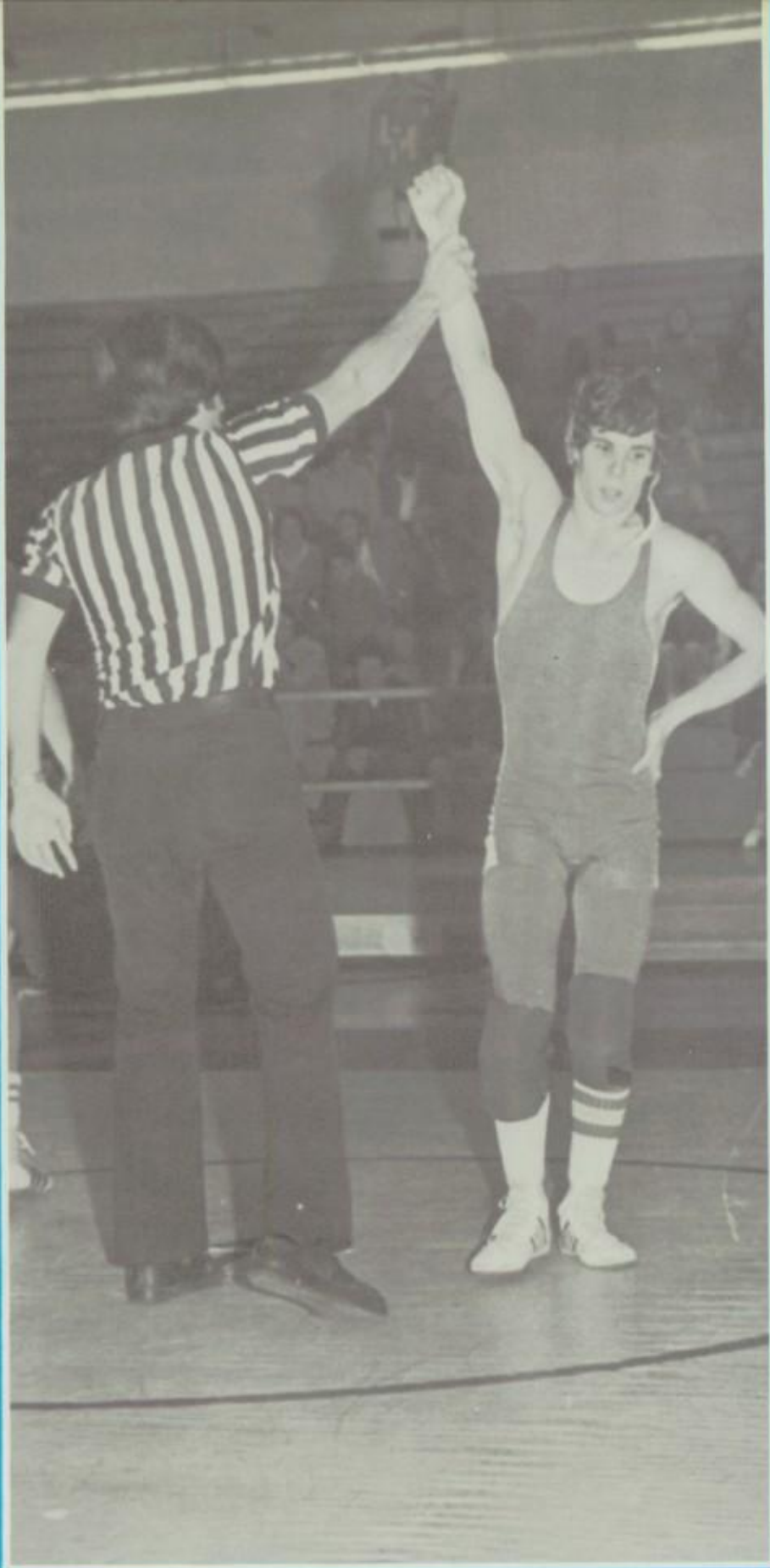


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1. FRONT ROW, L-R: D. Vickers, J. Rodriguez, G. Salcido, D. Alexander and G. Turner. BACK ROW, L-R: Coach Sims, S. Leary, K. Thomas, P. Jacobson, D. Calderwood, and K. Christiansen; 2. S. Leary; 3. Coach Kriska and Coach Sims; 4. D. Alexander; 5. K. Thomas; 6. FRONT ROW, L-R: C. Cruz, B. Finders, P. Dueve, and M. Harbaugh. BACK ROW, L-R: M. Brown, R. Pegler, K. Hirai, and G. Donvito; 7. G. Donvito.





Var./J.V. Wrestling

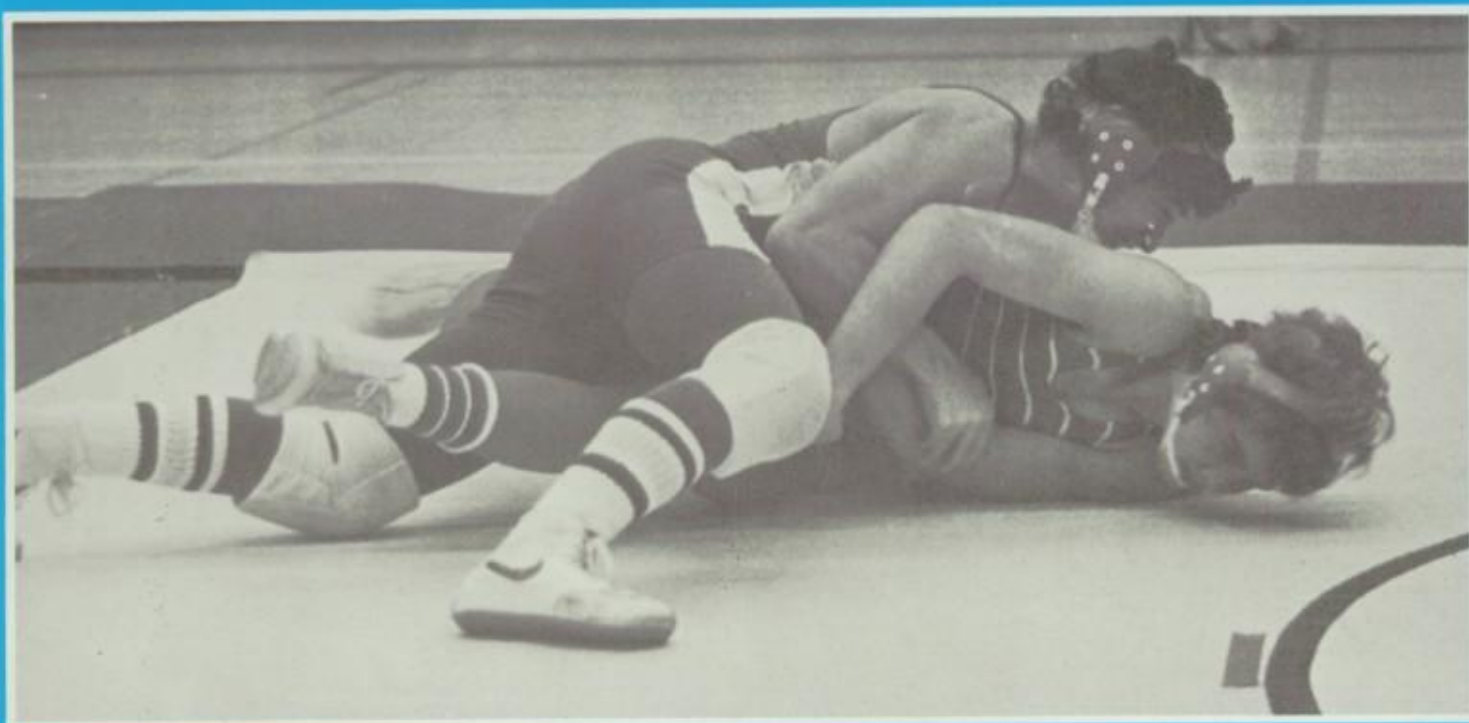
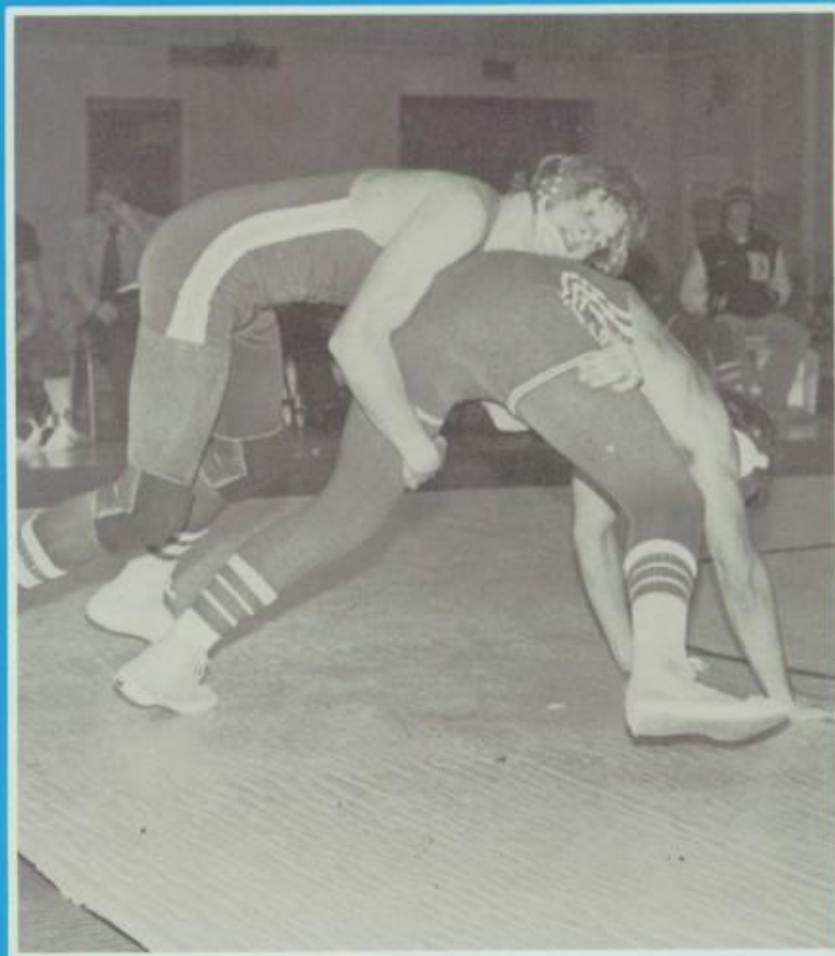
The wrestling team this year could be termed as a young, inexperienced, but tough team. Although the varsity compiled only a one and six record in league, there were very outstanding performances by such wrestlers as Steve Leary, Kerry Christiansen, Jim Rodriquez and Dave Calderwood.

The J.V. team was young plus there was a lack of interest for wrestling this year as

ONLY

eight wrestlers came out for the team.

In league finals, disappointment was at a high, as top wrestlers Leary and Christiansen did not place well, but there were "dark horses" in Calderwood and Salcido who both placed fourth.



Varsity Track

The varsity track team consisted mainly juniors and few seniors, with some sophomores, therefore inexperience was the watchword of this year's squad. Despite the lack of years there were some outstanding competitors. Steve Nowak was an outstanding long-distance man, scoring in the half-mile, mile, and two-mile. Craig Silverman broke the school record in the

SHOT put each time he threw. Dennis Mitchell achieved new heights in the pole vault. These three were the nucleus of a competitive squad for 1975-76. Stu Landgreen and Denny Watkins were the coaches for the Matadors.



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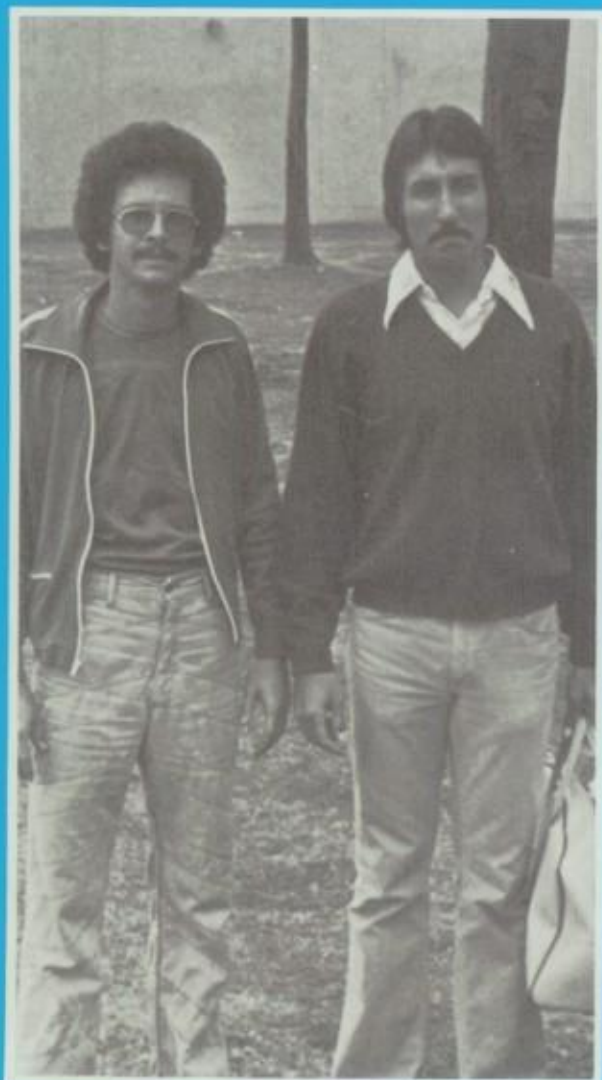
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1. Salcido sets the pace and wins the race for the Matadors; 2. D'Asilio shows good form on his long jump; 3. Good technique on the hand-off on the 440 relay; TEAM PICTURE: E. Pierce, D. Flakly, R. D'Asilio, M. McManahan, J. Stewart, S. Gerrard, K. Smith, T. Dixon, D. DeWindt, B. Horton, K. Thomas, "Killer" Mears, C. Sil-

verman, S. Nowak, and Ron Wetherington. FRONT ROW: M. Brown, Whitey, Sleepy, R. Peak, Bob Segren, P. Schall, L. Rider, G. Eserosa, "Harpo Marx," and G. Stransky; 4. Gerrard clears 6'5" in warm-ups as Leroy looks on; 6. Mears strides out a winner at Lynwood relays; 7. Silverman strains for 65"; 8. Nowak wins again.



1. K. Smith, C. McDougal; 2. D. Watkins, S. Landgreen; 3. M. Vasquez; 4. D. Blakely; 5. T. Dixon; 6. BACK ROW, L-R: D. Blakely, R. Holcomb, B. Barber, G. Poole, G. Aldredge; O. Castro, S. Cornell. FRONT ROW, L-R: D. Savage, M. Estrada, D. Brewster, D. Warren, C. Finders, S. Garlick, R. Ellis, J. Synder, G. Salido, G. Donvito, B. Bario.



J.V. Track

Traditionally those track athletes in need of more seasoning and experience find their way to the jayvee, soph, and freshman squads.

Those who showed

PROMISE this year were Steve Brown, a freshman who did well in the mile, and Steve Vihlen and Gary Poole, sophomores, in the high hurdles.



Varsity Tennis

In a year of exciting competition, La Mirada once again established themselves right in the thick of a race. Off to a strong start, the mighty Raquetteers were expected to round out the top three teams in the S.G.V.L.

The La Mirada Varsity Team, under the excellent coaching of Mr. Steve Jones had some great individual talent. Freshman Tim Giller and sophomore John Hammergren could be classified among the top five players in League. Giller, one of the top frosh players in California, has a strong chance of being first

SEEDDED in league finals.

In preparation for Varsity competition, the J.V.'s displayed great promise and desire. Under the fine coaching of Mr. Joe Glasscock, the young netmen will be a strong asset in the years to come.



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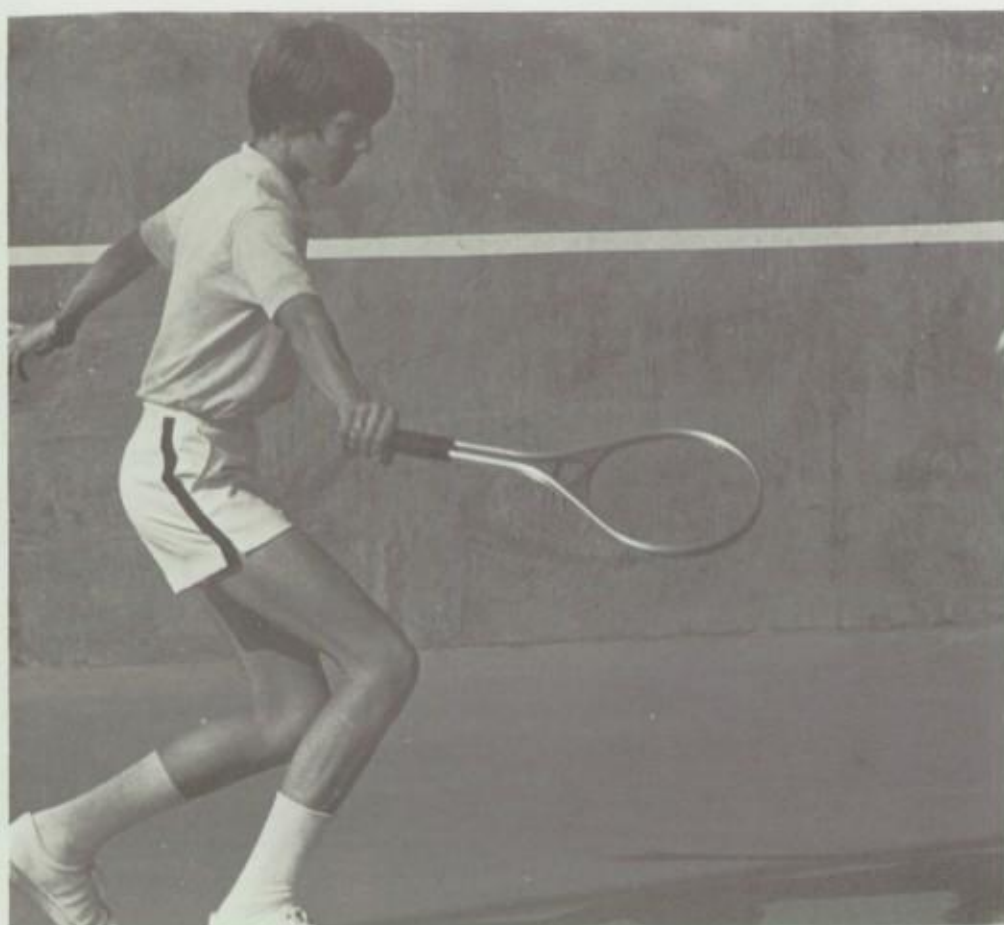


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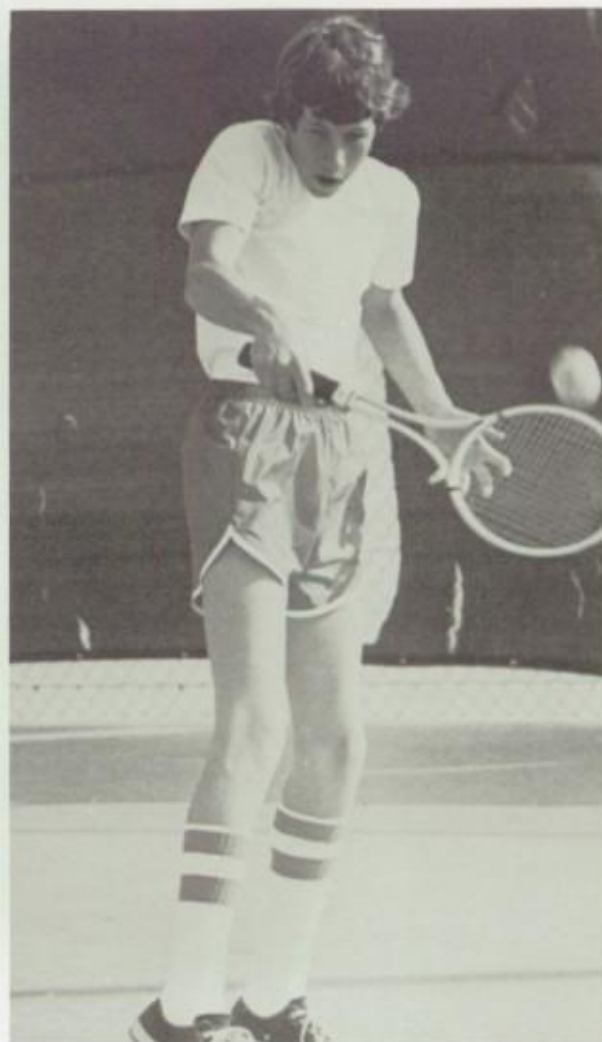
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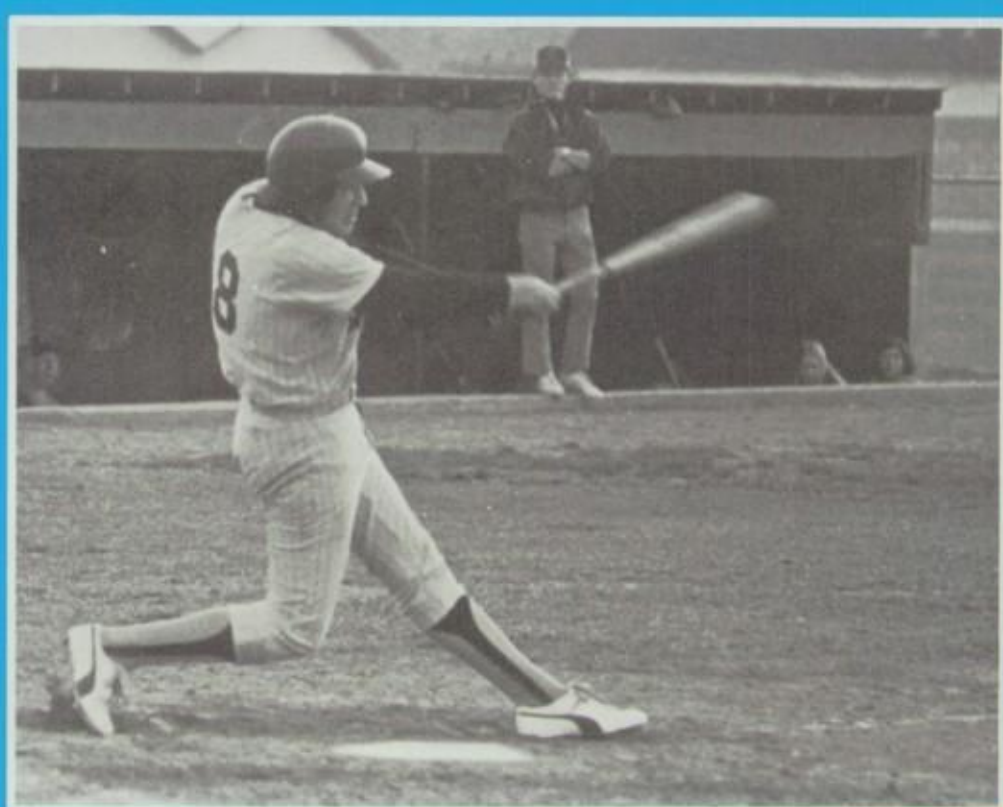
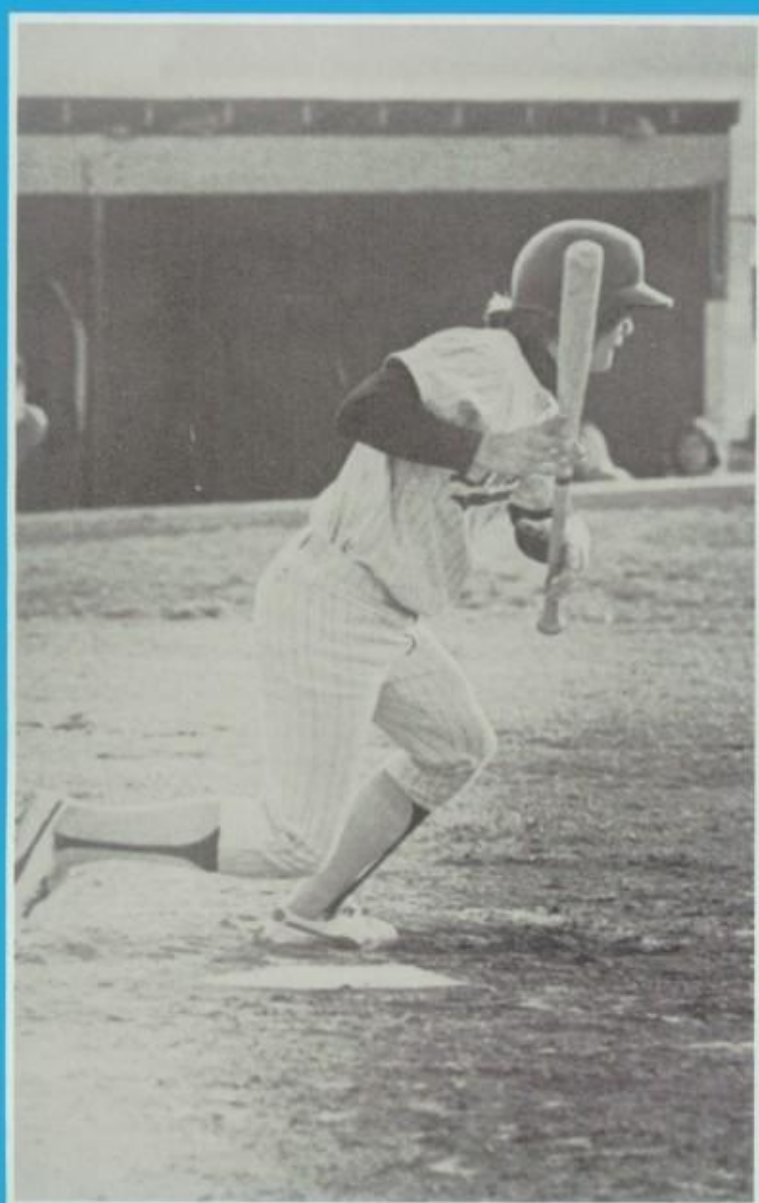
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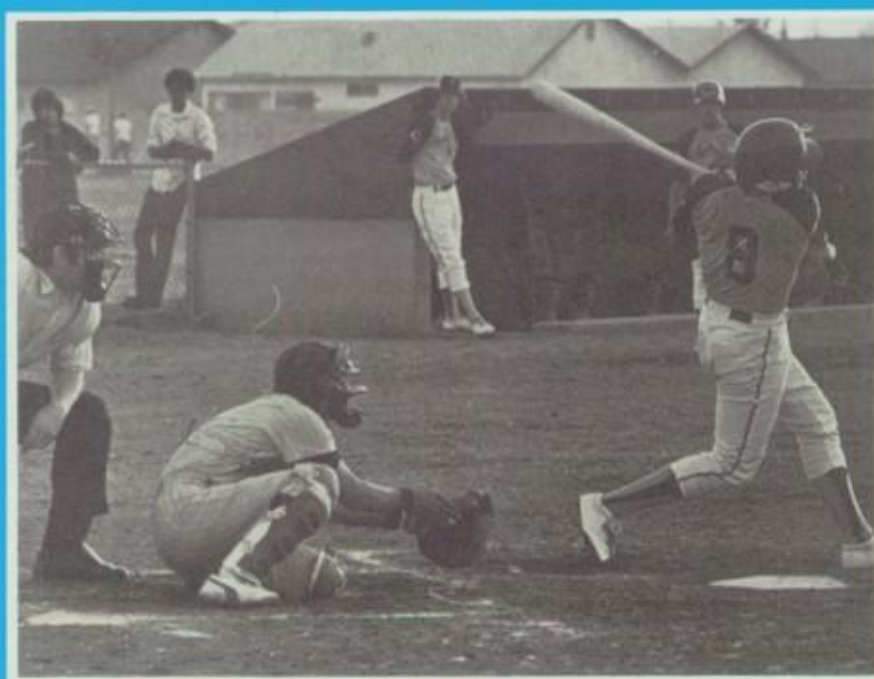
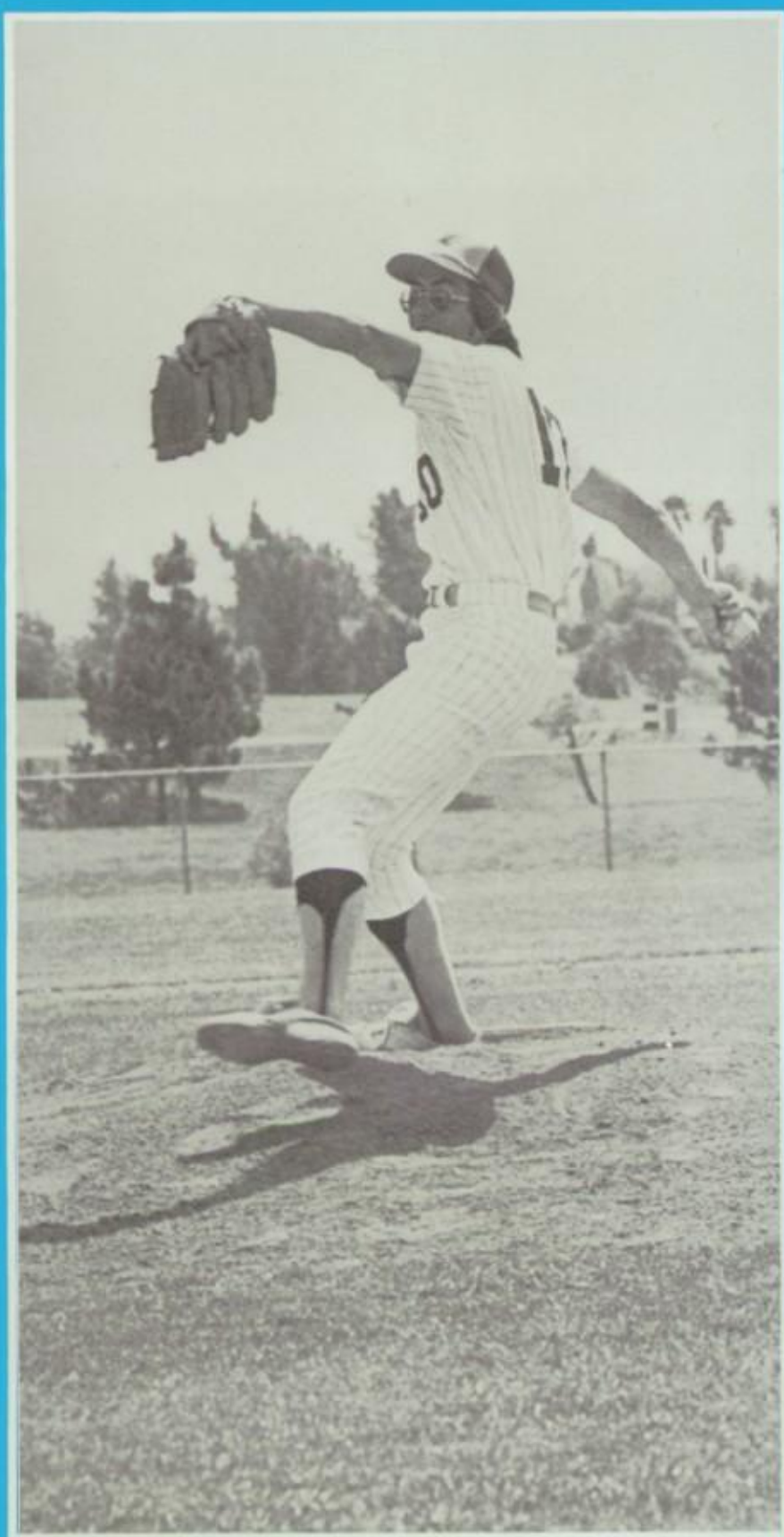
1. P. Weintraub concentrating;
2. Tim's backhand; 3. C. Gibson
will do it; 4. TOP ROW: Coach
Jones, C. Gibson, R. Dennis, D.
Spence, P. Weintraub. FRONT
ROW: T. Gillur, R. Gerson, J.
Hammergren, R. Beecher, K.
Nakata; 5. TOP ROW: Coach

Glascok, M. Guenther, J.
Rouse, S. Evans, R. Nunley, R.
Morrill, T. Franck, K. Contratto,
D. Alexander, M. Kim, B.
Kiehle, D. Vickers, J. Pape, B.
Young; 6. J. Hammergren's
good style; 7. T. Franck and his
toes; 8. Dave's trying hard.



1. Coach Tedder, R. Scott, K. Hay, B. Ridley, T. Haggerty, G. Ledbetter, T. Watkins, G. Moyer, Coach Finnerty, S. Barrett, T. Torres, T. Mathews, C. Christianson, G. Frieson, M. Dundleburger, L. Camacho, D.

Hershey, K. Bramer, S. Needum, L. Weinberg, D. Mendoza, M. Colombe, M. Lewis; 2. T. Mathews bunting; 3. T. Watkins hits; 4. Team meeting; 5. Team; 6. M. Colombe catching; 7. T. Watkins stealing base.



Pitching was a big asset for the team this year. When the pitchers were off, their defense held up and made up the slack. The hill aces for the Matadores were sophomore Tracy Torres, junior Steve Needham, and two seniors Terry Watkins and Greg Moyer, who broke a school record of .20 strike-outs previously held by Watkins. The coaching staff led by Wayne Tedder, who works with the pitchers; Mick Finnerty, who helped the outfielders and Ken Camacho, who worked with the infielders. Coach Tedder

STRESSED

good defense. The La Mirada nine made it to the first round of the C.I.F. playoffs, losing to Bolsa Grande.



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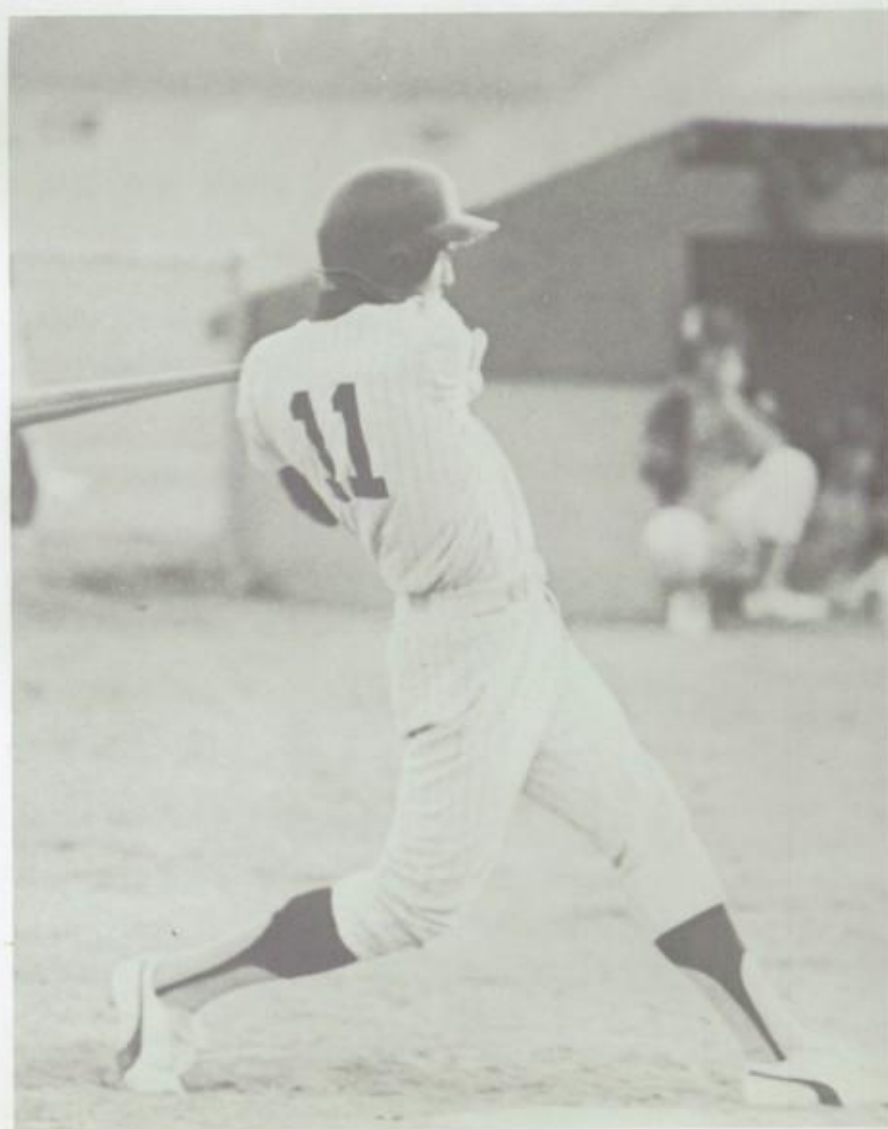


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1. S. Needham pitching; 2. He is safe; 3. R. Frieson at bat; 4. T. Watkins safe at home; 5. R. Scott hitting; 6. Scott ready to hit; 7. M. Dunkleburger ready; 8. T. Watkins is safe; 9. Coaches Camacho, Tedder.



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Varsity Baseball

Team **UNITY**, great winning spirit, and the guidance of a good coaching staff. These three qualities are the foundation of this year's Varsity baseball team. The 1976 Varsity baseball team with four returning lettermen, Mike Colombe, Tony Mathews, and all-leaguers Terry Watkins and Greg Moyer, were strong contenders for the San Gabriel Valley League championship, which has never been done by a La Mirada Varsity baseball team ever! This year's team was known for its aggressiveness on the bases and their speed, which opponents feared most.



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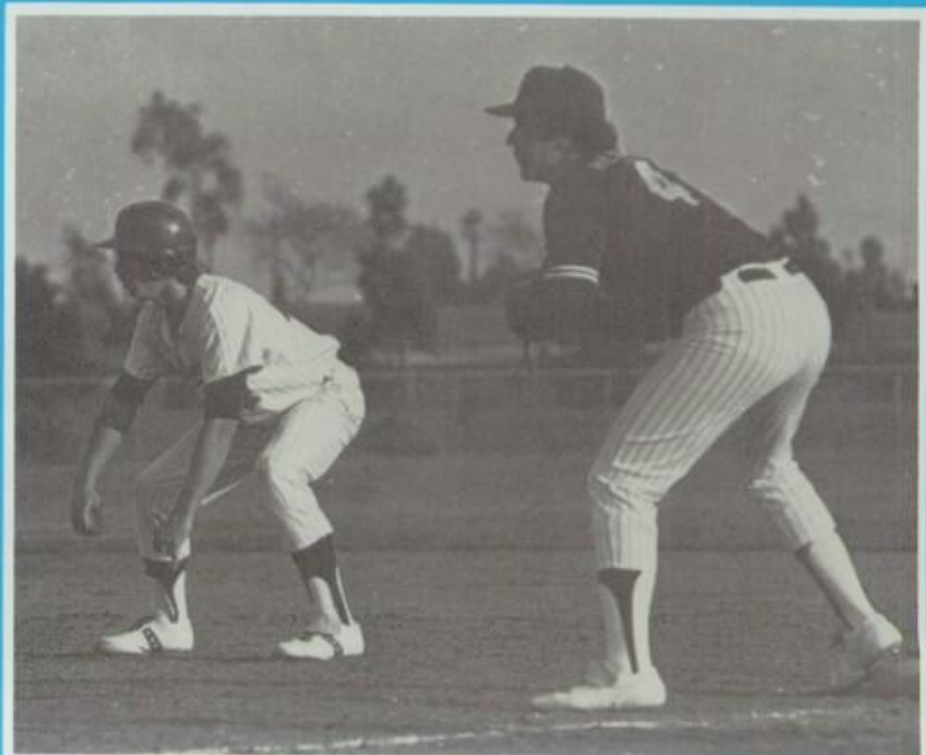
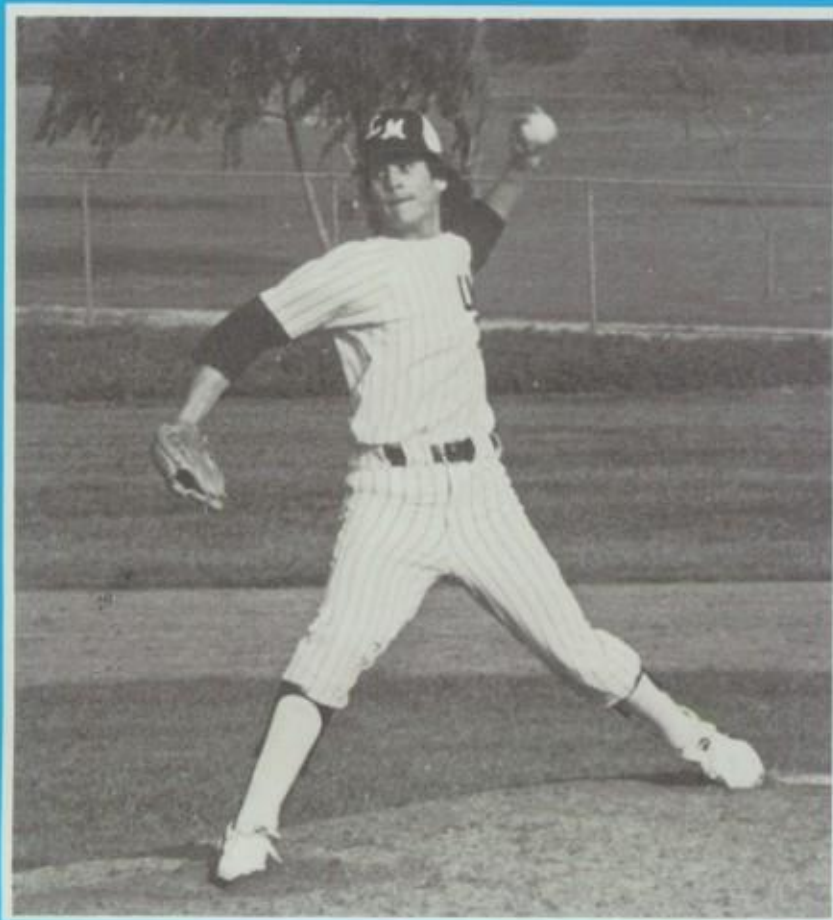
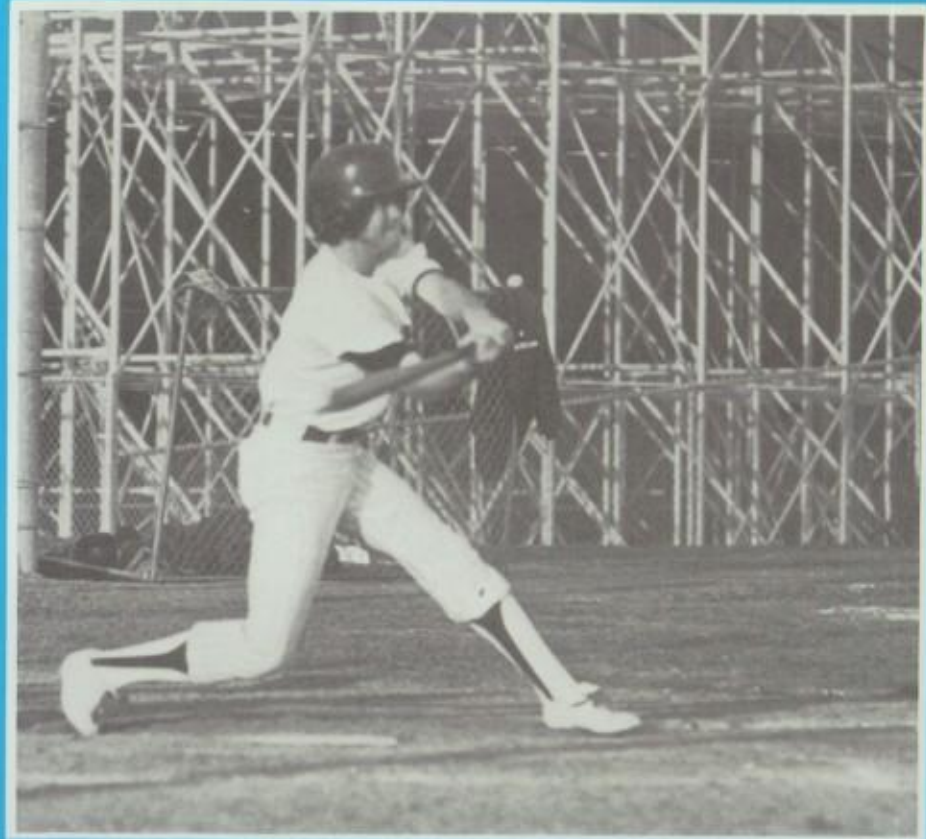


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J.V./Frosh Baseball

This year's J.V. Baseball team had a strong and experienced team. This year the team had few problems that young Coach Pat Camacho couldn't solve with little adjustments. One of these problems was lack of

RUNS which wasn't a problem for this year's La Mirada freshman team who scored an abundance of runs when needed. Scott McIntyre, another first-year coach, helped with the coaching responsibilities and coached the freshman team to a rewarding season.

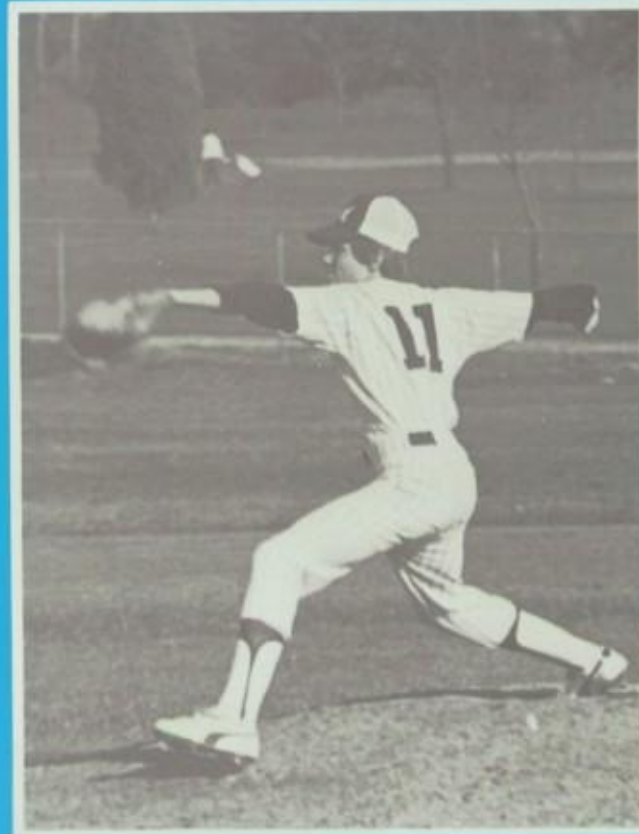




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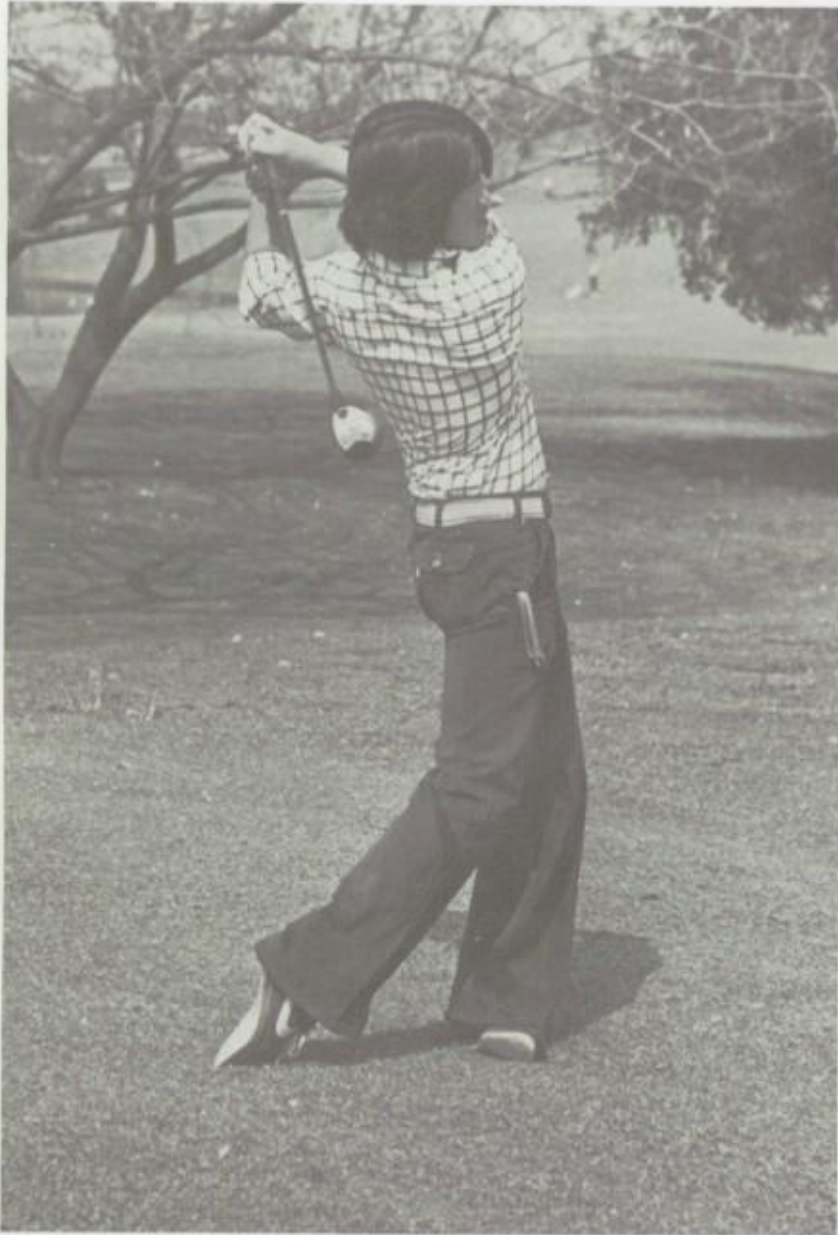
1. R. Morecraft; 2. S. Anderton;
3. J. Lineberger; 4. L to R:
Coach Camacho, L. Owens, B.
Anderson, T. Robertson, G.
Bennett, M. Zubkoff, K.
Eubanks, J. Lineberger, D.
Palmeri, M. Garcia, J. Cartelli, J.
Lux, K. Payton, M. Aubrey, P.
Stevens, E. Earls, R. Meyers, R.
Morecraft, S. Anderton, C.
Elmore, J. Henderson, S. Fore-
man; 5. Coach McIntyre, S.
Anderton, B. Snap, R. Jenson, J.
Anderson, A. Blachery, J. Pow-
ell, S. Janosz, F. Arriga, J. Porter,
R. Erickson, M. Stein, P. Ste-
vens, T. Cullen, A. Torres, C.
Owens, S. Bustamante, J.
Mayor, T. Tomoko, C. Falcetti,
B. Sperling, E. Lux; 2. B. Snap,
S. McIntyre, C. Owens, R. Jen-
son; 3. M. Stein; 4. C. Owens; 6.
Coach McIntyre; 7. Mark Stien;
8. Craig Owens at bat.

V./J.V. Golf

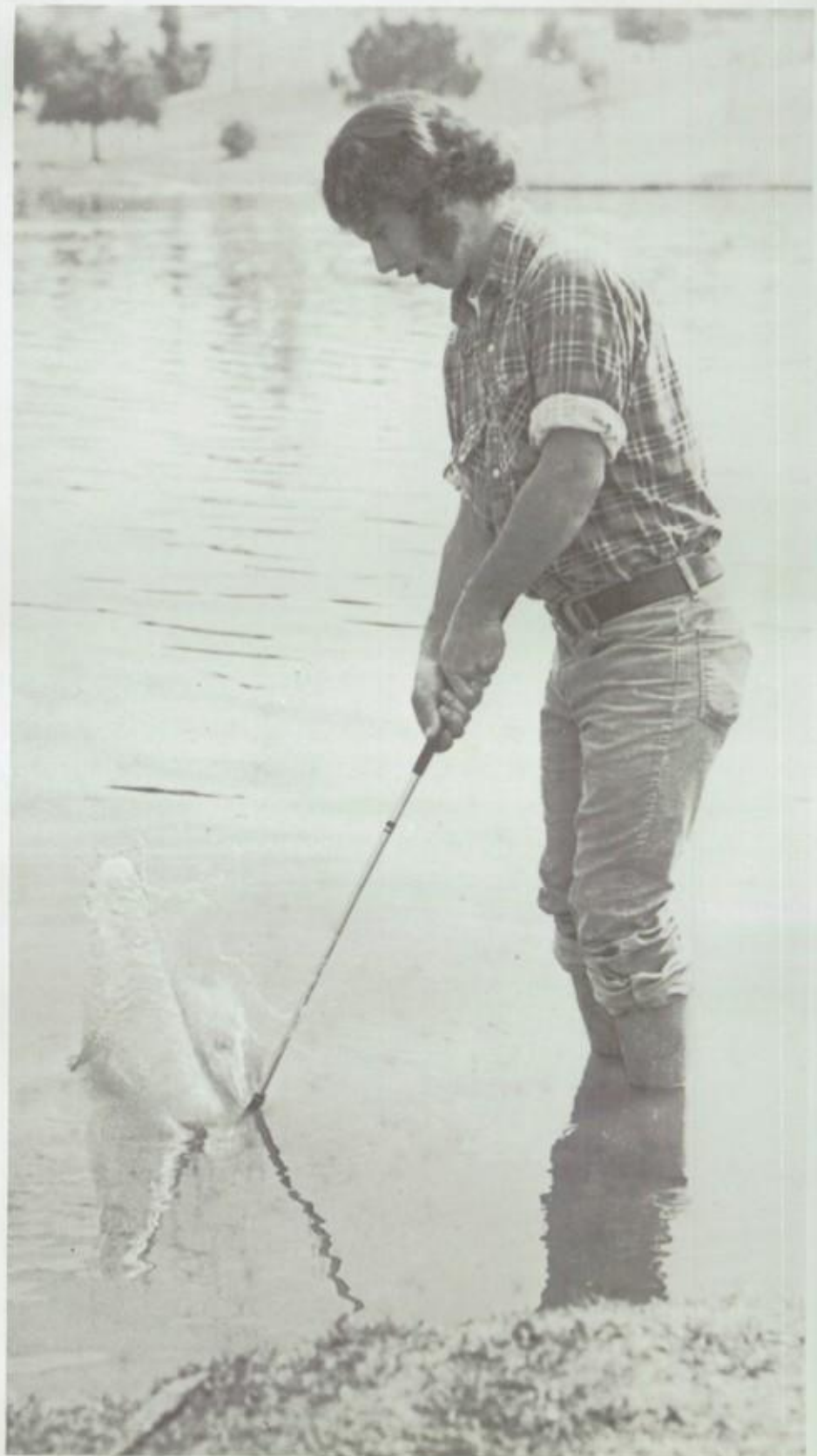
La Mirada golfers got off to a bad start losing to Downey, recovered when they **BEAT** Warren by a considerable score. La Mirada golfers showed they were made of sterner stuff by defeating several opponents. A very promising sophomore was Steve Wall who was promoted to Varsity.



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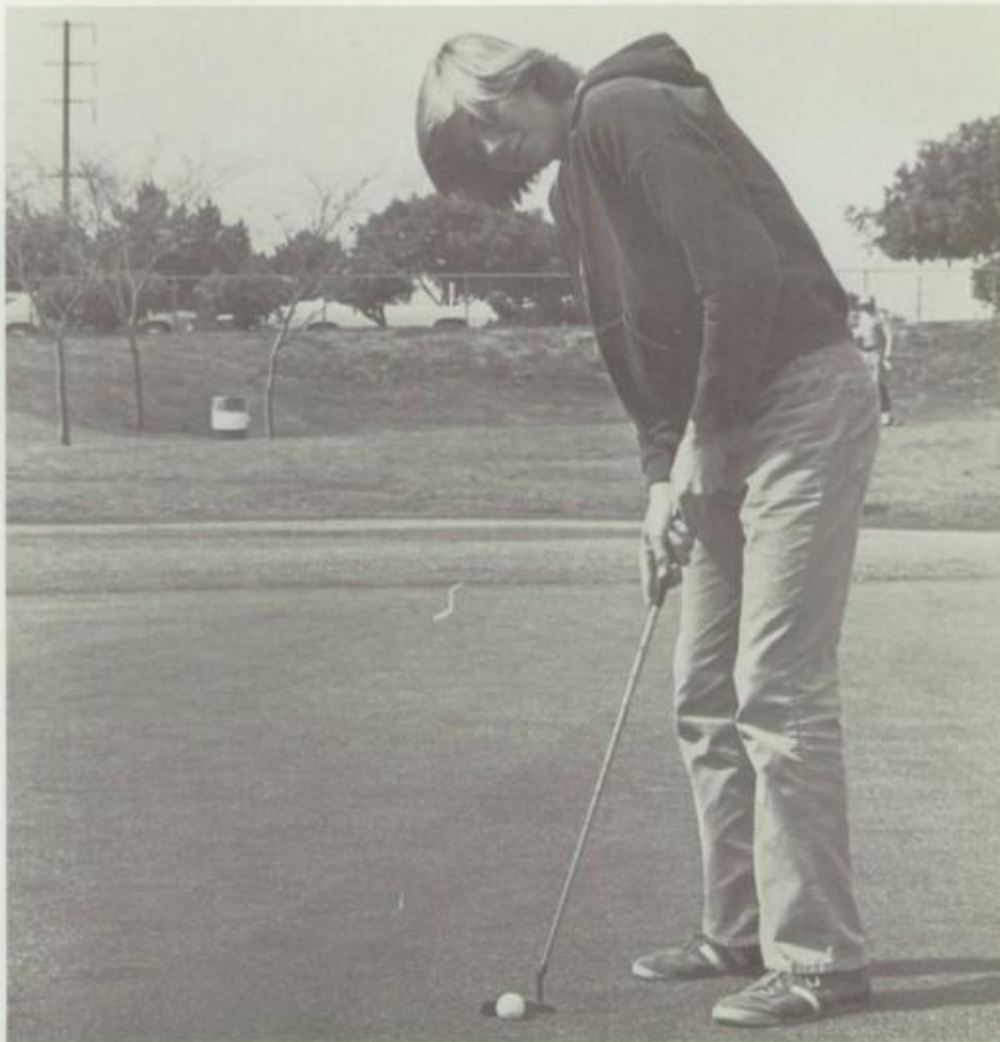
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1. VARSITY: S. Atkin, T. Belton, M. Spendlove, S. Wall, M. Ruza; 2. T. Delman swinging; 3. M. Ruza takes a wet swing; 4. Coach Berberet; 5. Deadeye Wall; 6. Dead eye in action; 7. M. Spendlove drives it; 8. S. Atkins looks on.

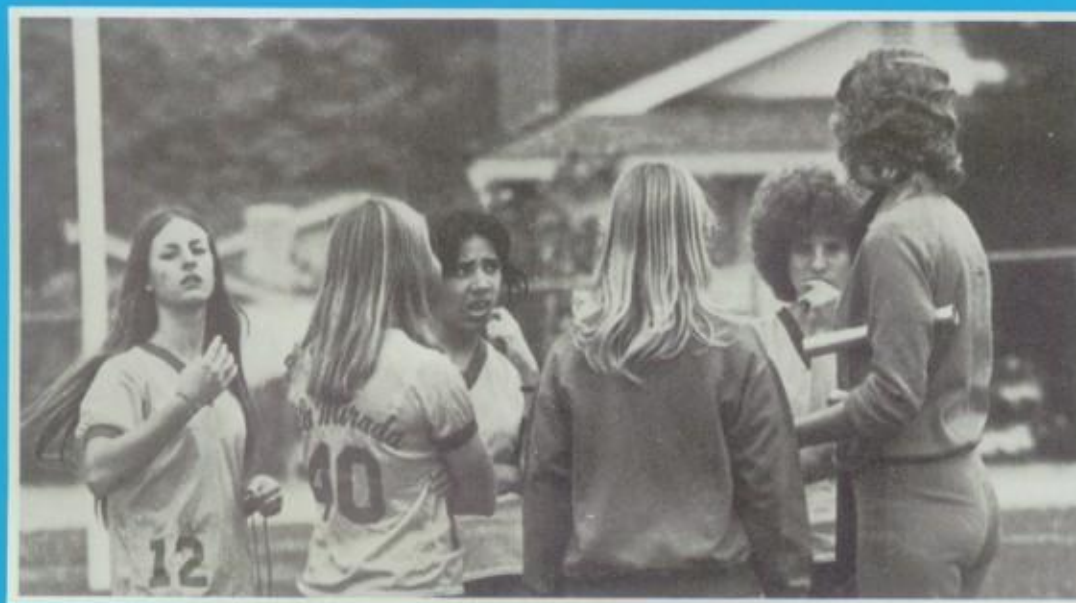
Dedication — Female Style

In this year when females all over the world are beginning to achieve equality, the yearbook staff at La Mirada High School, would like to dedicate this page to its female athletes.

This year, as we have previously noted, the girls are broadening their range of sports activities to include, basketball, softball, volleyball, tennis, track, and many others. It would not be right to HONOR just certain members of one sport, so the annual staff would like to

HONOR all female athletes who took time out in their own lives to compete for the school. La Capa would like them all to know their dedication is appreciated throughout the whole student body, and heartily thank them for their efforts.

We realize the work and effort that has gone into the making of such fine athletes, and we hope in future years their ability to strive for perfection will remain.





1. C. McDougal; 2. T. Dickenson, C. McDougal; 3. M. Pierce; 4. B. Compton, A. Carmichael, T. Dickenson, C. McDougal, N. Estrada; 5. L. Crist; 6. S. Lehosky; 7. A. Fesili, S. Lehosky; 8. L. Kretchmar.



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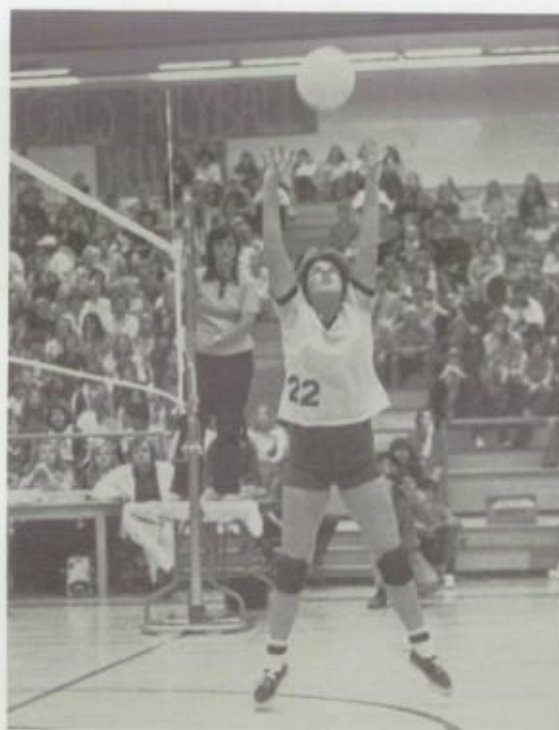


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(top 1) D. Zimmerman, K. Kretschmar, S. Stuart, S. Lehosky, E. Fesili, Coach C. Freeman, L. Kretschmar, K. Marrs, L. Crist. 2. C.I.F. coach Freeman 3. K. Kretschmar spike 4. Team togetherness 5. K. Marrs setting 6. S. Lehosky hits hard 7. J.V.'s talk about it. 8. L. Arsulich, D. Dixon, P. Benedict, M. Myers, P. Directo, S. Jones, W. Schmidt, B. Turner, B. Robertson, B. Greeb, Coach Campbell, V. Morin, C. Coulombe, S. Archlich, C. Bridges, A. Monge, J. Chase, E. Favela, B. Ruiz, S. Mears, G. Anderson, R. Harrington, C. McDougall, J. Balsamo, C. Ronzoni, A. Rooney, D. House, S. Christensen, E. Brown, R. Stansky, A. Manriquez, L. Robertson, V. Garcia, B. Baker, K. Lambardo, S. Strahn. 9. C. McDougall serving 10. S. Strahan setting 11. S. Arsulich.



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6

G.A.L. Volleyball



7

Varsity Volleyball S.G.V. League Champs. The V. Volleyball team, under the coaching of Chris Freeman, attained their first S.G.V.L. Championship this year with a 13-1 league record. Their near-

PERFECT league

season was marred only in a second round loss to Bellflower. The team's fine setting and powerful hitting powered them to the C.I.F. quarter-finals. Not many teams can boast that. Varsity displayed their outstanding skills in C.I.F. beating Neff and Riverside Poly — two games each. The quarter-finals weren't quite so profitable as the team suffered their second loss of the season to Hawthorne.

J.V. volleyball, a fine team, coached by Ed Hayes and assisted by Marty Campbell posted a 6-8 record. This year found the team with many close matches, with moments of glory, and a season of steady improvement. Next year they'll follow Varsity's example and head for the top!



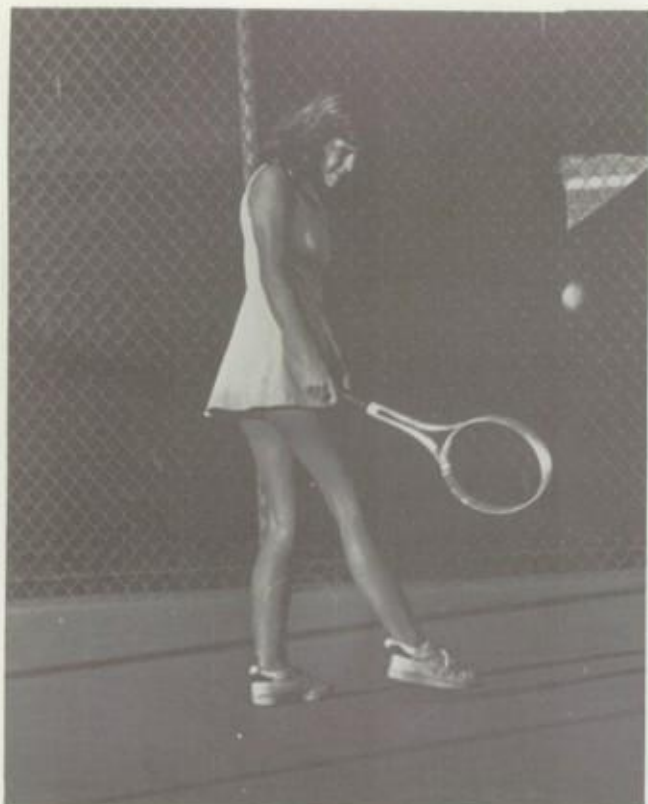
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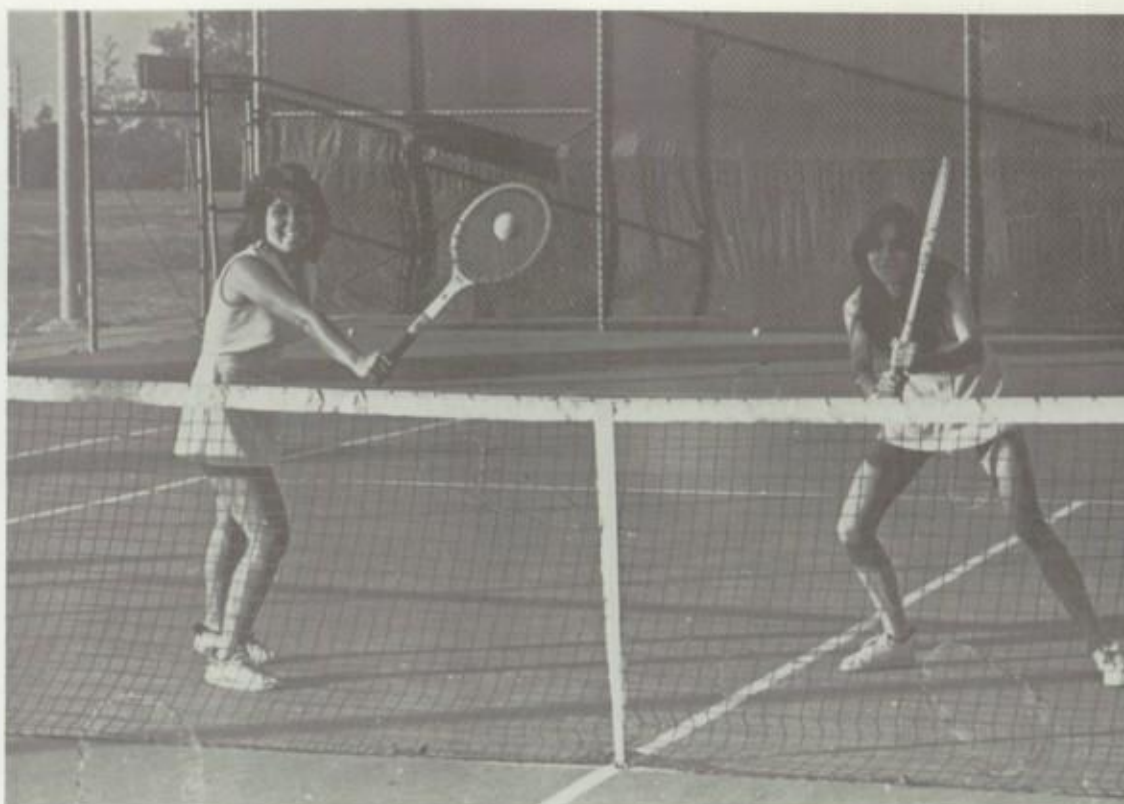
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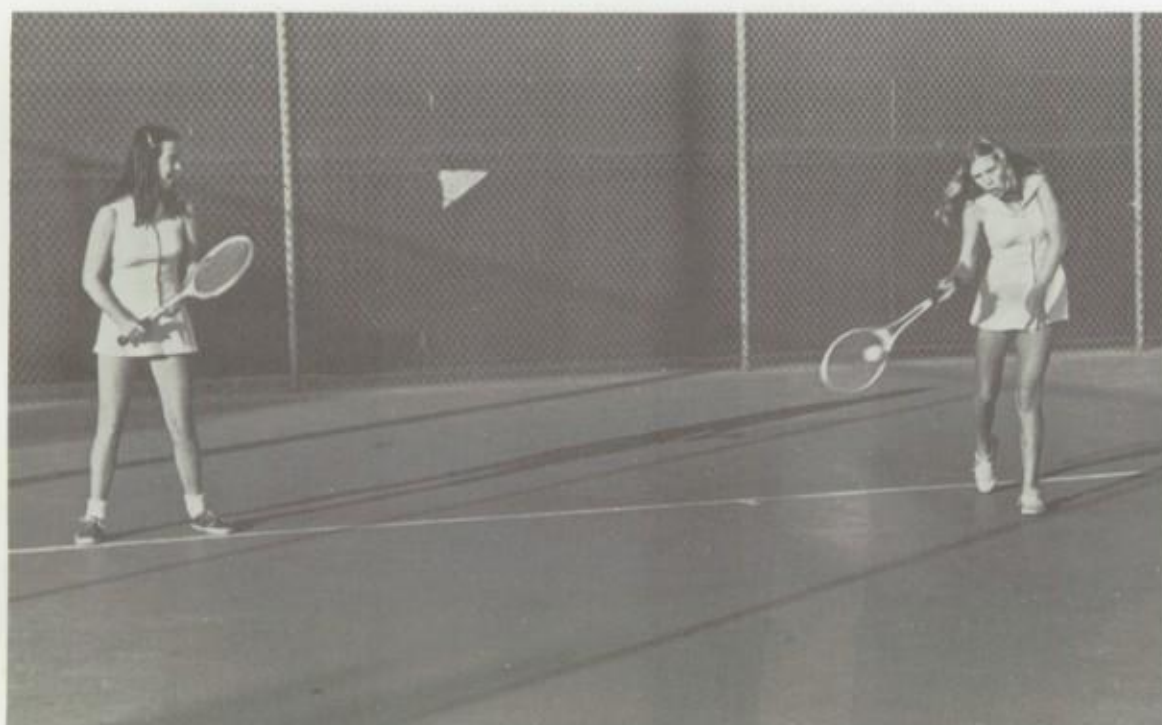
G.A.L. Tennis



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3

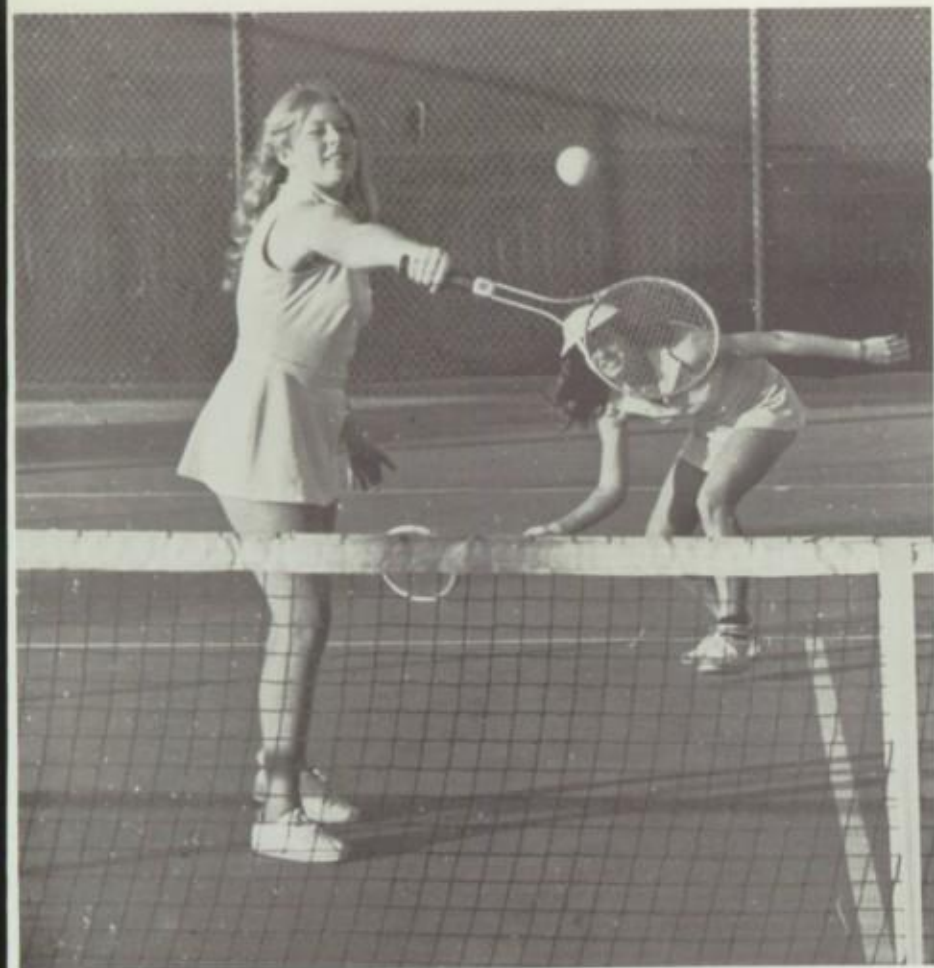


4

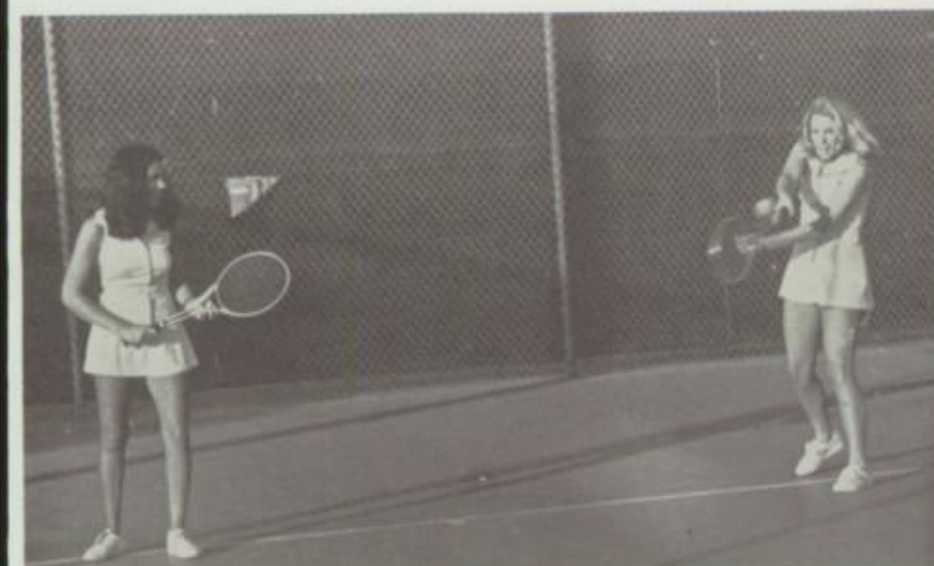
1. A. Davies 2. T. Weiner and C. Rockoff 3. L. Whitman and T. Hamegrin 4. B. Wisniewski 5. B. Wisniewski, L. Whitman, A. Davies, C. Rockoff, D. Bauman, D. Dershan, T. Templin, T. Hamegrin, T. Weiner. (not shown) V. Taylor 6. Brouws and T. Hoover 7. N. Estrada and L. Ashley 8. J. Johnson 9. C. Underwood, C. Guard, S. Benson, B. Harbaugh, P. Brouws, T. Hoover, R. Burke, N. Estrada, S. Rawlings, L. Ashley, J. Johnson



5



6



7

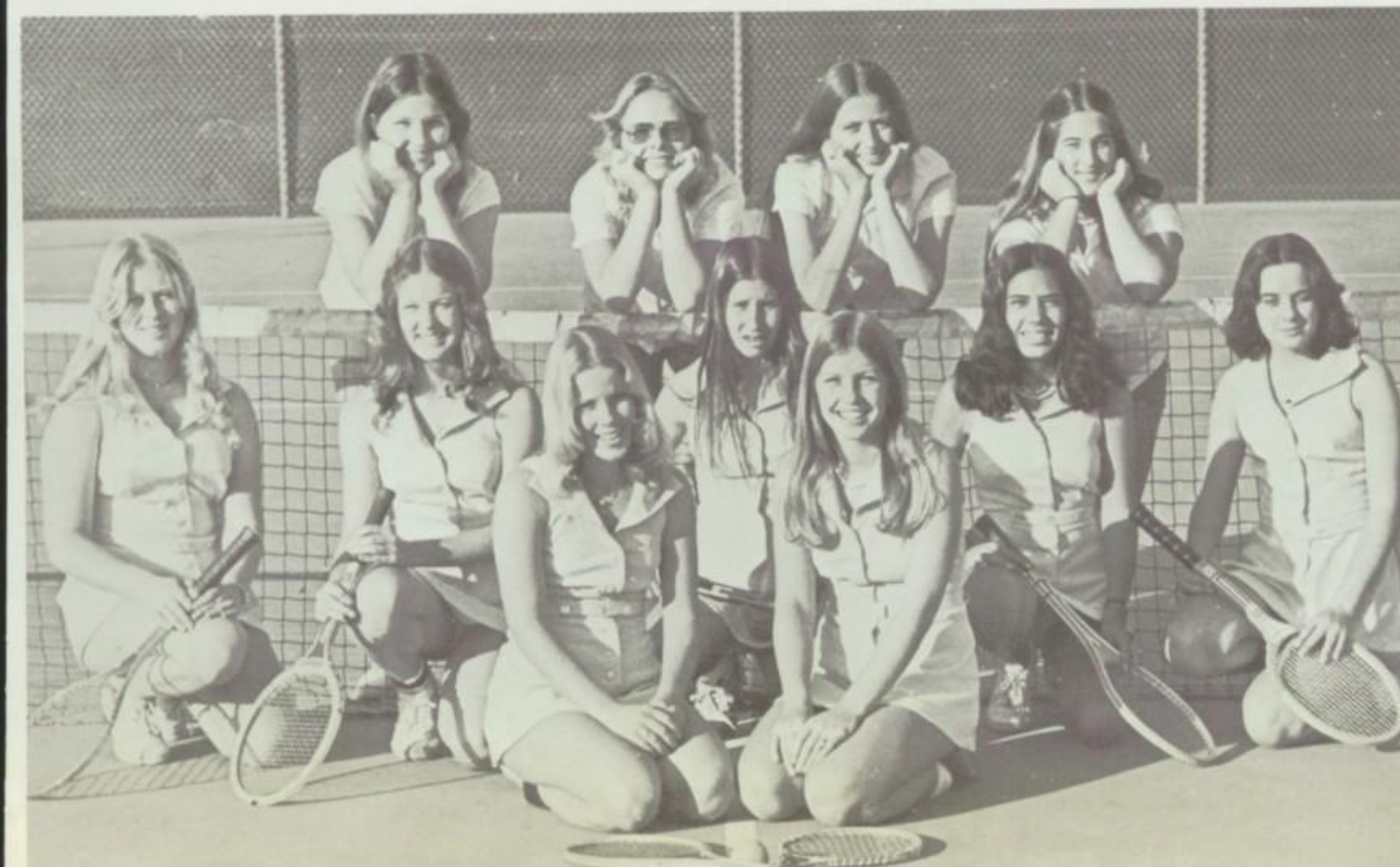
After a successful, fun-filled year, the G.A.L. Tennis Team ended the season with an 8-4 record, placing second in league play. Under the coaching of Mrs. Reclusado, the girls learned a new thinking method. "I am calm, poised, effective and efficient in stressing and exciting situations" is a familiar P.M.A. quote known to the tennis team.

J.V. tennis **TOOK** second place

with a 10-2 record, under the coaching of Mr. Berberet. It was a rewarding season. The girls learned the game, but will always be able to enjoy the sport as a player and spectator, learning to accept defeat as well as win, but most of all good sportsmanship, attitude and manners.



8



9

V./J.V. Girls Basketball

Coached by Carrie McMahon, the Varsity worked long hard hours to earn 3rd place in league. As C.I.F. contenders the team played their darndest knowing C.I.F. was only a step away. A 9-5 record wasn't exactly the record they had planned on, but the girls learned a lot and experienced the tough competitions in the league.

The JV's season was disappointing in a way with a 3-11 record, but the girls are

LEARNING the game of sportsmanship as well as basketball. Coach Chris Freeman working with this young team said, "The girls' attitudes were great, they never let down, and we had a lot of fun."



2



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1. K. Kretchmar shooting; 2. L. Kretchmar in for a lay-up; 3. B. Wisniewski defending; 4. L to R: S. Lehosky, G. Cannon, S. Miller, L. Crist, B. Wisniewski, Coach McMahon, C. Espinosa, L. Monge, L. Kretchmar, M. West, K. Kretchmar; 5. BACK, L to R: T. Herrera, S. Abel, R. Burke, K. Courtney, P. Directo, C. Lee, G. Anderson, Coach Freeman. MIDDLE: A. Monge, J. Balsamo, F. Weiser, V. Garcia, E. Fesili, R. Harrington. FRONT: A. Manriquez, C. Ronzoni, S. Pribnow, T. Tynda, L. Lewis. NOT SHOWN: C. Bridges; 6. R. Harrington reaching; 7. P. Directo defending; 8. A. Marriquez shooting; 9. R. Harrington lays it up.



2



1



3

1. W. Shmit; 2. G. Cannon; 3. S. Lehosky; 4. L. Crist; 5. BACK, L to R: G. Cannon, S. Lehosky, W. Schmidt, L. Arsulich, C. Courtney, S. Jones, S. Chesley, K. Blaisdell, D. Minnick, J. Pape, K. Sanders, K. Kretschmar. 4th ROW: C. Espinoza, B. Greb, D. Farris, C. Coulombe, D. Dixon, S. Benson, S. Woolbridge, L. Kretschmar, B. Turner. 3rd ROW: A. Rooney, L. Owens, L. Monge, V. Morin, R. Stransky, E. Brown, S. Greb, F. Weiser, L. Davis. 2nd ROW: L. Crist, S. Rawlings, D. Matthews, L. MacMasters, S. Christenson, C. Underwood, G. Harbin, C. Guard, K. Barrett, J. Balsamo, S. Abel. FRONT ROW: A. Manriquez, E. Brignoni, B. Baker, T. Herrera, R. Harrington, J. Reeder, S. Arsulich, S. Strahan, K. Whitsel, T. Templin, E. Fesili, B. Speckmeyer.



4

Varsity/Junior Varsity Softball



5

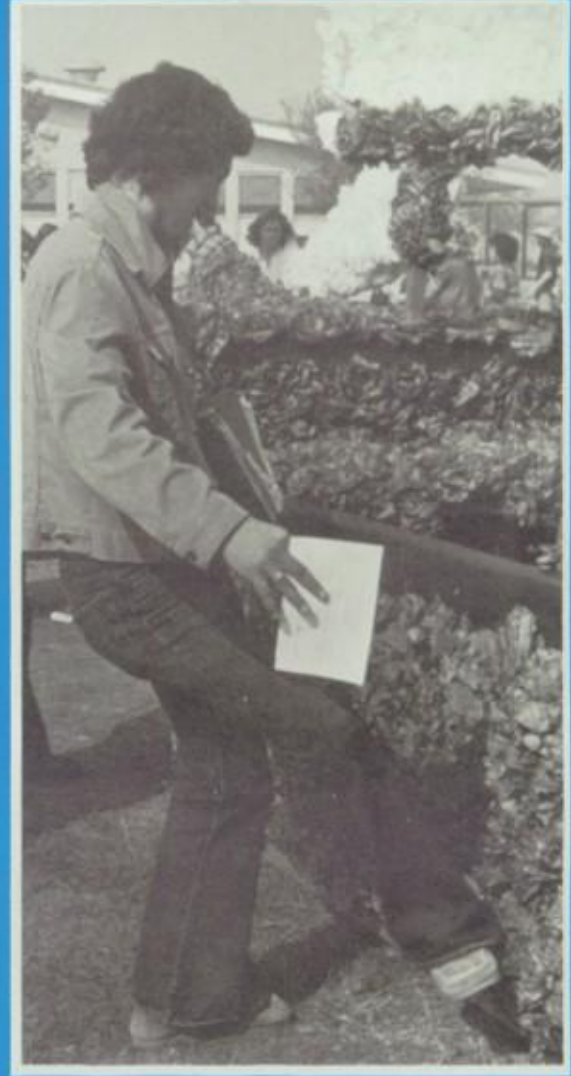


6

This year's softball team coached by Nancy Reclusado is hoping that this will be the year they show the league something extra. In the few days the team has been together they are proving they just might take it all. The

team is **STRONG** and has experience. The season hasn't started yet but the varsity team looks very promising. J.V.'s coached by Carrie McMahon look to have a good season. They're young and trying out for the team, it was very difficult to pick a first-string team.



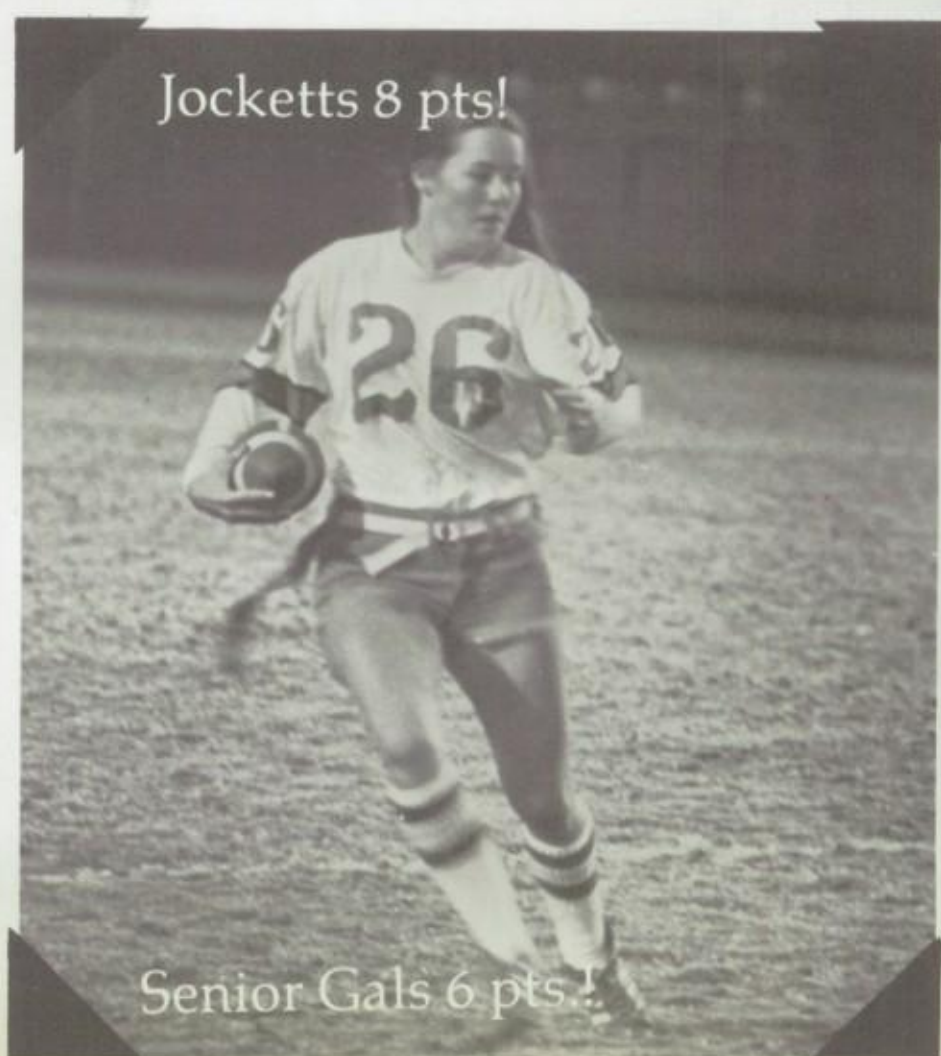


BEING





1. Adm. bldg.; 2. Homecoming float '74; 3. Jodi Janke, before . . . and after; 4. Stadium dedication to Mr. R. Davis; 5. Frosh. and Soph. year helpers and advisors; L to R: Mr. and Mrs. J. Gross, Mr. T. McKinney, Mr. M. Olesiuck, Mr. D. LeGrue; 6. Mr. J. Sims; 7. Lynn Crist in our victorious powder puff game in '75!



Jocketts 8 pts!

Senior Gals 6 pts!



REFLECTIONS

Time is still a moving thing,
and although today is leaving us,
Tomorrow is right behind.

Filled with memories, adventures
and dreams . . .

All still to be lived.

Reflecting back on four years,
realizing there will be no more,
and that it's gone forever,
seems so hard to believe.

In four years we have learned
about the world, society,
and the problems of life itself.

Hopefully to cope with and overcome
the challenges they bring us.

Good times and hard times have taken
more than enough of the years.

Together . . .

We have made many memories
Finally we reached the goal
and received the paper signifying
success during "the four year
slice of life."

Capping twelve years one could never forget.
But, time does not stop for dwelling,

It changes as we have.

For some this is only the beginning.

There is so much to live for,
so much to do . . . so much to see,

In essence,

We're not leaving our memories behind us . . .

But we're taking them with us
as stepping stones to our future.



1



2

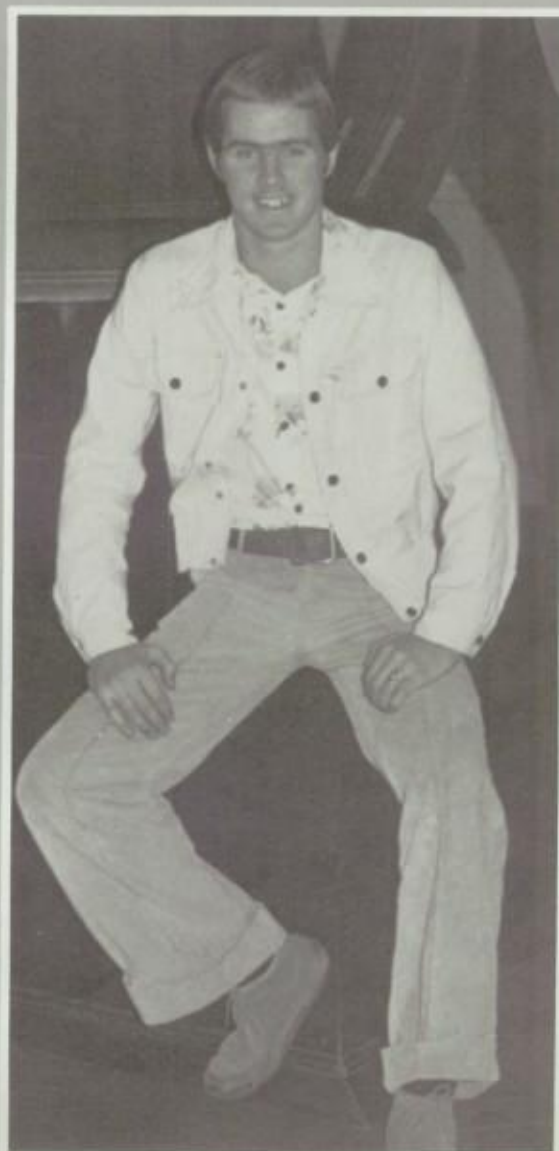


3

★ SENIORS ★



4



6



7

1. K. Bowman — secretary
2. P. Robinson — treasurer
3. L. Crist — social chairman
4. M. Whiting — vice-president
5. M. Courtney — president
6. T. Bassett — historian
7. J. Patlan — sergeant at arms

CLASS OF 76 HAS CLASS OF 76 HAS CLASS



PATTY ABEL



BECKY ACEVEDO



VINCE ADAMS



JENNIE AGUILAR



JOSEPH AHERN



TERRI ALBANO



CINDY ALEXANDER



ANNE AMATO



KAREN AMSTEAD



JAMES ANDERSON



TERRI ANDERSON



LARRY ARCHER



DAN ARMSTRONG



JANICE ATKINSON

I'll never forget . . .

BECKY ACEVEDO . . . Theresa, Spendlove, Laura, Sue, Sandy, and the rest of my good friends Camp Whiteman, Hawaii, the Creek Park Gang, Modern Dance, newspaper, Mark C. and Debbie B., getting whip cream at the Blvd. with Theresa and Kay.

VINCE ADAMS . . . Freshman football, 219 wind sprints, all night poker games, Ige's party, O. J. Simpson, Bruce Evans at 6th grade camp, my bookie.

JENNIE AGUILAR . . . the good times I had with the people I met, especially Danny, Mickey, and Jimmy, the wierd things that I have done, almost drowning and being saved by Lynn.

JOSEPH AHERN . . . Biology class, communions, Mr. Gardner, Mr. Magnusson, conducting the band in spring concert 75, getting my new flute ripped off on the last day of school 75, Allison Davies, Ted Strauss, other Band friends, Mr. Bonebrake.

TERRI ALBANO . . . "Red Rock Bust," my very best friend in the whole wide world, Leslie, the time Rose and I got a whole bag of potato chips at snack, Mrs. Littrell, good times with Les, Carole, Tina, Rose, Janice, Annette, Brenda, Tammy, Sal, Mark L., Mark B., the contest with Terry Wat, Tammy's house, Sr. year, with love and fun always.

CINDY ALEXANDER . . . Tammy, Karen, Beth and Toby, Tammy dancing through the halls, and tripping in a dress, parking lot parties.

ANN AMATO . . . Special friends, Mrs. Masner, and the many people who have helped me put my program together for college, last football game of 75, 1975 grad, being honor guard, musical play "THE BOYFRIEND," putting together talent shows, my nutty friends in PE, auditions for college, my mom and dad.

DAN ARMSTRONG . . . Dancing with the mailman, my wooden legs, Pink Floyd concert, Meg, Patty,

CLASS OF 76 HAS CLASS OF 76 HAS CLASS

I'll never forget . . .

Yolanda and all the rest that got me through, AB, JS, my drinking buddies, Mom.

JAMES ANDERSON . . . The characters I served from the snackbar or those that worked in there.

TERRI ANDERSON . . . Frosh year, class Hist., batgirl, Linda M and parties, JV cheer, Mark, dances, teachers, A-staff, Hawaii, Hon. Guard, new friends in Sr. Yr., football games, Lynn's house, Homecoming, VB CIF, float, P-Puff, cabin, New Years, all great people in class of 76.

KEVIN BABBITT . . . The Lama Locals, The pranks we pulled the days I cut, for perfection, all the girls that ravaged my body, the safari to Northern California, the gang, Barry, Mike, Chris, Marty, Spud, Shultz, Dave, Ted, Jerry and Terri and Tee.

TERRY BACKER . . . Coach Haggerty and Panella, League champs 73-74, undefeated season 74, night before Neff game 75, all my great jokes.

SAL BALDOMAR . . . Powder Puff cheerleading, beach house, Bedrock, Brotherhood Concert, My Jr. and Sr. years, Panda, Bobo, Duck and Terrie K.

DEBRA BARKER . . . All the memories of fun, friends and faculty, Mr. Fitzpatric, and him always yelling to Deb to get to class, a very special counselor and friend, Mr. Le Grue.

THERESA BASSETT . . . Building the floats at the Gross's, football games, wonderful weekends, love to those special to me; Mr. Olesiuk, Kathy, Ruth and Cathy La Valle.

DEBBIE BAUMAN . . . Good times, bad times, good and funny friends, backpacking, tennis, The corner Blvd., Babes, A.S., La Bomba, Weiner's Cor-tina, and newspaper.



KEVIN BABBITT



TERRY BACKER



DONALD BAILLY



JOHN BAILLY



SAL BALDOMAR



DEBRA BARKER



KATRINA BARRAS



THERESA BASSETT



DEBBIE BAUMAN



RICHARD BEECHER



RENE BERNAL



GEORGE BAZAN



MARK BELZOWSKI



TERRI BEVERIDGE

CLASS OF 76 HAS CLASS OF 76 HAS CLASS



KARL BEYKIRCH



CONNIE BOARDMAN



STEVE BOPP



RICK BOWDER



KEVIN BRAMER



COLLEEN BLACKBURN



RANDY BONNEVILLE



KIM BOUNDS



KATHY BOWMAN



JEANNE BOYLE



MIKE BRADACH



LORRI BRANDT



SHELLY BRESEE



JANICE BRIGGS

I'll never forget . . .

GEORGE BAZAN . . . Football Games, poker parties, all the girls, rating system, Mr. Lewinson, Mr. Jones.

MARK BELZOWSKI . . . Redrock, Billy and Sally, beach house, Mammoth ski trip, McCartney, Coach Moore, Basketball Season, Steamboat.

RENE BERNAL . . . Summer of '73-'75, The La Mirada Dames, Big Blue gatherings, salad sessions in '61, Tim C., holding the record for the most cuts in one year and never getting caught, all my friends, Cindy and Ozzie, all the B.S. that went on at LMHS, Pres. F.Y.B.B., and all my four years.

TERRI BEVERIDGE . . . "Daddy", Doyle and the destruction of the Drama Department, directing Children's show, The sophomores, all my friends, Chuck and Shawn and David C.

KARL BEYKIRCH . . . Driving Vicki's car with a coat hanger, sophomore year, Val.

COLLEEN BLACKBURN . . . Auto 1-2, Karen and Weiner, friends, football games, Redwood, the Blvd., High gear Hauler Truck drivers.

CONNIE BOARDMAN . . . The film of dust over everything in Ceramics, Hawaii during Easter and summer vacation in 1975, Taking pictures at the Back Bay, and Joshua Tree, Kate and Kelly, salad session in '61.

STEVE BOPP . . . The Baja Races, the once upon a cherry, had a good time, Friday nights and Monday days, the good times.

KIM BOUNDS . . . Jamie, Jerry, my friends, good times, Whittier Blvd., V.W. Club, All the lights on a hill and especially Terri T.

KATHY BOWMAN . . . Wanting to be Burt Reynolds personal physician, last day of school of year '74 and

CLASS OF 76 HAS CLASS OF 76 HAS CLASS

I'll never forget . . .

my best friend.

JEANNE BOYLE . . . All my friends especially Lori Diasso, Melody Uharier, Judy Collette, Tangie Prestwich, and Steve Scheaffer, Connie's love stories in P.E., Biology and Mr. Sims, Chemistry and Mr. Magwsson, Junior Honor Guard and all the 75 graduates, CSF 14, SEC, and going to Greece, my Senior year, all the teachers that helped me in my course of study and my mom and dad.

MIKE BRADACH . . . I won't forget all the good times I had at the dances and football games, all the things I didn't list.

KEVIN BRAMER . . . Being able to be a part of a team, the friends I've known throughout high school.

LORRI BRAND . . . All the people I have met, all the good times I had, George, Office Practice.

SHELLY BRESEE . . . Telling off the Soph. class Pres., papering McKinney's lawn at 3 a.m. then getting caught, Fred's, Rosie, Casta, Bural and the Goon Squad.

JANICE BRIGGS . . . 1st day of soph. year, Doris, Psych 2, Leslie's birthday parties, school sit in, salads and sessions in 561, Princess bump, Hot Springs, all the crazy days and nights we had.

ROSE BRIGONI . . . The good times, bumpin around, doing the bump, meeting R.R., having the best of friends; Carol and Tina, Love and Pax always.

STEVE BROADBENT . . . The band when we won and lost, friends and fun, high school experience, being in jazz band, on Honor Roll, CSF, ASB club coordinator.

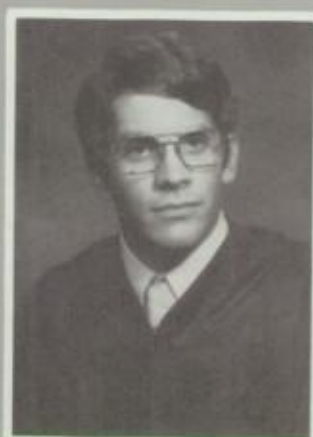
KAREN BROSKOWSKI . . . Lemon filled donuts with Doug, salads and sessions in 561, the drunk at



PATRICA BRIGGS



ROSE BRIGONI



STEPHEN BROADBENT



KAREN BROKOWSKI



DEBRA BROUSSEAU



CHERYL BROWN



VICKI BRUNO



BRENDA BUCK



JEFF BUREN



ADRIAN BURKE



BOBBIE BURRALL



LUCY CALVARIO

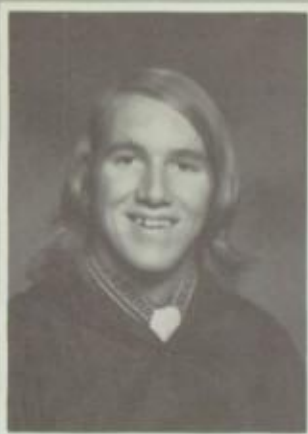


ED CAMACHO



GINA CAMPBELL

CLASS OF 76 HAS CLASS OF 76 HAS CLASS



PAT CAMPBELL



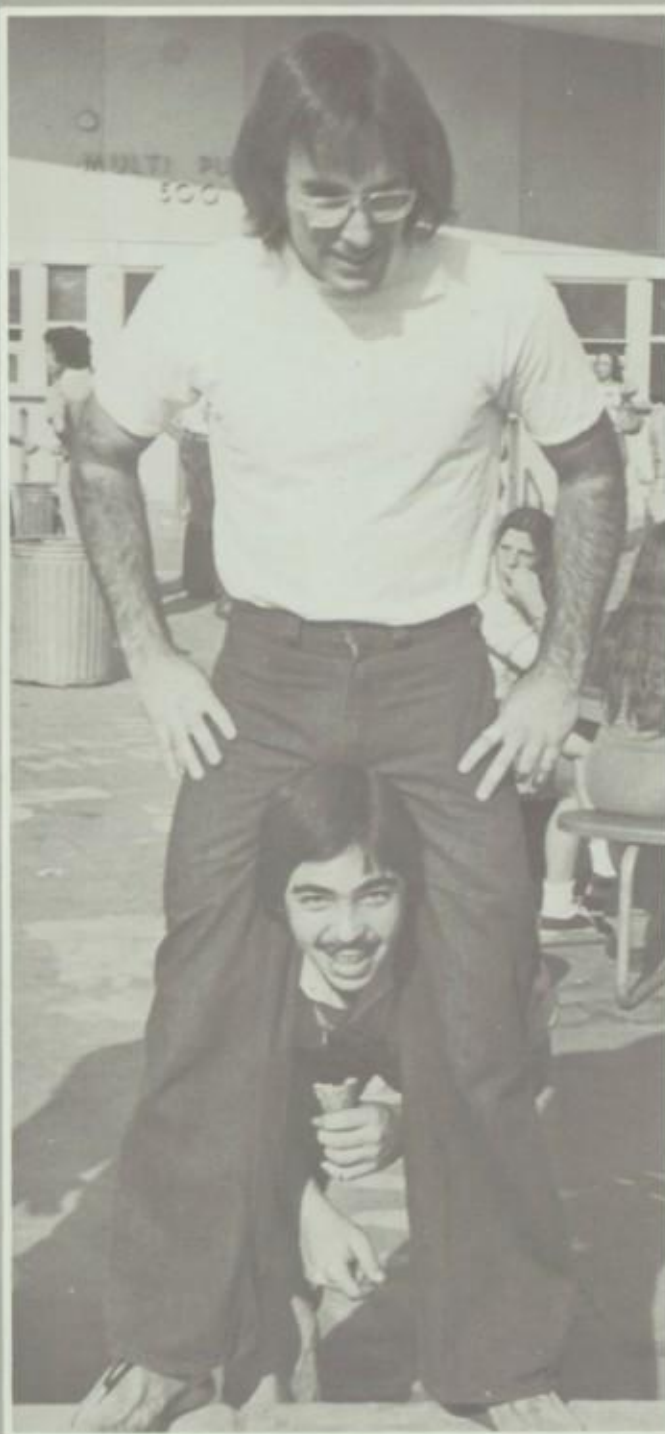
DEBORA CANDELARIA



GRACE CANNON



GLENN CANTRELL



TERI CASE



SYLVIA CASTANEDA



ALEX CASTILLO



DEBRA CHAVEZ



DIANA CHAVEZ



ROBERT CHAVEZ

I'll never forget . . .

D.T.I., good Friends, especially Debbie, Bo, Cathi, Frogs, Moons and Volvo's, Pr's b.a.

DEBRA BROUSSEA . . . Sitting in the car with the gang trying to decide if we're going to class or to Winchell's.

BRENDA BUCK . . . Homecoming, Hawaii '75, Ceramics and Oskin, raid at Ross's, Marina Palace, 1st day of tenth grade, friends made in my Senior year.

JEFF BUREN . . . Laurie, Havoc, Brea, Lunar and Schmidt, Toast Festivals, Roy Gallagher, Getting Squished, Squishing, T.F., G.G., Berklite, Ian and the Troll, Lake Powell and Captain Jefe', all the straight weirdos.

ADRIEN BURKE . . . Robyn and Smoke-outs, behind the wall, San Diego, Bob and Glen, Heart and Flowers, New Year's Eve '75!!

ROBERTA BURALL . . . The joke between me and Hutch, my special friends, endless ride with suede, all the insane times, MB, TC, BE, SH, and seeing Stewart and Arizona.

LUCY CALVARIO . . . The hypocrisy of La Mirada High School, and the "bust" at my house in '74.

ED CAMACHO . . . Mr. Gevirtzman, Mr. Dyer, Mrs. Jackson, Bob, and speechie sang.

DEBORA CANDELARIA . . . Lucy's wild party or yazmin ripped pants, all my friends at LMHS.

GRACE CANNON . . . The time when Kathy, Leslie, Teri, Sal, Mark B., Mark and myself went camping down at Redrock and got busted, going out for wrestling.

SYLVIA CASTANELA . . . All the good times I've had meeting '58 new and old Friends, The teachers I've had, the things I've learned throughout the years.

CLASS OF 76

I'll never forget . . .

ROBERT CHAVEZ . . . Buying an ASB card and losing it to my friends and getting another one for a dollar, being Duane "Allman" at parties all my friends.

DIANA CHAVEZ . . . The first day I checked into LMHS.

MARK CHRISTENSE . . . The day I saw the senior float 1st period as a masterpiece. Then third period it was a burnt up piece of tissue paper and ashes.

ANGELA CICI . . . My frosh year, all the friends I've met during my four years at Im, the day I met Mike.

VICKI CLARK . . . Friends and good times with special meanings, 1975 Hearts and Flowers and prom with Don. The seagulls using us as targets.

JUDY CLAYBAUGH . . . Ula and S.F. benchboys, wasted days and wasted nights, My party, friends Penny and Tina, Maj. 2 - 3, Honor Guard 5.

JUDY COLLETTE . . . The 3 1/2 sunbeams, making Easter Baskets, My first, only and last debate, Papering Dan Hills house, The first time Lori and I fell in the mud, all the gang.

KIM CONORER . . . Good times with friends, parties, July 4th '75, running from the narks, Mr. Quinn, getting into trouble with reed.

TINA COSTA . . . P.P.'S, library nights, Unis Phoebe, The great escape, grunion hunt '75, Seaweed, Boobie, Sharon, But most of all my partners in crime and best friends anyone could have, Rose and Carol.

MIKE COUTOMBE . . . Mrs. Littrell and Psych II, poker games at school with big red and the gang, Pink Floyd, Rod Stewart, Coach Tedder and baseball, special people, Evelyn and all my great friends, beach house and pool with the guys, graduation day.



76 HAS CLASS



KERRY CHRISTENSEN



ANGELA CICI



MIKE CLARK



VICKIE CLARK



JUDY CLAYBAUGH



ANTHONY CLYNN



PENNIE COCHRANE



JUDY COLLETTE



KATHY COMPTON



KIM CONOVER



TIM CONTRAMAN



BARBARA COOK



CLASS OF 76 HAS CLASS OF 76 HAS CLASS



TINA COSTA



BRIAN COUGHLIN



MIKE COULOMBE



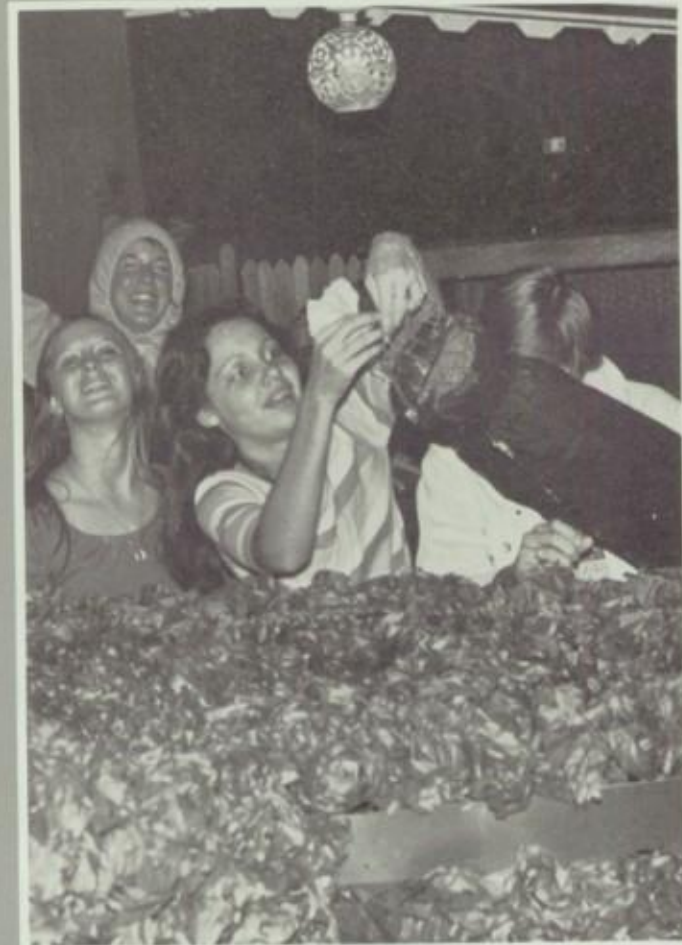
MARK COURTNEY



MELANIE COURTNEY



MICHAEL COURTNEY



TERESA CRAM



JOHN CRAMER



PENNY CRAMER



LAURIE CRAWFORD



LYNN CRIST



RICHARD CROSSER

I'll never forget . . .

MARK COURTNEY . . . 75-76 ASB President, Jr. Class Sgt. at Arms, Homecoming '75, powder puff, Varsity Football, soph. and Frosh with the big banana, Sr. most spirited Sr. girls, my best Buddy and being called court-talk or (Panilla) — Court-tog.

MELONIE COURTNEY . . . Mrs. Heagney's 4th bachelor-know-how, Tim, Mike, Barry, sr. float meeting, working in the snack bar, always being asked if Mike and Mark Courtney are my brothers.

MIKE COURTNEY . . . Yvonne, Mr. Vander Lindin, Mr. Hengler, The night I rolled my V.W. in school parking lot, Summer '75, Catching two-point conversation against Neff, Football Var., senior class president.

TERI CRAM . . . German III, IV, Johannes, Senior Float, All my Friends, The dances, Parties, and of course the teachers!

PENNY CRAMER . . . All the good times with Laurie in the Dodge, Bill and Jerry.

LAURIE CRAWFORD . . . Penny, ripping off with the Dodge — Dennis.

LYNN CRIST . . . The GANG, Peris lake Cabin, Oct. 17th, Nov. 1st, p. puff, grad. '75, Jr. Sr. V.B.C.I.F. G.A.L., an-staff, Rec. Phel. Free, Ca. Guys, dances, 18th Birthday, float, late nights at house, honor guard, people, THE SPIRIT OF '76 — feeling free.

RICHARD CROSSER . . . H.J.'S used Computers, Calculus I, Mr. Magnusson, Bill Anderson, Eddie Zeitler, "Rob" Weis, writing this on Computer output paper.

JUDY CULLEN . . . The ski trip at Mammoth, Mr. Shaw, Mr. Zemel, Mr. Le Grue, the riot at school, The Blue Moon, the '74 Rose Parade, camping at Lake Calhuma, going up the street and having good times with friends.



CLASS OF 76 HAS CLASS OF 76 HAS CLASS

I'll never forget . . .

DEBBIE CURTIN . . . Youngart, Bach, Harry, bologna, ducks, bubbles, bush, musk, Lyn-ass, Bird, car, Bones, River of '74, beach houses, Ski club, sophomore year, soph, Mountain trip, Honor Guard, parties, good friends and memories, old and new.

DAWN DARRIO . . . Being one of the three D's, all the days I cut, all the friends I made both students and teachers.

ALLISON DAVIES . . . Mr. B., Scott MacIntyre, band, parades, halftimes, Mrs. Rec, varsity tennis, Mrs. Jackson, Inside Out, CSE, junior year, prom, good friends and teachers at La Mirada.

TIM DAVIS . . . How much I enjoys LMHS, good friends and good teachers, Mr. Jones, football games, and food from the snack bar.

JEFF DEAL . . . The special times, The special people, sleeping in class, the way that Jim Fosmire talks and most of all that one special girl.

MIKE DELMAN . . . "5" friends, Nuren, Robbins, Wid., C.I.F. Basketball game, straight A's, the original "Spoon," Coach Moore, 2 on 2 championships, Newport craze, Frosh reserves, Prospect talks.

RICHARD DENNIS . . . My freshman year, my short football career, and making new friends.

ED DEPRIEST . . . Moria, San Anotnio, '74 Football, Coach Haggerty and Panella, Bellflower '72, New Year's at Weavers, old man in turnball, upstairs parking mornings with Micky, April 4-5 in '75.

DENNIS DERHOVANISIAN . . . The shot-up faculty, the Jar-Head department, A.S.S., the four I's, the facts of life and who taught me the beanness, the good times, streaking.



JUDY CULLEN



DEBBIE CURTIN



ROBERT CURTIUS



ROBERT D'AUSILIO



JOHN DAVIDHEISER



RANDY DAVIDSON



ALISON DAVIES



DAWN DAVIS



JEFF DEAL



SUE DECKER



ROBERT DELEON



ED DE PRIEST

CLASS OF 76 HAS CLASS OF 76 HAS CLASS



MIKE DELMAN



SHARON DINNerville



RICHARD DENNIS



ROBERT DENNIS



DEBBIE DERSCHAN



DENNIS DERHOVANISIAN



JOHN DERSCHAN



ROBERT DEVYLDER



MIKE DILL



STEVE DIRECTO



ROBERT RINGQUIST



DENNIS DIXON

I'll never forget . . .

DEBBIE DERSCHAN . . . Friends, Student Council, lunch in P.J.'s V.W., 4 years' tennis, Jr. yr., Proms, Hearts and Flowers, Mrs. Rec. football games, dances, Mr. Bruns, Jr. Honor Guard, working in the office with Mr. King and Miss Bowman, Mr. Sims.

SHARON DINNerville . . . Moving to La Mirada my freshman year, meeting the friendly people here, partying with my friends on weekends, realizing how happy I've been since I met George.

MELISSA DODD . . . Late night trips to lax, april in may, fromme and all his buddies, the printing press at norwalk, the breakings of many soft-petaled codes, the good smiles, the good people, and all the tiny but meaningful discoveries.

ROY DUNKLE . . . '35-troop, full-back draw, Jonie b.j., The baja bug at the hill.

MARION DUNKLEBURGER . . . All the coaches, true friends, parties and girls, teachers and the snake.

LORI DRASSO . . . Friends and embarrassing times.

SANDY ELKINS . . . Sue, Laurie, Julie, Janet and the rest of the psychos. The yellow table, primadonnas, catalina, the night of my sister's 21st birthday, osceola, Mark's c.b., Ken and the longtalks, everyone I've grown with these past four years, Dances, The concerts, The spoons.

ANDY ELLIS . . . Latin 1 and 2, new year's eve 1975, Liz, Angie, taco bell.

CHERYL FULGAHM . . . All my friends, especially Lucy and Shelly, 11th year carriage and pancake house.

ROBIN ELLIS . . . 3 years of Kevin Breece, Steve Baker's kiss, cranberry and batman, a fig that moved.

CLASS OF 76 HAS CLASS OF 76 HAS CLASS

I'll never forget . . .

ROBERTA ENDRES . . . Finding my class ring 11-19-75, berhinger, parties, The sit in, Yosemite 75, Salli, crazy things I've done, rod stewart concert, wilderness and my good friends.

STEVEN P. ESTRADA . . . friends, parties, dances and soph. football team, extracurricular activities, My soph party, All my best buddies and teachers.

VICTOR ESTRADA . . . Frosh fooach Jim Sims, Mike Olesiuk, Soph. football almost made it, parties every Friday night.

BRUCE EVANS . . . Getting lost in seal beach 75 grad. night, football memories, baseball memories, faulty screen doors, poker parties, Coach Haggerty, Panella and Tedder.

KATHY FAHLMAN . . . My special friends and how much they mean to me, a certain six months, losing π on VY, "bird," grad. 75 and mike, prom 74, good times in photo, fire accident, Span. 2 and Melonhead, Isabella, Beachhouse 75, Egg fight 74, Bio and Mr. Sims, jr. yr., car's Rambler, detours, ii Victory, nicknames, 17th surprise party, "dud and his gang," michel, special friends, my little sister, Judy.

BRIGID FITZPATRICK . . . Jr. Honor Guard, Sadi Hawkins Dance, collecting food for the orphanage and all the clubs I was in, my Friends, Roz, Eck, Chump, Nutta, Mor, Hi, Gil, etc. . . . Plus Mr. Bruns and all the Art class gang, everyone in Rm. 575, P.E. and at the Attendance office. Also every year here at L.M.H.S.

DIANNE FOOTMAN . . . My Mom and Dad for giving me the inspiration and the chance to expand my knowledge to its fullest capacity, all of my friends in Band, ASE elections, Parades '75, Choir 1 - 4, CSF 3 - 4, Drama 1 - 2, Mr. Brown and Mr. Magnusson for sharing their knowledge.

CHERIE FORTAIN . . . "My Secret Love" Cherie Fortain.



CHRISTINA DODD



MELISSA DODD



MICHAEL DODGION



LORI DRASSO



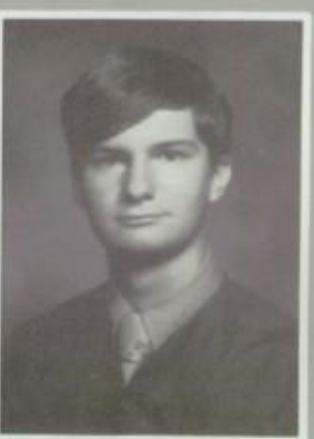
CINDY DUARTE



RAY DUNKLE



MARION DUNKLEBERGER



MICKEY EARLS



SANDY ELKINS



ANDY ELLIS



ROBIN ELLIS



ROBERTA ENDRES



STEVE ESTRADA



STEVE ESTRADA



CLASS OF 76 HAS CLASS OF 76 HAS CLASS



VICTOR ESTRADA



JEFF EUBANKS



BRUCE EVANS



LAURA EVANS



KATHY FAHLMAN



DEBBIE FIGENBAWN



KATHI FINCH



BRIGID FITZPATRICK



DIANE FOOTMAN



CHERIE FORTAIN



PATRICIA FOSTER



TOM FRANCK



MARK FRANTZ



CHERYL FULGHAM

I'll never forget . . .

PATRICIA FOSTER . . . Janitor night specials with Butch, b.j., Sharon, Keith, Connie, Rocky, Le Grue, Littrell, Sweden, Princess Bumpers, Psych 2 class, float times, Los Coyotes bang, "Bananas" Sims' Learning to achieve, grow, to love, finding myself as a good friend, Mark, smiling faces, happiness in Sachel, and Knowing a peacefulness from within.

DEBBIE FOTION . . . Meeting Kary, my best buddies Karin B. and Kathi G, Mrs. Littrell, Mr. C., Mr. Le Grue.

TOM FRANCK . . . Frosh-Soph. Football, Elephant, Soph. Beach Trip and River Trip, Lunar and Schmitt, Toast Festivals, Brea . . . Hi Mom . . . Wizard of Oz, J.J.F., Nasty Gashes, Captain Jefe, Me Home, part of Tom's . . . Hi Dad . . . getting my car ripped off, Garbanzo, picnics, Kling, chess, running up the tab, my First ex, Leo?

DOUG FUNDERBURK . . . Shelly Whiting, 9.5, B.M.W. (Foxy Lady), Jimi Hendrix, the zombie at Thriftmart, slave auction, Dan, Drew, freedom, Peace, most importantly, good friends.

LORI GANDEE . . . Rod Stewart concert: Berhinger Park: Shalamar: sit in: Wilderness: pulling Christmas trees with my car: class of "76" all the great times with the gang on Fri. and Sat. nights: parties.

SABRINA GARRETT . . . Our exchange student, Patricia Berduge, from Costa Rica; The Gully Gang; Rick Peterson; Jimbo's Garage; partying all night; friends at LMHS.

KATHY GASTELUM . . . Crashing through the fence with Kerry V. meeting Craig Young, look at the moon and the Volvo, Lura's surprise party "Lisa Bassett" my best buddies, Karin and Debbie, Jole and Mona, how great Mr. C. and Mr. Hollis are.

CLASS OF 76 HAS CLASS OF 76 HAS CLASS

I'll never forget . . .

MIKE GEE . . . Mr. "Biceps" Gevirtzman, Bob "Jello" Pacillo, teacher, friends and the speeches, the good times in forensics with the speeches, the good times at La Mirada.

ROBERT GOETZ . . . Chemistry, roulette, and distilled water bottle fights; lab conventions; non-snow trip; Carl's for lunch; dances; class of '74; friends; and most of all Legforty.

MARTY GOMEZ . . . San Eljio at Easter, river on 11th of July, bust of '74, Homecoming week, and all my crazy friends.

JON GREEN . . . Ceramics, and Mr. Oskin, all the parties during school, especially the Ross Bust of '75.

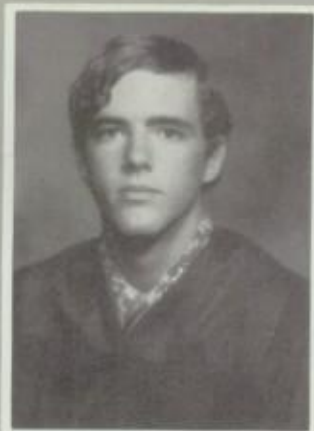
TY HAGENSON . . . Var. football, back packing to San Geronimo, monto, fruit fight, Coach Haggerty, Mr. Wizard.

TERRY HAGGERTY . . . Winning two S.G.V.L. titles in football, dances, friends, watching the "snake" get hit by milk at lunchtime and watching David O. get a free milkshake all over his suit.

LAURA HALL . . . Coming to L.M. my junior year, Ralph, C.B., weirdo, twirp, auto 1, Our yellow table, and everything I've learned in the past two years.

THERESA HAMMARGREN . . . How friendly La Mirada was to me, coming as a new student, camp, whitmann, hawaii, and friends, all those wet laughs, year-long crushes, first dance, the table gang, tennis with Mrs. Rev, Becky Mark and friends.

TRACY HERMAN . . . Band 1 - 4, parades, band banquet, Mr. Bonebrake, Mr. Glasscock, Mr. Le Grue, Las Vegas, hawaii, parties, S.F. with C.Z., S.D. with K.B. "The Arizona Kid"



DOUG FUNDERBURK



LORI GANDEE



KATHY GASTELUM



ROBERT GOETZ



IVY GOLDFISHER



TERESA GALLEGAS



SABRINA GARRETT



MIKE GEE



CHRIS GIBSON



PAULA GENKOS



JOLE GOFF



MARTY GOMEZ

CLASS OF 76 HAS CLASS OF 76 HAS CLASS



MIKE GONZALES



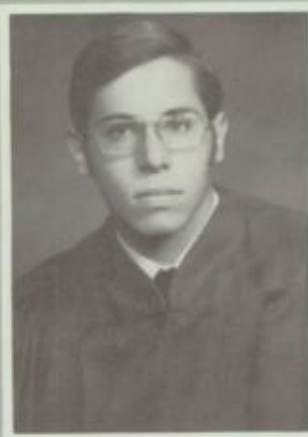
STEVE GONZALES



MATT GOODEN



JON GREEN



LESLIE GROOM



PATTI GROSS



RICK GUARD



SANDRA GUTIEREZ



TY HAGENSON



TERRY HAGGERTY



LAURA HALL



THERESA HAMMERGREN



PAULA HAMMOND



STEVE HAMRA

I'll never forget . . .

LES GROOM . . . The corner table in library, burning of the "76" float, '73-'74 and '74-'75 undefeated football season, the nonsense magazines, the fly that buzzes around my head in English, my 3-6 debate record, and "I want a new lab partner."

PATTI GROSS . . . Friends in frosh year, papering Mr. O's car twice a week, "the kidnapping", summer of '75', this is not a fotomat, '74-'75, proms with G.L., painting the school, homecoming floats, powder puff, and Greg.

SANDY GUTIERREZ . . . Becoming a senior and graduating, Mrs. Phelan's 10th grade P.E., friends, typing 1-2, junior honor guard.

LESLIE HANESS . . . Homecoming '75-'76; Psychology II; Mrs. Littrell, ceramic class, redrock; my 16th birthday; "into white" with Carol; 1st day of soph. year; honor guards, and all my buddies and the crazy times we had.

BRUCE HANSEN . . . Bobby wheels; hengler; ASB campaign, basketball '76, Jr. year graduation; 50's dance; 2 on 2; monnzo; pistol; jonsey; newspaper walkout; slave auction; Beatles; here and now; wizard of oz.

ALAN HAPP . . . "hot" nights at taco tienda, when my car stayed running, cookie throwing contest in Mrs. Jung's class, and my friends.

LYNNE HARP . . . Saving Jenny from the pool . . . Lucy's party and taking Caryn's tennies. Never forget Mrs. Rec.

MIKE HARTLESS . . . The milk fights with the jar heads.

CINDY HARRIS . . . Jeannette, Debbie H., Debbie C., Linda, Val, Kathi, Denise, Pat, Jodi, Pam, jacks or better, Drove to newport w/ Deb; saw cata first and only time that summer, Beachouse '75, butterfield, cabins '74-'75, base diamond '75, mammoth; Jodi and Pat riding the waves, baja, sal, Mark B.

SENIOR MOSTS...



1

... Twenty-four favorite Seniors chosen by the Senior Class, in twelve different categories.

This year's graduates have chosen Bruce Hansen and Brenda Buck as "Best All Around." They were chosen not only because of their involvement in school, but also by their looks, personalities, and as the

two most outstanding students at school!

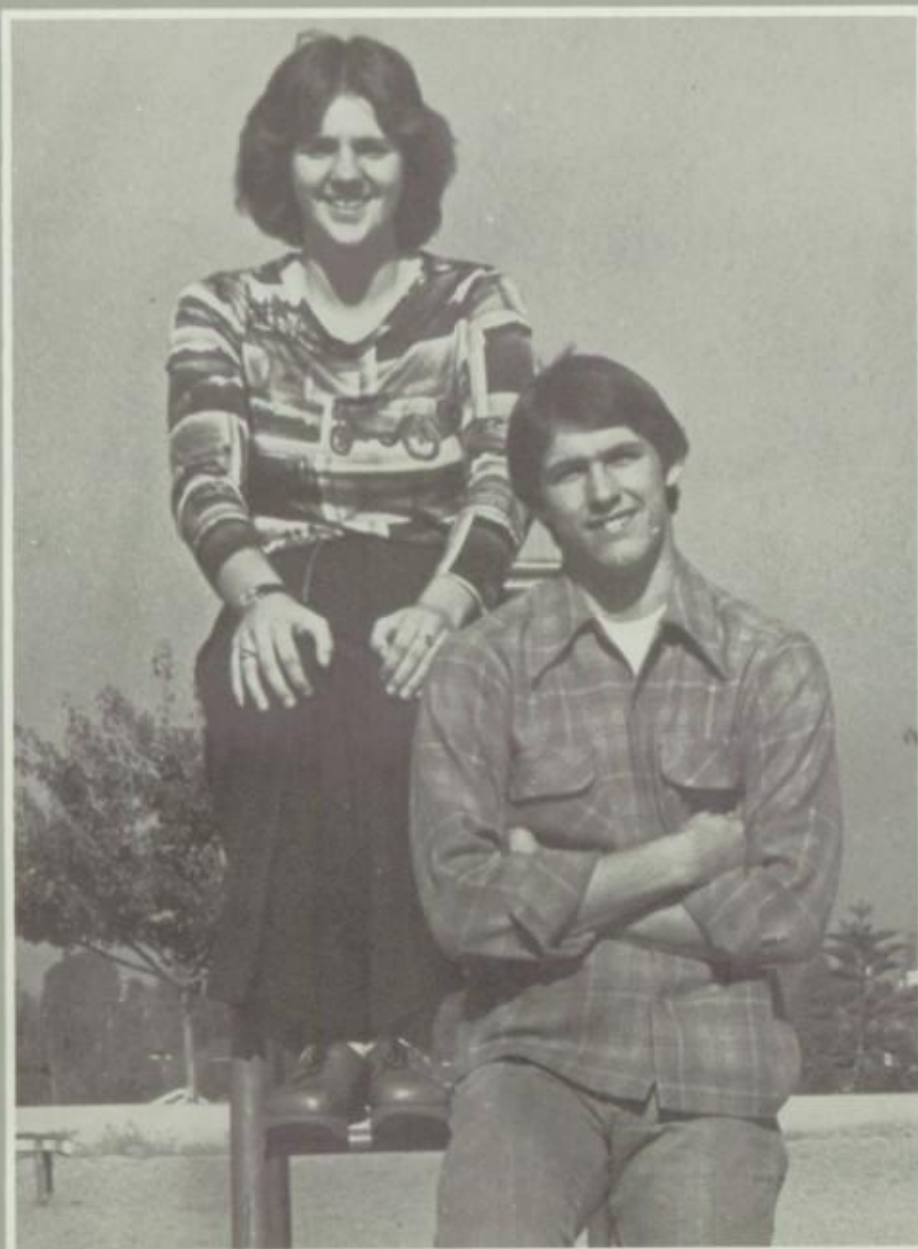
Congratulations to (2) Artie Valero and Bev Wisniewski, "Best Personality;" (3) Kevin Bramer and Linda MacLeod, "Best Physique and Figure;" (4) Rande Scott and Sharon Lehosky, "Most Athletic;" and (5) Mike Tackett and Leslie Haness, "Best Looking."



2



3



4



5



1. Dennis DerHovanisian and Karen Sharp, "Most Humorous;" 2. Dan Wolfe and Terri Weiner, "Most Likely to Succeed;" 3. Mark Courtney and Pat Foster, "Most School Spirit."



MOSTS



4. Mark Lehner and Pam Lynas, "Most Off the Wall;" 5. Mark Belzowski and Marty Gomez, "Best Smile;" 6. Sal Baldomer and Debbie Curtin, "Best Dressed;" and 7. Terry Watkins and Debbie Hernandez, "Class Flirts."

CLASS OF 76 HAS CLASS OF 76 HAS CLASS

I'll never forget . . .

Bill and Rene, Class of 75, 2nd per. P.E. Ruth, Laurie, Karen, Colleen, Shelly, Elly, Teri Anderson.

DIANNE HARRIS . . . 1975 Dance Concert and dancers. Mrs. Gavis and Mrs. Dinmore especially best friends. Rick Bowder.

DANIEL HARVEY . . . Working with Coach Haggerty and Coach Panella and all the guys on the Varsity football team this year.

DOUG HASTINGS . . . Buying a slave, making and hanging posters, "the run," Coach Moore, The 22 lines "mallets" "rocks" "chew" chemistry labs — Mr. Magnusson, sr. and jr. Friends.

CASSANDRA HAYES . . . All of my special friends I met during high school.

PAT HENESEY . . . All my good friends, Carls Jr., Metal and auto shop with sparky Whittier blvd., football games I missed, weekends at 'Truckin' Pizza.

DEBBIE HERNANDEZ . . . Learning what true friends are, Freshman parties, snow trips, being on J.V.'s, Newport bust '74, Baja, eating at Odies', breaking my nose, Lee Carillo, sailing, monkeys in the shower, summer of '75, Budz and close friends.

DAN HERSHEY . . . All my teachers, I want to do the Lord's work, all the dances, parties with all the girls, and Debbie.

TAMMY HERZBERG . . . Mr. Gwyn, Mrs. Thies, Ran Hovely, and my love for Greg.

KATHI HIBBS . . . Salads and Sessions in 561, DTI, Powder puff football, honor guard, Ski Club, Wrightwood, parties, 16th B. D. Camanche, Oceda, and Hawaii, beach house 74, soph. mt. Trip, bringing Sr. float to



LESLIE HANESS



SUSAN HANKS



BRUCE HANSEN



JEFF HANSON



ALAN HAPP



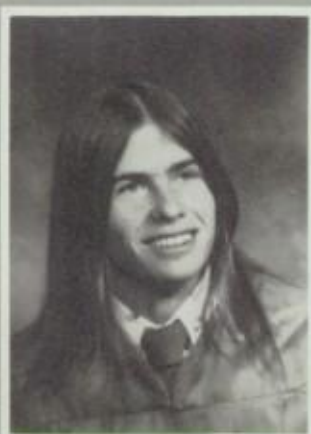
SHERRI HARP



CINDY HARRIS



DIANNE HARRIS



MIKE HARTLESS



DOUG HASTINGS



RON HATRIDGE



CASSANDRA HAYES



GISELE HEDGE



PAT HENESEY



TRACY HERMAN



DEBBIE HERNANDEZ



CLASS OF 76 HAS CLASS OF 76 HAS CLASS



LOUIE HERRERA



DAN HERSHEY



TAMMY HERZBERG



KATHI HIBBS



KEN HICKS



ROBERT HIGGINS



CATHY HIGH



DAN HILL



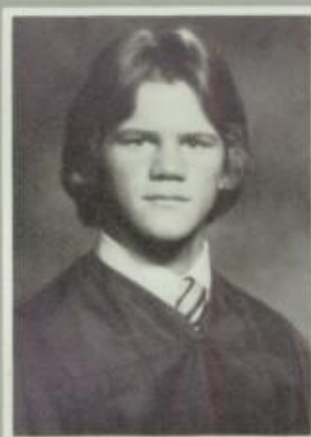
JEFF HOGAN



KEN HOLMES



DENISE HOOVER



JOHN HOPPER



JAMES HOUGHTALING



LARRY HUDAK



I'll never forget . . .

middle of the school, good friends, and Doris.

KEN HICKS . . . Friends, scuba Class, confetti at football games, people in Spanish 2, English 1 classes, first day in high school, the all summer, cinematography class, the all-summer cinematography class film that was never finished, Elton John concert, new car, B and R.

ROBERT HIGGINS . . . Amer. Lit., football games, friends, P.E. class with Mr. Jones' sophomore and senior years.

CATHY HIGH . . . How L.M. was before, and good friends.

DAN HILL . . . Hengler, Leo Haggerty, David O., Uncle Norm, Uncle Sam, and Cinderella Liberty.

KEN HOLMES . . . the good parties in the Hills' class, and the run through the golf course with the cops chasing us down in their cars.

SUSAN HONKS . . . R.O.P. Class Fashion and Merchandise, most of all last year's Prom.

JOHN HOPPER . . . L.M.H.S., A, B, C, how to swim, Uncle Maggie, chem, study films, Mr. Tedder, Summer of '73, Hearts and Flowers '74, Downey, Greg, Claudia and Carree combos.

DENISE HOOVER . . . Freshman and senior years at L.M., R.E., J.F. and Mrs. Rec., Beating Neff in football, all the crazy people here.

ROBYN HOSSFELD . . . Mr. Gwyn, Abe and friends, How phony this school is!

JIM HOUGHTALING . . . Camache, Osceola, Hawaii, with T.K. A.M. K.H. T.J. trips to Whitter Hills.

SHARON HUTCHINSON . . . Insane friends, when I burned my bra, and T.T.K.B., and seeing Stewart, sur-

CLASS OF 76 HAS CLASS OF 76 HAS CLASS

I'll never forget . . .

viving the California jam with friends.

CAROL IGLE Good friends esp. Rose, Tina, Ralph, Hawaii '75, Carriage library nights, Ceramics, '74-'75 dance contest, Psych II, Oskin, Doris, my 15th, into white with Les, Terrie's Parties, salads and sessions in 561, DTL, Honor Guard, Osceola, night before Rod Stewart.

DOROTHY ISELI All the cutting, being one of the three D's, all the friends I made, Miss Phelan, Mrs. Freeman, Mrs. Huntley.

STACY ISREAL Being the rich girl even though I only had 28¢ to my name, Palmer Parties, Stone a rama, true friends, the games people play.

JEFF JAMES Friday night with the mob, Mrs. Wrede, Mrs. Dinnore, Mr. Barnes, the things I have learned from them, swimming alone after school.

JODI JANKE Beach houses, cheerleading camp '75-'76, cabin in the mountains, riding the waves, the stick dance, freshman and sophomore parties, good times with Jim '73-'74-'75, The clique, pep units, '74-'75 Varsity Yell.

CHERYL JEFFERSON My Soph. year, Friends, stretch o matic and my Little Huzza.

BRAD JESKEY The exploding trash can at snack, late night on Foster Rd., big Chuckey, The lock that would open with a twist of the wrist, Omega Steve, Mr. Le Grue, my triple on my arm, Alex, Little Hank, the gum strap for Rick and hot chocolate at 3:45 o'clock in the morning for a class ad section, the same 5 faces in ad pix.

JEFF JOHANSEN Special friends L.M. and T.C., Yosemite, Basketball.



ROBIN HOSSFELD



STEVE HURLBERT



KAREN HUTCHINSON



SHARON HUTCHINSON



CAROLIGE



DOROTHY ISELI



STACY ISRAEL



CHERYL JAMES



JEFFERY JAMES



JEFF JANKE



JODI JANKE



NANCY JANKOV



MIKE JANOSZ



CHERYL JEFFERSON



CLASS OF 76 HAS CLASS OF 76 HAS CLASS



SHERRY JEFFERSON



JALINDA JENKS



BRAD JESKEY



CHARLES JOHN



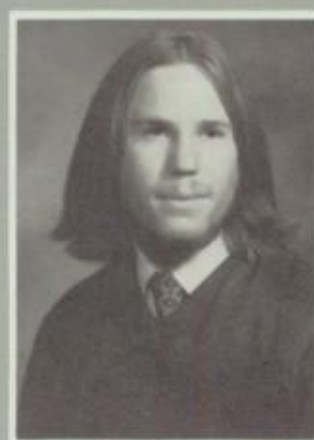
JEFF JOHANSEN



PAT JOHNSON



RICHARD JOHNSON



CHUCK JORDAN



LISA KALAJIAN



MARK KAMERER



KATHY KAMPEN



VIRGINA KELLEM



TERRIE KING



JOSEPH KITTIKO



SHERYL KNOTTS



AL KNUDSON

I'll never forget . . .

PAT JOHNSON . . . Beach houses, Lake Isabella, '75-'76 Varsity Yell Squad, friends and most of all "73."

RICHARD JOHNSON . . . The Mexican wars, The riot, The great race, giving Coach Sims 12 pounds of bananas.

CHERYL JONES . . . This school and the two ulcers it caused me, The 2 wks. of July, all my friends and teachers, Mike Ruck.

LISA KALAJIAN . . . Allen, Keven, Tom, Steve, Bernie, Roger, Fred, Good Old Bill, good times with Sue, my freshman year, my lousy grades, nights at Mc-n-Eid's with the gang.

KATHY KAMPEN . . . Good friends — Teresa, Pam, LaDonna, Chris, Sheryl, Lisa, and Tom, football games and the fun weekends we had, Mrs. Farber and Mrs. Huntley.

TERRIE KING . . . Sophomore mountain trip, The year our teachers left, Powder Puff Football, Girls League, "The Click," my real friends, La Pluma and most of all Sal.

AL KNUDSEN . . . The gang fights, riots, Bach-Know-How food fights, The uniqueness of the class of '76, Mr. Zimmer and his tricks, LMHS vs. NHS football games and dances, rowdy dances and concerts, Soph. football team, water fights and explosions in chemistry, And overall the special changes in my life.

CATHY KOSMAN . . . Nanny Doodly, all my crazy friends, my 17th birthday, dance production.

TAMMY KOZAK . . . Sharon, Karen, Cindy, "The Worlds Best Friends," me and Karen's skiing trip.

JUDY KROHN . . . Led Zepplin in San Diego with Adrian, Tami, Patti, Dee, also being 21 in Hermosa Beach for a week with my sister.

CLASS OF 76 HAS CLASS OF 76 HAS CLASS

I'll never forget . . .

KIM LANE . . . Almost getting busted with Bill, Ron and race in the Heights. All my friends and Bill.

JON LAURITZEN . . . All the friends and good times.

STEVE LEARY . . . Class of '76." Close friends, Varsity Wrestling, Coaches Sims and Donvito, Mark Lehner . . . Beach house, Redrock, Midnight Four, Chimpo, Panda, zoo, Saly, Marky, Girls.

SHARON LEHOSKY . . . Pres. of G.A.L., beating Bellflower and CIF playoffs in vb, Mrs. Freeman and P.E. staff, fighting for recognition of girls' sports, Las Vegas, Placing every parade '75, Uncle Rex, Herbie the worm, beating Neff 3 of 4, school spirit of '75, Being ash vp, Student Council, Mr. Sims, Mr. Brown, powder puff float, class of '76 sophomore click.

PHILLIP LENAHAAN . . . Mr. Simon, Mr. McMasters, p.e., Coach Pud, fun in football, football games, Coach Haggerty, my nickname.

ALLISON LEVIN . . . Hotch-cha-cha, People who'd rather be flying, Taking tickets for Sims, Smiling on Monday, Mr. Dick Le Grue.

LILLIAN LUCERO . . . Meeting Anthony, celebrating my sixteenth birthday, the little trip, Diane, Zolia, Debbie, and I took in our soph. year, the picnic at the park with all my friends and our softball team that came in last place, all the ditching parties, especially Lucy's.

PAM LYNAS . . . My close friends, how we got along and how close we were, summer of '74-'75, beach, MacLeod's party all night with D.W., Jailbird Deb., skiing into trees backwards, Steamroller Blues, soph. parties, Denise and I at the toilet, beach house, Jerry Lewis Dance, Tom and Cherly, slumber parties, being Honor Guard, and most of all DON!



CATHY KOSMAN



TAMMY KOZAK



DAVID KROFT



JUDY KROHN



PAT LAGERBORG



KIM LAKE



LYNNE LANCASTER



KIM LANE



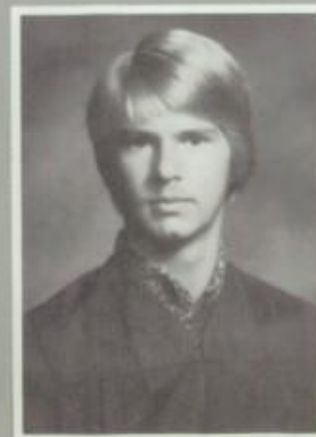
PAT LANE



JON LAURITZEN



CAROL LEE



STEVE LEE



MARK LEHNER



SHARON LEHOSKY

CLASS OF 76 HAS CLASS OF 76 HAS CLASS



ALLISON LEVIN



TRACY LINCOLN



JEFF LITTEN



LILLIAN LUCERO



PAM LYNAS



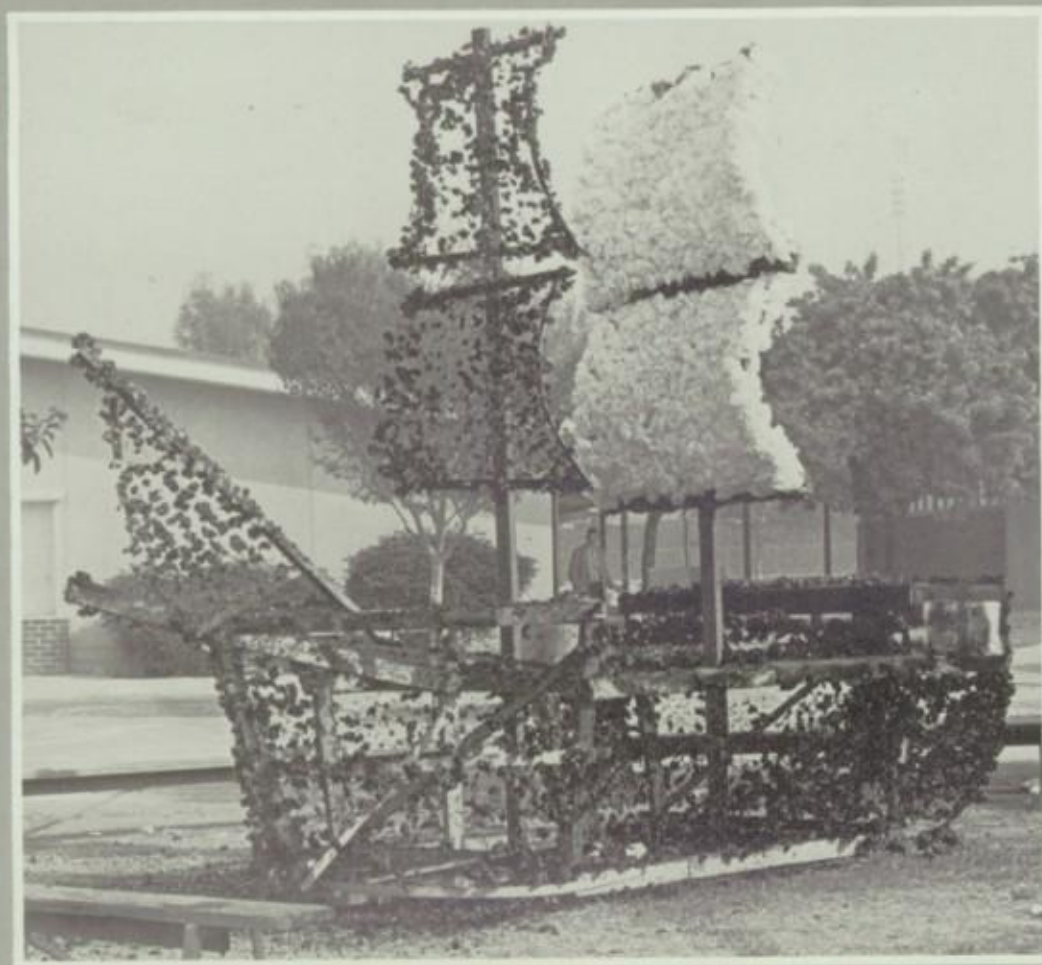
JAMES MacDOUGELL



LINDA MacLEOD



KEELY MALBY



BRIAN MANIGAN



RUBEN MANRIQUIZ



KEN MARION



JAMIE MAROLT



KELLY MARRS



LAURIE MARS

I'll never forget . . .

LINDA MAC LEOD . . . River '74, Isabella, water-skiing, Butterfield, and the two cases, Wrightwood, getting snowed in at Big Bear, Mammoth trip, soph. football games and parties, Girls League slumber party, the well, detours with Bach, and all my friends, my 16th Birthday, my friend Rick, Honor Guard, Graduation '75, Prom, and Biltmore Suite '75 with "Tom Musk."

KEELY MALTBY . . . My sophomore year, Pat's parties, Lisa Robyn, Abe, Terry, missing at Bow and teasing Doug Fullam.

BRIAN MANIGAN . . . Friends, the old Latin II class, American Lit., first day at La Mirada, going to football game, new car, winning the Chemistry Award.

KEN MARION . . . D. Little, Psych. II, diving with Mark, Claude, and Andy, Pool and poker games, Pink Floyd with Mike and Dan, all four years, Maria, Sue, graduation.

JAMIE MAROHT . . . MAMMOTH Ski trips, A.S.S. Weekly, Good Fry-days, hollow wavers, Jonis, B.J.S., Lilly's F-40, and all those tied up days, M. G. Berklite, K. S.

KELLY MARRS . . . Trio camping trio, Varsity Squad, all my friends, powder puff games and my senior year.

RUEBEN MANRIQUEZ . . . Tied up days at school, last day of school '74, at Fred's house with officer Arnold, Mr. Olesiuk, the day in ROP Jon found a case of Bud and didn't tell Gwyn.

CARLINE MASTRO . . . Lynn, football game soph. yr., Randy and Turgeon, graduation '75, GL '75-'76, Pink Rambler, river '74, danish delights in Europe '75, Hanks, Doherty, Finch's first love, Scott A. at P.B., Groovies, grad. '76, "Chuck."

CLASS OF 76 HAS CLASS OF 76 HAS CLASS

I'll never forget . . .

TONY MATTHEWS . . . All the great poker games I lost in, my friends at school and away from school, especially Diane, nights after work at Tru-kin' Pizza, the trip to Mammoth, varsity baseball.

CONNIE MATTSON . . . Times with Willy, Children's Show, Rita, Deb and Cookie, Peyton Place in 2nd, Janice and Jeanne's chicken fights, Grad. 75, Honor Guard, Soph. Yr. and good times.

LAURA MATUS . . . Ken, all the great times we had together, all my friends, the troubles, the fun, the good ol' corner, Xmas 74 and my jr. and sr. years, Mrs. Rec and her anxieties over our tennis and the many friendly people at LMHS.

CINDY MCBRIDE . . . My friends and the good times we had.

ROSE MCCLELLAND . . . Mrs. Phelan, Mr. Simon, Mr. Bruns, Jr. Honor Guard, "75 sit-in," Frosh and Sr. year, my friends Linda, Rita, Ginger, and Mary and other friends, when Mrs. Freeman fell in the pool.

CINDY MCINTYRE . . . Frosh year making new friends, Psych. 2 with Mrs. Littrell, Hearts and Flowers with Peter, my soph. year, 3rd per. sit-in, Elton John with Heidi and Glen.

PAM MCKENZIE . . . My friends, especially La Donna, Summer of '75, the D-I's, the "One" Saturday night, Pep Units and Jr. Honor Guard.

RICHARD MEDINA . . . the things I did during my four years in HS, football 2 years, cross country 1 year, track 3 years.

CRAIG MEO . . . Football, Sims, Tedder, Secoda, Olesiuk, JV "F-troop," Vicki.

JULIE McMEEKIN . . . Mr. Hollis and my woodshop class, all my friends thru the years at LMHS.



CARYN MARTINEZ



CARLINE MASTRO



TONY MATTHEWS



CONNIE MATTSON



LAURA MATUS



CINDY MCBRIDE



DAVID MCBRIDE



MARCELLA MCCLELLAND



ROSE MCCLELLAND



SUE MCGINN



CINDY MCINTYRE



PAM MCKENZIE



DAVE McMANANA



JULIE McMEEKIN



CLASS OF 76 HAS CLASS OF 76 HAS CLASS



JIM McNAMARA



RICHARD MEDINA



ALBERT MEDRANO



CRAIG MEO



RUTH MEO



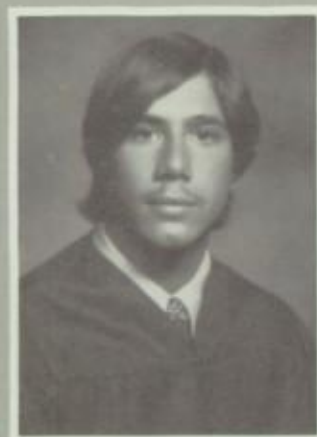
MIKE MINAR



LIZ MONGE



PATTI MONIAN



BRETT MOORE



RICK MOORE



DALE MORIN



CATHERINE MORLEY



TAMMY MORRIS



TONY MORRIS

I'll never forget . . .

JIM McNAMARA . . . Cheerleading at Powder Puff pep rally, Soph. year in track, VP Bowling club, New Year's Eve of 75.

DAN MILLER . . . Parties, girls, cutting school with my buddies, Santa Ana and Large Tubes, being in drafting, bio., chem., physics, alg., Geo.

MIKE MINAR . . . Foster Road and a few other spots, after the football games, Miss Ito.

LIZ MONGE . . . "The Gang," "The Midnight Marauders," Song, GAL, Cabin, Powder Puff, Homecoming Dances, 16th birthday, float building, Ca. Guys, Grad., parties, kidnapped, games, mountains with T.C.

PATTI MONIAN . . . Wasted days and wasted nites, Carlsbad 74, Newport 75, 15-ft. waves surfs up, Shelly T., country spirit surf flag, my big brother, SE and all the good times.

BRETT MOORE . . . End of soph. yr. parties, Tackett's party, 50's dance 75, good times, Elena N.

RICHARD MOORE . . . Mr. Hoefer, Mr. Berklite, being able to graduate after failing 5 classes.

TAMARA MORRIS . . . Hot Springs 75, Leslie's birthday parties, walking to parties 73, the Proms, Laverne, Tom Bowen, ceramics, most of all, "The Girls."

GREG MOYER . . . The 2 years on varsity baseball, going to Newport with "Sted" and the "Bru," Laurie.

LAURIE MOSS . . . Mr. Stavrides, Miss Phelan's 3rd period class or Miss Phelan, all the good times with Doug.

LAURIE MUNCY . . . (together, together), Ian and the troll, all the LM wierdos, soapy cucumbers and Havoc, special people, holding world's record of tardies.

CLASS OF 76 HAS CLASS OF 76 HAS CLASS

I'll never forget . . .

DENISE MUSGRAVE . . . Great times with friends, G.I. Slumber Party, soph. football, '75 river trip, Isabella with Jane and Mac, camping at Leo with Deb, Powder Puff, SNOW' trips, well, beach houses, FOX, concert I didn't see, and my good friend Rob.

TERRY MUSSIO . . . All the groovy, cool local type people and parties, also surfing with Head, Spud, Schultz, and the rest of the gang.

JIM MYRTUE . . . How wasted a school can get in 4 years.

RITA NAJARINA . . . Making it on the Principal's Honor Roll, freshman year, PANTON PLACE, Mr. Bruns, Mr. Simons, Miss Phelan, and all my friends, '75 sit ins, '76 class, and Jr. Honor Guard.

GLORIA J. NEIDLINGER . . . Mrs. Ridley and Choir, Mr. Bonebrake and band, Mrs. Littrell, Mr. Dinmore, Tom Calderwood, Laura Campbell, Shar Harris, Anne Amato, and all the neat times.

BETH NOAH . . . All the cutting I got away with, all the times I sat in the office waiting to get in trouble, My Soph. and Sr. year, The gang, and Mr. McGrue.

STEVE NOWAK . . . Playing roulette in Uncle Maggy's Class, Tying up freshmen in electronics.

SEAN O'BRIEN . . . All of the friends, and parties, and enemies, and parties, good times and parties, and bad times and parties.

TERI OCAMPO . . . Mrs. S., D.L., all my close friends, camp, banquets, long raps, jr. year, Summer '76, The "Swamp" and upside down hills, Snoppy, Bernie, Mouth, Sylvester, B.W., A.L., Psych, March's picnic in the rain.



GREG MOYER



LAURIE MUNCY



KATHY MUNIZ



DENISE MUSGRAVE



TERRY MUSSIO



RITA NAJARIAN



ROY NASH



GLORIA NEIDLINGER



MARK NELSON



DAN NEWELL



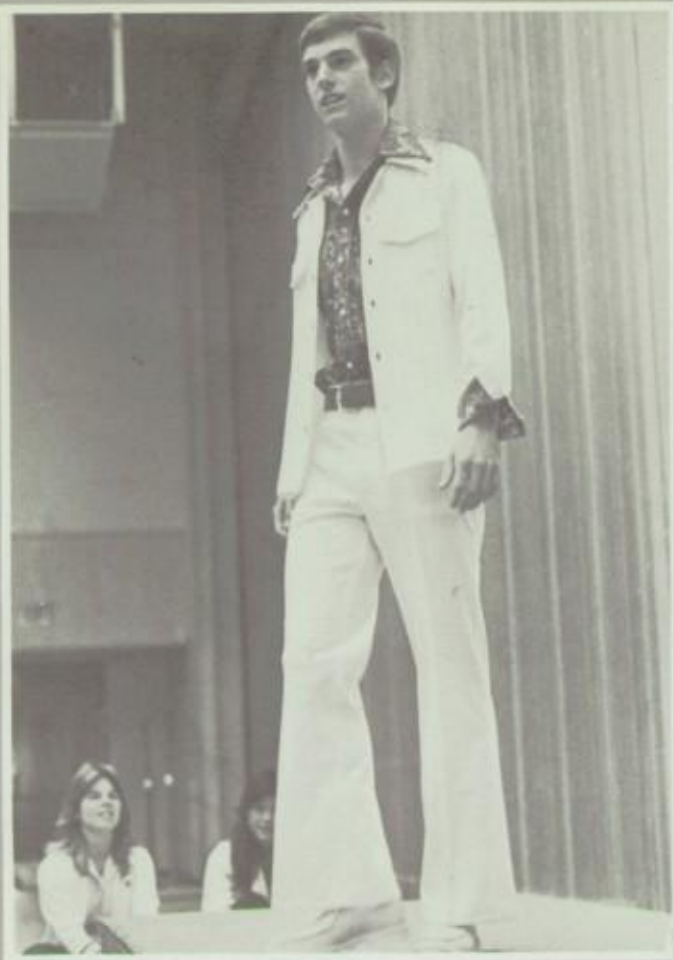
BETH NOAH



CLASS OF 76 HAS CLASS OF 76 HAS CLASS



STEVE NOWAK



TERRI OCAMPO



KATHLEEN OLIVERI



KATHY OLSON



KEN OVIATT



MARIA OVIEDO



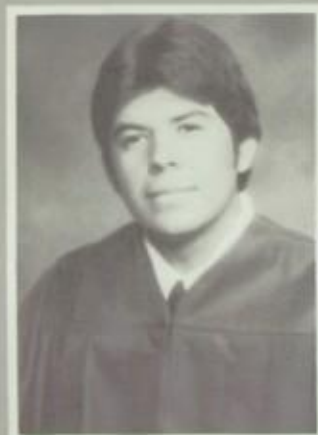
VALERIE OWENS



MARK PACK



TONY PARKER



JACOB PATLAN



RON PAYTON



KIM PEGLER



JIM PETTENPILI



STEVE POLLAN



KATHLEEN PONTUIS



CANDY POOL

I'll never forget . . .

KATHY OLSON . . . My soph. and sr. year, the good times I had with Janna and Val; my favorite teachers, Mrs. Farber and Mrs. Huntley. My last year of high school.

KEN OVIATT . . . Weekends at Truckins, River Trips, my first car and my first truck, poker games in school and at home.

MARIA OVIEDO . . . My weird friends and my freshman year.

VALERIE OWENS . . . River of '74-'75 and all lake trips and detours with Mac and Musk, all my friends, my Jr. year, '74 dance with Seagull, Powder Puff, Butterfield with Turg, Harry and Mac, regional park, parties, and graduation of '75, skiing Mammoth trips, Silverwood pyramid, Wrightwood and being snowed in at Big Bear, egg fight on Halloween '74 in Carlene's Rambler, Beach house '74-'75, Mizzouri Foxx, Honor Guard, Ski Club 2, G.L. 3-4, La Capa 3-4, Graduation of '76."

MARK PACK . . . D. Littrell and gang in Psych II, D.T.L.; Sandy's C.B., Sue S., Ken M., Leisha, getting an "A" in Trig, diving with Ken and Claude and Andy, Newport 18th Street, reclining bucket seats, all my hair, 8 ball poker parties, papering K.M.'s house, all the pizza's I messed up, the crazy gang at work.

TONY PARKER . . . Everybody, Crescent Bay, the meat market, going to '74 in the mornings, annual, "Symbiosis," "Uncle Maggie," dances, Birdie, going squirting and doing nothing.

JACOB PATLAN . . . Chemistry, Physics, Mr. Magnusson, the zombie in front of Thriftmart, tennis, friends, poker games, Rio hondo, Dino's, good Times.

KIM PEGLER . . . Great Friends, concerts, Hawaii, parties, Oct. 10 and all the good times at the beach.

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I'll never forget . . .

JIM PETTINGILL . . . Getting high before school, cutting class and trying to make it to Miss Sherzer's 3rd per. with The Fonz, Cowgirl, Primo, Cricket, and J.D. and Sam, all the happy days!

KATHLEEN PONTUIS . . . Danny Hershey, living in Neff district, and getting away with it, writing on T.H. locker, Dave Kirk, being in love with G.K. and M.A., Lura surprise party, My pals Mike Homan, and Kerry Vandaveer, watching Mark Anderton streak at Neff, giving Neff guys a B.A. at Halloween, my year at L.M., Mark Courtney.

CANDY POOLE . . . All my friends, the Carl's gang, Friday nights, good times, and the boulevard babes.

BRENT PROCTOR . . . Soph. football with the munchken Coach Sims, all my friends and trying to find an open gate in the fences of this school.

RICHARD PROPSTER . . . Mr. Jones, PE class, demonstration in Jr. year, race riots, and my nickname.

TANGIE PRESTWICH . . . Exchange club, math club, archeology, CSF, choir, dances, The Gang, and Joe.

RITA RAMIREZ . . . Miss Phelan in PE and all my friends.

LORETTA RAZO . . . Friends I have met, going out for softball in soph. year.

GINA REECE . . . Roy, Summer of '75, friends, Karen, Colleen, Debbie, funtimes with the gang, guys, The Blvd., motorcycling trips, beach, High-Gear-Hauler Truckdrivers, Disneyland try-outs.

ANNETTE REINEKE . . . Graduating mid-term, the first day of school soph. Yr., friends, good time and finding happiness with Jerry.



RUSSELL PORTER



TANGIE PRESTWICH



RICHARD PROPSTER



DEBBIE RADAR



RITA RAMIREZ



LORETTA RAZO



STEVEN RECTOR



GINA REECE



CHRISTOPHER REEDER



HARLAN REESE



ANNETTE REINEKE



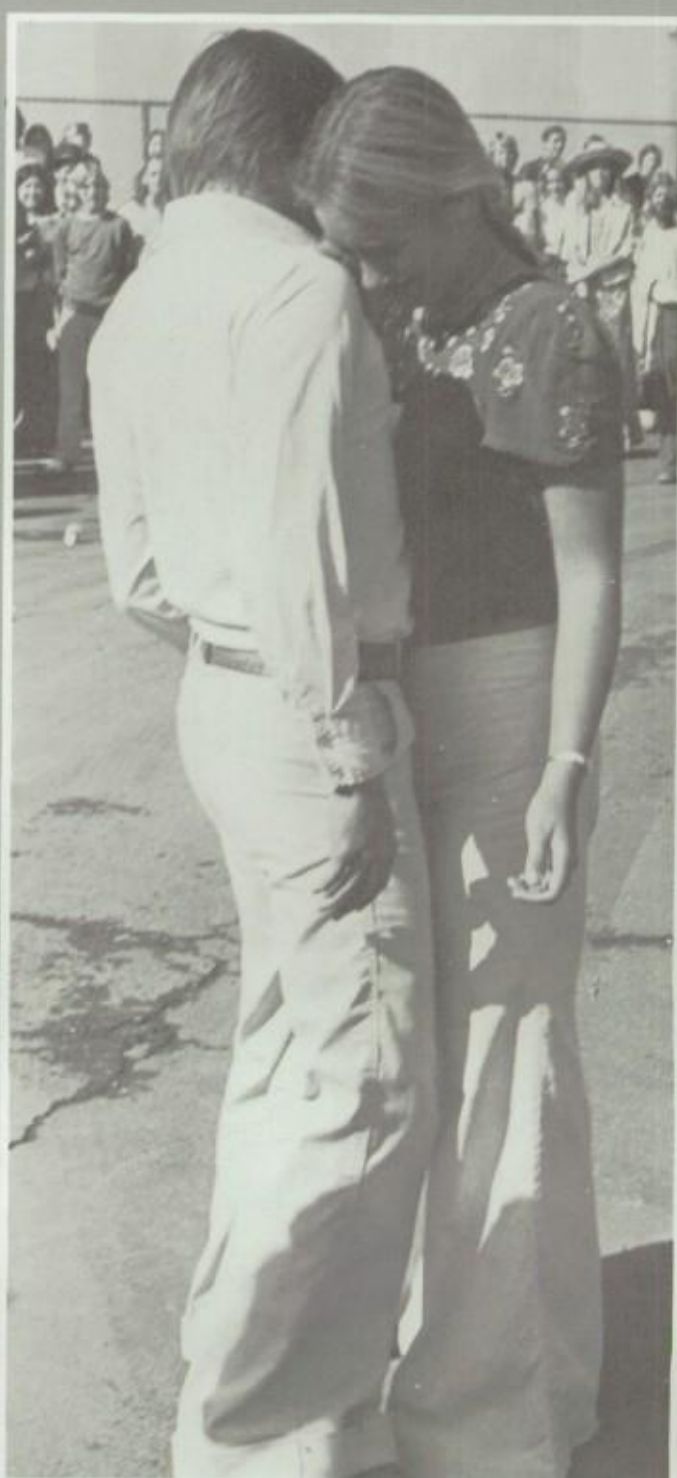
JAYNE RICHARDSON



DAVID ROBERTS



KEVIN ROBERTSON



CLASS OF 76 HAS CLASS OF 76 HAS CLASS



ROGER ROBERTSON



BILL ROBINS



LAURA ROBINSON



PATTI ROBINSON



CARRIE ROCKOFF



LAURA RODRIGUEZ



KATHY ROE



LAURA ROEDER



MARY RONDONE



FRED ROSS



DEBRA ROWE



KRISTINE ROZSYPAL

I'll never forget . . .

JAYNE RICHARDSON . . . the summer of '74, Cayga boys, being Mr. Simon's T.A., all my wierd friends, modern dance.

DAVID ROBERTS . . . Switzerland and the Alps, German III and IV, distilled water bottles, friends, Mammoth and a few great teachers.

KATHY ROE . . . Mr. Bruns, my best friends, Girl's League.

KEVIN ROBERTSON . . . How people seem to be but really aren't. Question: Why are all the teachers leaving? Answer: __, meeting ronald mcdonald, little oscar and christy, the mysterious door knob disappearances.

WILLIAM ROBINS . . . Chemistry, school food, phys. fit. testing, grades, and C.T.B.S. testing. (but I'd like to.)

PATTI ROBINSON . . . Frosh, Mac, after neff game at Lyons, G, J and S, Soph: snowed in, jr: porsche, wright-wood, 50's dance, hard times c/o song, sr: guardian angels in the office, camp flicks, falling in love with a raccoon while trampolining at 5:00 in the morning.

CARRIE ROCKOFF . . . Speech Tourneys, the 2 points (Bio.), tennis practices, friends, birdlegs, rock, owl, careless, glasshopper, P.E., CSF, annual, Mr. Le Grue, all the great teachers, bottom locker, rutabegarz, the endless nights of studying for bio. and chem., weener!

LAURA ROEDER . . . Psych. II, salads and sessions in 561, rocking karen, D.T.I. protest in '74-'75, Hawaii '75, Osceola-letter carriers 4 - honor guard, powder puff, suzy; J.D., C.C., B.D. cavis and Mrs. Littrel.

MARY RONDONE . . . Doughboy, vulgar discussions in 1th period. Weekends and vacations, Friends.

These good times today
make me never want to leave.
I think of them anyway
wondering what will be.
When tomorrow comes much too soon
I'll dream of yesterday's left behind.
Why my life shall never be ruined
I'll always be seeking a better find.
Live each moment to its peak
for one lost will be grieved,
And life's meaning will be easier to seek
with each bit of wisdom received.
Remember each week of the same routines
that were unique with numerous expressions.
These will never again be seen
but are left engraved with luminous impressions.



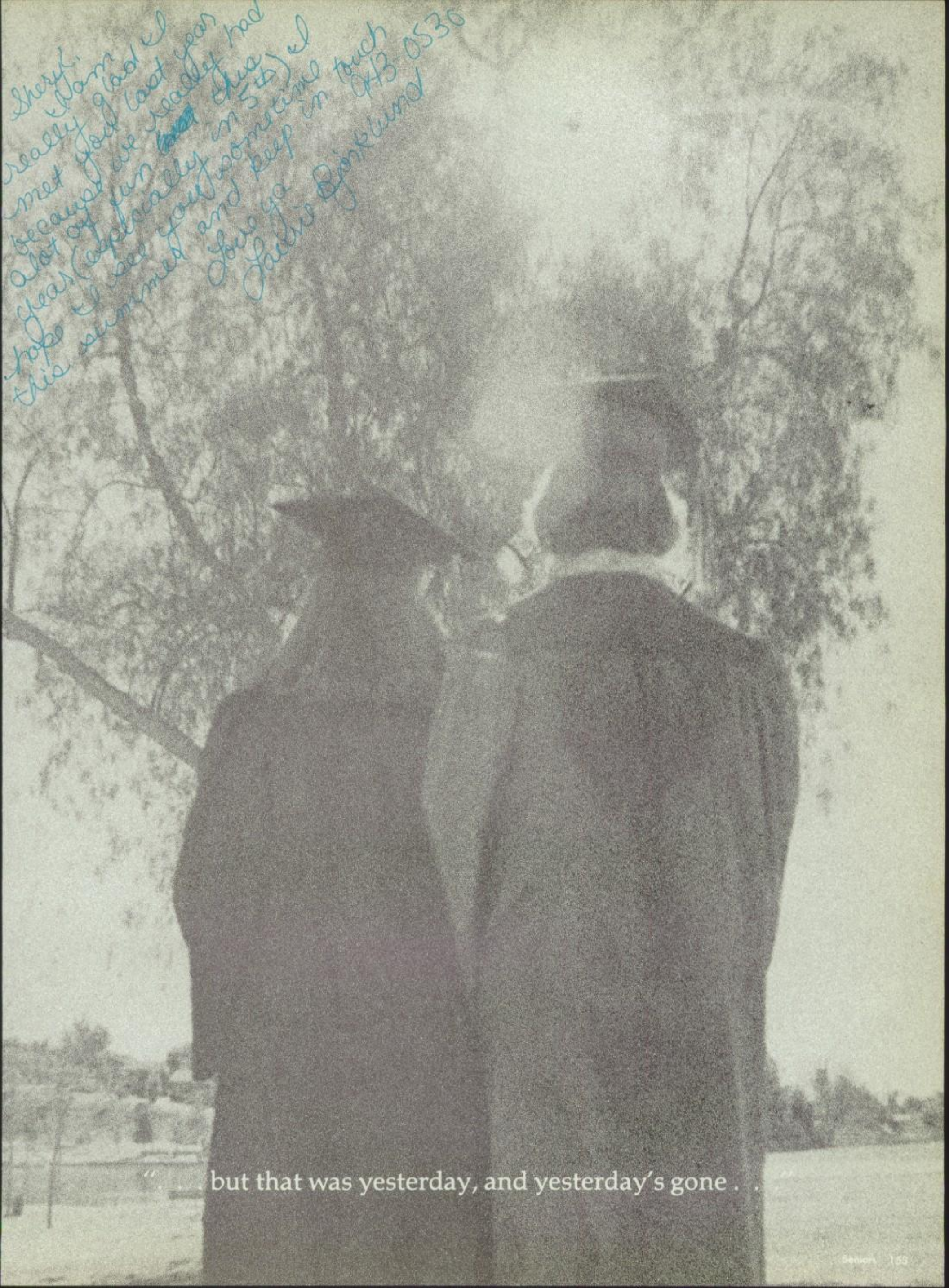
BEING

BEING

BEING



Sheryl,
I am
really glad I
met you last year
because we really had
a lot of fun (especially in 5th) I
hope I see you sometime touch
this summer and keep in touch
Love ya
Jamie Bjorklund
943-0536



"... but that was yesterday, and yesterday's gone . . ."

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I'll never forget . . .

DEBBIE ROWE . . . Finding Love; bernie, my friends: Cookie, Lori and Connie. "peyton place in 2nd, "happy days" in 3rd. The year of "76," whittier blvd. "racing and ralph's parking lot.

KRISTINE ROZSYPAL . . . When Tamie fell in the mud and being one of the top 15, and friends, parties and especially Dave King.

PHIL RUNNOE . . . The 9.5'er effect, snowbird, eagle, one o'clock, three o'clock, the parties at Doug's house and friends.

LEE SABIN . . . Jeff and Marty, Terri, Cheryl, and Debbie, drama production, choir with Mrs. Ridley, Mr. Olesiuk, Mr. LeGrue, senior float.

HEATHER SALTER . . . My last year, letter carriers, Mike and Mark, ceramics, the LM protest I missed.

ANTHONY SANCHEZ . . . Hawaii 75, oceola 75, my buddies, J.S., D.A.

JOANNE SANCHEZ . . . Mr. Ole-siuk, the old cheating gang in Span., the same corner we stood at for four years, carl's home away from home, campus life haunted house, one and only cut, cruising by 'guys' houses, 74 warren game, fuzzy wuzzy, paddling from Mrs. Rec, all my friends.

TAMI SARNOWSKI . . . Jerry and his family, my family, Stamy Butts, Big Baby, giggles, tweetie bird, lizard, when I fell in the mud jr. yr., the gross things that my brother Jimmie Duranny, used to say and do, all of my close friends.

JON SARVER . . . Trying to keep my sanity when Leah, Judy and Dana were driving, A.D. beating me in 19 straight sets of tennis, soph. basketball.

CINDY SCRUGGS . . . Choir, the dances, my best friend Susan Hanks.



PHIL RUNNOE



LEE SABIN



HEATHER SALTER



ANTHONY SANCHEZ



JOANNE SANCHEZ



MONICA SANDOVAL



TAMI SARNOWSKI



JON SARVER



DANIELLE SCHAIBLE



GEORGE SCHLOTTERBECK



MARK SCHROEDER



JOHN SCOTT



NANCI SCOTT



RANDE SCOTT



CLASS OF 76 HAS CLASS OF 76 HAS CLASS



TERI SEVIN



KAREN SHANDS



KAREN SHARP



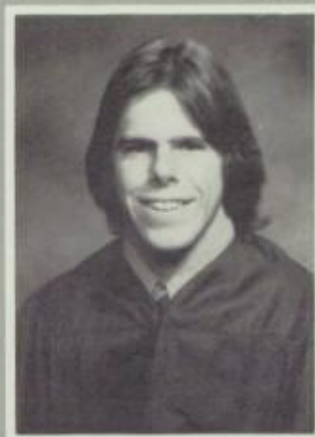
CRAIG SILVERMAN



LINDA SIMPKINS



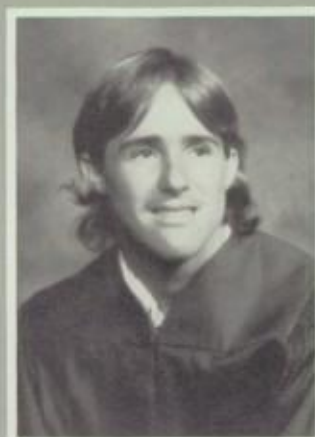
BRAD SMITH



GREG SMITH



TOM SMITH



TWIG SMITH



TRICIA SNIDER



JERRY SPECHT



MARK SPENDLOVE



JEREMY STEDDOM



SUSAN STEPHENS



CINDY STEVENS



KEITH STEVENS

I'll never forget . . .

DANIELLE SCHAIBLE . . . all the good times, all my friends, all the crazy people at LMHS.

MARK SCHROEDER . . . Powder Puff, being a cheerleader, pres, bowling club, friends.

JOHN SCOTT . . . AAS, DA, DE, Raleigh Hills gang, DT's, TD, the atom bomb, the Corsican twins, football games, all my sweethearts.

NANCI SCOTT . . . 17th birthday party at Deana's, frosh year in locker hall with the gang and Danielle screaming, football games sitting in the corner, running around field after games, Mrs. Rolph, Peggy and Pat going to Sambo's, wanting to be a second grade drop out, blind date with Wes.

RANDE SCOTT . . . Zoo, Panda, Duck, Geek, Neff games, Brotherhood concert, Lynwood football game, heavy pounding, Powder Puff cheerleading, card games, Proms.

KAREN SHANDS . . . Sitting in the office, running from the Nares and succeeding, end of Soph. Year, the gang and "Martha."

KAREN E. SHARP . . . my funny friends, Weiner and Col. Speech Tourneys, state competitions, talent shows, 5:00 a.m. rehearsals, Children's Show, Magoo's Jr. Yr., Summer of '75, River Trips, water skiing, my little river rat, the Rivercall good times with John.

CRAIG SILVERMAN . . . The Wedge, Var. football, track, '74 undefeated season, Coach Haggerty, and Panella, Mr. Bonebrake, CIF, football, my Senior year, breaking the Frosh./soph. and Var. track records in H.S.

BRAD SMITH . . . Buttless, my Soph. year.

TOM SMITH . . . M.C., all the great

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I'll never forget . . .

times in the Drama Room, BARE-FOOT IN THE PARK, THE BOY-FRIEND, all the crazy people I had a great time with from LM and Neff.

TRICIA SNIDER . . . Loving Keith, Nanny, Doody, Knotts at Knight, Daisy Queen, LM Soph. parties, friends that changed, Summit, good people, good times, being young.

JERRY W. SPECHT . . . Good times with friends, football games, Sr. year.

JEREMY STEDDOM . . . Mr. Everly's Latin 2 class in acetic acid in the basic solution, "The Run," the Immortal Hansen sign, Mr. Moore.

SUSAN STEPHENS . . . C.B., Louie, Twirp fan, Paul, Mark, Ken, Iggy, Mike, falling in Laguna Lake, auto, lunches, Psych. 2, Mrs. Lit, dance, Mrs. G., good times, bad times, all the people I've grown with and loved.

KEITH STEVENS . . . The library — I never went.

KATE STEWART . . . C.J.B. Miss Phelan, Mr. Burn's and friends.

KELLY STEWART . . . The people in my art classes, Mr. Bruns and his cookies, special people, Connie.

TED STRAUSS . . . Band rehearsals, Las Vegas, away football games, parades, all my good friends and Mr. Bonebrake.

MARK STREETER . . . Karen and all the good times we had 3/25/78, being in football, track, J.B.L.

FRANK SUPER . . . LMHS and my very own special frosh. babe, Carpenteria in '75, b.a.'s and 1st time, Salt, Pepper and all spice, Hot 66 friends all four years, Cruisin the blvd. Invisible Tiger, growing up in my senior year.



MIKE STEVENSON



KATHRYN STEWART



KELLY STEWART



TOBY STEWART



JEFF STOCKTON



THEODOR STRAUSS



MARK STREETER



DANIEL STUART



DOUGLAS SUMLER



MIKE TACKETT



LEANNA TALSTEIR



BRYAN TANAKA



VALERIE TAYLOR



EVELYN TIMMONS

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TAMARA TEMPLIN



KATHY THEDERS



PAUL THEECK



TIM THOMPSON



DENISE TORRES



STEVEN TROUT



KENT TUCKER



SHELLY TUMLER



JEANNETTE TURGEON



PATRICK TURNER



BARBARA TYLER



BILL UNKOVICH

I'll never forget . . .

moving out, being turned down by Patti and Kelly, mistakes at Cosby's party, Soph., Frosh, track and football, Hunington bust, babes and fun.

VALERIE TAYLOR . . . Blvd. babes, Xmas Vac. '74, J.S. and B.F., the gang, the Corner, Homecoming '75, Mrs. Rec. and her spankings, J.V. and Var. Tennis, Friday nights at Carl's Jr. and my senior year.

TAMARA TEMPLIN . . . All the fun in girls' athletics, all the friends I made.

BRYAN TANAKA . . . 9.5 effect, Keys, Bookie cards, football, fire extinguishing, egging, clothes hanger, Doug's parties.

KATHY THEDERS . . . The time Diane and I had a surprise party for Sandy.

HOLLY TIMMONS . . . Partying and going to the beach with Paula, cutting school, going to parties, cutting 83 times in the 9th grade, and getting caught by Mrs. Rolph, all of my bud's.

EVELYN TIMMONS . . . Our corner, Surprise parties, german friends, and special friends.

DENISE TORRES . . . Warren '74 football game, "Corner," sword fights in the quad, the gang, La Bomba, boulevard babes, baseball '75, and all my fun-loving friends, Mrs. McBeth 5th period, Mr. O, Mrs. Rec.

SHELLY TUMLER . . . Summer '73-'74, BKH, TA, PM, (PJ, JR), Hawaii, football in senior p.e. class, sheming with JJ.

JEANNETTE TURGEON . . . The changes in my life, my real friends, cindy alias — Harry, Lime-a-bean, Mac, Bach, Deb-o, Car., Drapes, beach house, butterfield with the fearsome

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I'll never forget . . .

foursome (Kieth), baseball diamond '74, my good friend Barry, Dr. P., prom 75 and the biltmore suite, graduation 75, jr. honor guard, Mr. LeGrue, Mr. McKinney and especially Mr. Jim Sims, the eagle and the racoon, Pepperdine, the sophs. M.G. being co-editor of *la capa*, my mistakes.

BARBRA TYLER . . . The speeches, the many times I spent giving Mr. G. my famous neck rubs, "sweetheart" Mr. Simon, Mrs. Littrell, Mrs. Jackson, flows, spreading, files or extemp. magazines, "jello," M.W., Arab B.G., my son, brad.

BILL UNKOVICH . . . Powder Puff pep rally, soph. beach trip, 3 on 2 fast break, 8-day waste out, Zoo — Chimpo — Sal — Bobo, the Duck my casual friends, killing Neff, sr. year, brotherhood concert, walking after a six'er of ol'e English, barbra — and?

ART VALERO . . . Wanting to play college football, making Varsity captain, The Wedge, Mr. San Gongornio, Coaches Haggerty and Panella, Varsity football, Varsity Club, Varsity Wrestling.

KERRY VANDERVEAR . . . Driving through the fence with Cathi, Writingon, T.H.'s Locker, frosh year with the Gang, my buddies Cindy, Lura, Katie!

CHARENE VANDERPOT . . . The good times.

DIANE VILLAPANDO . . . Mr. Simms, cutting successfully, pitching parties, taking off with my friends car and going to Montebello High, meeting Jimmy, getting out of this school.

JON WADSWORTH . . . Chem. and Phy., distilled Water Fights, Biology Award, physics Award, Mr. Jones, trivia concerts, Mr. Magnusons endless lectures, Mr. Shaw, or two years of dreading French.



ART VALERO



KERRY VANDAVEER



CHARENE VANDERPOOL



BRYAN VAUDRILL



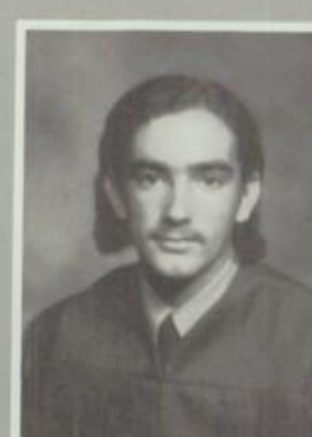
LINDA VELARDE



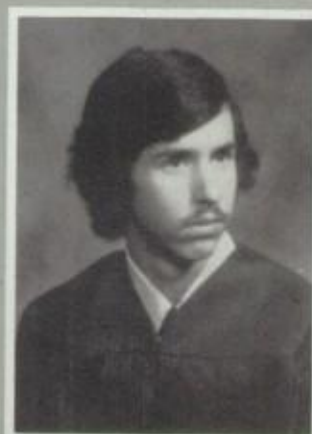
DORIS VELASCO



DIANE VILLAPANDO



RICHARD VIOLETTE



JON WADSWORTH



LINDA WAITE



KAREN WALTIMIRE



GARY WARD



DONNA WARFIELD



TERRY WATKINS

CLASS OF 76 HAS CLASS OF 76 HAS CLASS



CARLEEN WAYLAND



CHERRYL WEAVER



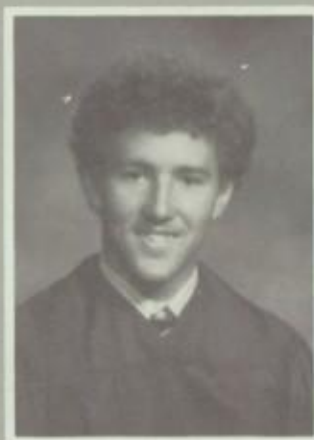
LEONARD WEINBERG



TERRI WEINER



PHIL WEINTRAUB



GREG WEST



RON WETHINGTON



LANCE WHITACRE



MIKE WHITING



LISE WHITMAN



DOUG WICKHAM



DOUG WIDTFELDT



I'll never forget . . .

LINDA WAITE . . . Mr. Simon, Miss Phelan, Friends, Rose, Rita, Ginger, Mary, etc. Typing 1 - 2, Junior Honor Guard 75, protest day.

KAREN WALTERMIRE . . . The furnace with Kelly Maltby, how bad the parties are getting, and Dyre and the Fiat, camp-outs and Mammoth.

DONNA WARFIELD . . . Trying to cut and making it, being one of the three D's, making friends with Mr. Lewinson, Mrs. Huntley, Miss Phelan, and Miss Freeman.

TERRY WATKINS . . . Chimpo, Panda, 8 day waste out, 3 on 2 fast-break, my Junior year, allnight party at v.a. and I.B., 11 inning game, all-league and all-CIF, the Duck, my senior year, heavy pounding, walking after 6-pack of Old English, basketball games, and Kris and powder puff pep rally, wanting to be a B.B. star.

CARLEEN WAYLAND . . . The good times and friends, Charlie.

TERRI WEINER . . . My "I'll do it next year" attitude, L.M. vs L.A. life, faculty switch-aroo, Rec, Shaw, Weener-Winukee, tm 4-fr, tennis ups-n-downs, 2nd 1/2 of jr. yr., '75's mustaches — thighs (sigh), BN "gang" member, jr. hr. grd, Mag. 200 wpm, J.T.'s tonsil, editing, B-N a Sr., graduation.

CHERRYL WEAVER . . . J.W. and M.A., Tina, Jojo's, Creek Park, Whitwood shopping center, Hearts and flowers dance, COSMIC ZOO THEATER, drama, Hawaii, band, LeGrue.

RONALD WEIGTION . . . Falling asleep in safety, Mrs. Littrell, the cookie fight in Jung's class, Evelyn's eyes, De Ausilio loaded, Denise throwing peanuts and the perverted four and everything else I've forgotten, also, finding out that Mount Baldy is 6 feet high.

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I'll never forget . . .

GREG WEST . . . Beach House, 74 Neff game, undefeated year, wild bike ride home, the Wedge, Rookie of the year.

LISA WHITMAN . . . Friday night at K.F.T., who, what, where, good friends, Prom 75.

DOUG WIDTFELDT . . . Basketball 3, 4, 76 team, Coach Moore, Mac Xiol's, 75 friends, villy spoon, 76 friends, slave and other nice babes, chew, rock, mallets, L.A., and "over greenwood."

LA DONNA WILSON . . . The value of friendship, Lori, Pam, those "two" Saturday nights, Rene, Bean, Pep-Units 3, 4, Summer of '75, Jr. Honor Guard and the D-I's.

BEV WISNIEWSKI . . . the 4 of us, nights at Lynn's, Homecoming, Perris Lake, Prom 75, A.L., especially Mrs. Rec. and Freeman, Song, Jr. Yr., cabin Weener and Winukee team, dances, Powder Puff.

EDWARD WOLFROM . . . The trouble I caused the library, Mr. Castiglioni, Richard, Beecher, band, my strange friends.

DARLENE WRUCK . . . True friends, 10-10-75, parties, concerts, the beautiful summers and 7-3-74.

CARLA ZIMBARDI . . . The old gang and the Palmer parties, Drama, people I met during "here and now," especially, the "Children's Show," fellow elephants.

CAROL ZUBKOFF . . . Las Vegas '74, Hawaii '75, halftime snows, parades, Uncle Rex, Mr. Brown, papering Cramer's house (my black eye), papering Kirk's house (TB Driving), Elton John 10-26-75, "The gang" "Super Buddie" SJ, friends.



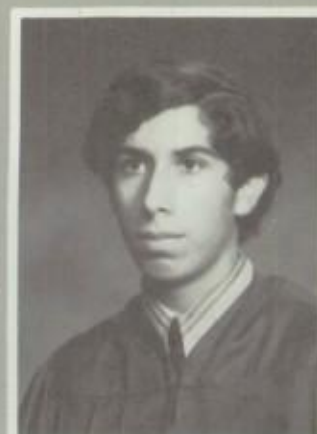
EDWARD WOLFROM



DARLENE WRUCK



LADONNA WILSON



RICHARD ZAMBRANO



SHARON WILSON



CARLA ZIMBARDI



BEVERLY WISNIEWSKI



CAROL ZUBKOFF



SUE UTASKI



CINDY LESTER



DEBBIE POTION

SENIORS NOT SHOWN

Mark Alexander
Maribel Ambrocio
Alen Andreoli
Greg Baker
Diane Bennett
Ronald Berry
Patricia Biggs
David Bourbeau
Karen Bourne
Jeanne Boyle
Janice Briggs
Michael Brown
Gina Cambell
James Cannon
Jerry Capen
Noel Centino
Debbie Chavez
Diane Chavez
Phillip Chess
Mark Christensen
Tim Davis
Tomas De Leon
Jeff Deal
Rick Edgerton
Mark Ellis
George Fernandez
Evangeline Florez

Cherrie Fortain
James Fosmire
Gon Garcia
Tomas Garrison
Mary Gonzalez
Earnest Guerrero
Scott Henderson
Deirdre Harington
Blanca Hernandez
Ruben Hernandez
Rene Hojnaki
James Houghgaling
Larry Hudak
Kathrynn Erwin
Randy Katenhusen
Virginia Kellen
Dan Kenney
Roni King
Andy Lawson
Steve Leary
David Lieder
Tom Limas
Neal Lisendy
Pamela Macherzake
Jerry Martinez
Wayne McClemmet
Dan Miller

James Mytrue
Keith Nakata
Tim Neel
Lee Nelson
Michael O'Brein
Shawn O'Brein
Ronald Obenshain
Sharon Olson
Gina Perrulli
Gregory Pery
Brtt Proctor
James Robertson
Robert Rodriguez
Monique Stempson
Jeff Stockton
Franck Super
Cory Taylor
Evelyn Timmons
Holly Timmons
Anthony Turner
David Turner
Pat Turner
Steven Turner
Melodee Uharriet
Susanah Unger
Mark Vasquez
Debra Velasquez

BANK OF AMERICA AWARDS



FINE ARTS
Sharon Lehosky



FOREIGN LANGUAGE
Terri Weiner



ENGLISH
Carrie Rockoff



LIBERAL ARTS
Daniel Wolfe



TRADES AND INDUST.
Dale Morin



SOCIAL STUDIES
Tamara Templin



SCIENCE AND MATHEMATICS
Stephen Broadbent



ART
Brigid Fitzpatrick



MUSIC
Anne Amato



VOCATIONAL ARTS
Dorothy Iseli



SCIENCE
Robert Ringquist



MATHEMATICS
Brian Manigan



BUSINESS
Diana Chavez



HOME ECONOMICS
Lori Drasso

These people received their Awards on Senior Awards Day. Keith Nakata, not shown above, received a Fine Arts award. Bank of America honors are traditionally among the school's most coveted.



1



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★ JUNIORS ★



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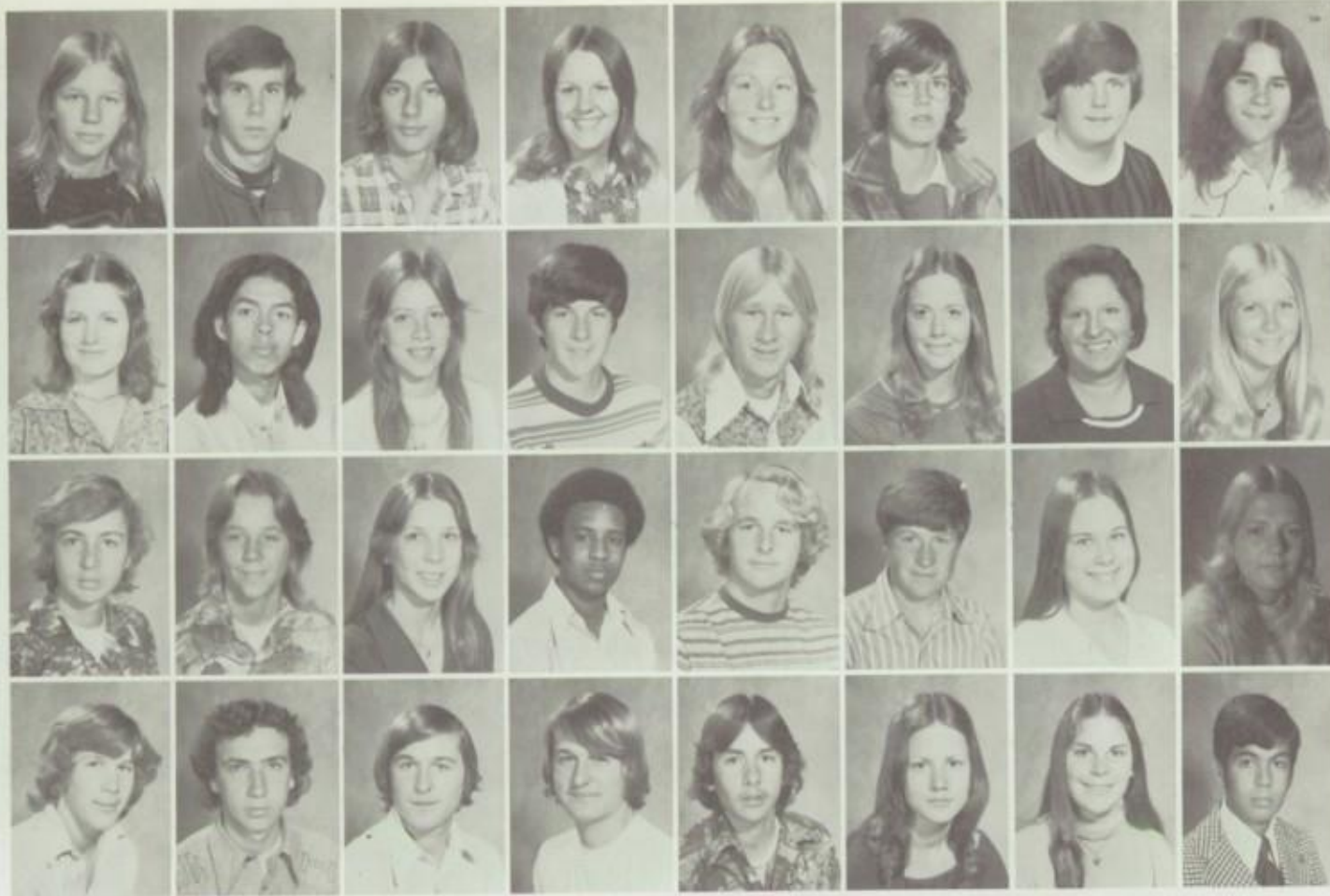


6



7

1. Secretary, Lynn Garlick; 2. Treasurer, Judy Johnson; 3. Social Chairman, Linda Wethington; 4. Vice-President, Donna Hotra; 5. President, Mario Pompa; 6. Historian, Paula McNamara; 7. Sergeant at Arms, Scott Evans.

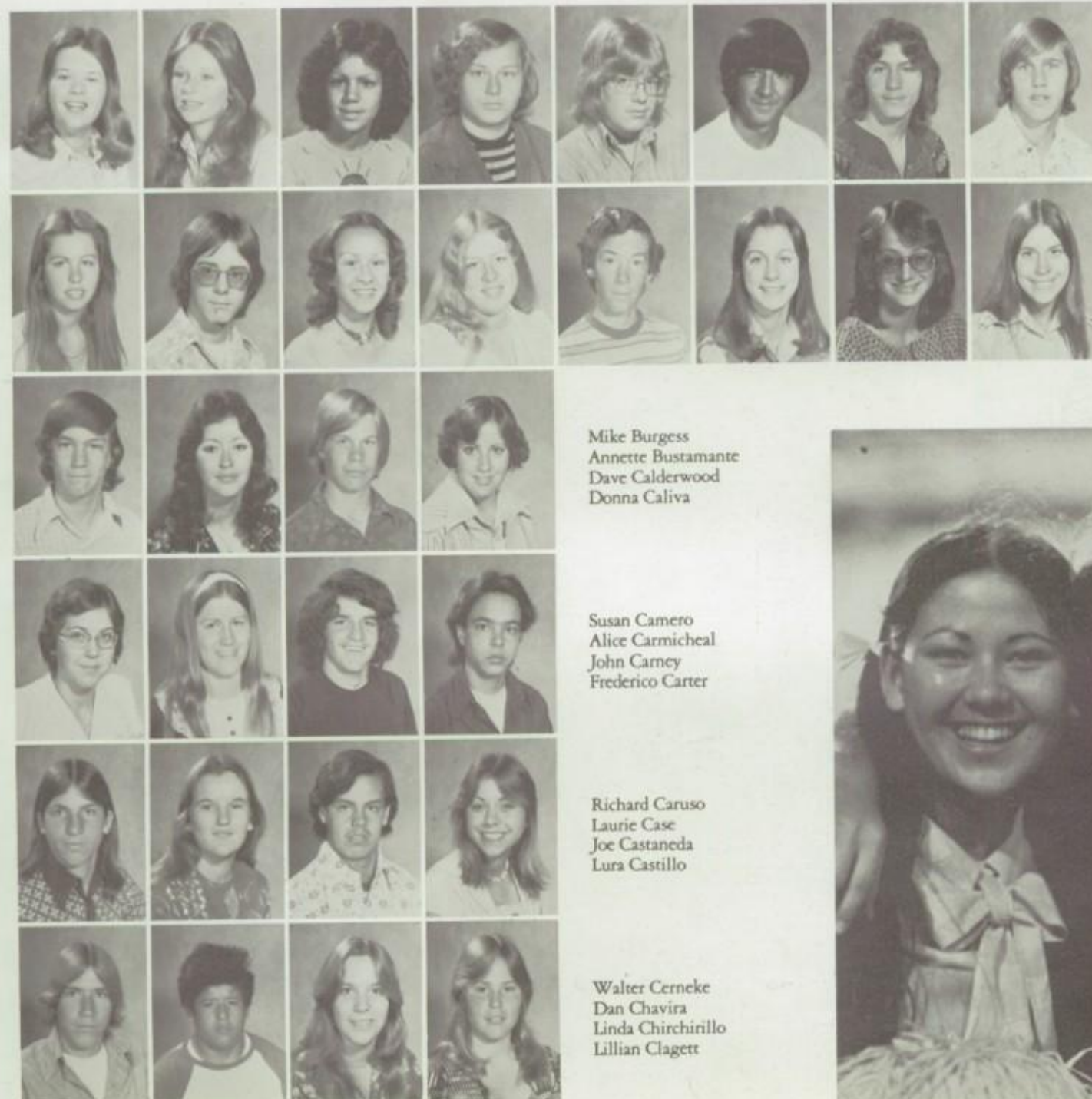


Shirley Abel
David Alexander
Gary Alldredge
Julie Allen
Debra Anderson
Gail Anderson
Jon Anderson
Kent Anderton

Denise Angell
Jesus Arraiga
Sharon Arsulich
Mike Ascheri
Pam Axson
Helen Bagan
Linda Bagby

Kurtis Baguley
Frank Baker
Theresa Baniera
Ralph Barber
Mark Bargman
David Barker
Judy Barna
Marlene Barrier

Jim Bassett
Frank Bellanova
Mike Benedict
Pat Benedict
Don Benedito
Danette Bennett
Mari Berger
Rafael Bernadino



Marilyn Berry
Debbie Bishop
Josie Blandino
Theodore Bodgis
Randy Bond
Jim Bova
Kevin Breece
Jeff Brewer

Tracy Briggs
Andrew Broadbent
Linda Broussard
Peggie Brouws
Robert Browne
Marcia Brunner
Joyce Bryan
Sandy Buckholt

Mike Burgess
Annette Bustamante
Dave Calderwood
Donna Caliva

Susan Camero
Alice Carmicheal
John Carney
Frederico Carter

Richard Caruso
Laurie Case
Joe Castaneda
Lura Castillo

Walter Cerneke
Dan Chavira
Linda Chirchirillo
Lillian Clagett



Mary Claybaugh
Ann Clements
Sonia Cobos
Cindie Cochran
Mary Codispoti
Carol Collette
Steve Collette
Tom Colloms



Patricia Conde
Kathy Conley
Sam Cooley
Stacy Coon
Dee Dee Cornwell
Yazmin Corona
Cathy Cortez
Jeff Cottrell



Craig Cosby
Laurie Coughlin
Guy Courtney
Cindi Cox
Audie Crawford
Jody Crist
Carole Cullen
Carol Curtin



Mona Daly
Brian Davidson
Guy Davis
John DeCuir



Karen DeLauder
Cindy DeRose
Linda Derschan
Derek DeWindt



Joan Desser
Debbie Dillingham
Jeni DiOrio
Mike Distaso



Tom Dixon
Bonnie Donaldson
Debbie Drost
Donna Drummond



Ann Dunn
Kathie Durston
Cathy Dymont
Jerry Easom
Robin Eaves
Tammy Eisele
Don Emmons
Richard Ellis



Jeff Engle
Ted Englebright
Jeff Etherington
Cecelia Espinoza
Gigi Evans
Scott Evans
Susie Evans
Linda Ewing



Cheryl Faye
Scott Fazio
Mike Ferlita
Doug Fetter
Janee Fitch
Rey Flores
Susan Flynn
Julie Fortney





Lael Foster
Mark Fox
Mike Fox
Ted Franck
Mike Freeman
Sybilla Freidrich
Russell Freison
Doug Fullam



Sharon Fuller
Drew Funderburk
Rory Gallagher
Carol Gamero
Scott Gant
Bob Ganzer
Larry Garcia
Maite Garcia



Lisa Gardner
Lynn Garlick
Tracy Garrity
Darlene Garza
Russell Geer
Randy Gerson
Steve Gerson
Stephanie Gillen



Mary Gillispie
Bill Glore
Candy Goldfisher
Bill Gomez
Jim Gonzales
Laurie Gonzales
Mike Goodwin
Tony Gorham



Stan Gray
Russell Grear
Beverly Greeb
Maureen Greek



Steve Greenough
Nick Griffiths
Kellie Grisham
Jerry Groom



Jayne Guenther
Yolanda Guerrero
Hector Guzman
Curtis Hall



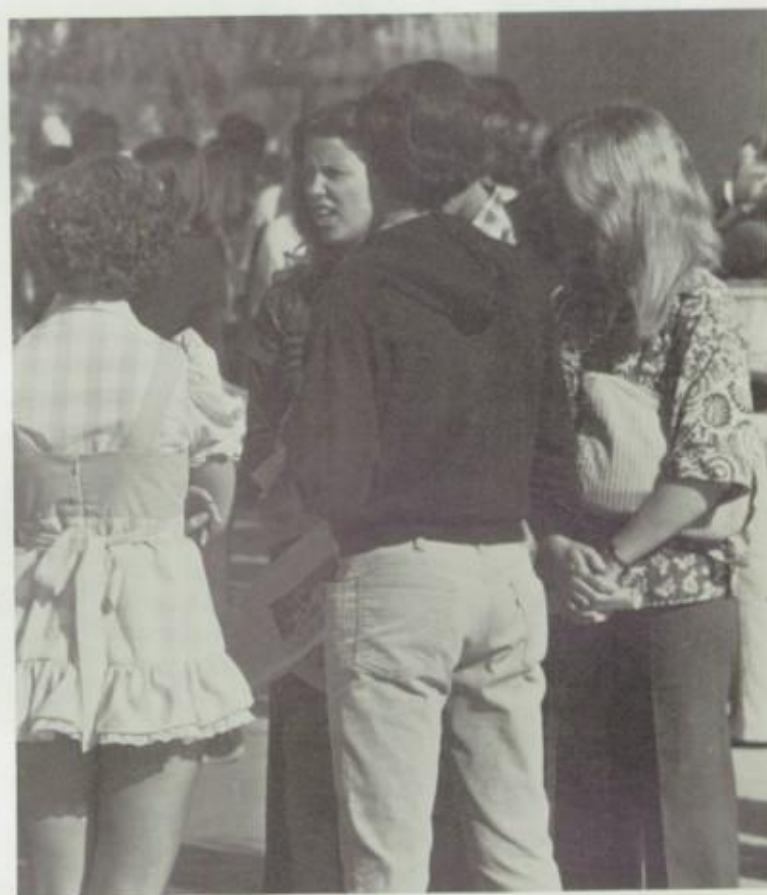
Jim Hampton
Kathy Hampton
Teena Hamra
Dave Harden



Bret Harrington
Iese Harrington
Ray Hartoog
Ken Hawkins
Ken Hay
Charles Hayes
Cindy Hater
Chris Henderson



Nan Henderson
Sara Hengler
Darren Herrington
Jerry Hernandez
Jimmy Hernandez
Phillip Hernandez
Frank Herrera
Jim Hicks

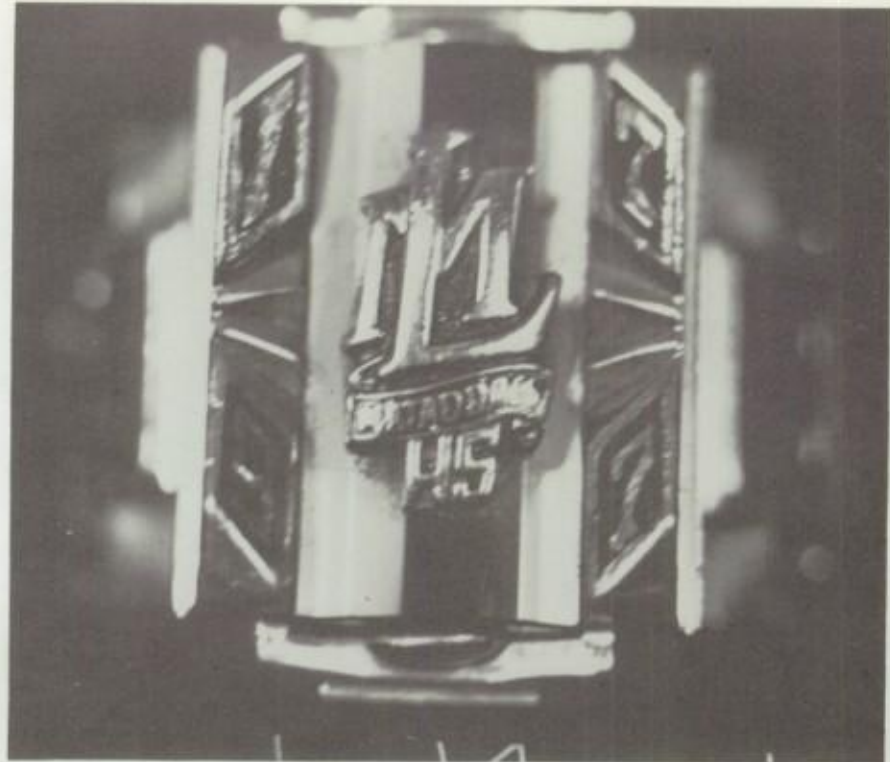


Juniors

Long hours of talk, raising money, meetings, disagreements, building the float, and just whooping it up, characterized the

WILD enthusiasm of the junior class. Led by hard workers Mario Pompa, Donna Hotra, Lynn Garlick, Judy Johnson, Scott Evans, Linda Wethington, and Paula McNamara, the junior class maintained their well-known spirit. The juniors sponsored a Homecoming dance, just one of the many activities which helped earn funds for the 1975-76 Prom.

The junior class would like to thank Mr. Edward Doll, Mr. Steve Berklite, and Mr. and Mrs. Ted Rose for their cooperation and support.



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1. Junior class ring. 2. Junior class float. 3. S. Coon, D. Kirk. 4. J. Carney, T. Franck. 5. Junior class cheer. 6. Mario Pompa, President. 7. Junior class float meeting.

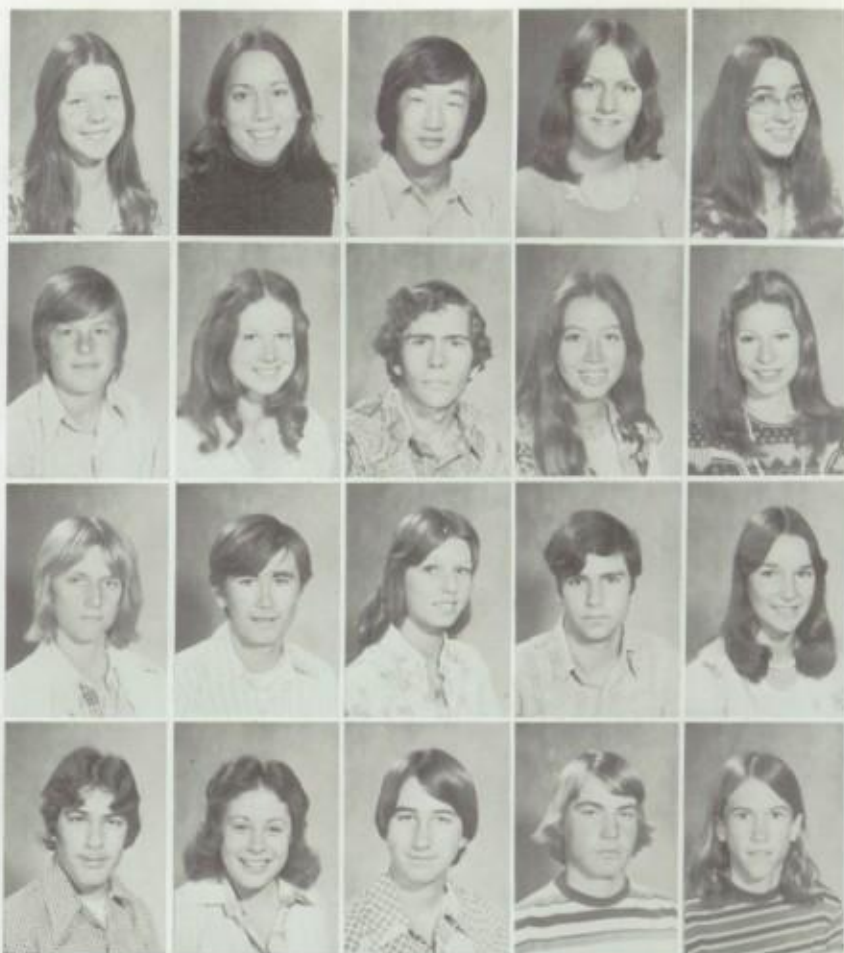


Teri High
Caryn Hilleary
Kirk Hirai
Donna Hoehne
Valerie Hoglund

Mike Homan
Tracy Hoover
Brian Horton
Heidi Houghtaling
Penny Hovey

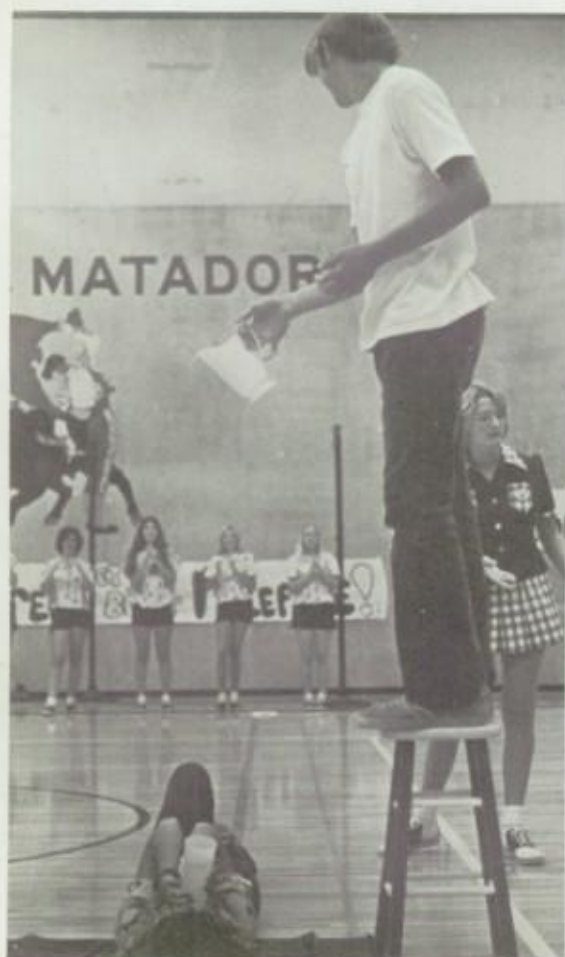
Randy Howell
Randy Howitt
Robin Hulsey
Robert Humphrey
Ellen Inbody

Jerry Israel
Lori Israel
Greg Jacobs
Pat Jeffries
John Jenkins



Craig Jeskey
David Johnson
Judy Johnson
Robert Johnson
Chris Johnston
Ellen Joice
Dave Jones
Pete Jones

Rod Jones
Sandy Jones
Kathy Kammerzell
John Kampen
Tim Kearns
Jill Keller
Tami King
Dave Kirk

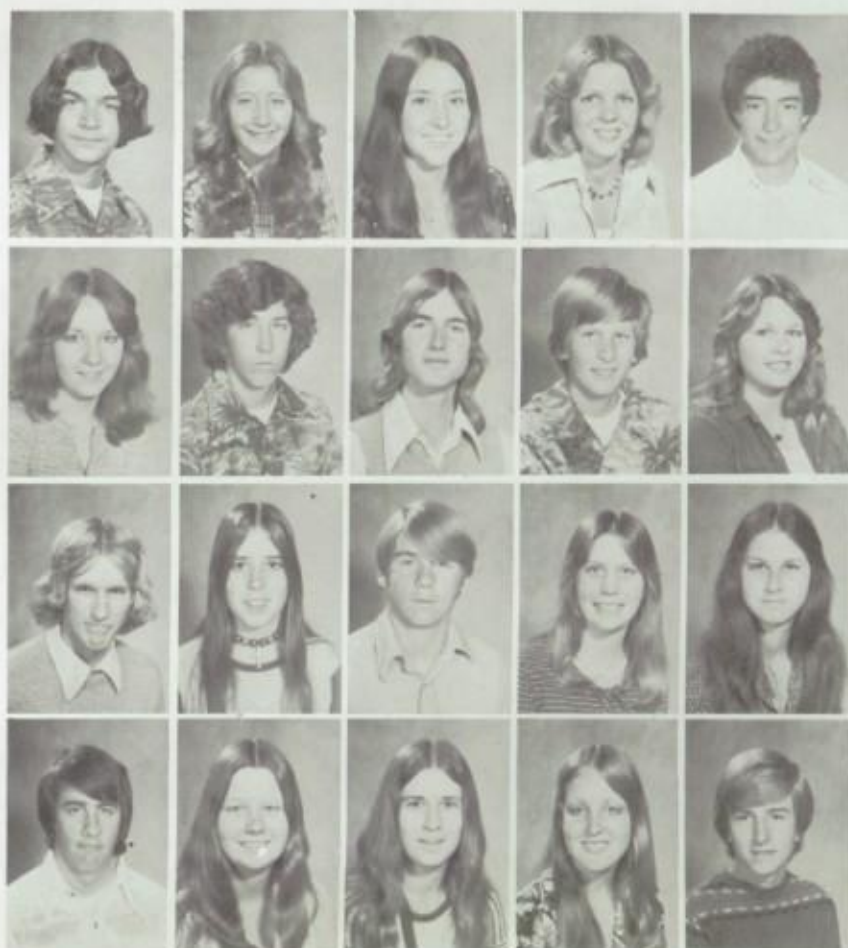


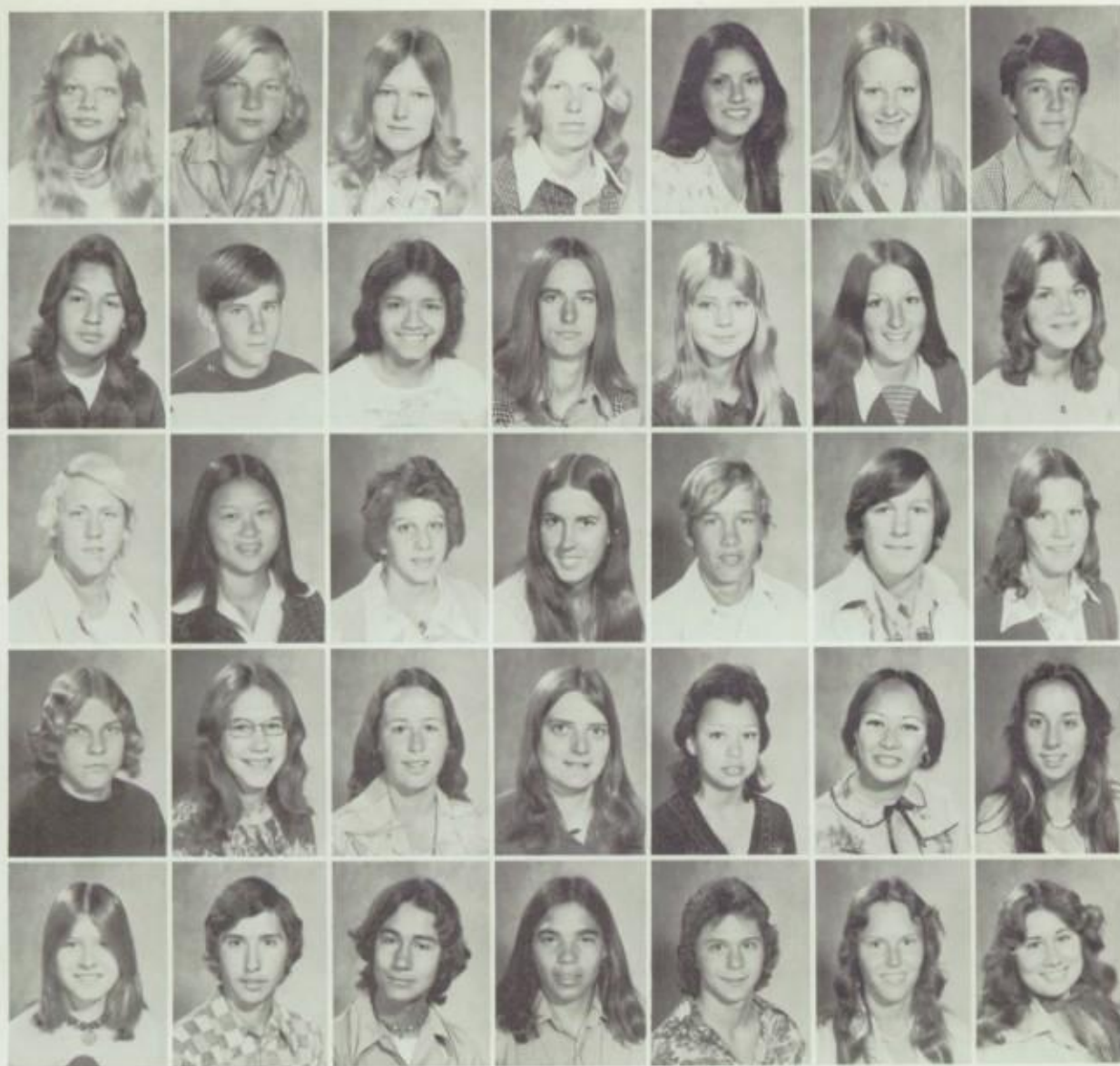
Larry Klein
Kathy Kostka
Holly Kozak
Karen Kristy
Robert Kurz

Donna LaBartunek
Ron Laos
Todd Larsen
Rob Larson
Rene Lawton

Mark Leach
Yvonne LeBeau
Gary Ledbetter
Donna Lee
Missy Lefcourt

Philip Lenahan
Mary Ann LeRoy
Judy Levin
Denise Lewis
Mark Lewis





Lisa Link
Robert Lobach
Polly Lorsung
Joe Lucero
Lisa Lucero
Cindy Luttrell
Mike Lynn

Mario Macias
Brent Madesh
Angela Manriquez
Fred Marcher
Joyce Marine
Linda Mathis
Cyndi McCann

Mike McClanahan
Tana McConnell
Sue McDonald
Eileen McFadden
Dennis McGrath
Mike McKenzie
Shannon McKinley

Paul McMahon
Cindy McMillan
Paula McNamara
Teresa Mecher
Gracie Medrano
Rita Medrano
Teri Medrano

Cindy Melloch
Dennis Mendoza
Chris Meraz
Ken Metcalf
Andrea Meyers
Charla Miller



Jim Mills
Dennis Mitchell
Donna Mitchell
Chris Mocciano

Amy Monge
Nancy Moore
Lisa Morecraft
Gaye Morgan

Dan Morganelli
Vicki Morin
Tami Morrison
Jeff Morton

Andy Moskowitz
Paul Mossel
Mary Mueller
Mark Muniz

Dan Murayama
Mike Murphy
Scott Murray
Steve Murray

What do you think of La Mirada
High School . . .

"A lot more than an intermediate school."
"What do you think of Alcatraz!"
"La Mirada High needs more spirit."
"It's a great school."
"Graffiti."
"Better than Neff."
"OK! For a school."
"Social cliques."
"Closed campus."
"The ultimate."
"What do you think of walking on hot coals?"



Sandy Mushrush
Maureen Myers
Russell Myers



Edward Naudin
Darrell Navarro
Steve Needham



Carla Nelson
Donna Nelson
Julie Nelson



Linda Nelson
Wyatt Nicholoff
Patty Nunley
Liz O'Bannon
Ron Obenshain
Victor O'Campo
Sharon O'Gara
Jerry Olds



Christine Oliver
Bill Orloff
Leah Owens
Linda Pagano
Diane Palmer
Dana Palmeri
Chris Parry
Tammy Pease



Robert Palacz
Lauren Pellin
Vicki Pengilly
Spencer Perell
Mark Pickering
Ed Pierce
Sherry Pierce
Susan Pitsenbarger



Mario Pompa
David Propster
Chris Pugh
Elsa Quezada
Sarah Quinn
Maureen Rahn
Rick Ramey
Fonda Randall



Stacey Rasmussen
Lisa Razo
Bruce Redd
Dawn Reed
Pam Reed
Rhonda Reineke
David Reineke
Connie Renella



Gary Ressel
Anthony Reyes
Mary Reyes
Bob Rice
Kathy Roberts
Lisa Roberts
Jan Robertson
Jim Robinson



Frank Rodriguez
James Rodriguez
Ray Rodriguez
Leslie Roeder
Pam Romine
Annetta Rooney
Karen Rosales
Dave Rose





Paul Rosenau
Judy Rothe
Jay Rouse
Kathy Rouse
Sue Rowlands



Shari Rubin
Diana Rucker
Reed Russell
Mark Ruza
Scott Ryder



Brian Salter
Tammy Sandello
Paula Saylor
David Schaffer
Kurt Schmitz



Sue Schneider
Tracy Schulze
Matt Scoville
Lori Searl
Ellen Shackelford
Greg Sherwin
Alan Shigyo
Kenneth Sickles



Holly Sieu
Susie Sifuentes
Todd Simmons
Dixie Simmons
Linda Sindrey
Ann Sinkewicz
Bill Skresvig
Kirk Sladen



Bruce Smith
Bruce Smith
Kathy Smith
Melody Smith
Russ Smith
Von Smith
Ken Snyder
Donna Sowma



Bonnie Speckmeyer
Sandra Sperling
Moria Stacy
Ginny St. Germain
Meg Starbeck
Glenda Starling
Judy Stephens
Bob Stern



Shelly Stewart
Shelia Strahan
Gunther Stransky
Phil Straw



Jerry Sulentich
Cheryl Sutherland
Craig Swanson
Denise Szarmach



Brian Tarvin
Dawn Thompson
Patty Thompson
Lisa Tomko

What have you accomplished since coming to
La Mirada High School . . .

- "Getting Busted."
- "Realizing I'm not a little kid anymore."
- "Gaining weight and growing taller."
- "Meeting new people."
- "Learning how to scale fences, kick open my
own locker and fail Ms. Kelly's class."

David Trent
Eric Tucker
Barbara Turner
Theresa Turner
Tom Uharriet
Dan Vargas
Dennis Vickers
Ron Vogel

Bill Wahl
Jeff Walker
Janice Wall
Scott Wall
David Wallace
Janet Ward
Beth Warford
Val Waters

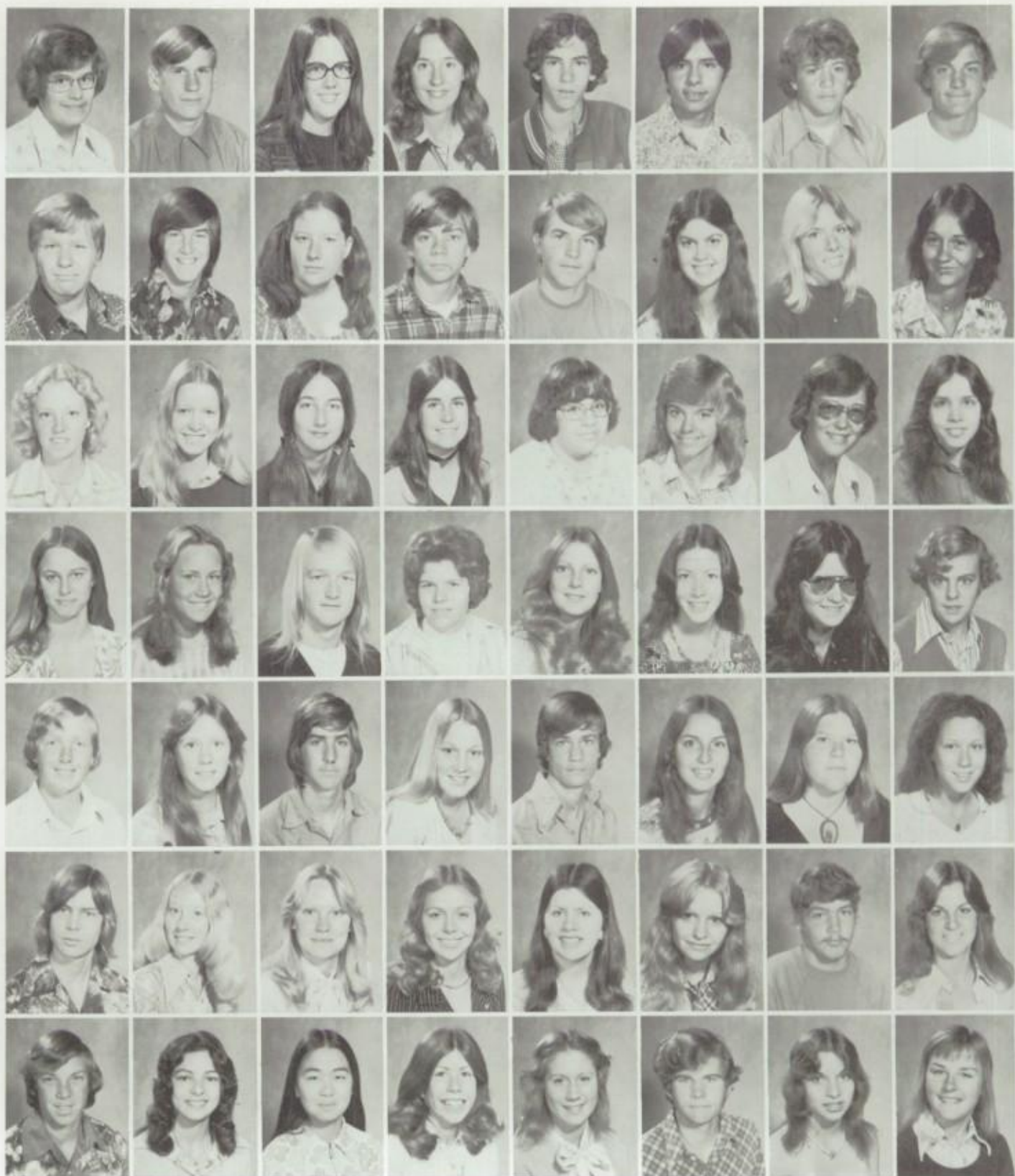
Nancy Watts
Deanna Weaver
Lynn Weber
Ann Webster
Heidi Weinberg
Christy Welch
Mary Beth West
Chris Wescott

Linda Wethington
Alison Whitaker
Mark Whiting
Donna Whitlock
Kris Widtfeldt
Allison Wilburn
Deanna Wilkinson
Jeff Williams

Mark Williams
Val Williams
John Wilson
Lori Wilson
Steven Wilson
Venus Wilson
Shelly Wingert
Yvonne Wise

Brad Wishek
Lynda Wolters
Joanne Woverton
Tricia Womack
Kathy Woodall
Donnia Workman
Jeff Wright
Wanda Wright

David Wyrick
Diane Yaggi
Colleen Yoshimura
Leslie Young
Lisa Young
Patrick Young
Kathy Yvon
Deanna Zimmerman



Larry Zucker

JUNIORS NOT SHOWN

Ted Ahern
David Andrews
Robert Bauman
Kelly Blazeovich
Kenneth Born
Tony Carlos
Don Carlson
Everett Clayton
Diane Duff
Eseta Fesili
Jim Fleegeer
Brian Freeze
Lawrence Gatelein
Georgia Gore
Robert Goldstein
Cherie Harvey
Julie Heiss

Tom Hershey
Gary Hill
Donna Hotra
Earl James
Joanne Jenkins
Kim Michael
Linda Kretschmar
Debbie Kudler
Randy Lake
Valerie Marquiz
Mike Mascaro
Debbie Megugorac
Mike Meir
Richard Mendibles
Donald Neil
Matthew Oubre
Lois Pietsch

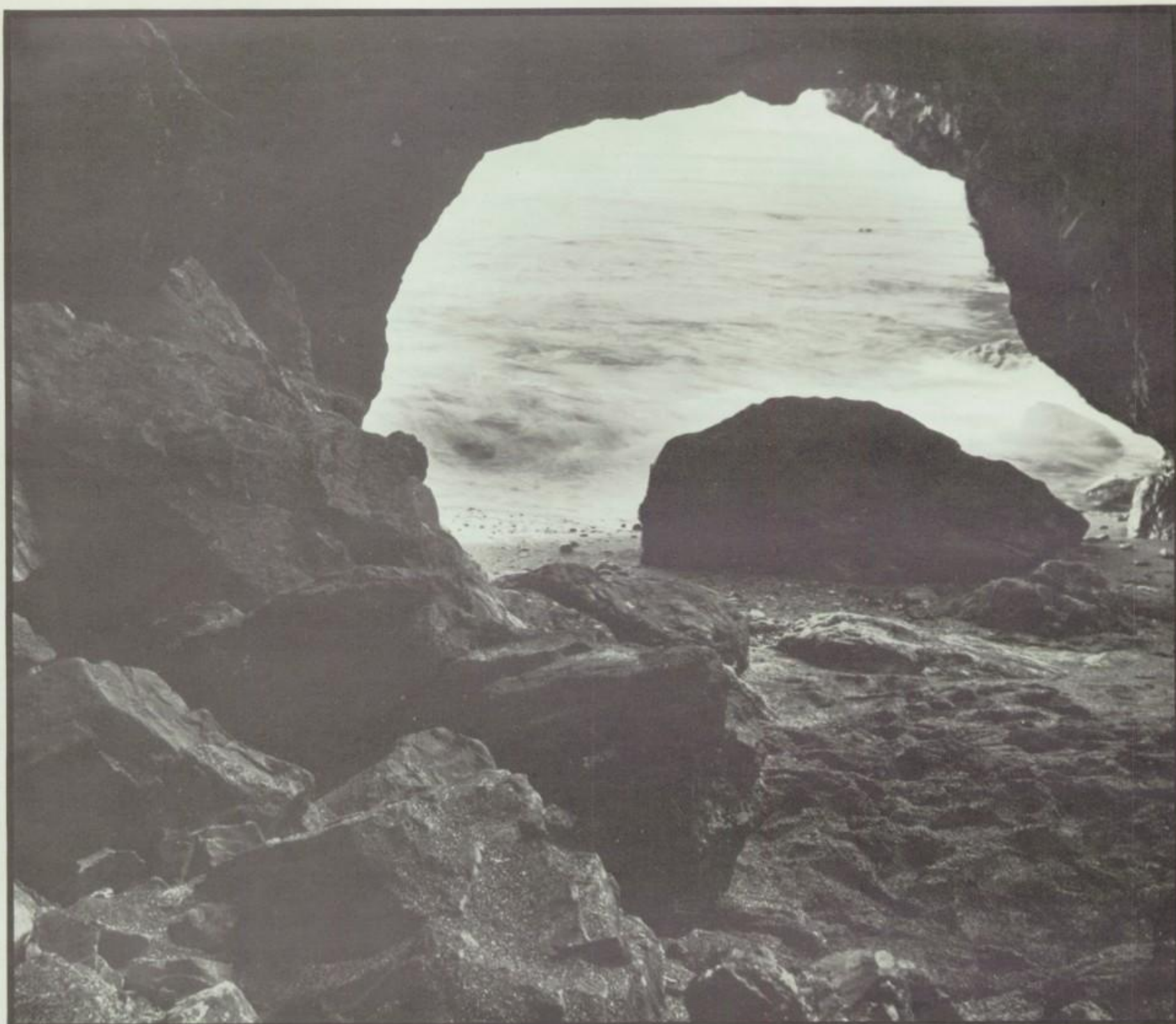
James Quick
Cassandra Ramirez
Mark Ridley
Larry Rogers
Glen Sharp
Tim Smilden
Becky Stenseth
Jim Stewart
Ed Stymeist
Nancy Thompson
Victor Villalobos
Gina White
Barbara Wilwerth

Sheryl, Its been a fun year. but I bet
you can't wait to get out of here. well

I more day and
its all over.
your class was
a good one to
T.H. for (sometimes)

TAKE CARE AND

Hang IN There your Senior year will be here fast.
Next time I see ya its a dance CLAP your HANDS
LOVE DA



A woven path entwined by trees
 a flowing river of many seas
 an endless sky of eternity
 a mountain arising gloriously
 out of the best of life's degree.
 Of all the things I'd wish to be
 I'm satisfied being only me.

BEING

BEING

BEING



3



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7

1. V. Directo 2. M. Catalano 3. J. Harrison 4. J. Gallegos, K. Kretschmar, J. Pape 5. M. Catalano, V. Directo 6. D. Decker 7. S. Bernal, S. Harris



Roger Acevedo
Tisha Acosta
Kim Addington
Gary Afferino



Dennis Agena
Eddie Alexander
Ronald Allen
Blake Amstead



Bob Anderson
David Andrews
Valerie Armijo
Denise Arrona

What do you think of LaMirada
High School . . .

"Yeck!"
"A drag most of the time."
"Another day another dollar."
"A place to go five days a week."
"Great!"
"It's okay."
"A place to go to learn,
meet with friends and grow in
every way."



Linda Arsulich
Laurie Ashley
Lynette Austin
Renee Aviles
Larry Backer
Val Bagby
Leslie Bald
Teri Baldwin



Barber Byron
Lisa Bassett
Bob Bauman
Bob Beaver
Greg Beck
Paula Benedict
George Bennett
Sandy Bernal



Bill Berry
Thomas Beveridge
Jenna Blankenbeckler
Andy Boardman
Wendy Boardman
Robert Boeskin
Lori Bonner
Diane Borchard



Kenneth Borh
Patty Brazan
Dave Brewster
Cindy Bridges
Erellyn Beignoni
Mike Brown
Ken Bryant
Bruce Buettell



Mike Burgner
Denise Burk
Jim Calhoun
Debbie Caliva
Alex Camacho
Dave Camacho
Bill Campbell
Mike Campbell



Denise Candelera
Laura Cannon
Pam Capen
Al Carlos
Linda Carlos
Lorrie Carroll
John Cartelli
Joe Carvco



Jamie Case
Margie Castaneda
Robert Castaneda
Sbrina Castaneda
David Castleman
Oscar Castno
Mike Catalano
Denise Cervine

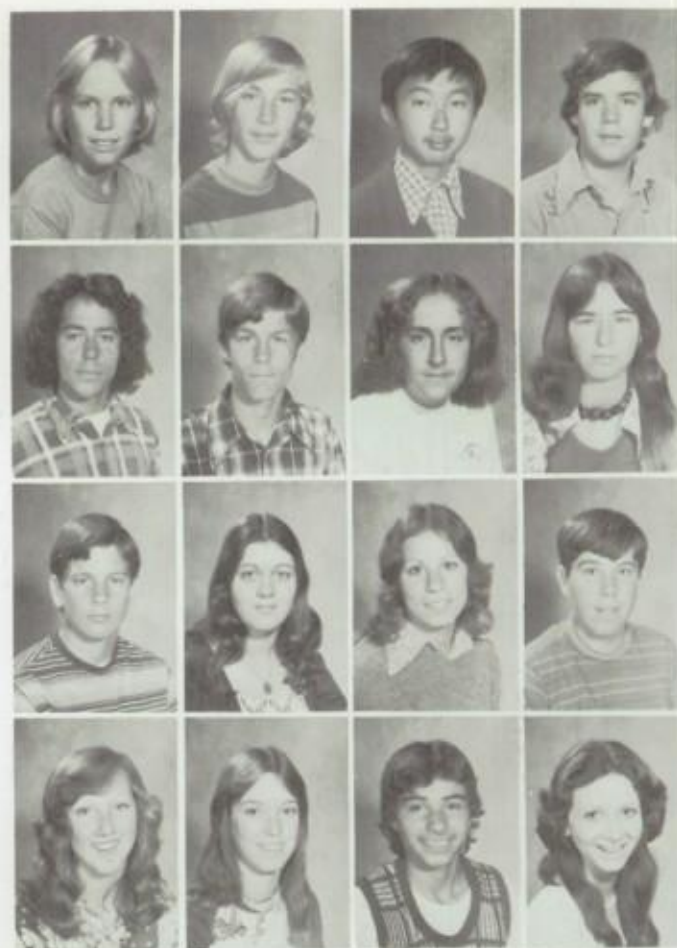


Dave Chandler
Don Chaney
Ian Chang
David Chapman

Steve Chavez
Mike Christopher
Jeff Clark
Tina Clarke

David Clymn
Gerrie Cochrane
Margie Colella
Matt Collette

Becky Compton
Dani Compton
Richard Conde
Debbie Conley



Mike Conner
Karen Conover
Kelly Contratto
Tami Conaway
Danny Cook
Regina Cook
Steve Cornell
Nanci Cornwell



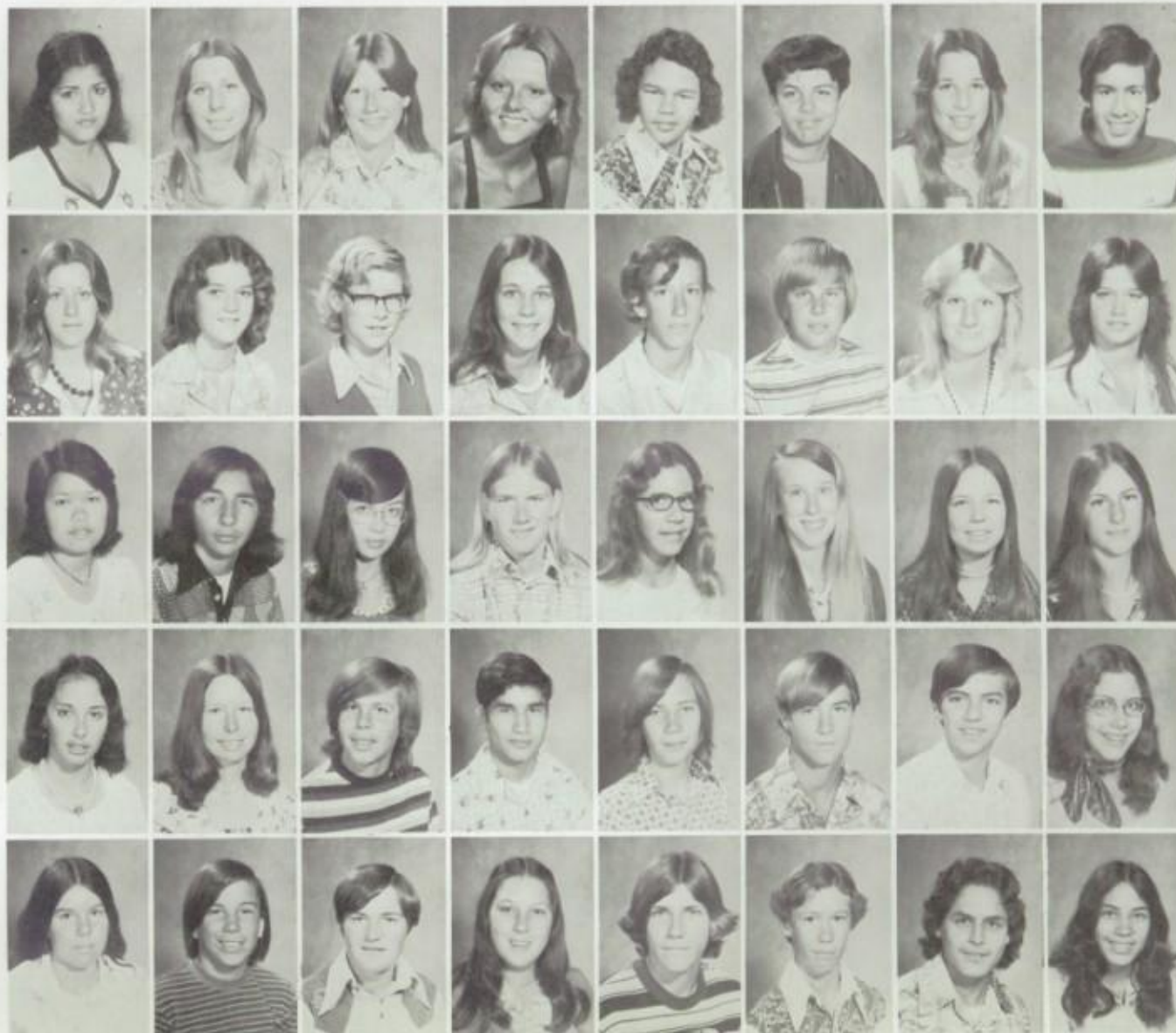
Laura Corona
Cheryl Coulombe
Robin Coyle
Patty Cramer
Andy Creutzburg
Cliff Cruz
Sue Dailey
Sam Dalton

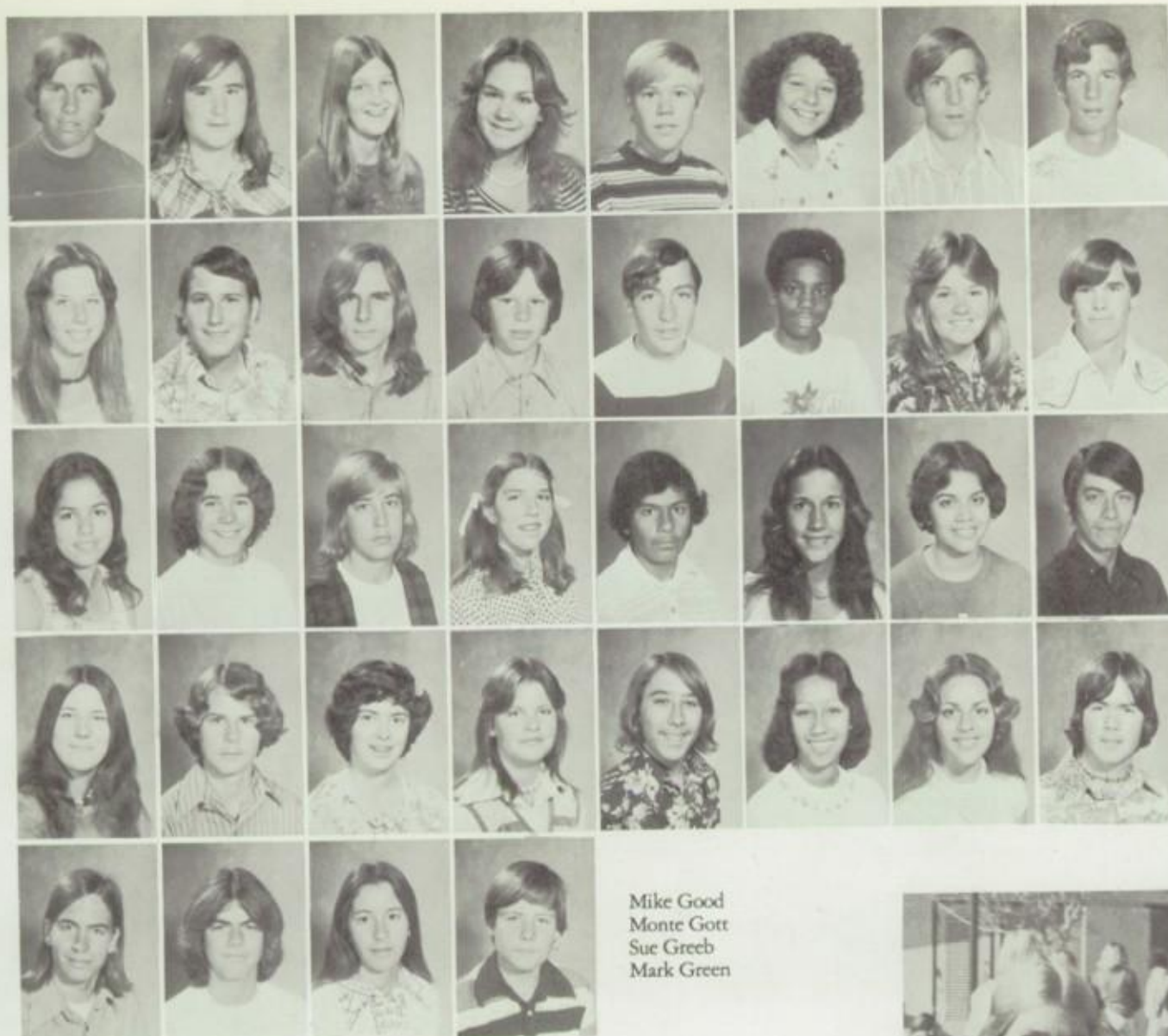
Lisa Daly
Sheri Davidson
Brian Davis
Cami Davis
Robert Davis
David De Boer
Diane Decker
Dianna Decker

Rosario De Leon
Ruben De Leon
Julie Denman
Ron Dennis
Cathy Derschan
Phyllis Derschan
Dennis de Swart
Tracy Dickinson

Val Directo
Denise Dixon
Dave Dodson
Gary Donvito
Bruce Dorsey
Rick Douthit
John Drasso
Patty Dugan

Cathy Dugas
Bill Eade
Ed Earls
Sue Egger
Mike Ellis
Corey Elmore
Tom Espinoza
Norma Estrada





Ken Eubanks
Renee Evans
Donna Farris
Yvonne Favela
Tom Faye
Felicia Felix
Dennis Fells
Joe Ferguson

Lori Ferragamo
Rick Finch
Joe Fitzpatrick
Tom Flynn
Randi Fogle
Doug Footman
Fonda Foreman
Steve Foreman

Denise Fortain
Denny Fotion
Dave Frohman
Jane Gallagher
John Gallegos
Margaret Gamrak
Cindy Garcia
Mike Garcia

Madeline Gargas
Ron Gee
Janis Gillespie
Yvonne Gingerich
Joe Gluch
Debbie Gonzalez
Lisa Gonzalez
Steve Gonzales

Mike Good
Monte Gott
Sue Greeb
Mark Green



Terri Griego
Russell Gross
Linda Grouell
Mike Guerrero

Jessie Gutierrez
Beth Hall
Ed Hamilton
Russ Hamilton

John Hammargren
Rick Hampton
Mike Harbaugh
Greg Harp

Sherry Harris
Jim Harrison
Mishell Hart
Bob Hartoog

Misty Hastie
Russell Hatchel
Dana Hawkins
Don Hayes



Sophomores

As Freshmen, they did not know what to do or where to go. Now they know the school well and are

STRANGERS

no longer. "They" are the class of '78." Within the past two years, their spirit and unity have grown well together. All of the officers put out much time and effort for their class. They were: Linda Arsulich, Sherry Harris, Sina Lock, Brenda Young, Wendi Schmit, Laurie Ashley and Jaye Pape. Float-building, sponsoring dances and a candle sale were a few activities which helped to make a good year.

Looking ahead to their Junior year, they eagerly await the responsibility it will bring.



1



2



1



2



3

★ SOPHOMORES ★



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7

1. Sina Lock, Secretary; 2. Brenda Young, Treasurer; 3. Laurie Ashley, Social Chairman; 4. Sherry Harris, Vice President; 5. Linda Arsulich, President; 6. Jaye Pape, Historian; 7. Wendy Smidt, Sergeant at Arms.



Beth Heagney
Rick Heeren
Ken Heier
Al Henderson
Keith Henderson



Mike Henesey
Bruce Henry
Lisa Herr
Cindy Herrera
Tom Higgins



Ken Hill
Cindy Hodges
Brain Hogan
Paul Hoglund
Rick Holcomb



Scott Homan
Jeff Hopper
Denise House
Todd Howard
Valarie Howard



Mark Huffman
Rick Hunter
Morgan Hurley
Gary Hylton
Marc Iacovino
Andrea Inbody
Frank Innamorato
Vito Innamorato



Kevin Irwin
Mary Jankov
Lori Jarrett
Alicia Jaso
Jerry Jauregui
Gail Jenkins
Bret Johansen
Dennis Johnson



What have you accomplished since coming to
La Mirada High School . . .

- "My grade point average."
- "Trying to make the best of an education,
getting involved, and finding new hobbies."
- "Making friends."
- "Learning how to survive!"
- "Becoming a Sophomore."
- "Nothing."
- "Getting my license."
- "Making my way through the lockers."

Eugene Johnson
Mark Johnson
Rick Jones
Steve Kaelin



Carl Kagey
Mary Kellem
Jackie Keller
Rick Kemp

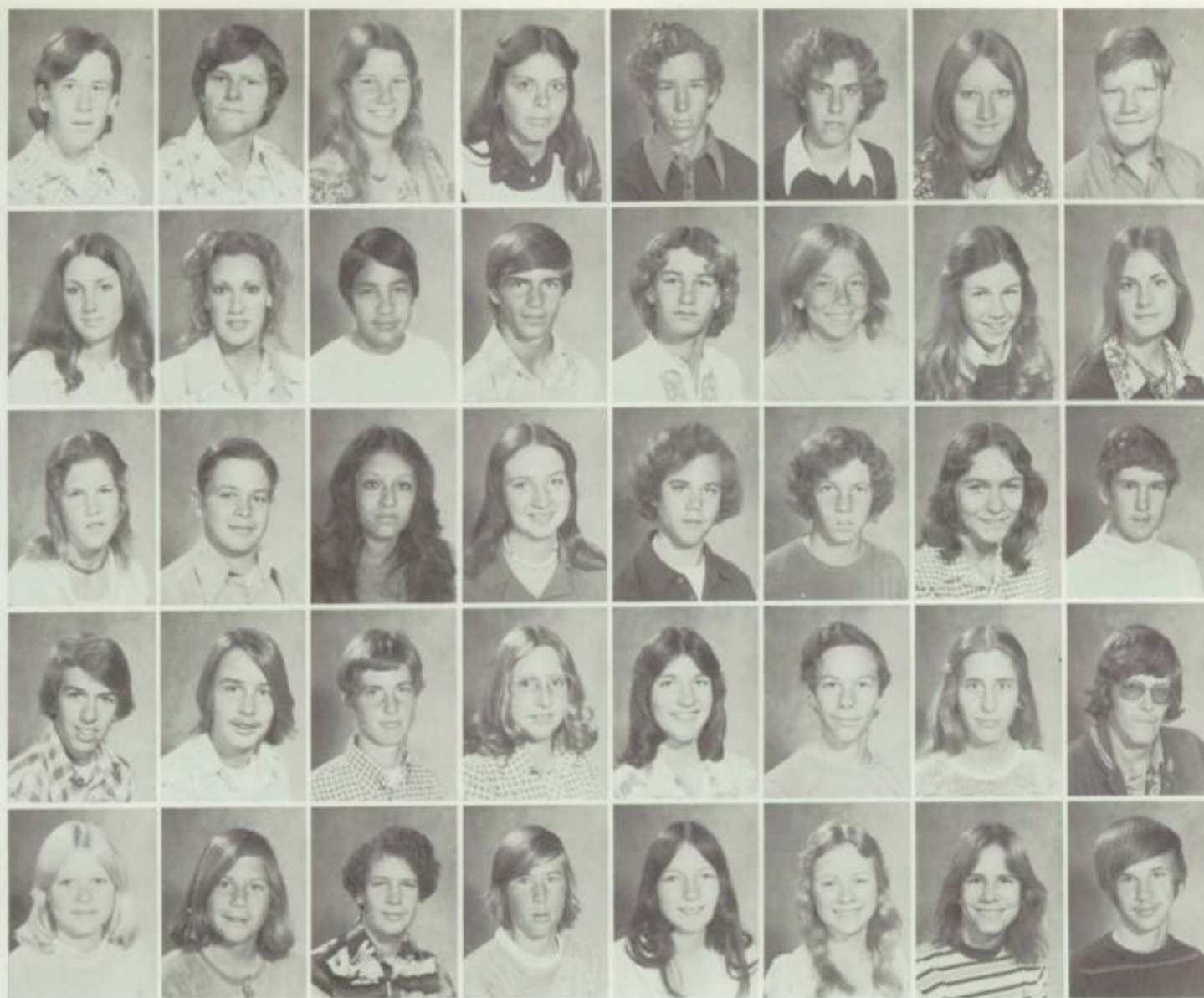


Jaime Knight
Angie Knotts
Kathy Kovacs
Tim Kosman



Shelly Kozk
Katy Kretschmar
Kathy Kwast
Lori La Croix





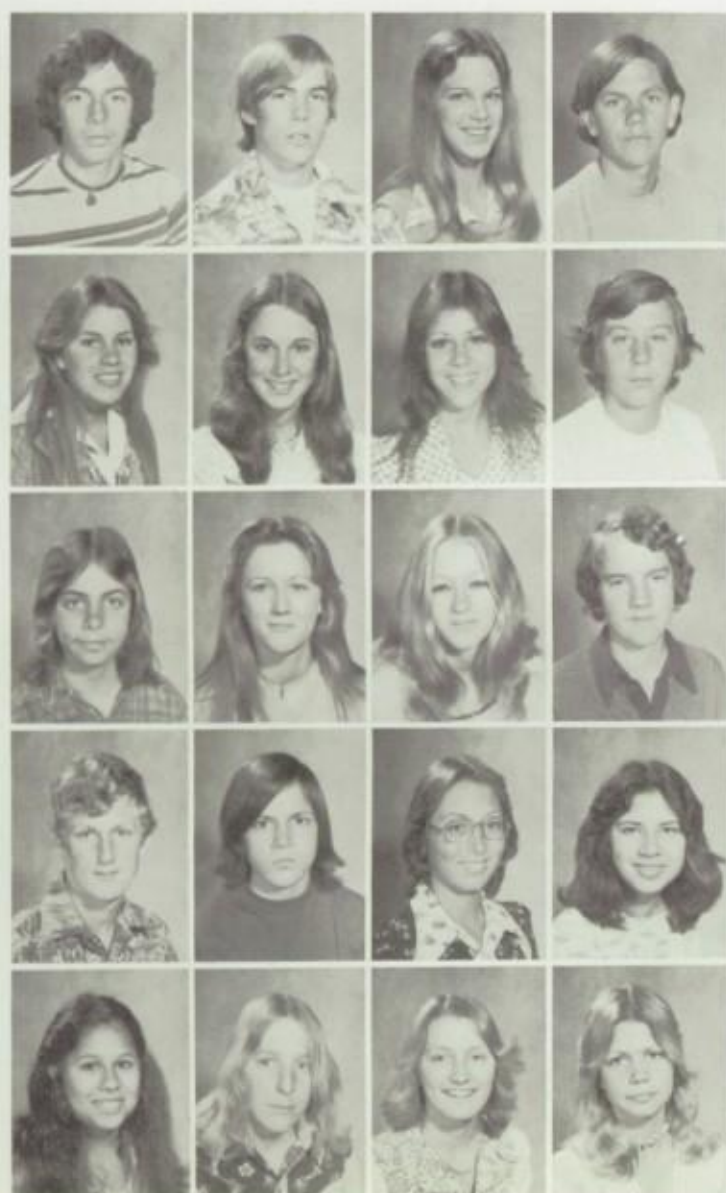
Rex Lamb
Randy Lamont
Charlene Lance
Robin Lawson
Mike Leary
Jim Lehner
Bev Lemay
Fred Leroy

Tammy Lewis
Diane Lilly
Chris Limas
James Lineberger
Bill Ling
Chuck Lochridge
Sina Lock
Juli Logan

Jean Lucas
Jeff Lux
Laura Macias
Linda Mackeane
David Mann
Jim Manuri
Debbie Marshall
Joseph McCallister

Matt McCann
Mark McCracken
Colin McDougall
Kathy McGregory
Lori McKenzie
Billy McManama
Lesa McMaster
Jeff Mears

Sherri Mears
Kelly Miller
Miles Miller
Jeff Mills
Alice Mitchell
Rhonda Mize
Dallas Moon
Ron Moore



Don Morris
Randy Myers
Kim Myers
Kelly Murray

Nancy Moyer
Debbie Napoli
Elena Napoli
Larry Neel

Greg Neill
Rhonda Nelson
Doris Nichoeson
Bob Nordberg

Rick Nunley
Daniel O'Brien
Janna Orris
Chris Padilla

Maria Paez
Tony Paison
Shauna Parker
Jaya Pape





Brent Patchell
Kenneth Payton
Robert Pegler



Ricky Perea
Marsh Pierce
Roberta Pina



Bob Plano
Jeff Pledger
Jeannette Plum



Veronica Pompa
John Pontrelli
Gary Poole
Tina Poteet
Cindy Prestwich
Tina Prestwood
Vickie Primn
Tom Propster



Mark Pruih
Jeanette Pulliam
Susan Rahn
Linda Ralston
Sherry Rawlings
Sheryl Read
Becky Redd
Julie Reeder



Tim Reyes
David Rice
Robert Rice
Steve Rice
Teri Richardson
Anita Rico
Jack Ries
Steve Ringquist



Doug Risser
Beth Robertson
Bryan Robertson
Robert Robertson
Tim Robertson
Mark Robinson
Mike Robinson
Julie Rodriguez



Rosann Rodriguez
Diane Roesser
Ricky Roome
Pam Ross
David Rowe
Danny Rowlands
Patty Rucker
Barbara Ruiz

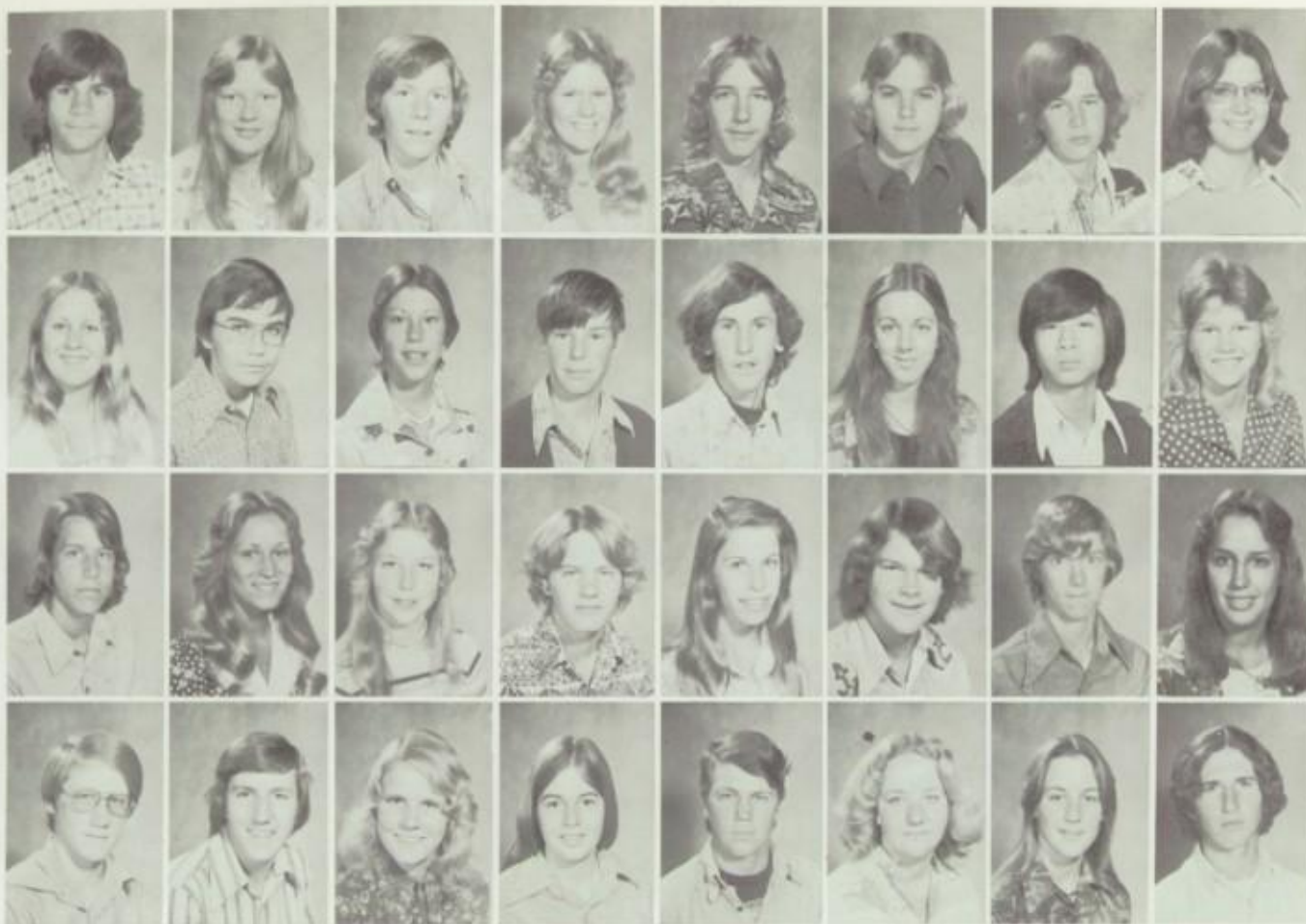


Dianne Runnoe
Donna Runnoe
Teri Sabin
Greg Salcido
Joe Saltmeris
Gary Salquist
Mike Sancher
Loris Sandoval



Nancy Santana
Steve Sarg
Dave Savage
Cindy Scalaro
John Scalaro
Chris Schaal
Richard Schaffer
Vince Scheaffer



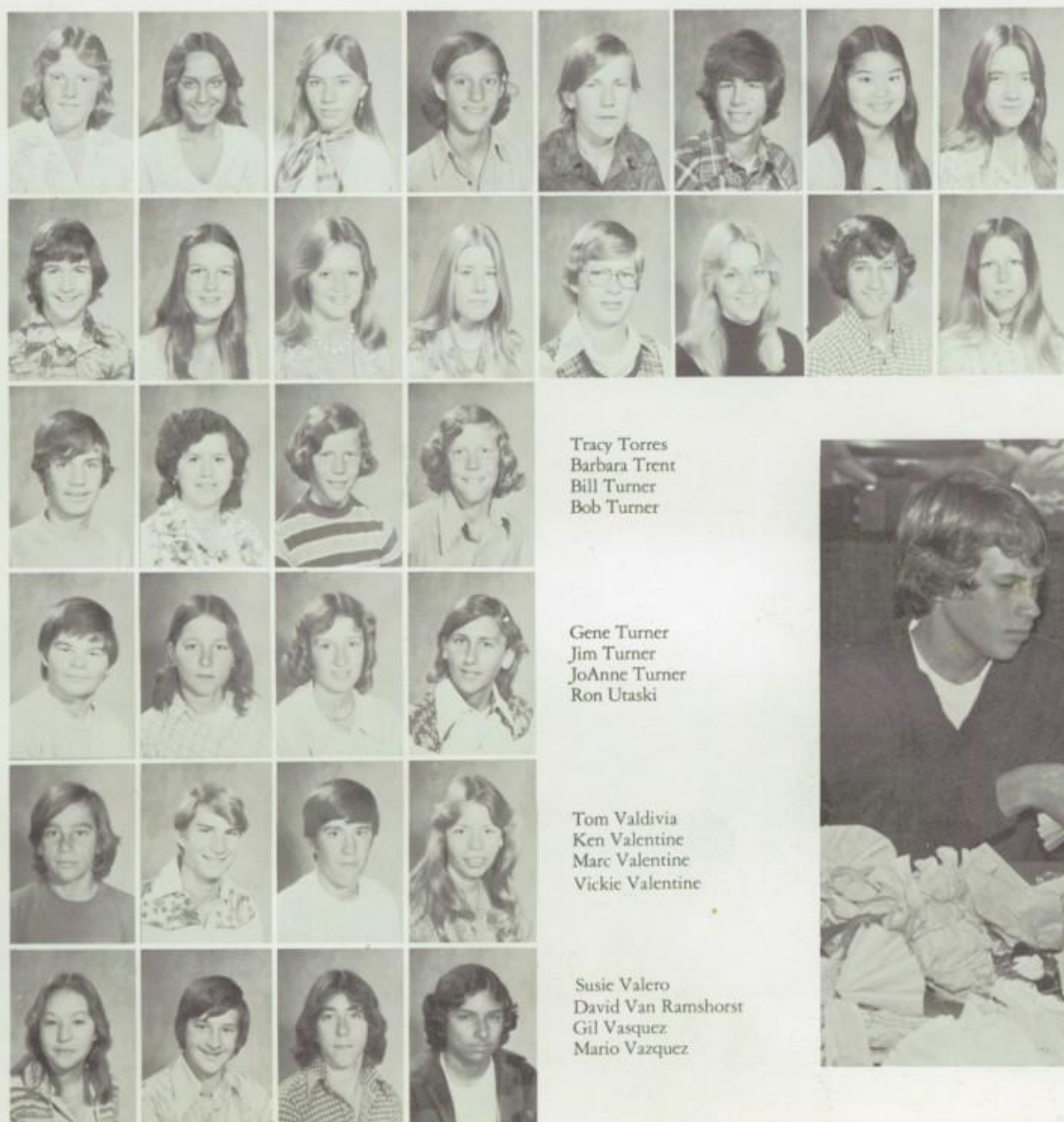


Joe Schember
Tammi Scheneman
Ren Schleinitz
Wendi Schmit
Ken Schoonover
Scott Schneider
Mark Schoettinn
Carol Schultz

Kim Schulze
Dave Secor
Julie Seideman
Mike Segrest
Mark Senesac
Patty Shannon
Dan Sieu
Carol Skjelbreia

Tom Skresuig
Kristy Smidt
Durise Smith
Kai Smith
Karen Smith
Scott Smith
Joe Snyder
Diane Sojka

David Spence
Kim Stadler
Melody Steenbergh
Amanda Steddom
Paul Stephens
Nancy Stevens
Lynn Stevenson
Kevin Stock



Julie Stockton
Robin Stout
Karen Strauss
Ken Stuart
Robert Sullivan
Jeff Surwillo
Arlene Takata
Karen Talstein

Jeff Tauzin
Denise Taylor
Frante Groen
Andrea Theis
Kelly Thomas
Lori Thomas
Scott Thompson
Laura Timmons

Tracy Torres
Barbara Trent
Bill Turner
Bob Turner

Gene Turner
Jim Turner
JoAnne Turner
Ron Utaski

Tom Valdivia
Ken Valentine
Marc Valentine
Vickie Valentine

Susie Valero
David Van Ramshorst
Gil Vasquez
Mario Vazquez



Gary Vaudreil
Michelle Vigil
Steve Vihlen
Margie Vpionek
David Walker
Jennifer Warnock
David Warren
Terri Warta



Judy Weaver
Lance Webb
Susan Weber
Jim Webster
Faith Weiser
Gary Welburn
Frank Welch
Dan Wells



Cliff Westplat
Steve Westplat
Judy Wheatley
Mike Wheeler
Craig White
Rhoda White
Kim Whitsel



Russ Wilcox
Rhonda Williams
Cheryl Woods
Sue Woolridge
Brenda Young
Tracy Young
Mike Zuccaro
Micky Zubkoff



SOPHOMORES NOT SHOWN

Rene Acevedo
Scott Anson
Dennis Archer
Richard Ascheri
Michael Aubrey
Kellie Autrey
Daniel Babashoff
Lori Baker
Steve Barrett
Blaine Barrow
Debra Bell
Bonnie Bird
Darren Bolshaw
Shirley Bresee
Clyde Castro
Oscar Castro
Nicolas Catello
Christine Cierniak
Barbara Clark
Carlyn Clayton
Dianne Cole
Patty Cook
Michael Courtney

Tracy Craig
Audra Crawford
Keith Davis
Joe De Risio
Brandon Dean
James Denny
Sue Dooley
Brian Dotson
Kathryn Fosmire
Lynn Gage
Joe Gonzales
Roy Good
Robert Hare
Glenn Hernandez
Terry Herrera
Sharon Hotra
Vanessa Kerr
Joyce Kleinhans
Michael Lardner
Craig Lundberg
Adam Massey
Lorrie Massey
Billy McNamara

Joe Meraz
Terri Metcalf
Richard Morecraft
Tim Olmedo
William Osterholm
Rex Payne
Jeff Renfro
Rene Reyes
Tim Rouan
John Sains
Toby Salazar
Scott Schneider
Mary Sedlacek
William Sheedy
Dave Sidock
Roxana Stubblefield
Cheri Uharriet
Randy Vasquez
Gary Velasquez
Ana Versteeg
Ricky Winters
Timothy Woody
Ann Worth



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FRESHMEN



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1. Teri Lewis, Secretary; 2. Lorri Garcia, Treasurer; 3. Social Chairman, Bobette Hans; 4. Barbara Thomson, Historian; 5. Sergeant at Arms, Ana Sanchez; 6. John Rubio, President; 7. Kelli Romine, Vice President.

Judy Abel
Mike Aberle
Rita Adair
Tim Adams
Shireen Al-Chalabi
Vicky Ali
Brian Altnel
Larry Altneu

Anthony Amato
Jeff Anderson
John Anderson
Dave Antisdel
Frank Arraiga
Valerie Arrona
Collen Astgen
Steve Atkins

Jill Auldrige
Karen Baguley
Chrisie Bailey
Bridget Baker
Janet Balsamo
Sue Barnaby
Mike Bargman
Cathy Barker



Monica Barrera
Kim Barrett
Laurette Barrow
Shelly Bates

Maria Bell
Tami Bell
Kim Benner
Selina Benson



Jason Bernardo
Laurie Bjorklund
Kathy Blaisdell
Cory Blazeovich

Lee Blazeovich
Jeff Boerger
Melanie Bonawitz
Darren Bond



Mike Bova
Elliott Bowles
Mark Boyd
Rick Boykin
Greg Bradach
Darla Bragg
Julie Brandenburg
Stephen Breece

Butch Brece
Nancy Bridges
Laura Bristow
Debra Broussard
Doug Brown
Ellen Brown
Kevin Brown
Lorie Brown

Ron Brown
Steve Brown
Tami Brown
Pam Browne
Jeff Brunt
Julie Bunch
Robin Burke
Steve Bustamante





Meg Buuck
Craig Byrd
Mike Campbell
Scott Campbell
Dan Campobasso
Dino Candelaria
John Carey
Caren Carlos



Susan Carmichael
Laura Carney
David Castaneda
Nerisa Centino
Kathy Charon
John Chambers
Ron Chaney
Babette Chaples



Kim Chapman
Cathy Charles
Jenny Chase
Marie Chavira
Cindy Chesley
Shellee Christensen
Bob Christopher
Joey Ci Ci



Anna Cisneros
Belinda Claybaugh
Steven Clementich
Mike Cobb
Chris Cobas
Bill Collins
Brett Contraho
Tammy Cooley



George Corona
John Cox
Rhonda Cram
Sandy Cramer



Pearly Creutzburg
Carole Cullen
Tom Cullen
Lisa Curtin



Sandy Dallman
Darin Darnell
Donna Davis
Jerry Davis



Lori Davis
Stephanie Davis
Annette Deshazo
Tay Davis



Jeanena Der Hovanisian
Janete Devena
Susan Dinger
Patty Directo
Lori Dodd
Suzy Dodd
Polyanna Doten
Windy Duarte



Cindy Duncan
Sherry Dunkleberger
Lynn Eager
Elaine Egger
Anette Eisenmann
Cindy Ellis
Pam Elrod
Kevin Engoren





Ron Erickson
Lorena Espino
Mike Estrada
Adele Evans
Tony Fajardo



Charlie Falcetti
Tim Fasan
Buddy Fazio
Herman Fesili
Rick Fiddler



Mike Field
Debbie Fink
Kevin Fogle
Carol Fosmire
Randy Frear



Crystal Freeman
Elise Friend
Terri Friend
Kim Fry
Scott Gailey



Adam Gamrak
Lisa Gandee
Marlene Ganzer
Lorrie Garcia
Oscar Garcia
Vicki Garcia
Paul Gargab
Steve Garlick



Bonnie Garrett
Denise Gavin
Rick Gee
George Genkos
Connie Gerald
Dennis Gieck
Tim Giller
Herb Gillispie



What does La Mirada High mean to you . . .

"A new school, new and old friends, new challenges and experiences."

"L.M. is my school!"

"A place to learn and have fun."

"Getting up early during the week."

"Homework for the next four years of my life!"

Dana Goettsch
Charlotte Gomez
Diane Gomez
Angie Grammer



Alison Greeb
Dale Greenough
Christy Guard
Mark Guenther

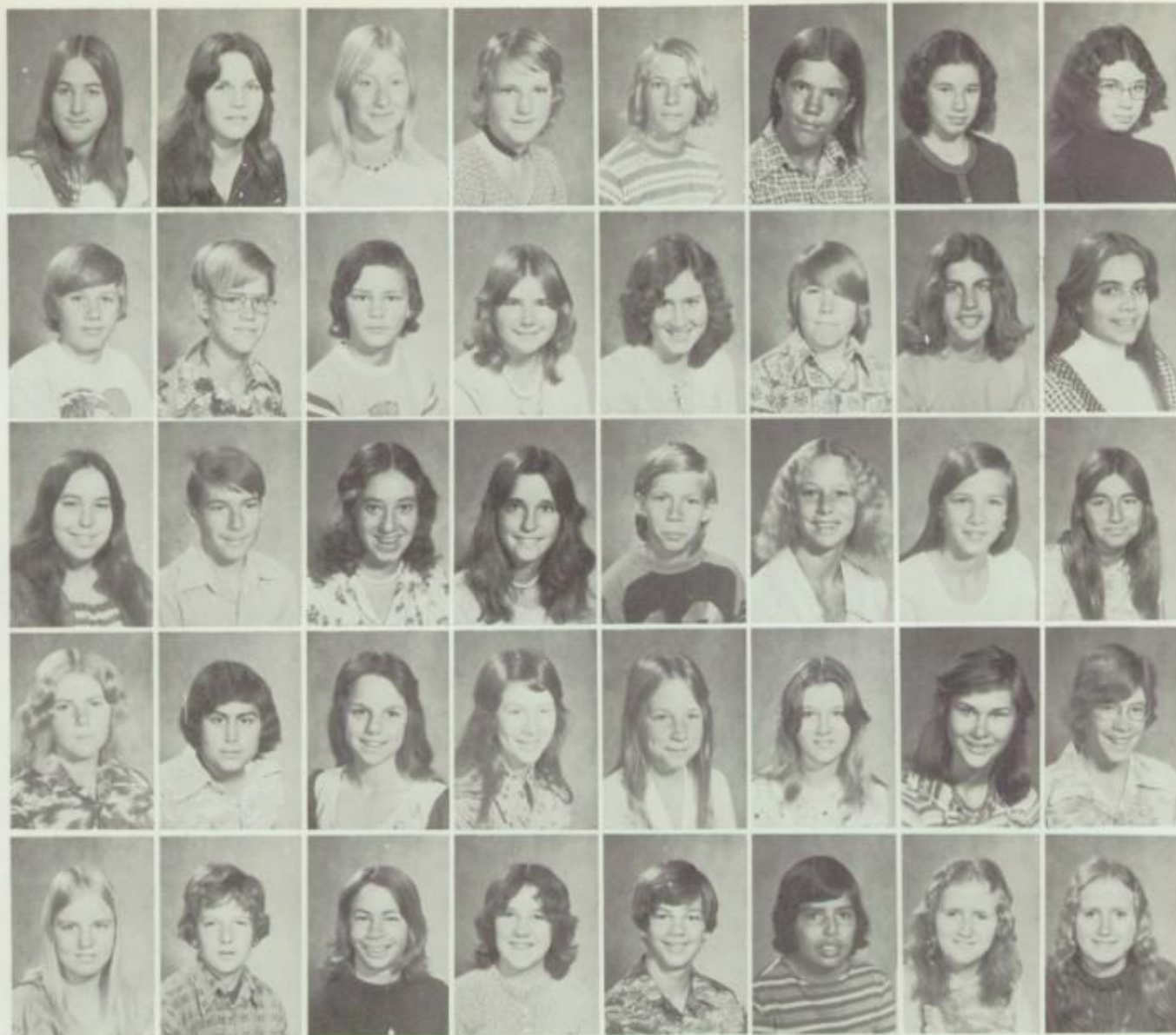


Mario Guerrero
Wade Guthrie
Chris Gutierrez
Cynthia Guzman



Ellen Hall
Cindy Hamilton
Gary Hamman
Bobette Hans





Barbie Harbaugh
Glenna Harbin
Karen Hargrave
Donna Harris
Vallen Harris
Randy Harter
Darlene Harvey
Doreen Harvey

Mark Haskins
Don Haskings
Jeff Hatchel
Paula Hawkins
Margie Heagney
Mark Heiss
Tony Herman
Eva Herrera

Cheri Harrill
David Hicks
Missy Hicks
Leslie Higgins
John Hill
Pam Hillpot
Marilyn Holmes
Cassy Hood

George Hornel
Marshall Horwitz
Karen Hulsey
Karen Innes
Karen Irvine
Elaine Isdahl
Shari Jacobsen
Steve Janosz

Jacky Janssen
George Jarrell
Russ Jensen
Lorrie Jensen
Brian Jeskey
Henry Jimenez
Jamie Johnston
Janie Johnston



Cleon Jones
Tim Jones
Ronnie Juarez
Mike Karich

John Kellam
Pam Kelley
Tami Kemp
Billy Kiehl

Reneé Kittiko
Kirk Knudson
Beth Kasman
Eric Kasters

Susan Kromberg
Tim Kuhn
John Labartunek
Mary Lalande

Barbara Lake
James Lance
Debbie Lane
Mark Lebeau



Freshmen

The class of '79 adjusted well to their new environment —
the **HUSTLE** and

bustle of a high school campus. Leading frosh in the right direction were John Rubio, Kellie Romine, Teri Lewis, Lori Garcia, Barbara Thomson, Bobette Hans, and Ana Sanchez.

Pep rallies and games to attend and the chance to make their first Homecoming float were new and exciting challenges to begin their four-year slice of life. The spirit of '79 is alive and kicking!



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1. Float 3. S. Pribnow 4. K. McMann 5. Frosh Boogie 6. H. Fesili, C. Underwood 7. J. Porter, P. Waters, R. Whitney, D. Wisnewski, A. Sanchez, A. Greeb



Cindy Lee
Steve
Ed Levih

Lynn Lewis
Teri Lewis
Stuart Lowe

Maria Lubliner
Kenny Lucas
Debbie Lucero



Eric Lux
Mark Lynas
Gary Mack
Tammy Magnuss
Michelle Mahan
Tami Maney
Madeline Manriquez
Lisa Margiotta

Carole Marion
Rex Marsau
Brenda Marshall
Mary Martinez
Dee Dee Matthews
Cheryl McBride
Shawn McCallister
Sue McCann

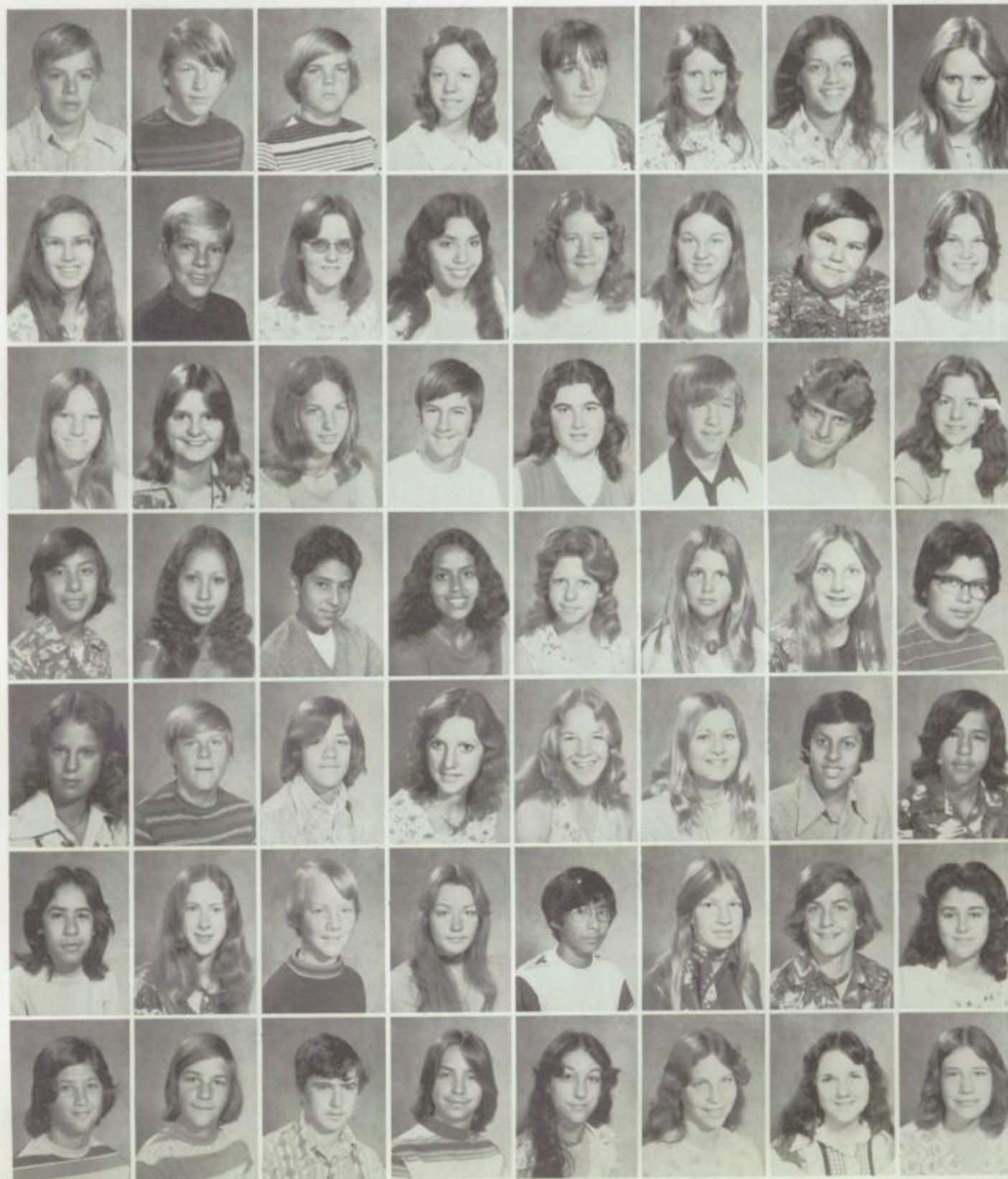
Valerie McClement
Kim McDermott
Cathy McDougall
Craig McIlueen
Kim McMahan
Mike McMaster
Pete Mecher
Pam Medrano

Steve Melendez
Patty Mendibles
Lennard Mendoza
Eleanor Meraz
Jodi Miller
Kathy Miller
Denise Minnick
Albert Montoya

Janice Morin
Robert Morril
James Morris
Cathy Murray
Candy Needham
Wendy Nelson
Curt Nicolitz
Dave Nino

Ralph Nino
Sherry Nobles
Dale Nordberg
Kristal Notarstefano
Henry Ocampo
Roberta Offutt
Bob Orleff
Debbie Ornelas

Craig Owens
Jeff Pace
Gale Palmer
Jamie Palmire
Debbie Palty
Cathy Parry
Charlene Parry
Carol Patterson





Ray Pierce
Darrel Pellin
Terry Perdue
Vivian Perea
Kammy Pierce
Ken Pitsenbarger
Kathy Plane
Teri Prestwich



Sandy Pribnow
John Prosser
Tim Quiring
Debbie Rader
Robert Ralston
Tom Randell
Joe Reyes
Randy Rhoton



Carl Rice
Jack Ringquist
Dale Robertson
Lisa Robertson
Nancy Robertson
Bob Robinson
Marian Rodriguez
Jim Rogers



Kelli Romine
Cindy Ronzoni
Tim Rose
John Rubio
Larry Ruiz
Cathy Runnels
Ana Sanchez
Jesse Sanchez



Karen Sanders
Kathy Sanders
Scott Sarver
Tonia Satalino
Randy Schaal
Mike Schretterbeck
Cindy Schroeder
Kathy Scott



Mark Scott
Shane Service
Janine Sevensing
Pam Sharp
James Sherman
Neil Sherwood
Fred Shiffer
Cindy Smith



Larry Smith
Brent Snapp
Kathy Snyder
Michelle Snyder



Sheryl Soddors
Teri Sojka
Michelle Souza
Robert Sperling



Mark Stein
Jimmie Stephens
Penny Stephens
Tom Stephens



Jim Stevenson
Karen Stock
Renate Stransky
Kerry Strous

What was your first impression of
La Mirada . . .

"Confusing, scary and bitchen."

"I could never find my classes."

"Getting run over in the
hallways by senior football
players."

"Why is this school in a circle?"

"YECK!"



Mitch Struckhoff
Diane Sumler
Jon Surwillo



Mike Tabor
Ken Talsky
Tracy Tanaka



Angie Tannehill
Cynthia Tapper
Don Taylor



Jeff Taylor
Keith Taylor
Barbara Thomson
Brook Thompson
Stephanie Thornton
Cathy Tiller
Tom Tomko
Alan Torres



Emily Tsang
Michelle Tuttleton
Cindy Underwood
George Valdez
Margie Valdez
Heidi Vaught
Jane Waite
Vonda Walden



Becky Wallace
Scott Wandro
Lorena Warnock
Jen Warta
Carrie Washowick
Penny Waters
Bob Watts
Jackie Weaver



Joy Webster
Mark Welch
Karyn Weinstein



Gary West
Kevin West
Ron Westheimer



Leslee Whitacre
Danny White
Stacy Whitehead





Rick Whitney
Sue Whitsel
Brad Wickham
Chris Willeson
Angie Williams
Robert Williams
Cindy Wilson
Diane Wisniewski

Alan Witt
Steve Womack
Rich Wright
Ray Yaggi
Jeff Yerkes
Terry Zinter
Larry Peak

FRESHMEN NOT SHOWN

Jill Archer
Lori Armstrong
Elizabeth Babbitt
Gary Backer
Mark Bales
Andy Banchieri
Suzanne Barnabi
Marilyn Barnett
Leonard Bazan
Kathy Bergman
Joseph Blandino
Michael Bova
Russell Brooks
Michael Browkowski
Michael Bruch
Phillip Bruch
David Burke
Marty Camp
Gilbert Castro
Anita Cayer
Pamela Chadwick
Brad Child
Scott Child
Ivy Chlotos
Michael Clements
Joel Craford
Teresa Crease
Bonnie Crume
Pamela Davis
Dino De Marco
Gregory De Rose
Janet Dennison
Lorri Diaz
Paul Doeve
Pollyanna Dotson
Denise Dowdy
Jerry Fears
Charles Finders
Robert Finders
David Fontes
Jerome Forbes

Brien Franz
Katerine Gamero
Max Gonzalas
Angie Goodin
Allison Gregorek
Carolyn Hall
Thomas Hammer
Rita Harrington
Gabrielle Hecker
Diana Hemphill
Jo Jan Hieda
Vincent Hernandez
Leonard Higgins
Brenda Holder
Ginger Howell
Lisa Hutchins
Carol John
Terry Johnson
Jeffrey Jones
Williams Jones
Eileen Kandalaft
Ronald Koerner
Robin Large
Connie Larson
Stephan Leslie
Maria Levaris
Jefferey Ling
Zoe Llewelyn
David Lutfe
James Maier
Tracey Martin
Helen Matus
Ronnie McLaughlin
Miguel Mederos
Rosa Medrano
Ferdinand Mendez
Jamie Meraz
Jeffrey Monge
Kurt Niederhauser
Pat O'Neill
Kimberly Obershaim

Michael Olguin
Eric Olson
Lorraine Olson
Michall Pease
Joseph Perrulli
John Porter
Jack Powell
Denise Renfro
Jennifer Reyes
Jess Reyes
Lynis Reyes
James Ries
Ingrid Rissling
Vincent Rojas
Brian Rooney
Cheryl Rosenau
Louise Rozsypal
Whilliam Russel
Adam Sanders
Ernest Sarabia
Mark Schlotterbeck
William Scott Scruggs
Rochelle Seidl
Glenna Shaver
Robert James Skresvig
Stewart Randolph Smith
Clinton Songer
William Sorensen
Janet Steddom
Clark Tabor
Karen Thompson
Trina Tynda
Elizabeth Velasquez
Julie Wakefield
Donna Wellmerling
Shelli Whiting
Michael Whilliams
Stephen Scott Winton
Wade Wright
Wayne Wright
Shari Lou Young

- Cheryl -

To a real sweet
and cute person
hope ya have a
real fun summer
hope to see ya too.
good luck with
who-ever you like
and you know you'll
get em. Be good
Debbie

Sheryl,

I'm glad we got to
be good friends this year!
I wish alot of success in
the years to come.

Good luck,

love

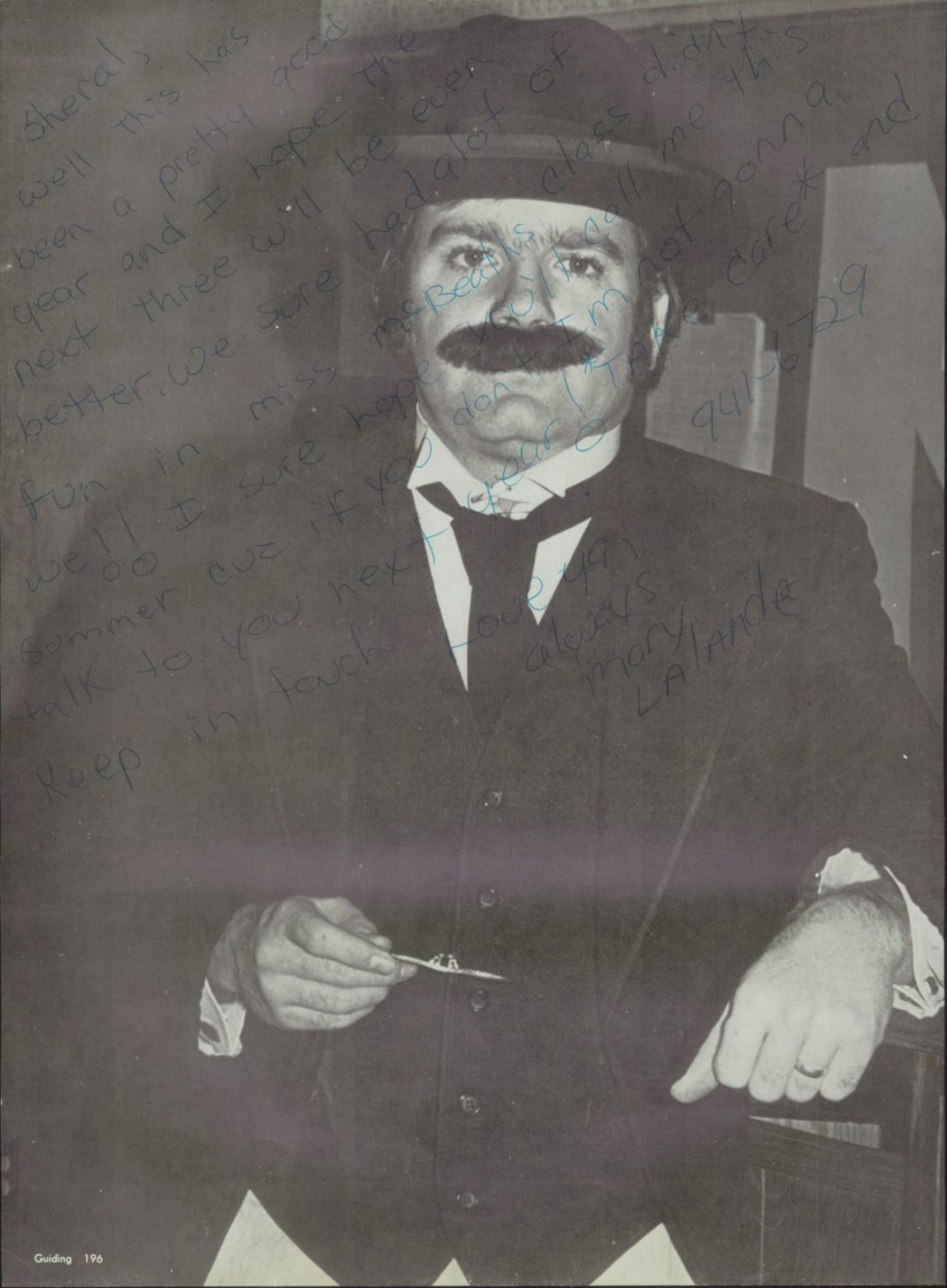
Steve Janoz

Cheryl,

This year really has been great!
I hope we become better friends
next year. Lots of luck & I see
ya in the summer.

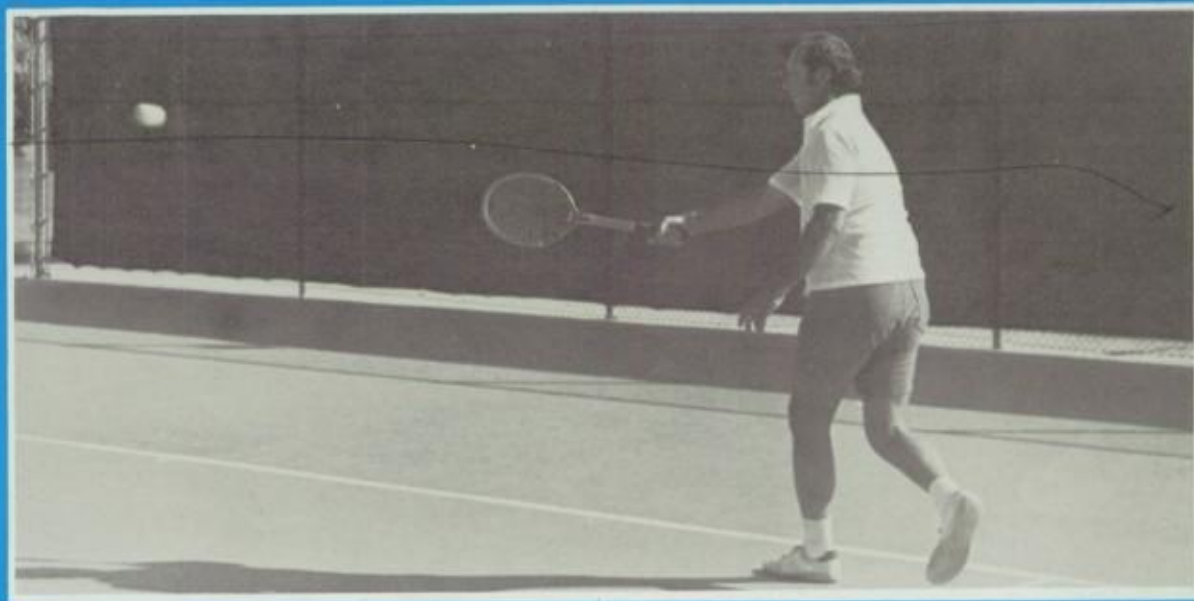
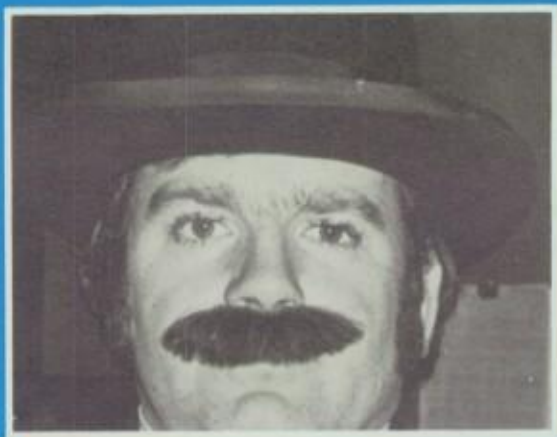
- 29 -

Love,
Kelli Romine



Sheral, well this has
been a pretty good
year and I hope the
next three will be even
better. We sure had a lot of
fun in miss me Bealks class didn't
we!! I sure hope you'll call me this
summer cuz if you don't I'm not gonna
talk to you next year O/T/Ale care* and
Keep in touch Love *491
always
Mary
LA/Ande

941-6729

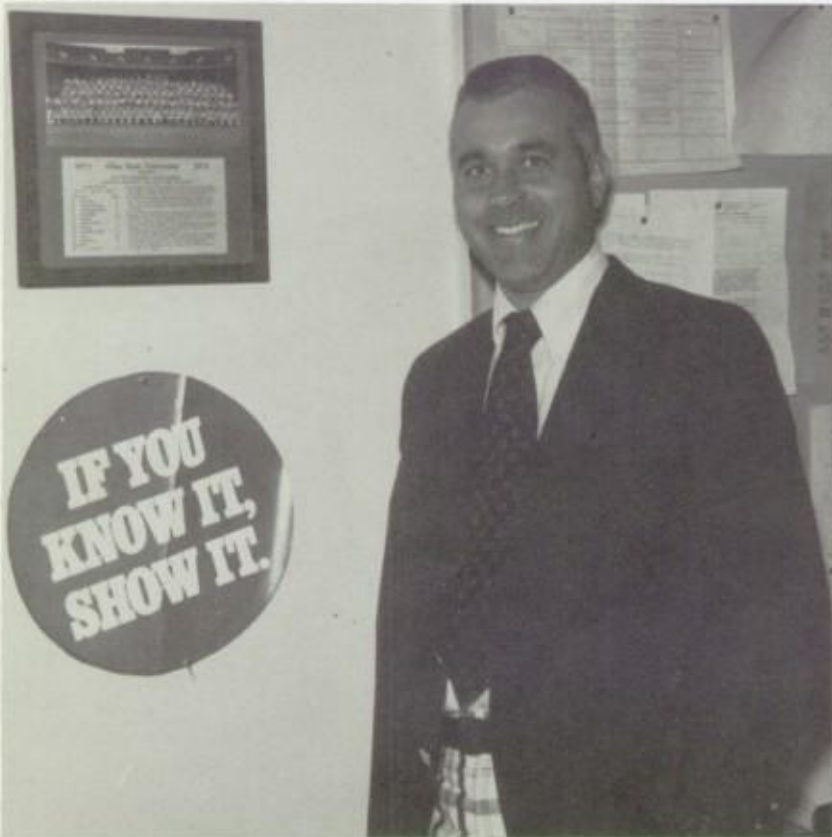


GUIDING



Administrators/Counselors

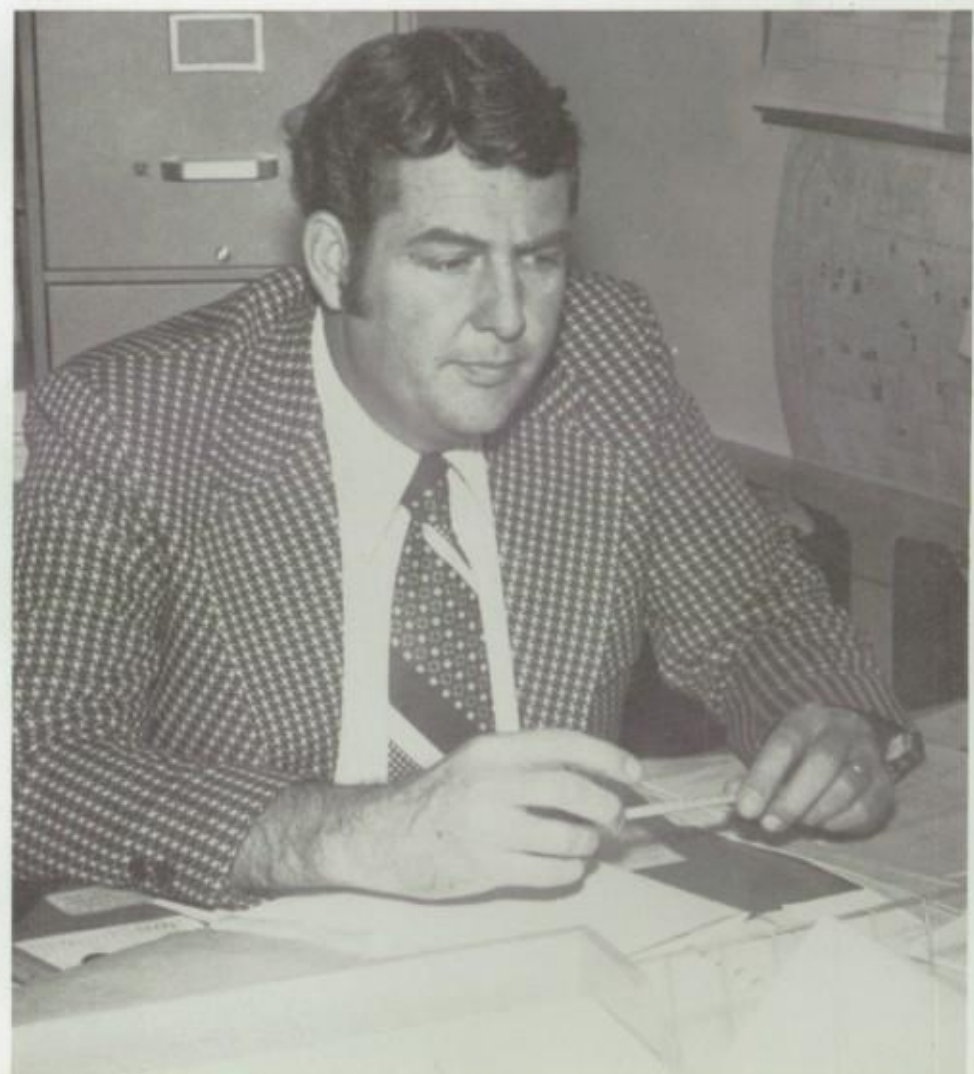
Administrators were the functionaries who carried through with district policies and represented La Mirada to the public. Counselors dealt with all aspects of the student this year. These **TASKS** went smoothly and successfully.



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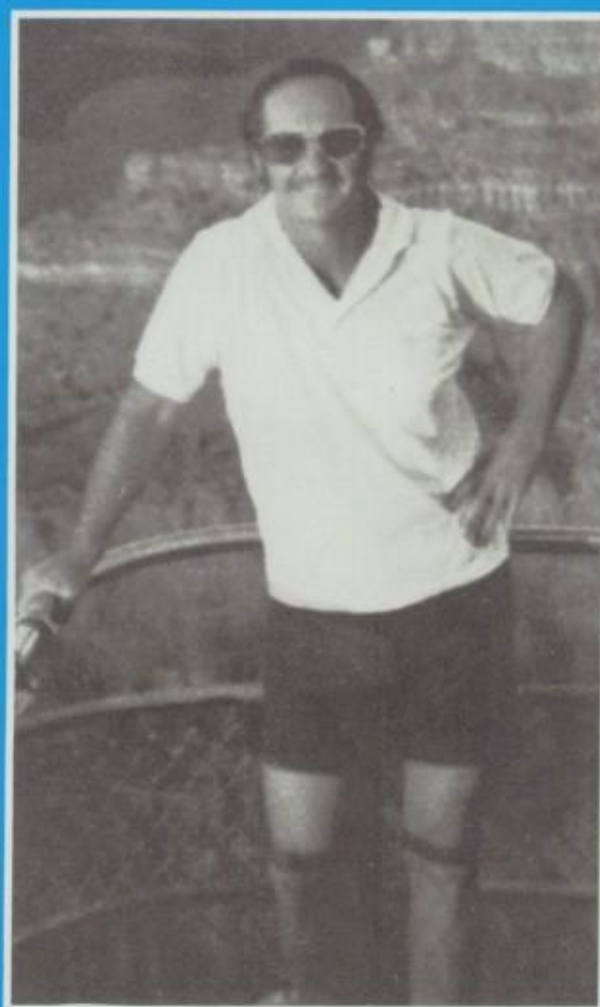
1. Mr. Anthony Ortega — Principal
2. Mr. Jim Gwyn — Assistant Principal
3. Miss Bonnie Bowman — Assistant Principal
4. Mr. Earl Eberhard — Assistant Principal
Counselors: 5.

Mr. Ted Chenny — Seniors
6. Mr. Joe Korzen — Juniors
7. Mr. Dennis Emken — Sophomores
8. Mr. Dick Laing — Freshmen
9. Miss Lucy Ito — Attendance

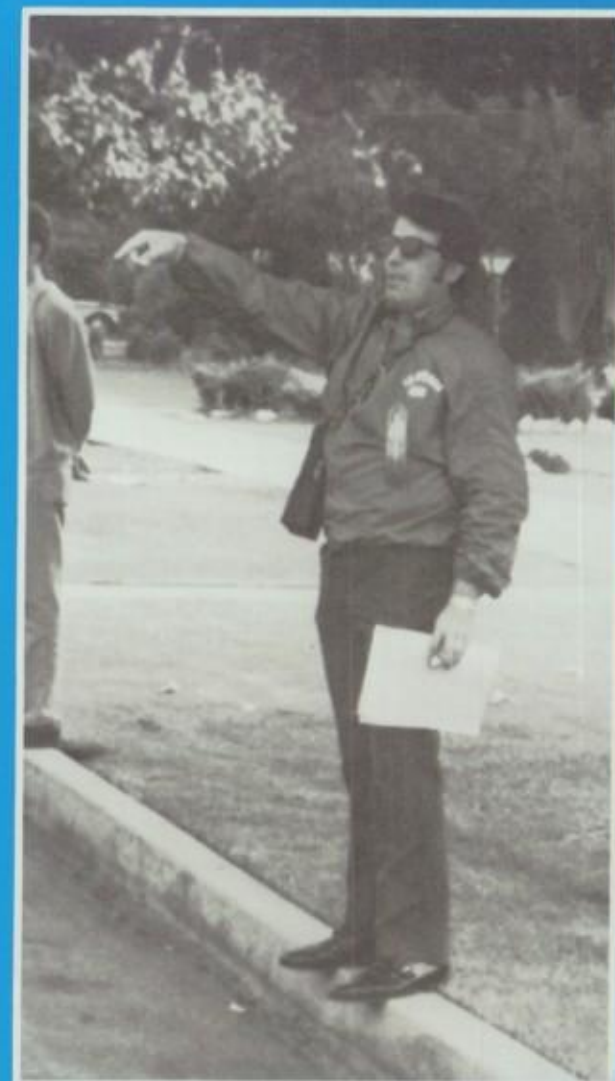
YOU KNOW YOU'RE A



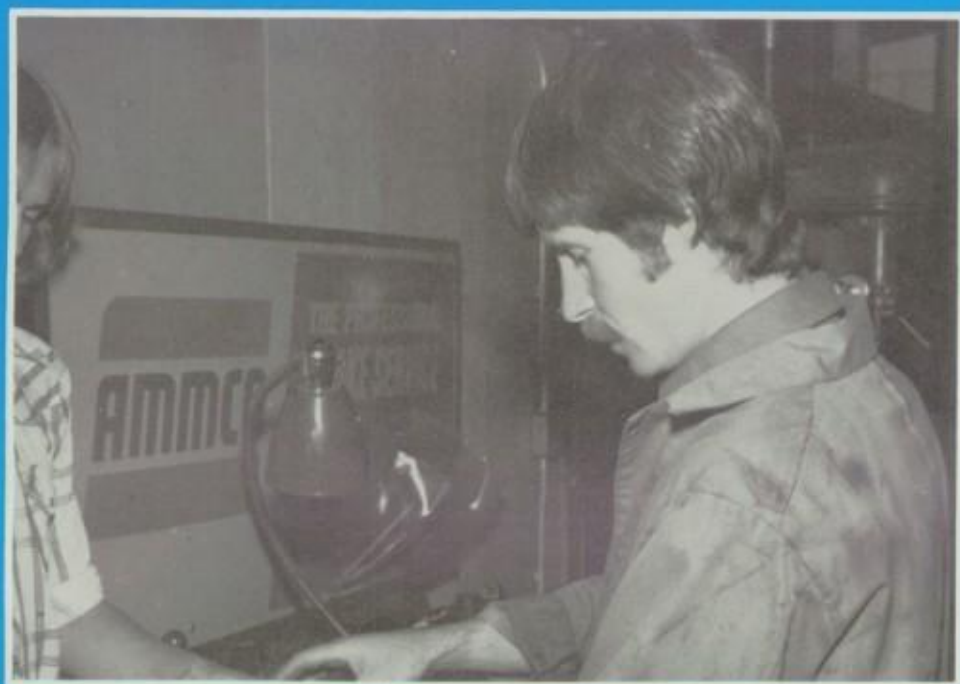
Mr. Dave Briscie "... Your students become interested enough to seek additional information on their own."



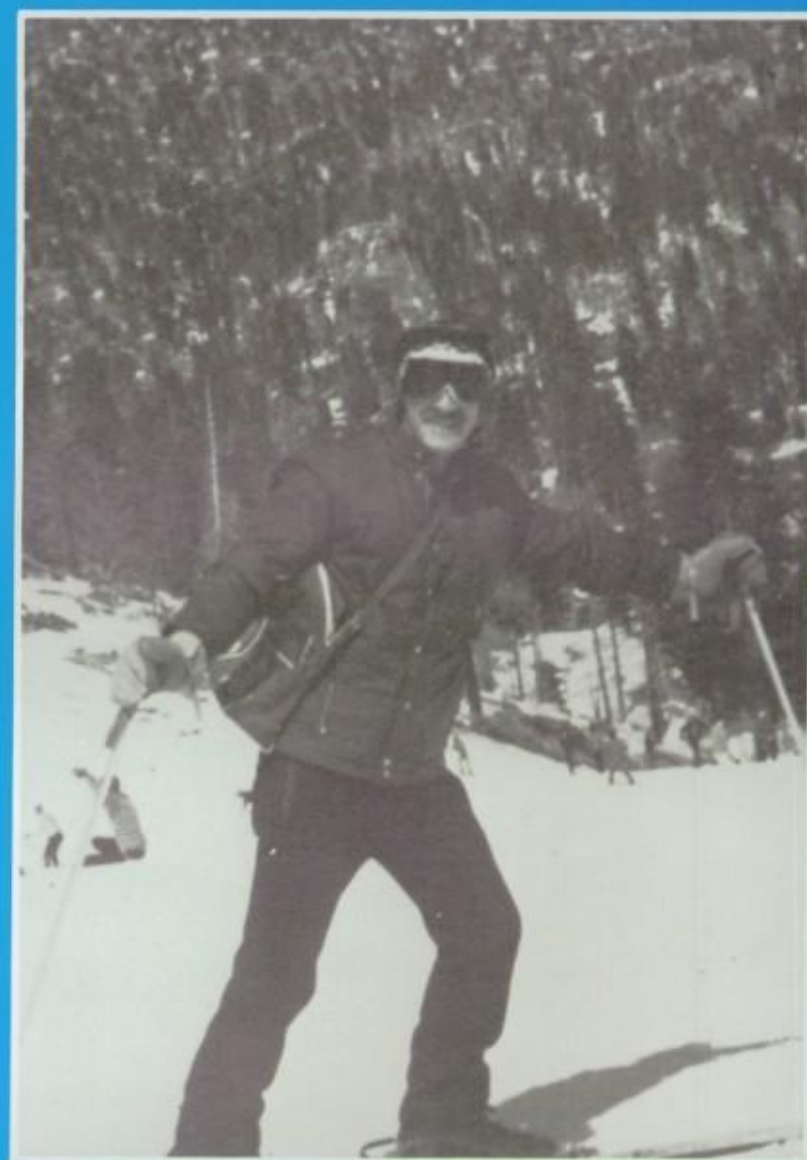
Mr. Don Berberet "... students thank you after you straighten them out or help them in any way."



Mr. Rex Bonebrake "... you start making plans for your summer European trip on the 2nd day of school."



Mr. Steve Berklite "... your friends call you Mr. Berklite, the students call you coach, and the faculty calls you Sparky."

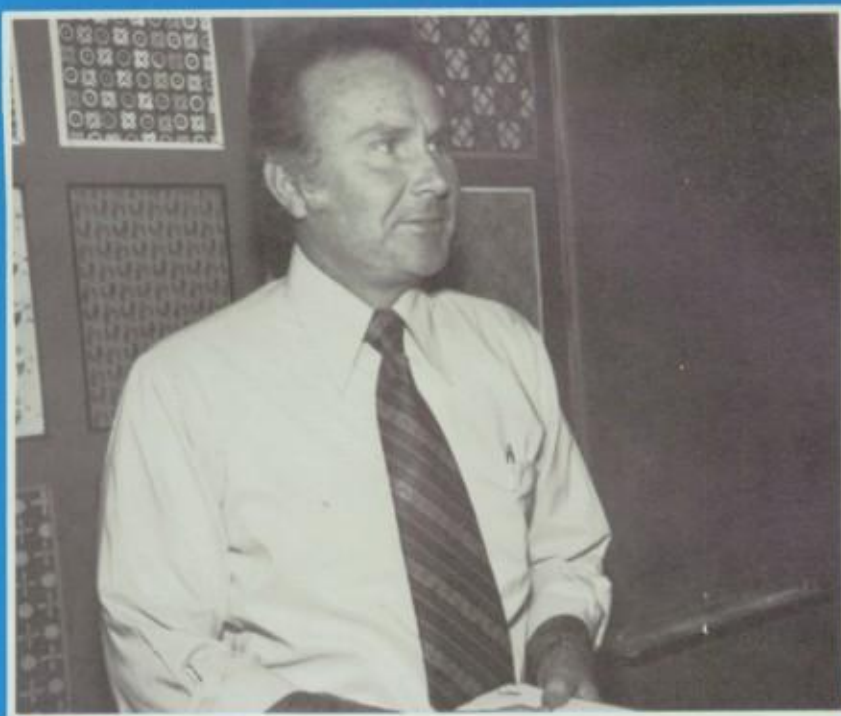


Mr. Don Adams "... you find a 'voodoo doll' with your name on it, stuck full of poisoned spears."

TEACHER WHEN . . .



Mr. Sherrill Brown "... you try to open a door and the doorknobs are missing."



Mr. Don Bruns "... the annual staff keeps bugging you to turn in things."



Mr. Carl Castiglione "... a former student met me and said to her son, 'He was my teacher when I was a little girl!'"

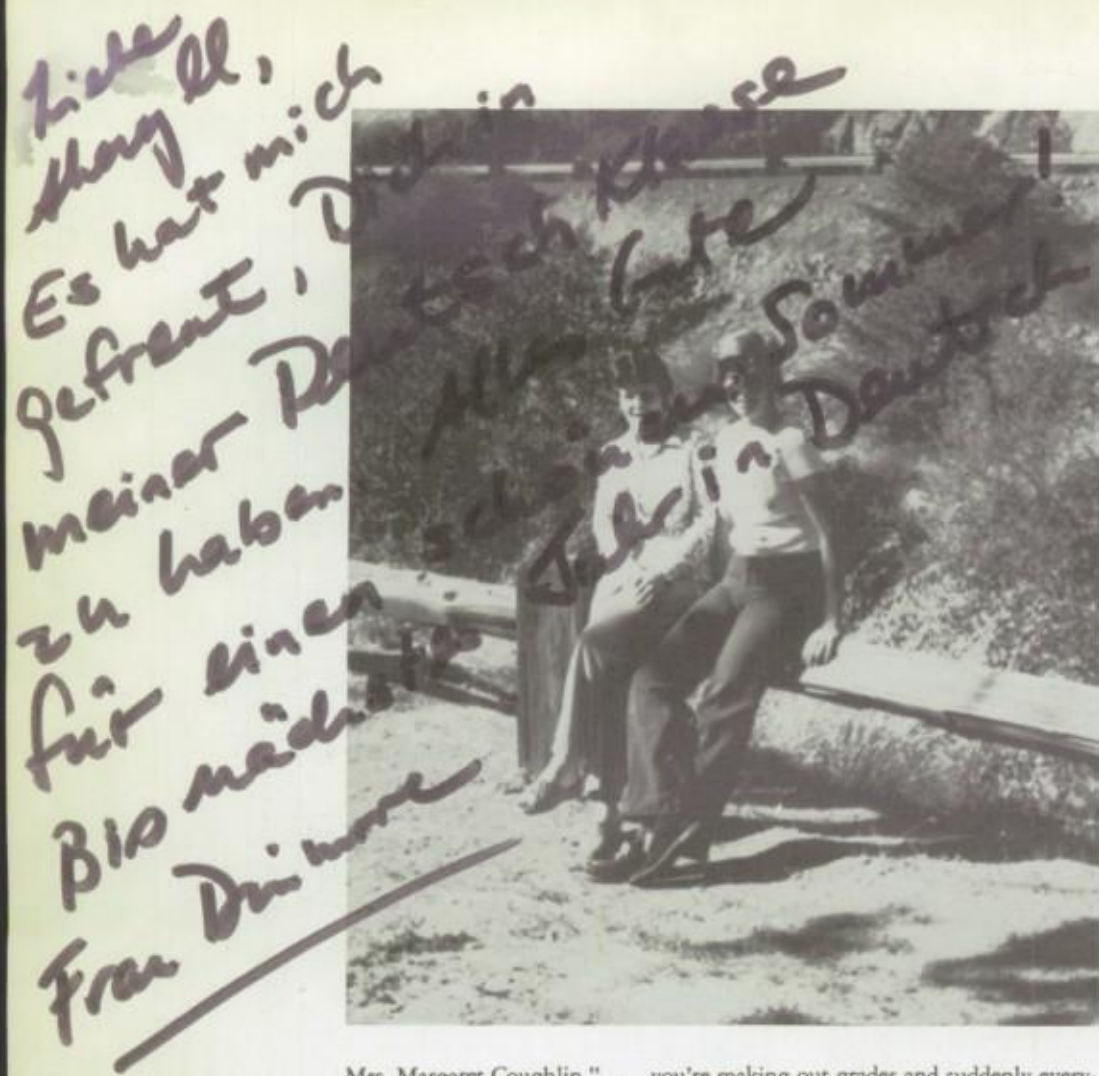


Mr. Lawrence Castro "... you have ink marks on your shirt pocket."



Mrs. Linda Cistone "... you look forward to test days."

Mr. Adams — Math; Mr. Berberet — Health and Safety; Mr. Berklite — Vocational Arts; Mr. Bonebrake — Music, Boys' P.E., Girls' P.E.; Mr. Brisc — Art; Mr. Brown — Math; Mr. Bruns — Art; Mr. Castiglione — English, Performing Arts; Mr. Castro — Social Science; Mrs. Cistone — Foreign Language.



Mrs. Margaret Coughlin "... you're making out grades and suddenly everyone wants to do extra credit projects to raise his or her grade."



Mrs. Dorothy Dinmore "... you drill so much grammar that students begin to call you Mrs. Dative!"



Mr. Edward Doll "... your class stays awake during lectures."



Mrs. Marianne Estes "... you are the only one in class that doesn't know when the bell is going to ring."

Mrs. Coughlin — English; Mrs. Dinmore — Foreign Language; Mr. Doll — Vocational Arts, Science; Mrs. Estes — Home Economics; Mr. Everly — Foreign Language; Mrs. Farber — Business; Mr. Finnerty — Health and Safety, Science; Ms. Freeman — Girls' P.E.; Mr. Gardner — Science; Mrs. Gavis — Girls' P.E.



Mr. Tom Everly "... you observe the growth and development of students between September and June, and the freshman and senior years hoping you had some part in those changes."

YOU KNOW YOU'RE A TEACHER WHEN . . ."



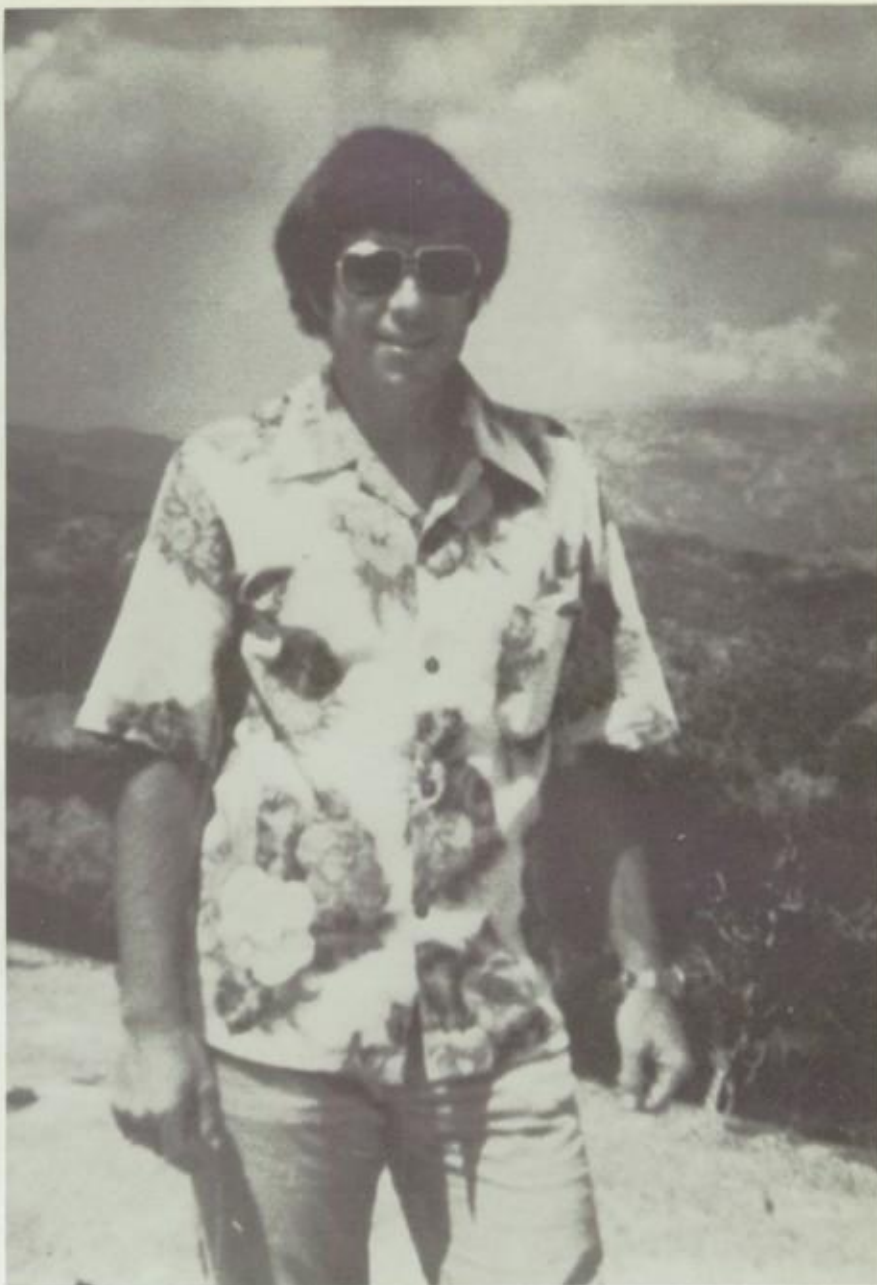
Mrs. Marian Farber ". . . you can go out on campus without a pass."



Ms. Chris Freeman ". . . your students understand and do what you say the FIRST time you say it."



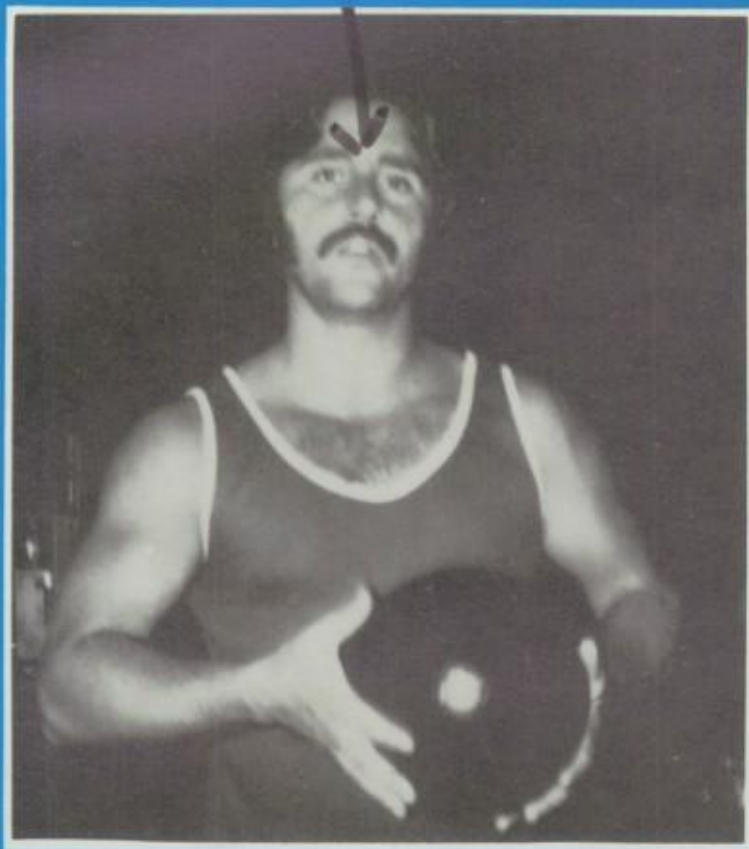
Mrs. Sherry Gavis ". . . your students remember this year what you taught them last year and are glad you did."



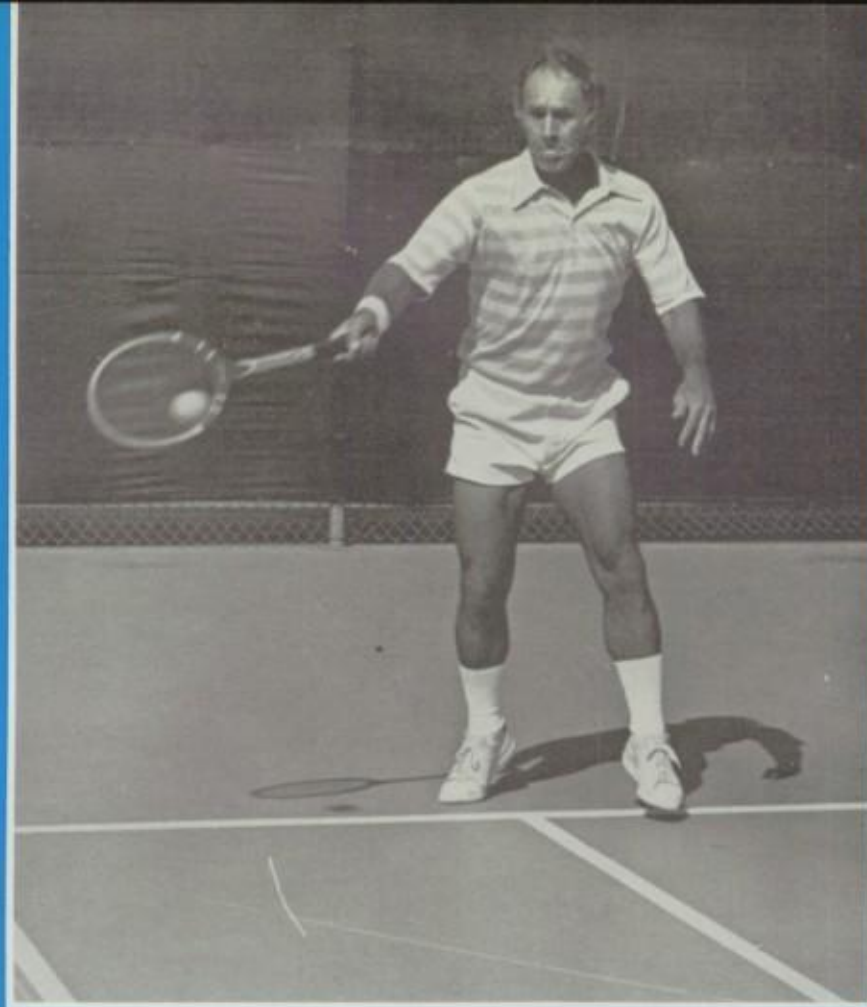
Mr. Mickey Finnerty ". . . you sign your first public school contract with 50,000 unemployed teachers in the state."



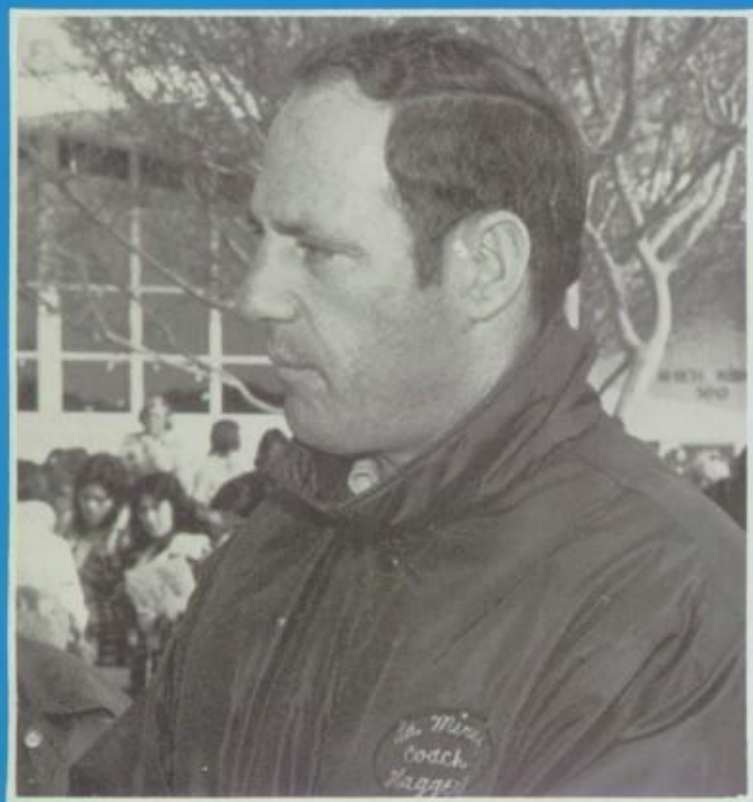
Mr. Ron Gardner ". . . you have no tardies all day."



Mr. Bruce Gevirtzman "... everyone who is not a teacher tells you what an easy job you have, but you really know better."



Mr. Joe Glascock "... you can see everything and overlook a great deal."

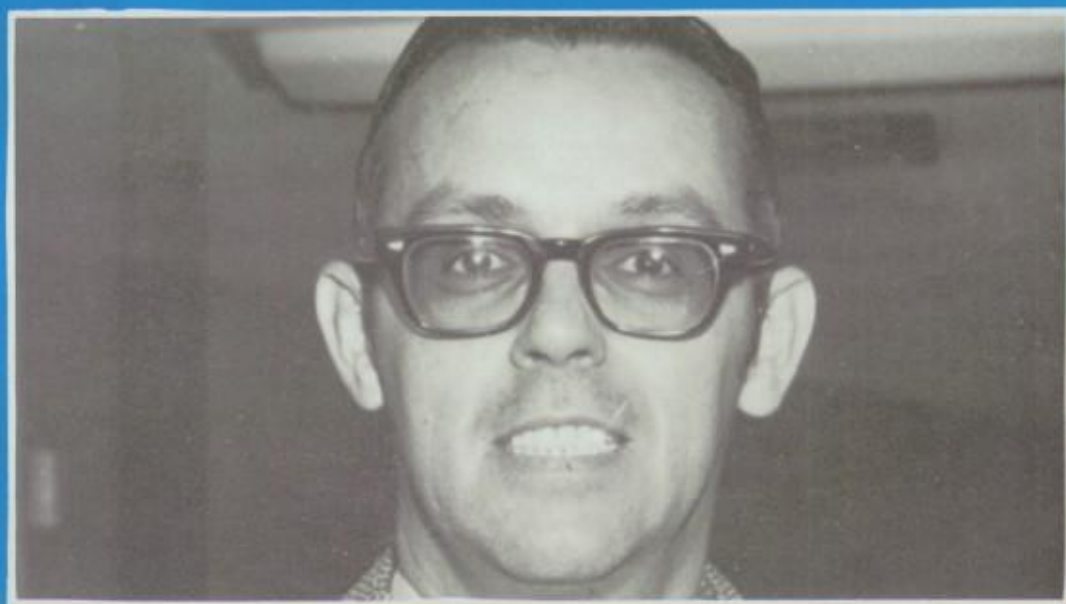


Mr. Leo Haggerty "... you wish it was Friday on Monday."



Mrs. Charlotte Heagney "... students call you Mother or Mom."

Mr. Gevirtzman — English, Public Speaking; Mr. Glascock — Math; Mr. Haggerty — Boys' P.E.; Mrs. Heagney — Home Economics, Health and Safety; Mr. Henglar — Foreign Language; Mrs. Hill — Art; Mr. Hills — English, Vocational Arts; Mr. Hoefer — Vocational Arts; Mr. Hollingshead — Business; Mr. Hollis — Vocational Arts.

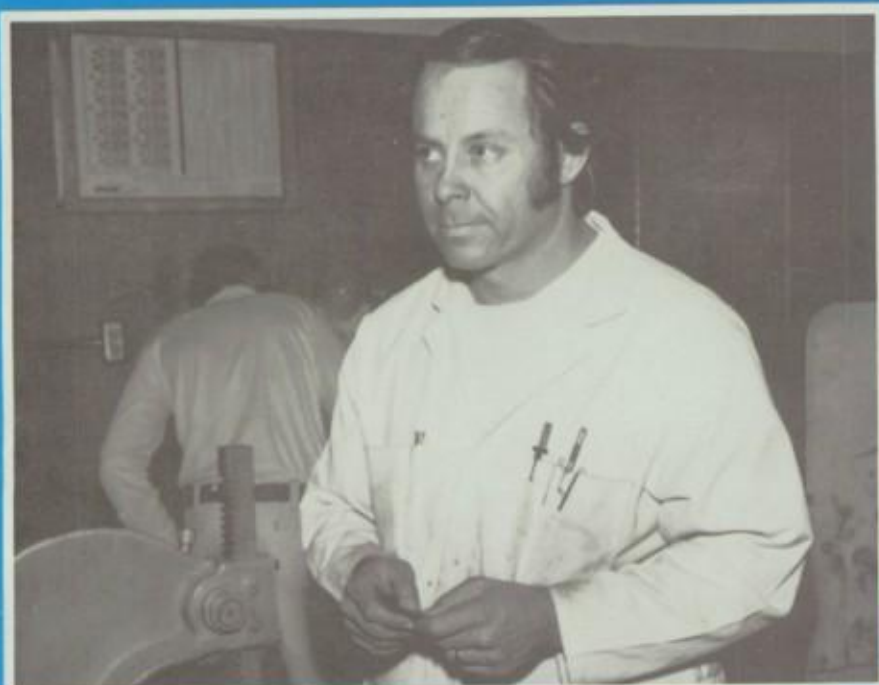


Mr. Ed Henglar

YOU KNOW YOU'RE A TEACHER WHEN . . .



Mrs. Chris Hill " . . . I feel that I am involved with every student as part of mankind."



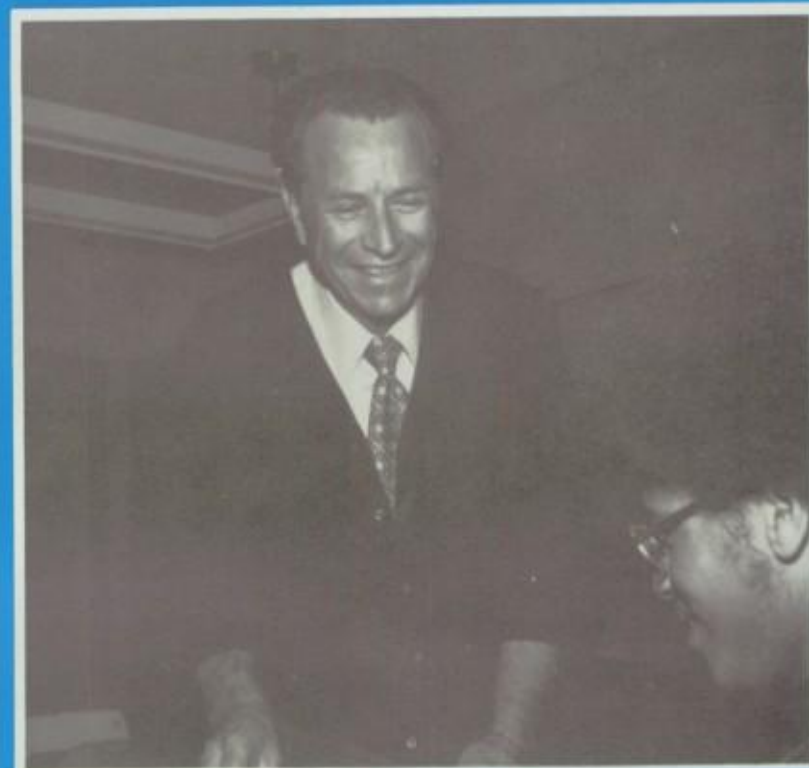
Mr. Jon Hoefler " . . . they have to remind me to do something I forgot to do because I didn't have time to do it in the first place."



Mr. Bill Hollis " . . . I'm the only one listening to what I'm saying."



Mr. John Hills



Mr. Glenn Hollingshead " . . . you only have to give instructions once to your class."



Mrs. Jewel Huntley ". . . a first-year student says "Will you grade my paper now? I think I got the 80'."



Mr. Steve Jones ". . . you are willing to make a fool of yourself at a pep rally."

Mrs. Huntley — Business; Mrs. Jackson — Mr. Jones — Social Science; Mrs. Jung — English; Ms. Kelly — English; Mrs. Kenen — English, Foreign Language; Mr. Lambeth — Social Science; Mr. Lappin — Special Education; Mr. Lewinson — Social Science; Mrs. Liles — English, Social Science.



Mrs. Eleanor Jackson ". . . you realize that you can no longer pass as a student but you are still going to high school everyday."



Mrs. Fran Jung ". . . an alumnus confesses that all that revising really helped!"

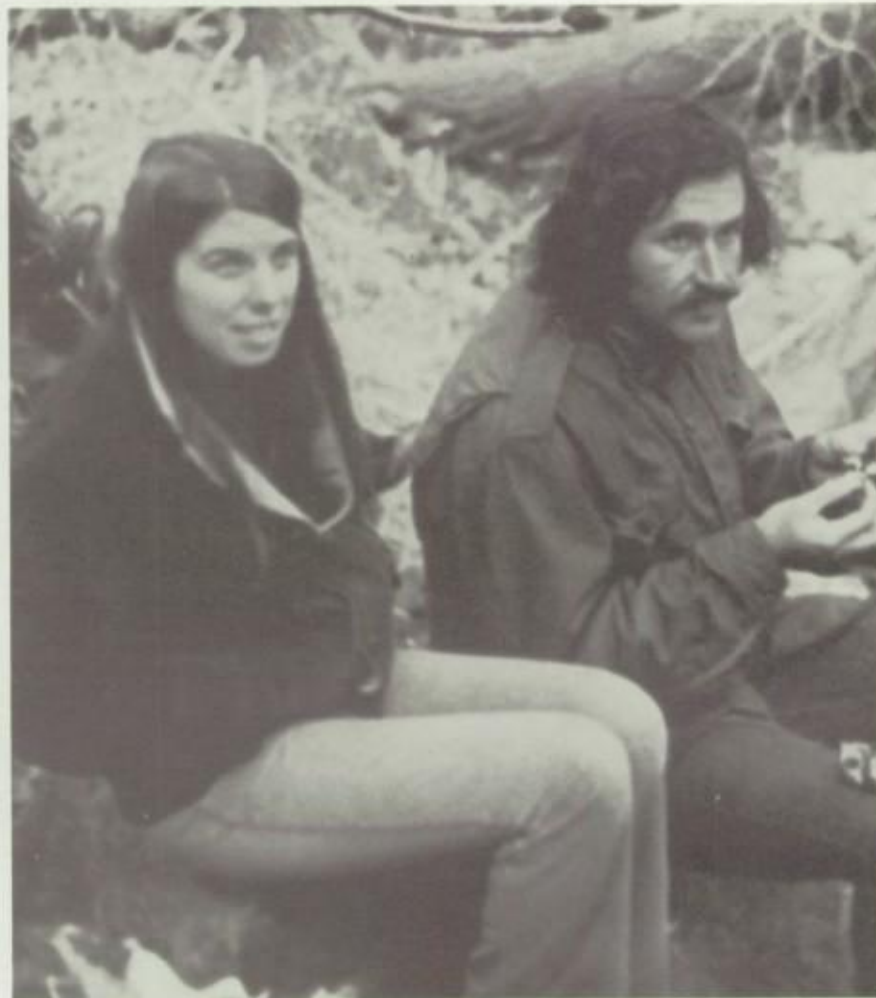


Ms. Wanda Kelly ". . . you receive a 'thank-you' from a student."

YOU KNOW YOU'RE A TEACHER WHEN . . .



Mrs. Elizabeth Kenen ". . . in the vast sea of faces you see at least one pair of alert, attentive eyes eager to learn."



Mr. Bill Lambeth ". . . June 1st arrives and a duty-free summer is near."



Mr. Terrence Lappin ". . . the annual staff insists you contribute clever and/or thought-provoking comments on life."



Mr. Lyle Lewinson ". . . your former student comes back to visit and says, 'You were right, Mr. Lewinson'."



Mrs. Jan Liles ". . . you explain the assignment for ten minutes and then someone asks, 'What are we supposed to do?'"

A Farewell Salute to Coaches Haggerty/Panella

Who gave the encouragement and coaching necessary to make our exceptional sports teams? Which two men stood by the sidelines grinning, frowning, and pacing? The two men responsible for our teams' success were Coach Leo Haggerty, athletic coach for fifteen years, and Coach Gus Panella, athletic coach for eight years.

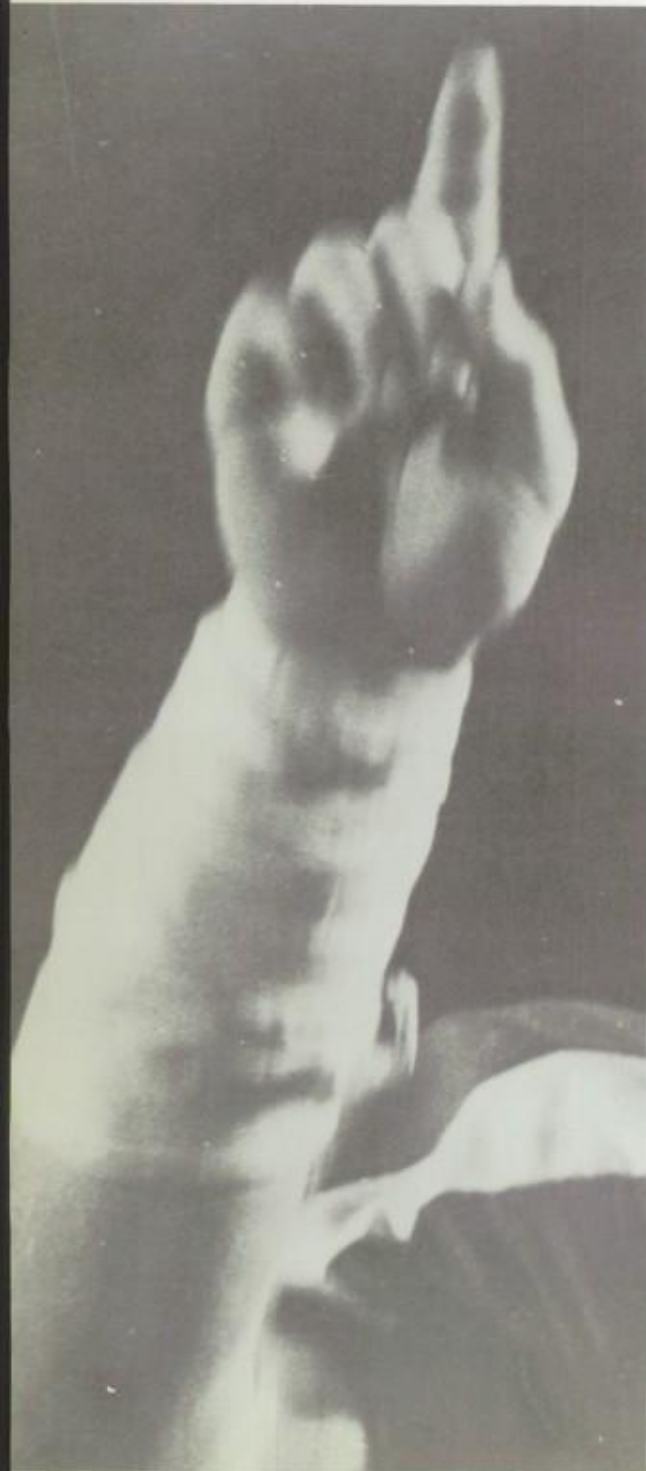
C.I.F. finals at the Coliseum in '63 was a choice memory for Coach Haggerty and his team; the

BATTLE was against St. Francis High School. We broke the excitement of the moment by scoring to lead in the last two minutes of the game. Also remembered by Coach Haggerty were his three years as track coach. Coach Panella recalls his first year here as coach for track and field and his second year as head baseball coach. Another memory recalled by Coach Panella as one of the outstanding in his basketball-coaching career, was when his team went to playoffs in '71. Coach Panella was athletic director during the '74-'75 school term. This gave him the responsibility of organizing games, and keeping our teams unified in

sportsmanship.

Coaches Haggerty and Panella shared many interesting and exciting moments together as their careers held the same challenges. Together they coached an outstanding football team in '74-'75 that went undefeated and on to C.I.F. This team received the title of "Best Defense." The following year brought a strong and determined team that also went to C.I.F. with a 9-0 record.

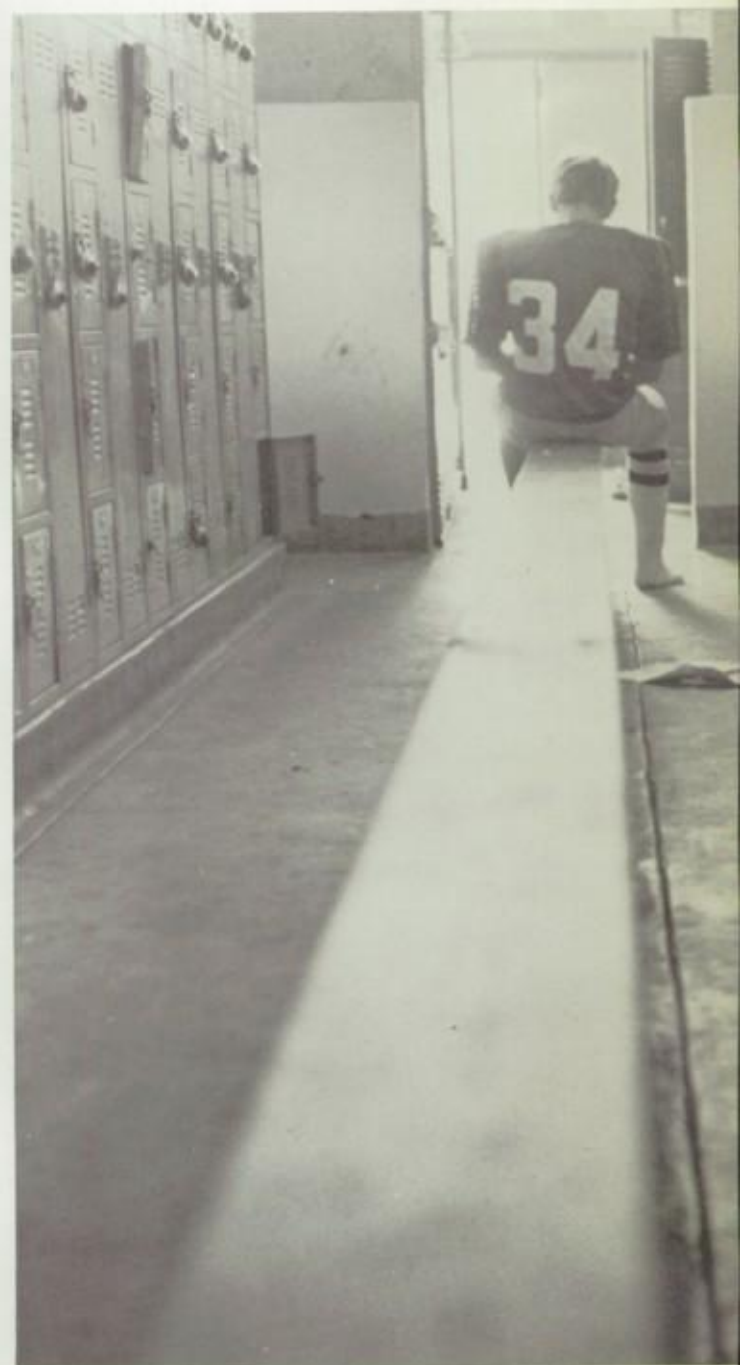
Through the years of coaching, frustration, and success, Coach Haggerty and Coach Panella's ideals were not only to win but to give every young man a chance for scholarships, to learn sportsmanship, and to accept each challenge as it came. These ideals were not just dreams as year after year students coached by Haggerty and Panella did indeed receive scholarships and learn to deal with challenges. Many students can sincerely attribute a great part of their ability and achievement to these two coaches. Upon their decision to retire from coaching, and in honor of their many years of dedication, **COACHES LEO HAGGERTY AND GUS PANELLA** — We salute you!!!



2



3



5

1. "We're Number One;" 2. A proud team hoists their proud coach; 3. One of many award banquets; 4. Friends: Coach Haggerty and Coach Panella; 5. "After the game."

YOU KNOW YOU'RE A TEACHER WHEN . . .



Ms. Doris Littrell ". . . my 'cage is so rattled' the students are theraping me."



Mr. Irving Marks ". . . deadlines come and we're forty pages late."



Mrs. Julie Masner ". . . your students catch you eating an apple in the room and make you go finish it outside, because you have said, 'No eating in the room'."



Mr. Lloyd Magnusson ". . . you find yourself completing the statement 'You know you're a teacher when . . . !' What other occupation would ever do that???"



Mrs. Kathy McBeath ". . . I take the 5th amendment."



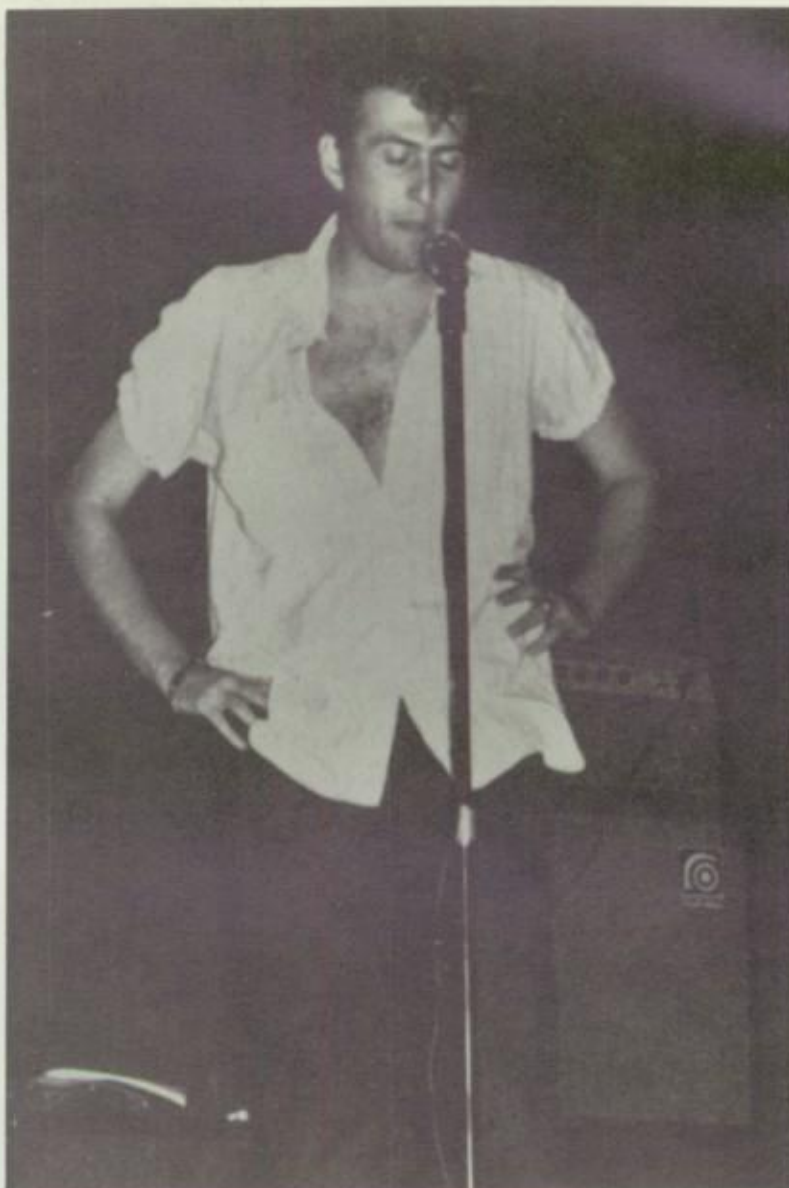
Mr. Bill McMasters "... one of your former students comes back and says, 'I really appreciated your class; it helped me in college or work.'"



Mrs. Jill Mules "... you hear 'What are we going to do today? Do we need our books? Can I borrow a pencil, paper, etc.' I forgot to study for the test'."



Mr. Roy Norton "... former students come and tell you some of the good things that happened to them as a result of being in your class."



Mr. John Moore "... you leave the parochial system."

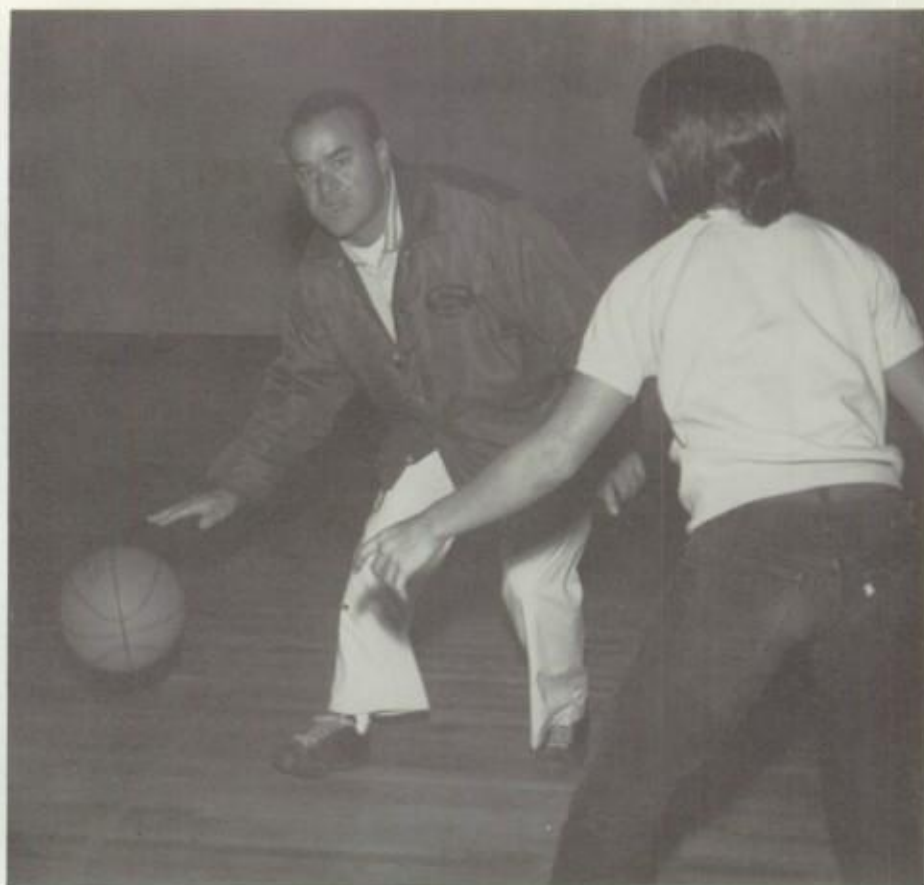


Mr. Kenneth Noble

Ms. Littrell — Social Science; Mr. Magnusson — Science; Mr. Marks — English, Performing Arts; Mrs. Masner — English, Music; Mrs. McBeath — Business, Social Science; Mr. McMaster — English; Mr. Moore — Boys' P.E.; Mrs. Mules — Science; Mr. Noble — Health and Safety; Mr. Norton — Math.



Mr. Robert Oskins ". . . you enjoy getting up with the sun."



Mr. Gus Panella ". . . a student reports to class the last day of the quarter and expects to pass."



Mr. George Poteat ". . . students express changes in behavior which manifest a constant interest in the pursuit of learning."



Mr. Harold Pritchard ". . . you are asked to explain when you know you are a teacher."



Mrs. Nancy Reclusado ". . . all the students know your name and you wish you could change it."

YOU KNOW YOU'RE A TEACHER WHEN . . .



Mr. Phil Rice ". . . you have the class involved in an exciting discussion and the quiet student who has never contributed before raises his hand and asks, 'When do we get out of here?'"



Mrs. Dorothy Seaward ". . . all is said and done, and a student of the past shows up and claims she misses all the 'FUN'."



Miss Cora Sherzer ". . . you first look into the faces of forty-four active, alert, eager young people."



Miss Jan Siemsen ". . . after a brilliant discussion and careful instructions as to the assignment, the first question a student asks is, 'What are we supposed to do?'"

*Thank you,
Have enjoyed
having you in English
this past year.
Have a nice
summer.
Good luck in
your 25 con
Ms.
Siemsen*



Mr. Paul Simon ". . . one realizes that today is yesterday's tomorrow and reflects an opportunity to move onward and upward, evermore."

Mr. Oskins — Art; Mr. Panella — Boys' P.E.; Mr. Poteat — English; Mr. Pritchard — Health and Safety; Mrs. Reclusado — Girls' P.E.; Mr. Rice — Social Science; Mrs. Seaward — Girls' P.E.; Miss Sherzer — English; Mrs. Siemssen — English; Mr. Simon — Social Science.

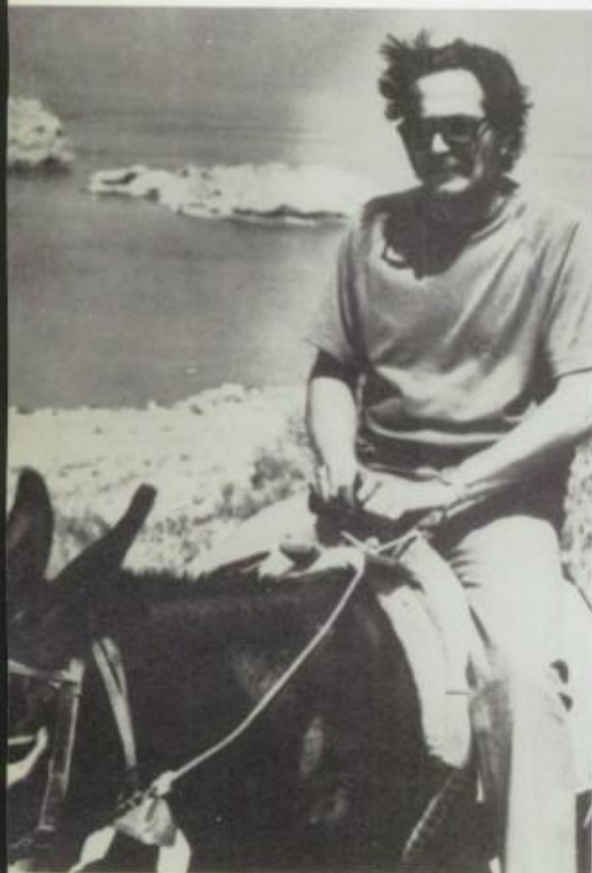
YOU KNOW YOU'RE A TEACHER WHEN . . .



Mrs. Helen Guiney; YOU KNOW YOU'RE A LIBRARIAN WHEN . . . "someone asks, 'remember that book I had last month? I need it again — can't remember the title or author, but it was blue with green letters!'"



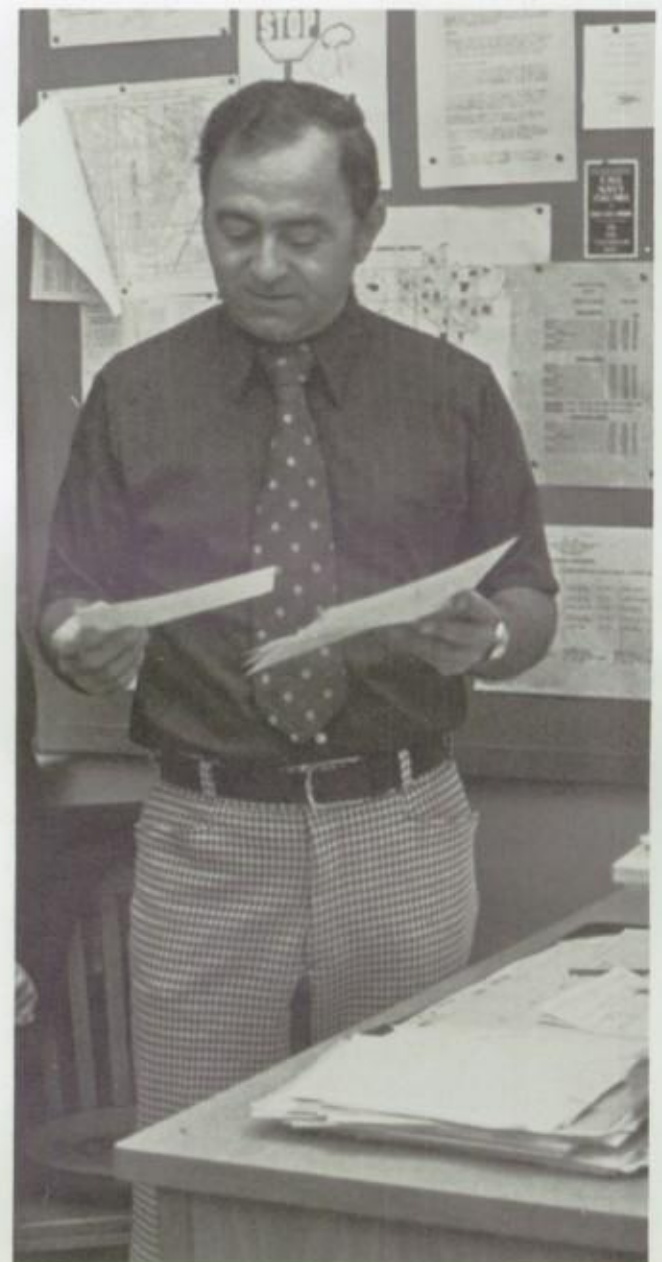
Mr. Wayne Tedder



Mr. Jim Stravrakes ". . . young people feel comfortable communicating with you."



Mr. James Sims ". . . students remember your class with more gladness than sadness!"



Mr. Tom Tona ". . . you borrow 50 cents from your best friend and he makes you sign a promissory note."



Mrs. Alice Sizemore ". . . my students are receptive to the ideas and work being presented in my class."



Mrs. Peggy Weber "... the carrot cake tastes like chicken cacciatore."



Mrs. Barbara Warnock "... I know I'm not a teacher when I get my paycheck."



Mr. Ed Wilkins



Mr. Ernie Vander Linden "... past students succeed in spite of you."



Mrs. Betty Edwards



Mr. Tom Steinbroner

Mr. Jim Sims — Science, Social Science;
Mrs. Alice Sizemore — English, Foreign
Language; Mr. Jim Stavrides — Social
Science, Mr. Tedder — Boys' P.E.; Mr.
Tona — Regional Occupational Pro-
gram; Mr. Ernie Vander Linden —
Regional Occupational Program; Mrs.
Barbara Warnock — Girls' P.E.; Mrs.
Peggy Weber — Home Economics; Mr.
Wilkins — Math; Mrs. Betty Edwards
— English, Social Science; Mr. Tom
Steinbroner — English, Math. Mrs.
Edwards and Mr. Steinbroner were on
sick leave the first semester.

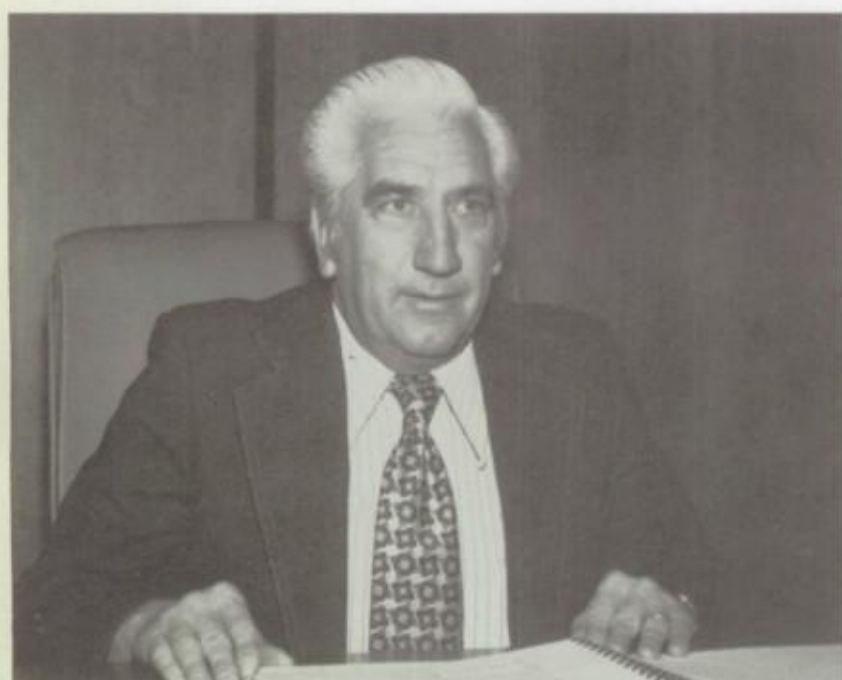
Superintendent/School Board/Classified Staff



2



1



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4



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6



7



BOARD MEMBERS: 1. Superintendent, Maury Ross 2. Harold Hough 3. Ralph Davis 4. Polly Blankenbeckler 5. Jess Luera 6. Michael A. Westerlin 7. Lucille Colin 8. **CAFETRIA WORKERS:** row 1: Margaret Cason, Doris Smith, Florence Dotzenrod, Lilly Maas. row 2: Anne Hulst, Maggie Carrington, Mary Santos 9. **OFFICE PERSONNEL** row 1: Wanda Ringquist, Joyce Robinson, Beatrice Fisher, Betty Robins, Dolores Bald, Eloise Mac Duffie, Pamela Card. row 2: Mae Painton, Shirley Wrede, Sally Lee, Laura King 10. **CUSTODIANS:** row 1: Tobias Rael, Edward McDonnell, Leonard Rivera. row 2: Kendall Maring, Vollie Johnson, John Salvatore. **NOT SHOWN:** Betty Roberts, Henry Graf, Jonathan Stanley, Robert Wheeler, Beverly Theis, Marlene Coulter.

8



10

9

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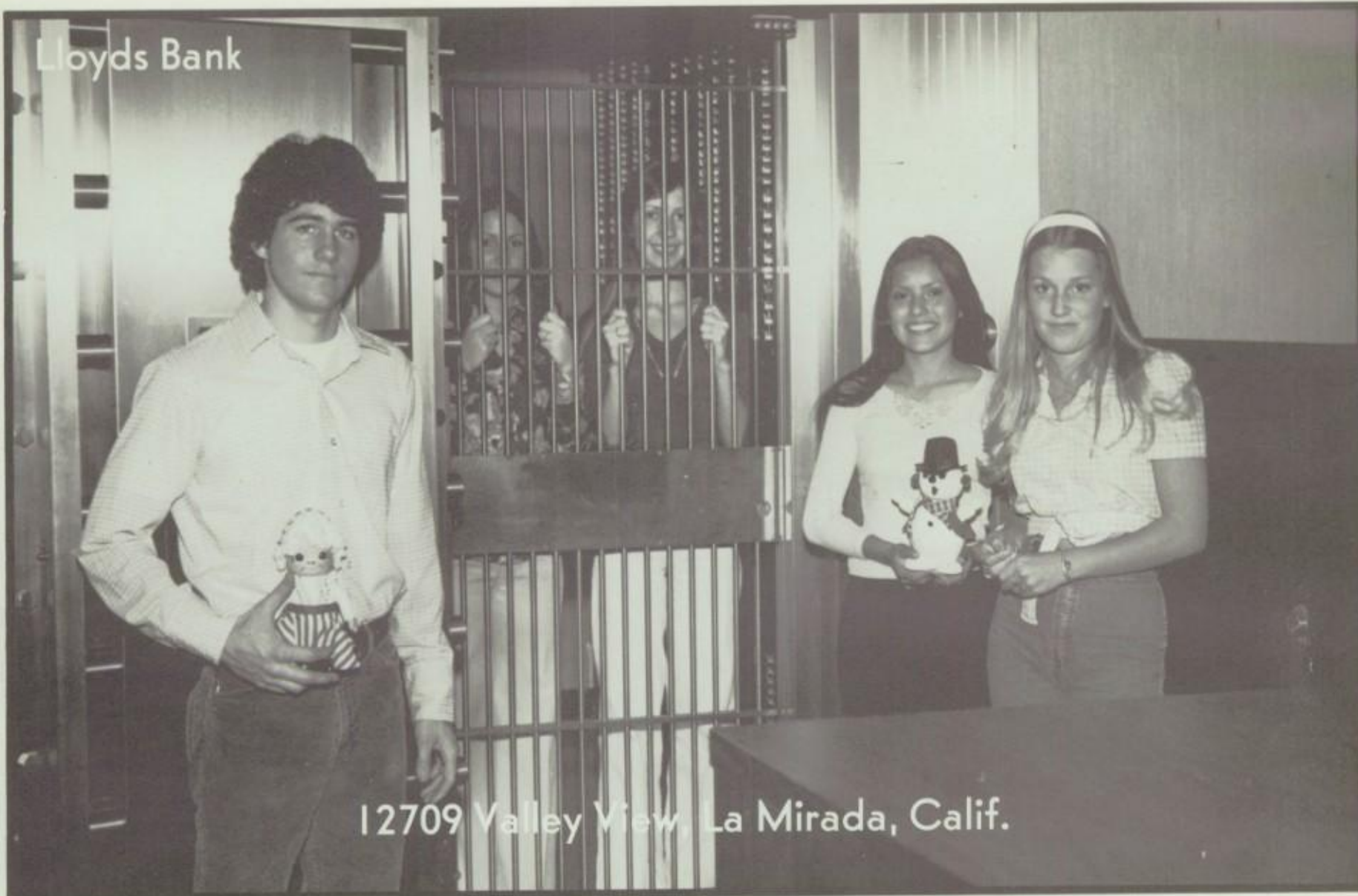
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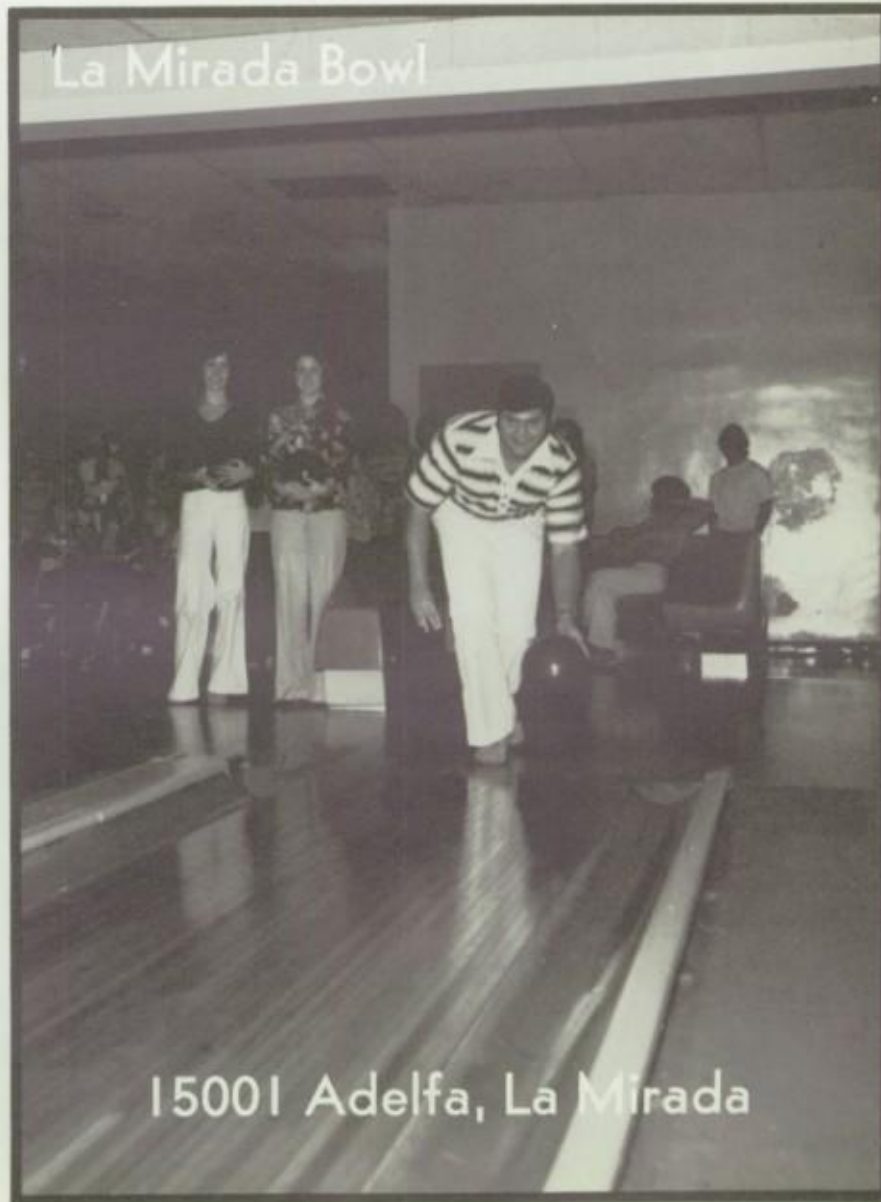
13907 Valley View, La Mirada

Allied Theatrical



15012 La Mirada

La Mirada Bowl

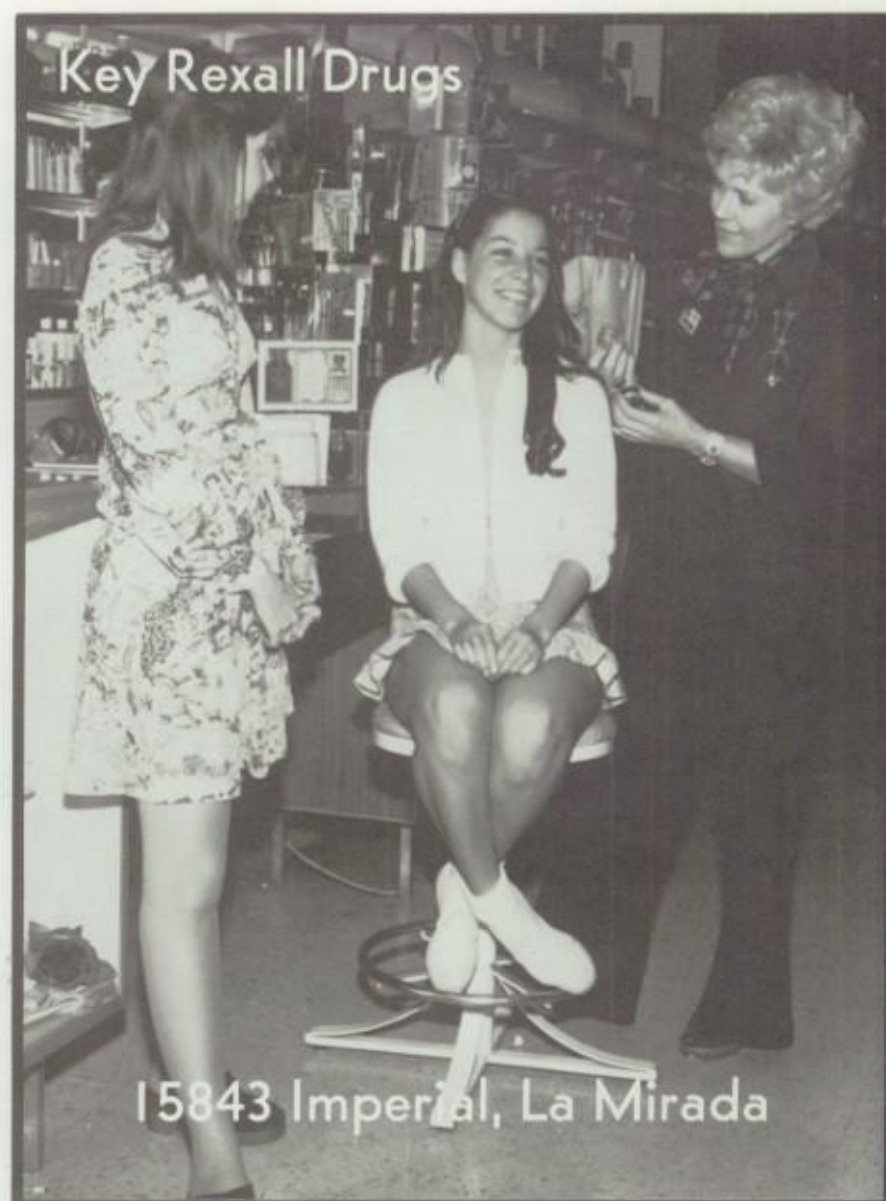


15001 Adelfa, La Mirada



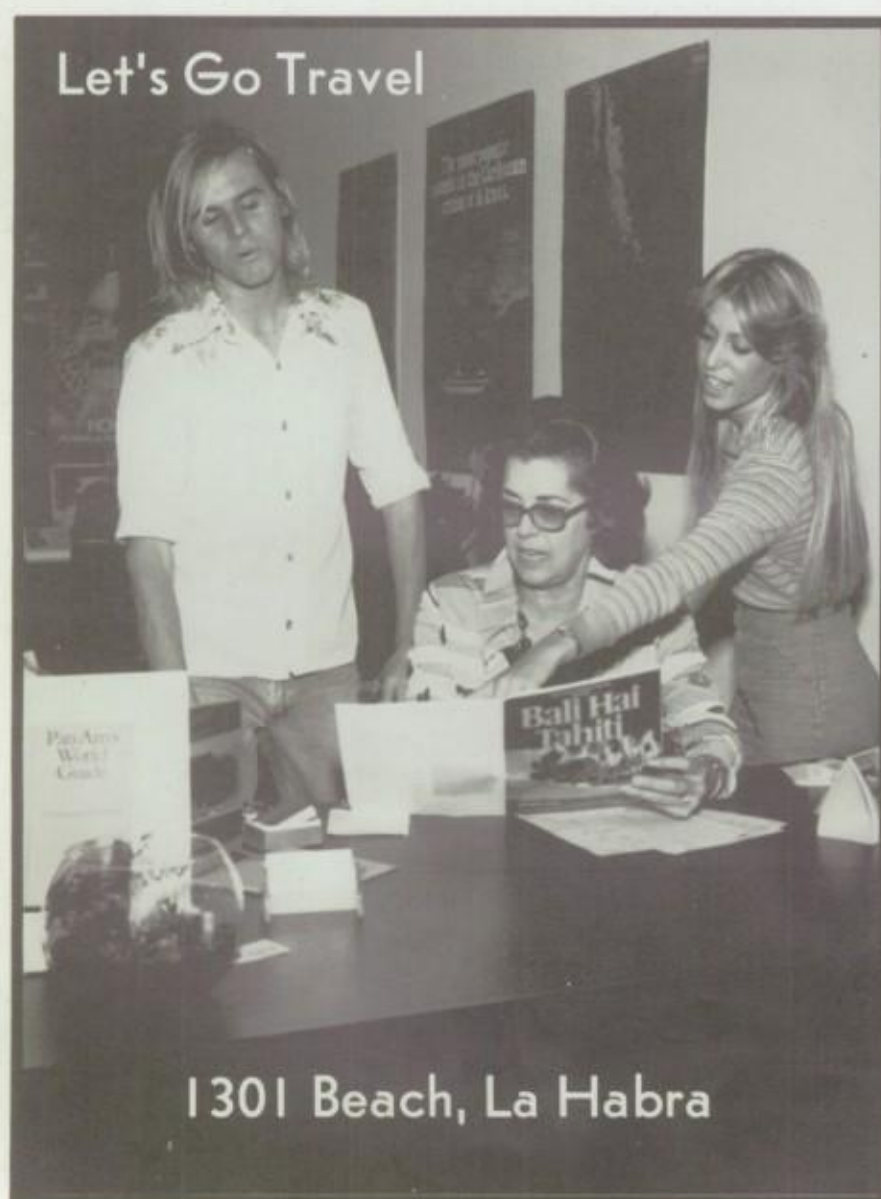
Castle Auto Parts

13944 Valley View, La Mirada



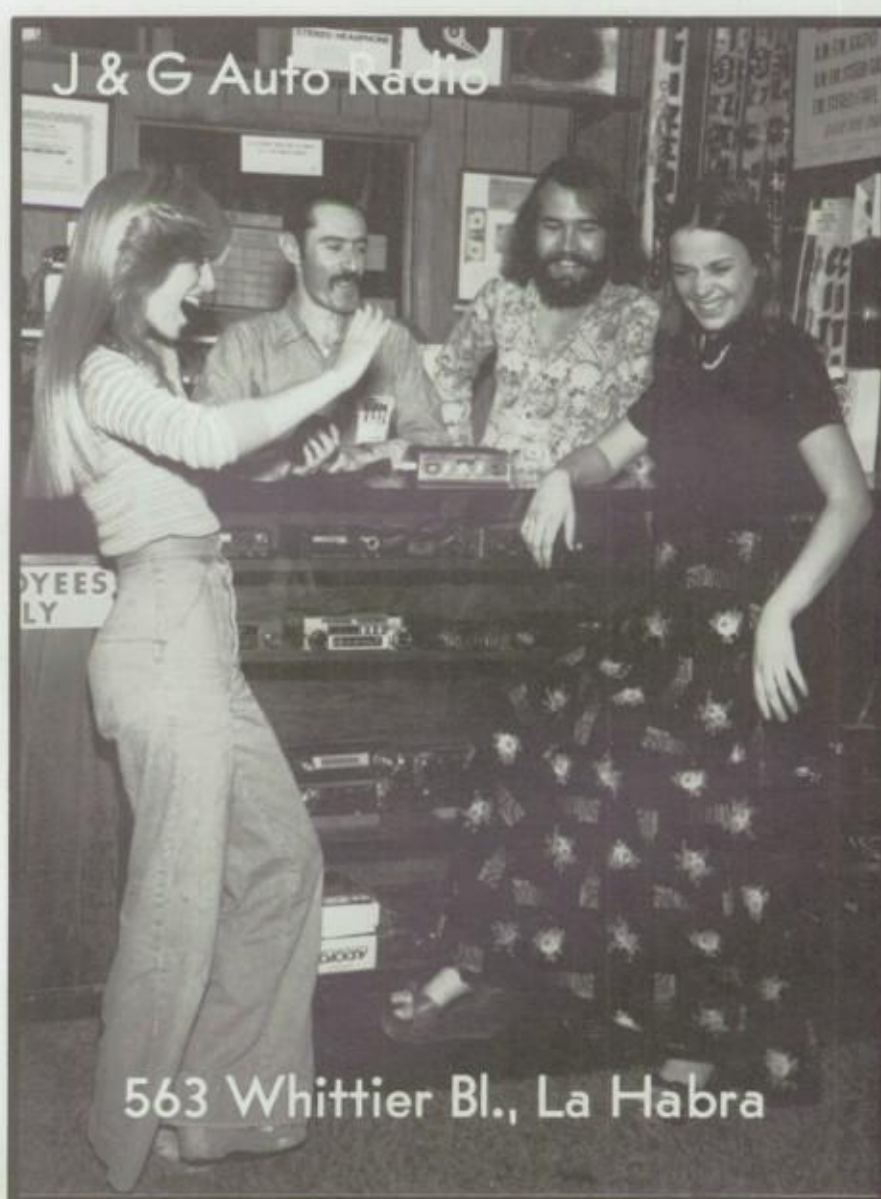
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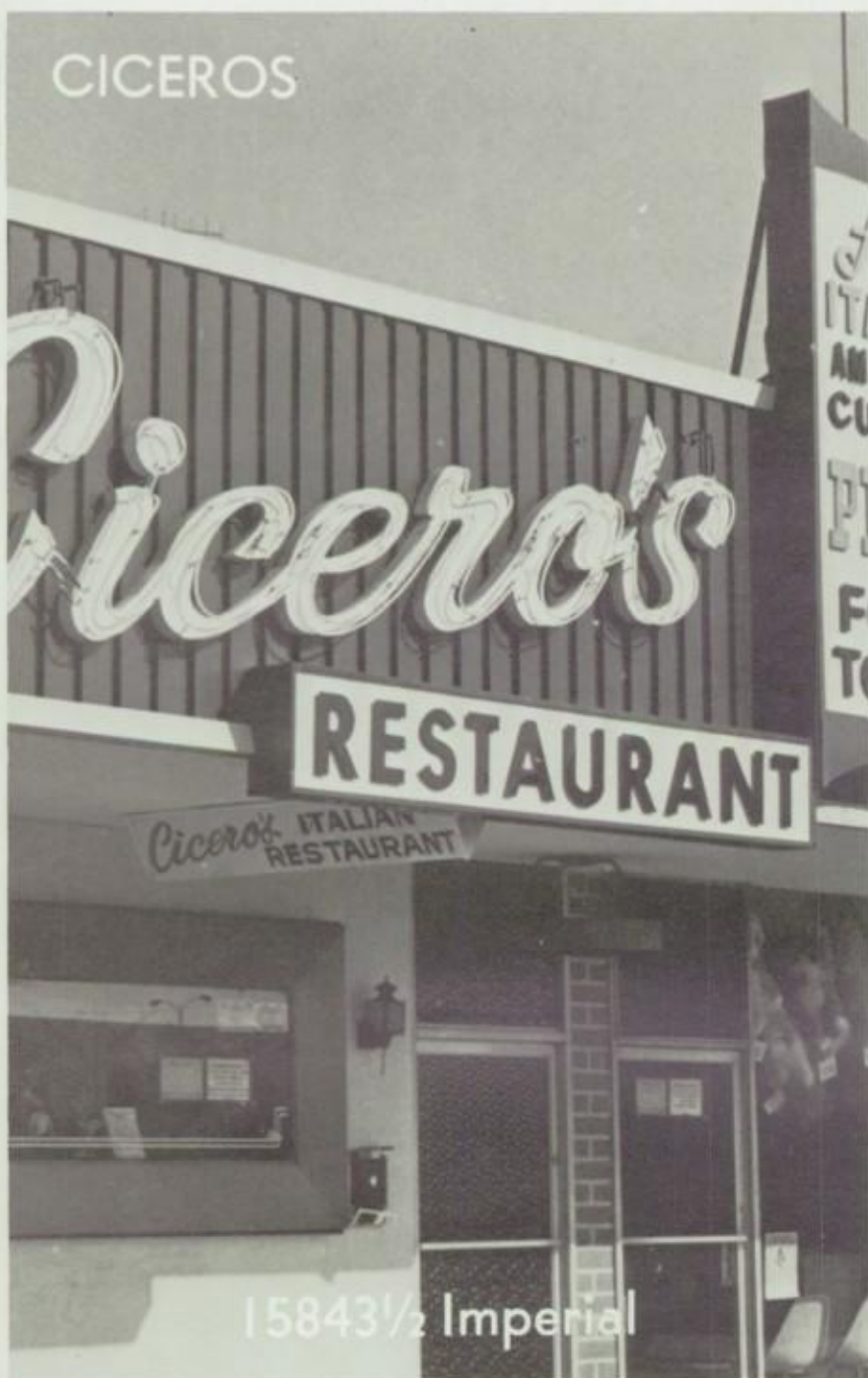
8501 Bolsa, Midway City, Calif.

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Cheryle - I hope that's how to spell your name well I'm sorry if ~~that's~~ that's not how but I've been great knowing you this year and last hope to see ya in the later years.

Brian
Frantz



We started here at L.M.H.S. together so as you can make your mark. You'll always be special . . . CHUCK

Good luck to all kooks and next annual staff . . . TONY

Congratulations class of '76' . . . MARK and KATHY

HOWARD'S HAIR DESIGNS FOR HE AND SHE . . .
14743 Valley View Ph. 921-1349

Sheryl,
It has been fun knowing you this past year. Hopefully next year you will study so you won't have to copy me all of the time (just kidding) Hope you have a cool summer because if it is like today it won't be a very nice summer. Hope to see you next year.
Ed Lee



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Love,
MOM and DAD
BONNIE and MARIA

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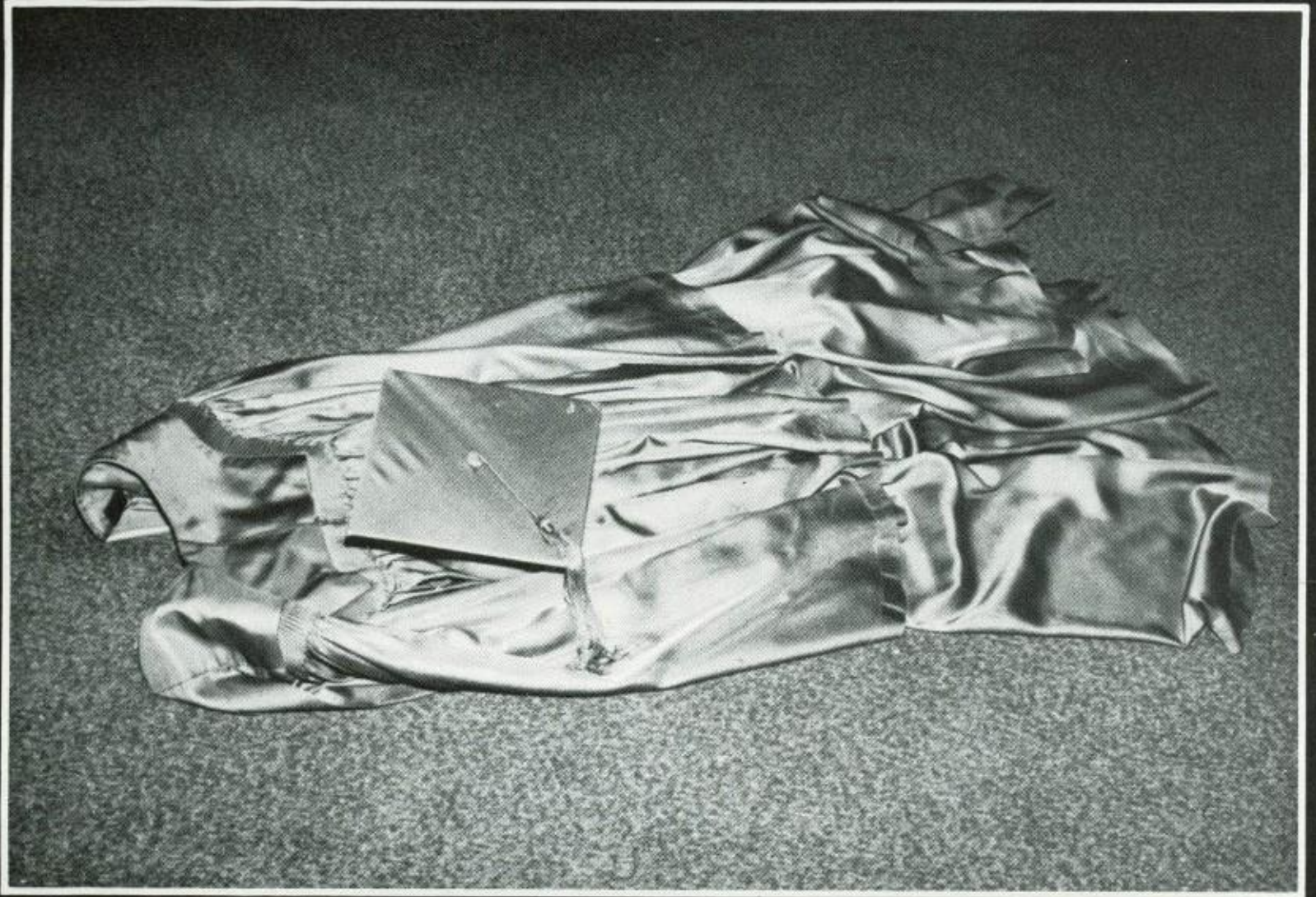
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And so it ends. A four year slice of life. Four years, which seemed when we were living them as if they'd never end. Four years of watching the clocks in the classrooms inch their way to the time the bells would ring. Four years of study and tests, learning about grammar and spelling, history and math, art and shops, and how to speak and how to cook, and how to look at life and ourselves. Four years of knowing people, of little private talks in the corners of the quad, and long, long talks on the telephone. Four years of living and dying with the fortunes of the La Mirada teams — and who can remember the scores now? It was quite an education in many ways — and quite a slice out of our lives. For many it will be the fitting climax, the living end. This will be what we'll recall. For others this was merely the preparation for higher education. We shall step out of the stadium in a few days into another life, another slice of our life, but the four year part that was La Mirada High School will always be in our minds and hearts.

GRD LVL	NAME	PGS	GRD LVL	NAME	PGS	GRD LVL	NAME	PGS	GRD LVL	NAME	PGS
12	Abel, Patricia A.	123	10	Backer, Larry	175	11	Bishop, Debbie L.	95, 163	10	Brown, Michael	80, 175
11	Abel, Shirley D.	163	12	Backer, Terry L.	22, 73, 124	09	Bjorklund, Laura A.	186	11	Brown, Michael P.	80
09	Aberle, Michael A.	186	11	Bagan, Helen N.	163	09	Blaisdell, Katherine A.	186	09	Brown, Stephen R.	186
12	Acevedo, Rebecca	81, 50, 51	11	Bagby, Linda S.	163	11	Blandino, Josephine A.	16, 163	09	Brown, Tammara L.	186
10	Acevedo, Rene	175	10	Bagby, Valerie G.	175	10	Blankenbeckler, Jenna A.	175	11	Brunner, Marcia P.	20, 163, 167
10	Acevedo, Roger	175	09	Baguly, Karen D.	186	09	Blazevich, Cory E.	186	12	Bruno, Victoria M.	176
10	Acosta, Patricia	175	11	Baguley, Kurtis L.	163	09	Blazevich, Lee R.	186	12	Brunt, Jeffrey C.	186
09	Adair, Rita S.	186	12	Bailey, Donald B.	124	09	Blazevich, Lee R.	186	11	Bryan, Joyce A.	50, 163
09	Adams, Tim A.	186	12	Bailey, John R.	124	11	Boardman, Andrew S.	175	11	Bryant, Ken M.	175
12	Adams, Vince J.	123	09	Bailey, Lena C.	186	12	Boardman, Constance J.	125	12	Buck, Brenda G.	23, 30, 31, 126
10	Addington, Kimberly A.	175	09	Baker, Bridget E.	110, 186	10	Boardman, Wendy R.	175	11	Buckholdt, Sandra L.	163
10	Afferino, Gary A.	175	11	Baker, Frank D.	163	09	Boerger, Jeffrey W.	186	10	Buettell, Bruce J.	175
10	Agena, Dennis M.	175	10	Bald, Leslie	175	10	Boeskin, Robert R.	175	09	Bunch, Julia A.	186
12	Aguilar, Jennie R.	16, 123	12	Baldomar, Salvatore	17, 23, 124, 128	11	Bogdis, Theodore	163	12	Buren, Jeffrey M.	126
12	Ahern, Joseph L.	123, 44	10	Baldwin, Teri	175	09	Bonawitz Melanie	186	11	Burges, Mike	44, 163
09	Al Chalabi, Shireen K.	186	09	Balsamo, Janet M.	110, 186	09	Bond, Darren S.	186	10	Burgner, Michael W.	175
12	Albano, Terri J.	123	09	Banchieri, Andy	81	10	Bonner, Laura A.	175	10	Burk, Denise I.	175
12	Alexander, Cynthia A.	123	10	Barber, Byron	175	12	Bonneville, Randey S.	125	12	Burke, Adrian E.	126
11	Alexander, David J.	163, 92	11	Barber, Ralph V.	79, 163	12	Bopp, Steven W.	125	09	Burke, Robin B.	112, 186
10	Alexander, Eddie J.	175	11	Bargman, Mark W.	79, 163	10	Borchard, Diane C.	175	12	Burrall, Roberta K.	176
09	Ali, Vicky I.	186	09	Bargman, Michael D.	186	11	Born, Kenneth J.	175	11	Bustamante, Annette L.	163
11	Alldredge, Gary W.	163	09	Barker, Cathy A.	186	12	Bounds, Kim S.	125	09	Bustamante, Steven	81, 186
10	Allen Ronald S.	175	12	Barker, Debra Ellen	124	11	Bova, James D.	163	09	Buuck, Meg A.	187
09	Altneu, Brian D.	186	11	Barna, Judi A.	24, 163	09	Bova, Michael	186	09	Byrd, Craig L.	187
09	Altneu, Larry M.	186	09	Barnaby, Suzanne E.	44	12	Bowder, Rick	125	11	Calderwood, Dave	99, 45, 79, 163, 179
12	Amato, Anne	161, 44, 123	12	Barras, Katrina	124	09	Bowles, Elliott W.	186	10	Calhoun, James	95, 175
09	Amato, Anthony F.	186	09	Barrera, Monica Ann	186	12	Bowman, Kathy R.	125	10	Caliva, Debra A.	7, 175
10	Amstead, Blake R.	80, 175	11	Barrett, Kimberly J.	186	09	Boyd, Mark W.	186	11	Caliva, Donna K.	7, 163, 166, 53
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11	Anderson, Debbie L.	163	10	Bassett, James A.	163	12	Boyle, Jeanne L.	3, 125	10	Camacho, Alex J.	175
11	Anderson, Gail	110, 163	12	Bassett, Lisa R.	175	09	Bradach, Gregory A.	81, 186	10	Camacho, David W.	175
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09	Anderson, Jeffrey S.	186	09	Bates, Shelly R.	186	09	Bragg, Darla J.	186	11	Camero, Susan A.	163
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12	Archer, Larry J.	123	12	Belzowski, Mark Z.	124	09	Bridges, Nancy J.	186	10	Cannon, Laura S.	127
10	Armijo, Valerie D.	175	11	Benedict, James P.	44, 163	12	Briggs, Janice E.	29, 125	10	Capen, Pamela A.	175
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09	Arraiga, Frank	163, 186	10	Benedict, Paula	50, 110, 175	12	Brignoni, Rose M.	176	10	Carlos, Alfred A.	175
10	Arrona, Denise M.	175	11	Benedito, Donald	163	11	Broadbent, Andrew	44, 163	09	Carlos, Caren A.	187
09	Arrona, Valerie A.	186	09	Benner, Kimberley L.	186	12	Broadbent, Stephen M.	44, 126, 161	10	Carlos, Linda S.	175
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11	Arsulich, Sharon L.	110, 163	10	Bennett, George O.	175	09	Broussard, Debra E.	186	09	Carmichael, Susan G.	187
11	Ascheri, Mike Paul	163	09	Benson, Selina D.	112, 184	12	Brousseau, Debra R.	126	11	Carney, John R.	163, 167
10	Ashley, Laurie Eleanor	112, 174	11	Berger, Mari G.	44, 163	11	Brouws, Peggie J.	112, 163	09	Carney, Laura J.	187
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thank, hi! The thing I will remember most of all about you is your
 beautiful smile! I hope you never lose it. Thanks for helping to
 make 6 a period as fun as it was. Take care & love Glen - Dave, Kari

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Sheryl, I've been gun knowing you this year. Hope you have a great summer. See you around. Jack Ringquist

[illegible]

Sheryl, I hope you have
a very nice summer.
Hope ya meet some nice
lookin' guy that will treat
ya good. It's been nice
knowin' ya, thoughout.
Hope our 3 more yrs. are
spent in friendships. Be good
in friendships. Have
a careful if possible also!
good days forever.
Good Luck forever for now!
Love,
Tami
Goodbye!

I wish we could
have gotten to know
each other better
than we did. maybe
next year we will.
Have fun this summer.
Maybe we will see each
other at the beach
or somewhere.

Sheryl,

I think that your
Bitchen. And I hope
you have fun this
Summer. I had fun
talking to you in 3rd
And I hope I see
you at the Beach.

Love

या

Always

Jon Furville

Had alot
of fun
knowing
this year
but I guess
you guys
didn't talk
much
about
it
next year
I guess
that's
okay.
arent
snapp

Sheryl,

I don't know
you too well but
your wiper.

your wiper.

Sweet and n
have a great

summer and
night to see

you at the

Beach. Good
fish with

back next
year. Love,

Eathy

Kuntz

Chick & Sheril
you've even

we get well and
very healthy great

1000
0
see you
you may be nee
don't know

2000-2001
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immer

Sheryl,
To a girl whom I think is
and super cute, have fun this summer.
see you this summer. hope I
Dave
LUTZ!

Sharp, to a girl I really
like and

see you. May may its been
burn having you in com

name a super duper
and maybe

Love Wayne, Wayne

Cheryl!
It's been
fun talking to
you in math. I
don't think I'll
ever for get Mr.
Wilkins and his
great year.
Good luck in the
cool with
See ya!
together
If I
fun
f

Cheryl - a great year.
It's time to see ya in the with
Hope summer. Good Luck
The guy. Keep cool
And I call me sometime
11-9571 Love ya
surge
Dad

Part

Robin Winton

friends this year. I really
think you and Cathy are

Sheryl,
I'm glad were better

Sheryl; your
the sweetest,
darlingest friend!
I'm so lucky I
know you!! Please
Keep in touch!!!
"79" love
Forever,
Alison

Dear Sheryl,

and cute
person and I
know you will
always be. Hope
you have alot
of fun in
the summer
don't get to
lax. See
ya. Friends
"79" tower,
Penny

[illegible]

MATADORS SHOW SUPPORT AND SAVE MONEY

THE A.S.B. CARD

The A.S.B. Card provides a real bargain in fun, entertainment and social activities.

With the \$6.00 A.S.B. card you can save money in the following ways:

1. Free admission to all regularly scheduled home athletic events.
2. Special discount on the annual (La Capa).
3. Special discounts on plays, dances and other school activities.

Your A.S.B. monies pay for the total activities program. You may designate 50¢ to support the program of your choice.

ACTIVITIES OFFICE

The Activities office, located at the end of the 550 building is the center of Matador activities. Information about sports, dances, assemblies and student representative is available from the Director of Activities.

GRADUATION REQUIREMENTS

ATTENDANCE: Eight (8) semesters

UNITS: 200 total

COURSE REQUIREMENTS

PHYSICAL EDUCATION

SOCIAL SCIENCE

ENGLISH

UNITS

40

25

25

(At least 15 units to be completed in 9th and 10th grades to include the following:

- a. Reading - 5
- b. Writing - 5
- c. Speaking - 5

Two semesters of literature to be taken in 11th or 12th grade)

**Reading requirement, but not units in this area waived if the student achieves an 8.0 grade proficiency on a designated test.

HUMANITIES (Art, Drama, Music, Foreign Language) 5

MATHEMATICS 5

SCIENCE 10

HEALTH AND SAFETY 10

(One year of biology waives health requirement)

PRACTICAL ARTS AND VOCATIONAL EDUCATION 10

Two semesters selected from:

- a. Home Economics
- b. Industrial Education
- c. Business Education

ELECTIVES 70

CALENDAR 1975-76

September 16	School begins
November 1	Homecoming
November 11	Veteran's Day Holiday
November 27-28	Thanksgiving Holiday
December 22-January 2	Christmas Vacation
February 6	End of First Semester
February 12	Lincoln's Birthday Holiday
February 13	District Holiday
February 16	Washington's Birthday Holiday
April 12-16	Spring Vacation
May 31	Memorial Day Holiday
June 13	Baccalaureate
June 17	Last Day of School - Graduation

SPIRIT

La Mirada High School is proud of its pep squads. In past years, they have earned awards and recognition in competition with other schools. Any boy or girl interested in becoming a pepster should contact the Advisor or Activities Director for information.

PEPSTER POLICY

1. Have an overall 2.0 grade point average.
2. Have satisfactory citizenship.

GET INVOLVED

Every student should make an effort to become active in at least one club. He will find it to be an excellent way to meet with other students who have similar interests.

CLUBS

Clubs are to obtain a charter by October 15th. Charters are available in the Activities Office.

STUDENT SENATE

Student Senate meetings are held the first Wednesday of each month except June. Senators are elected from third period classes.

RUNNING FOR OFFICES

Anyone wishing to run for ASB or class offices, must secure a petition from the Activities Director. These petitions are to be filled out and returned by specified deadline.

Candidates for Student Body offices must have an overall grade point average of 2.5 to be eligible.

Candidates are asked to follow campus guidelines as issued with the petition.

PUBLICATIONS

LA CAPA - La Capa is our school annual. It will be on sale until the end of the first semester. The price will be \$10.00, until November 21st after that the cost will be \$12.00. There is a \$7.00 discount if you have an ASB card.

EL TORO - The Matador school paper, "El Toro" is to inform students of campus activities and their achievements. All students receive one free.

INSIDE OUT - "Inside Out," a student book, the purpose of which is to give students a chance to see their work published and let them express and communicate their personal thoughts, ideas and feelings with others.

SCHOOL RULES

The Education Code and Administrative Code of the State of California states that students are not to drink, smoke, gamble, have knives, guns, narcotics, cigarettes, be profane, immoral, truant, nor loiter. The schools are required to enforce these regulations during school hours, on or off campus. The school administration requests that students not bring pets or skateboards to campus.

ASB EXECUTIVE COUNCIL

ASB President	Mark Courtney
ASB Vice President	Sharon Lehosky
ASB Secretary	Sandy Mushrush
ASB Treasurer	Sara Hengler
ASB Sergeant-at-Arms	Rick Guard
ASB Club Co-ordinator	Linda Chirchirillo
ASB Pep Commissioner	Pat Foster
ASB Publicity Director	Larry Zucker
ASB Activities Co-ordinator	Debbie Derschan
Senior Class President	Mike Courtney
Junior Class President	Mario Pompa
Sophomore Class President	Linda Arsulich

COUNSELING

Counselors will be assisting you in planning the educational program best suited for the interests, abilities, and past record of achievement. They will serve to aid you in determining your future educational and career goals, aid you with personal problems and aid you in further educational opportunity plans.

SENIORS	Mr. Ted Chenney
JUNIORS	Mr. Joe Korzen
SOPHOMORES	Mr. Dennis Emken
FRESHMAN	Mr. Dick Laing
ATTENDANCE	Miss Lucy Ito

PROCEDURE AFTER

1. Parent or Guardian notify day of absence.
 - A. 7:00 a.m. to 4:00 p.m.
 - B. 7:30 a.m. to 4:00 p.m.
2. Legal Absences are for holidays, religious holidays, summons by warrant, and school closures.
3. Bring a note from your office if telephone is not available.

ATTENDANCE

The California Educational Code requires school attendance from the age of 6 to 18. Students who withdraw prior to graduation must continue their education at continuation school.

PROCEDURE FOR LEAVING SCHOOL DURING THE DAY

1. Bring a note signed in advance to the Attendance Office for time for leaving school.
2. Pick up outside pass at the Attendance Office.
3. Students who become ill must have to leave campus must have a note from the Attendance Office and get an outside pass.

SHORT DAY AND OFF

All students who leave campus during school day must have a SHORT DAY PASS. These passes must be obtained from the ASSISTANT PRINCIPAL'S OFFICE.

DRESS CODE

General condition of health, appearance, and grooming be the prime consideration for appropriate foot covering must be appropriate. Taste must be a guide line and cleanliness should always be used.

If in the opinion of the school administration a student is not properly groomed, or if attire or grooming is such that it detracts from the educational program, and required to properly present the school. The final decision is in the hands of the administration.

ABSENCE

School by telephone on

3-0231

8-0431 (Ext. 226, 227)

and school reasons. Ex-
cess, dental appoint-
ment, court sum-
mary trips.

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E

12101-12551 requires
to 18 years. Students
must by law continue
until 18 years of age.

NG SCHOOL DAY

by parent or guard-
ian stating the reason and

Attendance Office. Sign

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before leaving.

CAMPUS PASSES

before the end of the
AY PASS. All students
have an OFF CAMPUS
picked up at the AS-

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ministration the clothing
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time a student's dress
tention so as to detract
she may be sent home
e himself/herself for
d with the school ad-

PARKING LOT

Driving an automobile to school is a privilege. As with
most privileges, certain rules must be followed to retain
this privilege. Violation of these rules can result in the
suspension of this privilege.

Exceeding 5 M.P.H. in Parking lot.

No parking stickers

Parking in illegal spaces.

Failure to give Buses right of way over car at all
times.

hope you have a great

summer and I hope to

see you be good and

stay out of trouble,

luv always

Ken Talsky

LOCKERS

Lockers will be assigned on a first come, first served
basis.

SENIOR — 250 Bldg. SOPHOMORE — 150 Bldg.
JUNIOR — 350 Bldg. FRESHMAN — 450 Bldg.

Locks are available for a nominal charge from the
financial office. Students are strongly urged not to keep
valuables in their locker.

LOST AND FOUND

A lost and found service is operated for you by the
clerk in the book room. You may turn in and claim lost
articles and books there.

ATHLETICS

The San Gabriel League is rated as one of the most
competitive leagues in Southern California. You are urged
to support our fine teams, as the 1975-76 school year
promises to be a great year in all athletic events. Schools
in the league are:

Bellflower Lynwood
Cerritos Norwalk
Downey Paramount
La Mirada Warren

ATHLETIC POLICY

In order for a student to be eligible to compete in inter-
scholastic athletics he must:

1. Be passing 20 units of current work.
2. Have received passing grades in four subjects as of
the last day of the previous semester (summer ses-
sion courses have no bearing on eligibility).

BELL SCHEDULE REGULAR SCHEDULE

Period 0	7:20 - 8:10
Period 1	8:16 - 9:06
Period 2	9:12 - 10:02
Snack	10:02 - 10:17
Period 3 (Homeroom)	10:23 - 11:18
Period 4	11:24 - 12:14
Lunch	12:14 - 12:44
Period 5	12:49 - 1:39
Period 6	1:45 - 2:35

EXTENDED LUNCH SCHEDULE

Period 0	7:20 - 8:10
Period 1	8:16 - 9:03
Period 2	9:09 - 9:56
Snack	9:56 - 10:11
Period 3	10:17 - 11:09
(Homeroom)	
Period 4	11:15 - 12:02
Lunch	12:02 - 12:49
Period 5	12:55 - 1:42
Period 6	1:48 - 2:35

*3a Assembly - Bldgs. 200, 250, 300, 350, 400, 700,
(BPE), 750

*3b Assembly - Bldgs. 100, 150, 450, 500, 550, 600, (GPE)

ASSEMBLY SCHEDULE

Period 0	7:20 - 8:10
Period 1	8:15 - 8:55
Period 2	9:00 - 9:40
Snack	9:40 - 9:55
*Period 3a	10:00 - 10:50
*Period 3b	10:55 - 11:45
Period 4	11:50 - 12:30
Lunch	12:30 - 1:05
Period 5	1:10 - 1:50
Period 6	1:55 - 2:35

3. Have satisfactory record of attendance and citizen-
ship.
4. Pass a physical examination.
5. Have adequate insurance as prescribed by the state
law.
6. Be under 19 years of age as of August 31.

GIRLS' ATHLETICS

La Mirada High has an extensive program of Girls'
Athletics. All girls are eligible to participate. Details are
available in the Girls' Gym Office.

GIRLS' LEAGUE

All girls of La Mirada High School are members of Girls'
League. The purpose of the organization is to encourage a
spirit of friendship among girls, to promote high ideals of
womanhood, to uphold standards of courtesy and good
taste, and to promote activities beneficial to the school.

STUDENT INSURANCE

Student accident insurance is optional. Forms will be
available at the beginning of the year at the Financial
office.

HEALTH OFFICE

Whenever ill health arises, report to the Health Office,
located in the administration building. To return home due
to illness, an outside pass must be obtained.

LIBRARY

The Library is open from 7:45 to 3:45 every day. Library
cards are issued to all students in the library. Freshmen
will receive their cards during Library orientation. Fines
will be charged on lost, overdue, or damaged books.

CAREER INFORMATION CENTER

La Mirada High School has an excellent fully equipped
Career Information Center which is located in rooms 573,
575, and 577. The Center affords students the opportunity
to gain knowledge about their interests, aptitudes and to
research careers. The Center also includes the programs of
Work Experience, Regional Occupations Programs, a re-
search area for Vocational classes, and houses the career
education classes. The Career Center is open from 8:00
a.m. to 4:30 p.m. Come in and visit.

ADMINISTRATION

Principal	Mr. Anthony Ortega
Assistant Principal	Mr. Earl Eberhard
Assistant Principal	Mr. Jim Gwyn
Assistant Principal	Mrs. Thelma Rolph
Director of Student Activities	Mr. Jim Sims
Athletic Director	Mr. August Panella

I.D. CARDS

All students will be provided with a student ID card.
Please remember to carry this card with you. Lost or Stolen
ASB cards will be replaced for a \$1.00 fee. The ID card
will be replaced free and will be required for entrance to
school activities and voting in student body elections.

ALMA MATER

All hail to Alma Mater
We Pledge our loyalty.
All hail to La Mirada
Our school we honor thee.

Our pride in thee is strong
It stands for all to see.
All hail to Alma Mater
Hail, all hail, to thee.

